

WELCOME

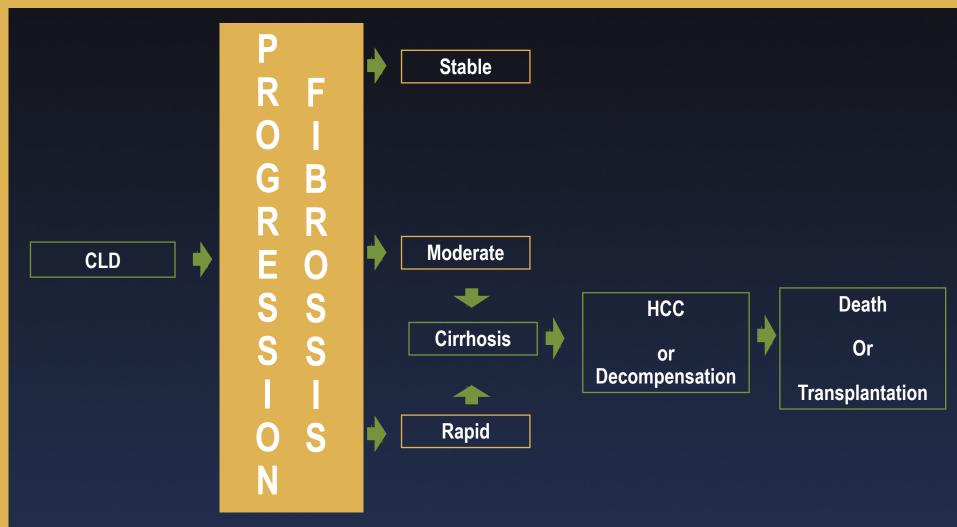
Happy New Year 2017

Chronic Liver Diseases: a Huge and Neglected Public Health Burden **Needing Urgent Actions**

Sources

- World Health Organization World Health Statistics 2010.
 Geneva, World Health Organization, 2010
- Hirschfield GM, et al. Liver disease in the UK. Lancet. 2015
 Feb 7;385(9967):503.
- World Gastroenterology Organization Global Guidelines. Nonalcoholic Fatty Liver Disease and Non-alcoholic Steatopatitis: http://www.worldgastroenterology.org/assets/export/userfiles/2 012_NASH%20and%20NAFLD_Final_long.pdf
- More than 350 publications screens

Natural History of CLD: Fibrogenesis is the Key



To develop cirrhosis and / or HCC: cofactors are essentials

Cofactors Influencing the Progression of Fibrosis

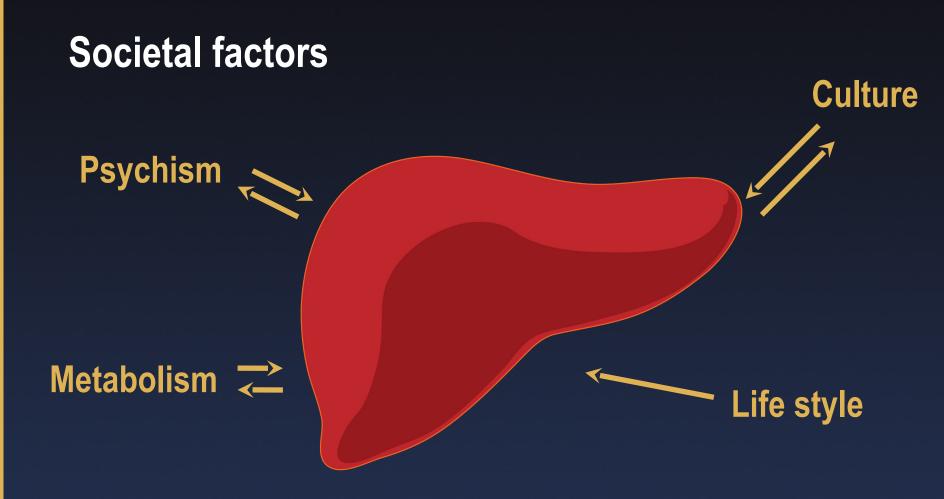
External:

- viruses
- coinfection with HIV & HBV and / or HCV
- alcohol

Internal:

- metabolism
- genetic

The Liver: Silent Reflect of Health Status



Liver abnormalities: alarm signal for health problems

Global Burden of Chronic Liver Disease (CLD)

