

***The long term impact of NA treatment on  
the outcome of liver disease in CHB***

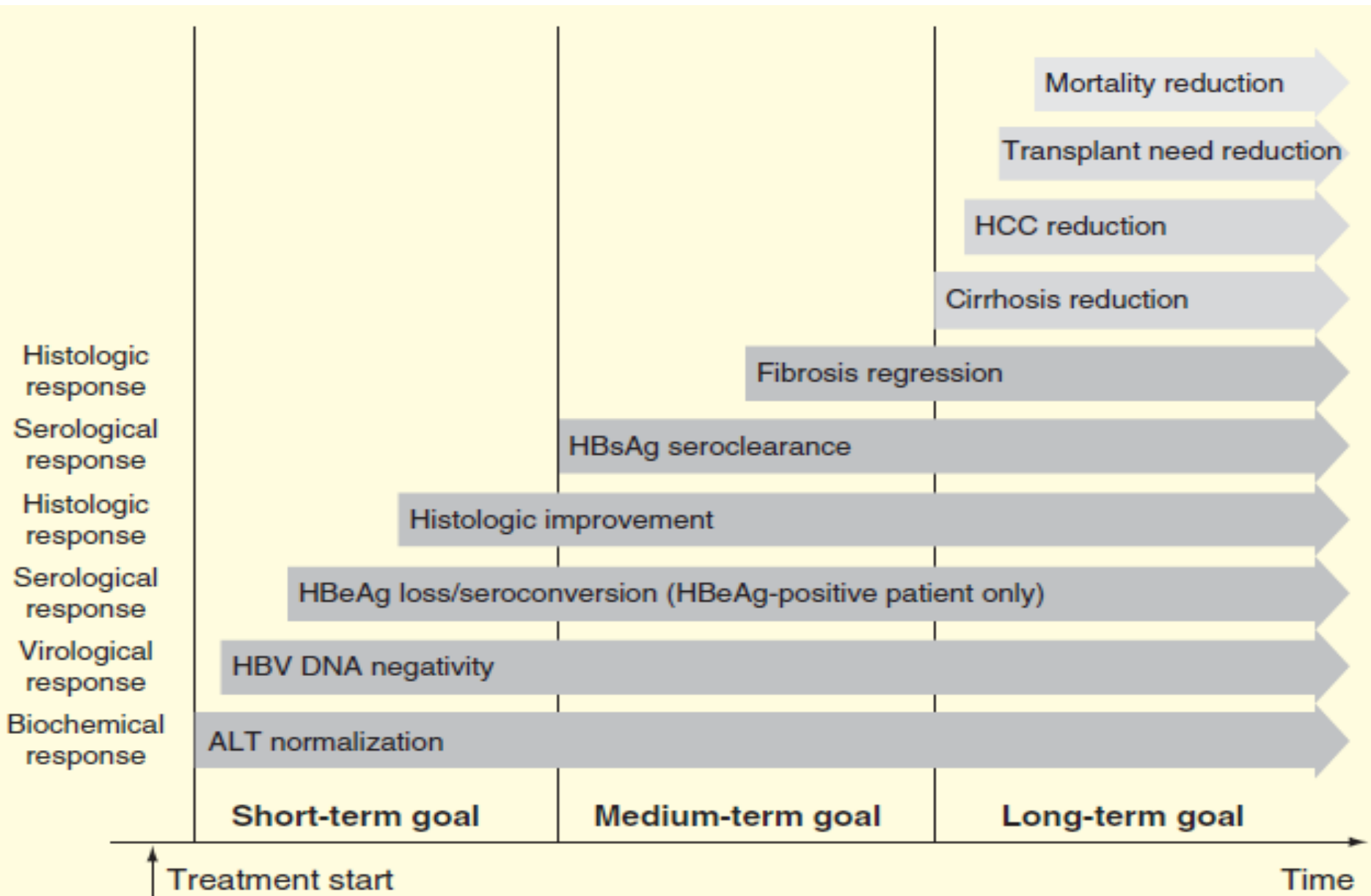
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Hepatitis Research Center,  
Department of Internal Medicine,  
National Taiwan University College of  
Medicine and Hospital***

# *Outline*

- **Current treatment of CHB**
- **Impact of long-term NA therapy on HCC reduction in Asian CHB patients**
  - Japan
  - Hong Kong
  - Korea
    - **C-TEAM (Taiwan)**
- **Perspectives**