• Prevalence of CLD Worldwide: 18,5%

• Total number with CLD: 844 -1,130 millions

Prevalence of cirrhosis: 4.5% to 9.5%

Annual incidence of HCC: 5.6%

Global Burden of Chronic Liver Disease (CLD)

Mortality per year among chronic diseases: 59%

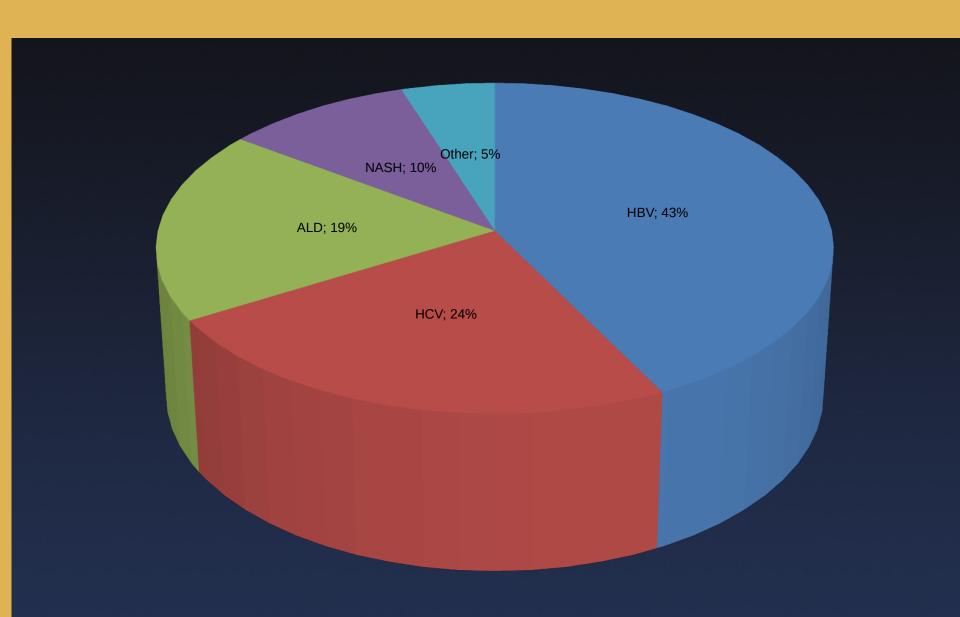
Mortality per year:

2 millions

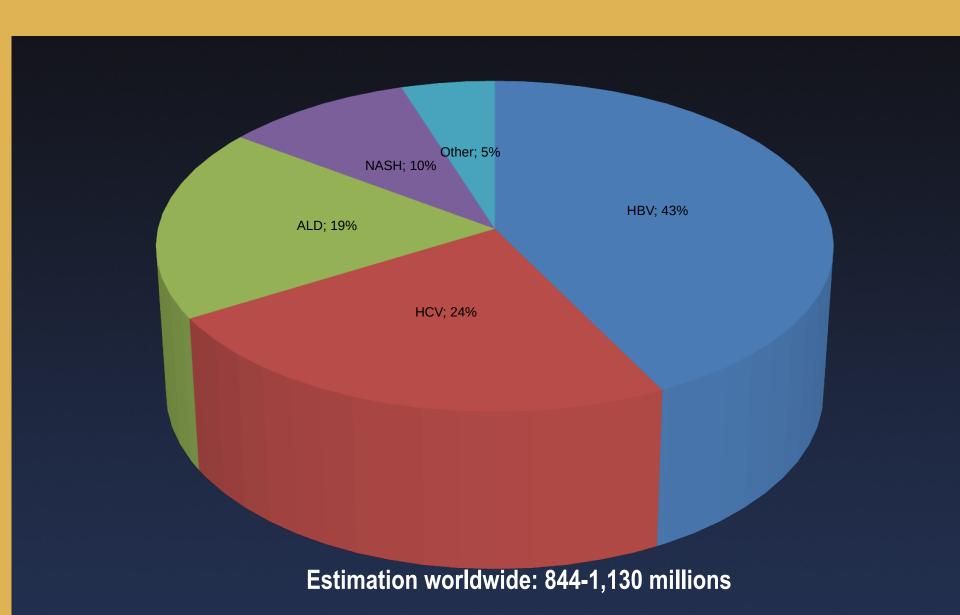
HCC among the most common cancers: 6th

Liver transplantations per year: 26,150

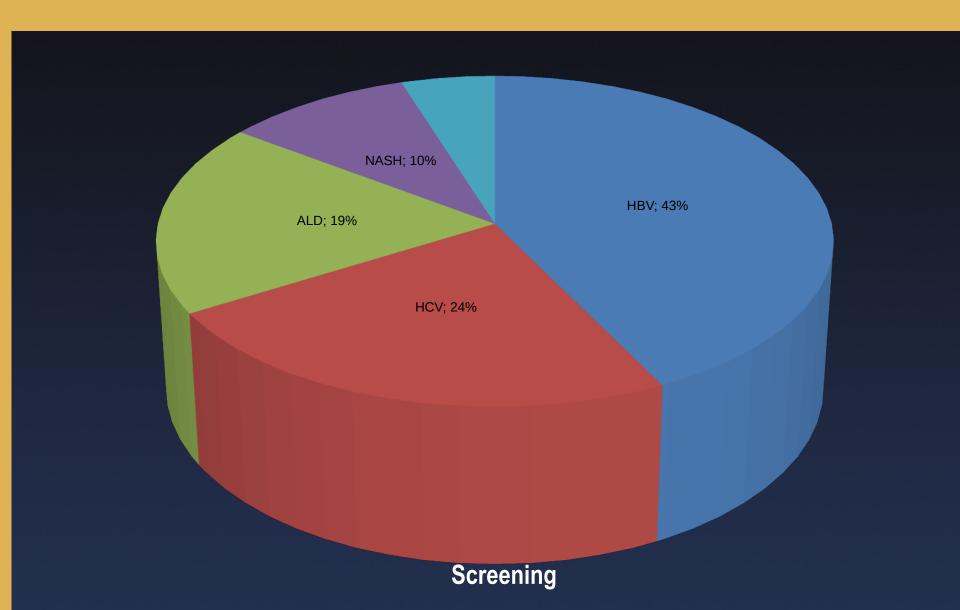
Distribution of Causes of CLD



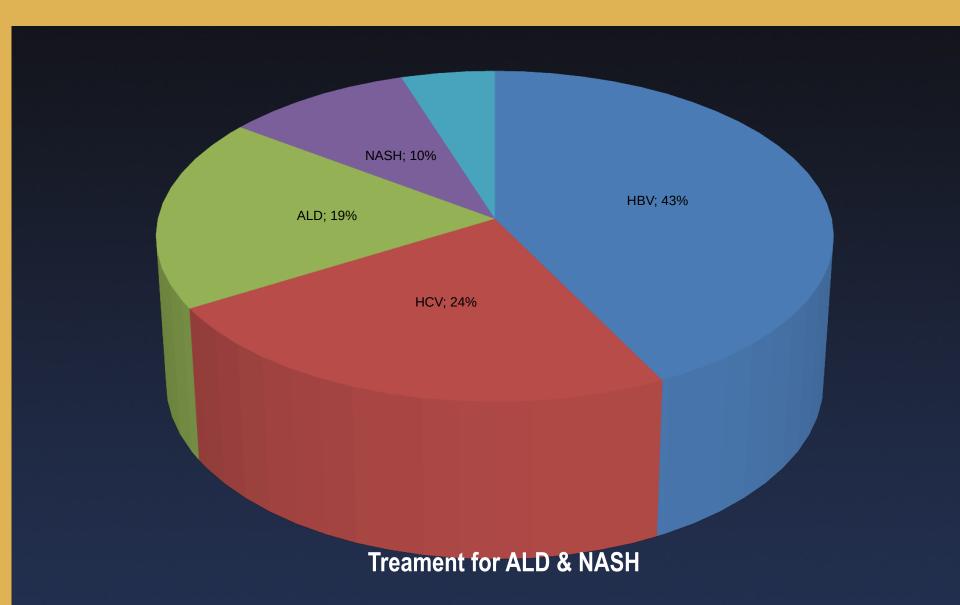
Number of Patients with CLD



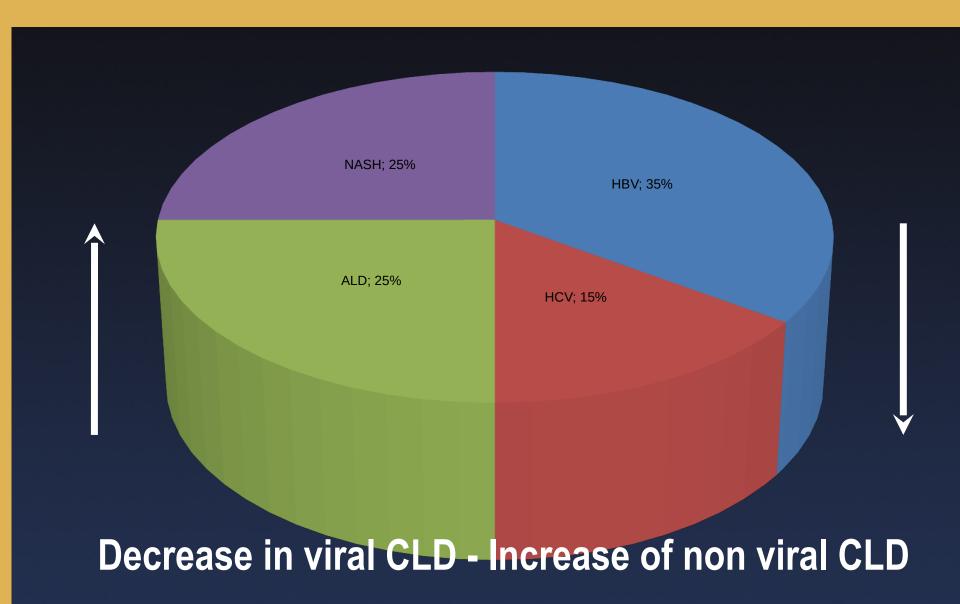
Chronic Liver Disease and Prevention



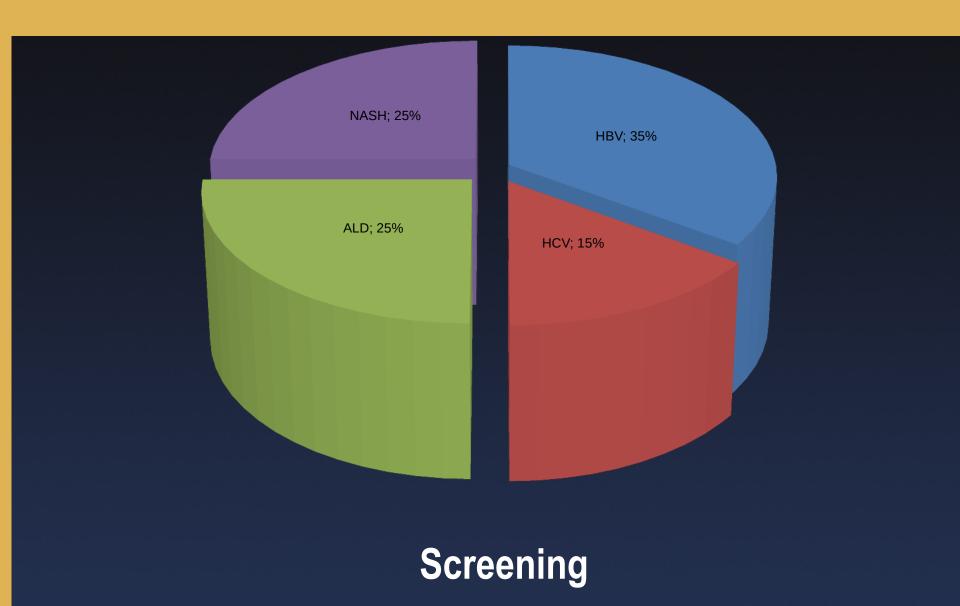
Chronic Liver Disease and Treatment



Distribution of Causes in the Future (10 years?) Hypothesis



Chronic Liver Disease: the Future



The Next Challenges

Viral CLDs (HBV and HCV)

- Prevention, vaccination
- Screening: 45% to 85% of HCV patients undiagnosed
- New drugs (combos) to cure HBV
- Access to treatment

Life style CLDs (ALD and NASH)

- Awareness
- Screening
- Education
- Research on therapy +++

Urgent Actions

- Awareness of Public Health authorities
- Awareness & education of Physicians & Public
- Research focused on ALD and NASH: need drugs

Research on fibrogenesis

Major Action

UNIVERSAL SCREENING FOR CLD

Simple and cheap available tests: AST, ALT, GGT

Develop new simple and cheap tests

more sensitive ans specific

« Liver is the place of Soul »

Confucius