# Clinical goals of CHB therapy



# Treatment landscape of CHB: 2015

Generic Name	Trade Name	Manufacturer	Date Approved for Hepatitis B
Interferon alfa	<b>INTRON<sup>®</sup> A ROFERON<sup>®</sup></b>	<b>Schering Hoffman La- Roche</b>	<b>1991</b>
Lamivudine	<b>ZEFFIX<sup>®</sup></b>	<b>GlaxoSmithKline</b>	<b>1998</b>
Adefovir dipivoxil	<b>HEPSERA<sup>™</sup></b>	<b>GlaxoSmithKline</b>	<b>2002</b>
*Entecavir	<b>BARACLUDE<sup>™</sup></b>	<b>Bristol-Myers Squibb</b>	<b>2005</b>
*Peginterferon alfa-2a	<b>PEGASYS<sup>®</sup></b>	<b>Hoffman La- Roche</b>	<b>2005</b>
Telbivudine	<b>SEBIVO<sup>™</sup></b>	<b>Novartis</b>	<b>2006</b>
*Tenofovir	<b>VIREAD<sup>™</sup></b>	<b>Gilead Sciences</b>	<b>2008</b>

# High virological responses with long-term ETV or TDF

Response	ETV		TDF	
	HBeAg+ Patients Year 5 <sup>1</sup>	HBeAg- Patients Year 3 <sup>2,a</sup>	HBeAg+ Patients Year 7 <sup>3</sup>	HBeAg- Patients Year 7 <sup>3</sup>
<b>HBV DNA suppression<sup>b</sup></b>	<b>94%</b> (88/94)	<b>95%</b> (54/57)	<b>99%</b> (159/160)	<b>99%</b> (271/273)
<b>Resistance</b>	<b>1%</b> (n=1)	NR	<b>0%</b>	<b>0%</b>
<b>HBsAg loss (seroconversion)</b>	<b>1.4%</b> {0%}	NR	<b>12%</b> (10%)	<b>&lt;1%</b> (<1)

**Not head to head trials**

\*Neither Truvada (TVD=TDF + FTC) nor emtricitabine (FTC) are licensed for use in CHB; <sup>a</sup>ETV re-treatment (relapsed <6 months post-treatment in ETV-027 study);

<sup>b</sup>TDF: HBV DNA <400 copies/mL,  
ETV: HBV DNA <300 copies/mL;

HBeAg: hepatitis B e antigen; NR: not reported;  
ETV: entecavir; TDF: tenofovir disoproxil fumarate

1. Chang TT et al. Hepatology 2010;51:422–30;
2. Shouval D et al. Hepatology 2008; Abstract 927;
3. Marcellin P et al. AASLD 2013 Abstract 926

**Table 2. The histologic improvement and fibrosis regression after prolonged nucleos(t)ide analog therapy.**

Parameter	Lamivudine	Adefovir	Entecavir	Tenofovir
Treatment duration (year)	3	4–5	3–7	5
Patient number	63	45	57	348
HAI necroinflammatory score <sup>†</sup>				
Improvement	56%	83–86%	96%	87%
Progression	11%	NA	NA	NA
Bridging fibrosis <sup>‡</sup>				
Improvement	63%	73–75%	88%	51%
Progression	9%	NA	NA	NA
Advanced fibrosis/cirrhosis <sup>‡</sup>				
Improvement	73%	NA	100%	74%
Progression	2%	NA	NA	1%

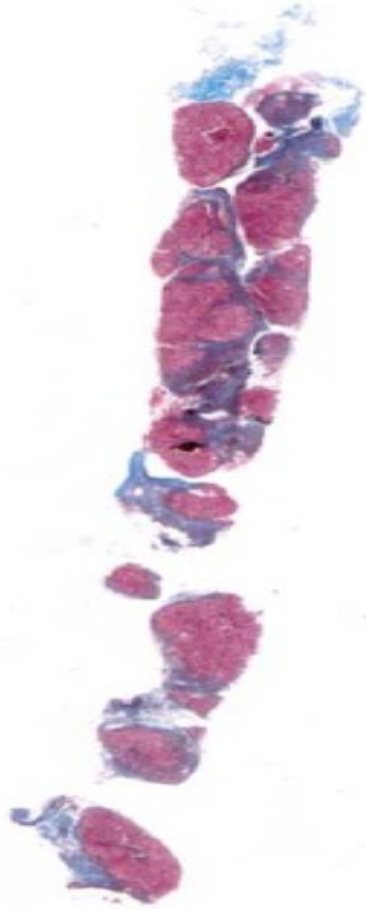
<sup>†</sup>Histologic improvement is defined as  $\geq 2$  point reduction in Knodell necroinflammatory score with no worsening of fibrosis.

<sup>‡</sup>The regression of fibrosis is defined as  $\geq 1$  unit decrease by Ishak scoring system.

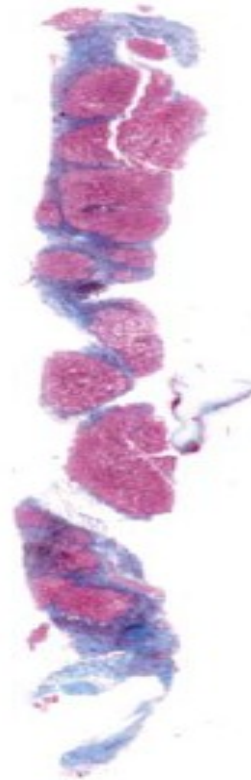
HAI: Histology activity index; NA: Not available.

# Entecavir-treated patient with serial liver biopsies

Baseline



Week 48



Week 268

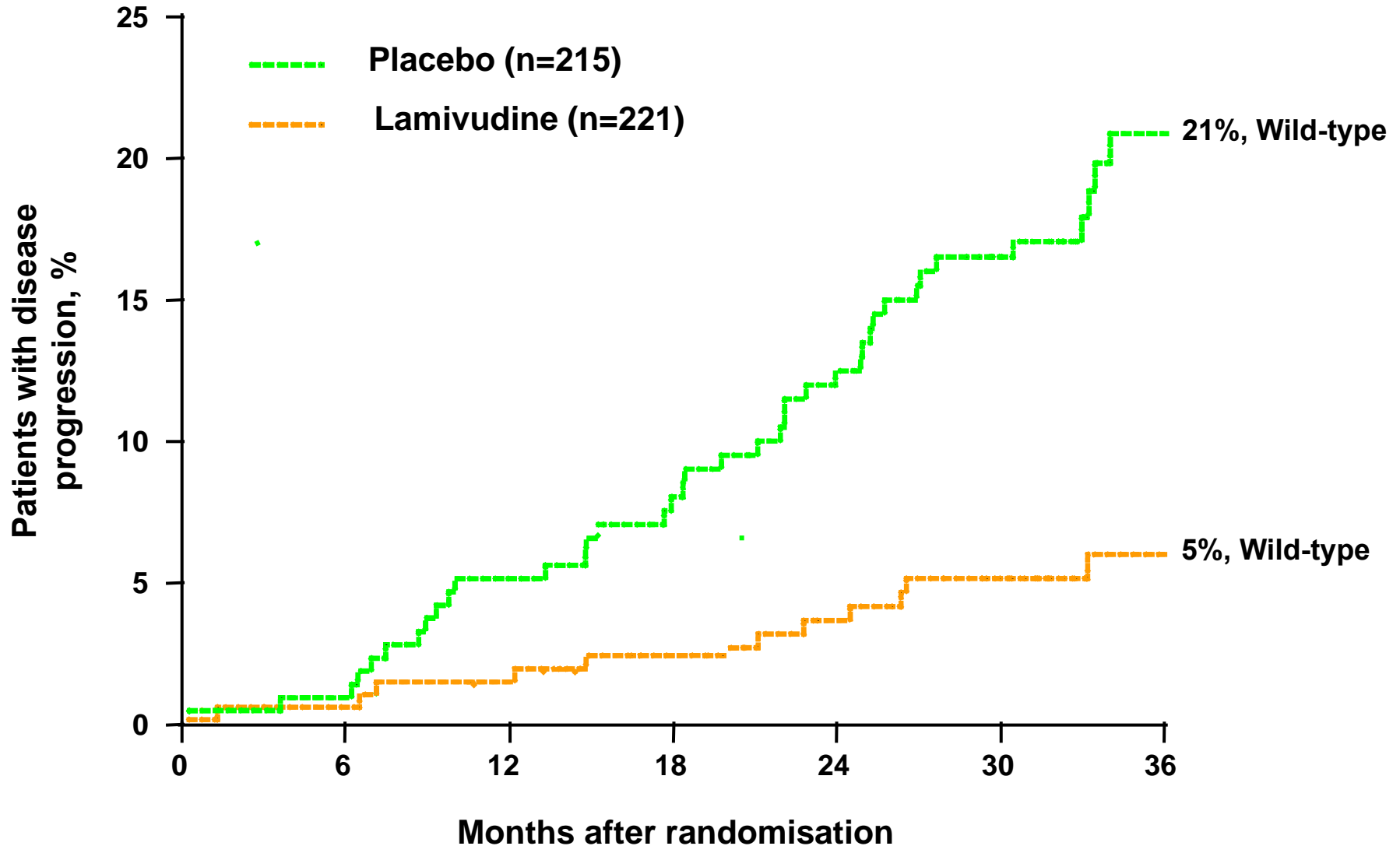


# *Outline*

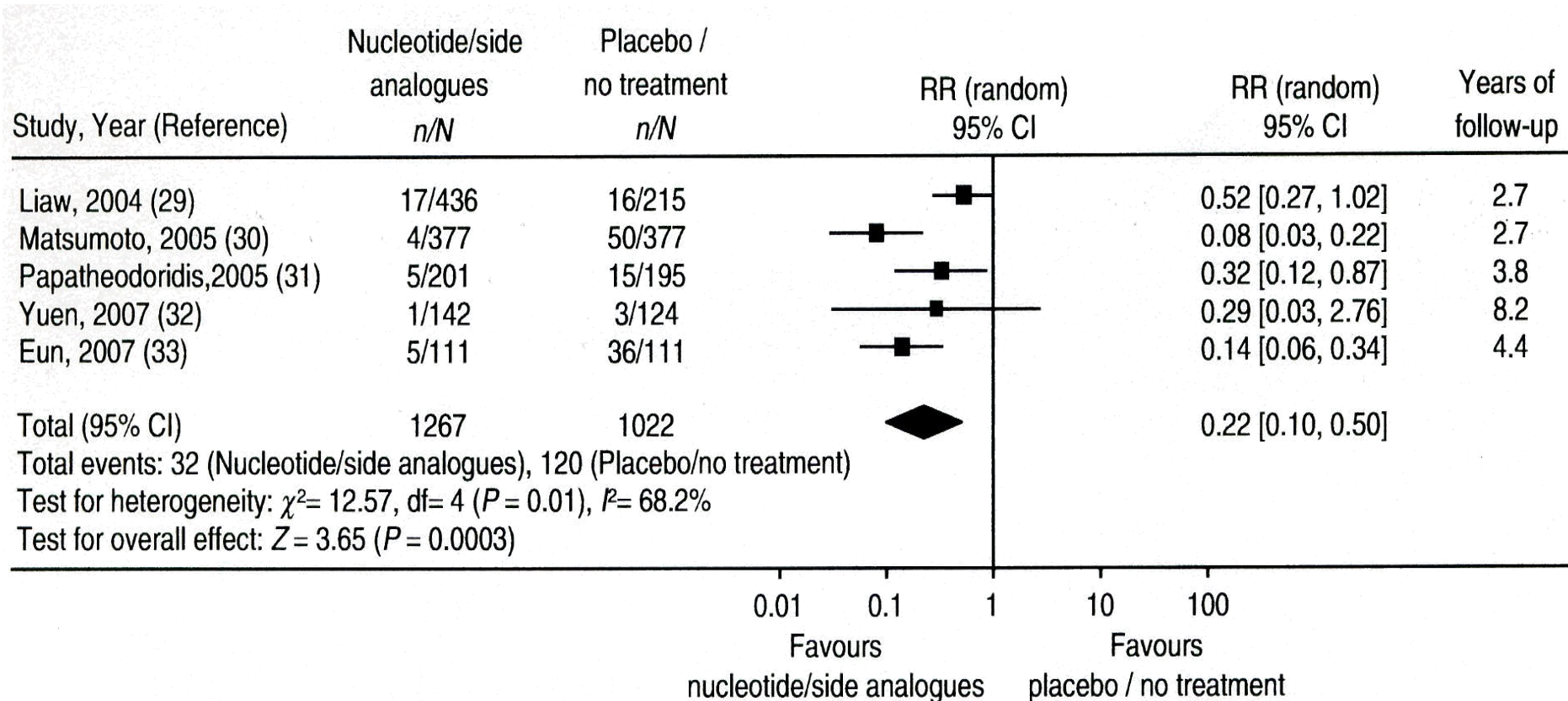
- **Current treatment of CHB**
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# Antiviral agents delay disease progression



# ***Pooled data from 5 studies showed about four-fold reduction of HCC in NA group (2.5%) against the control group (11.7%)***

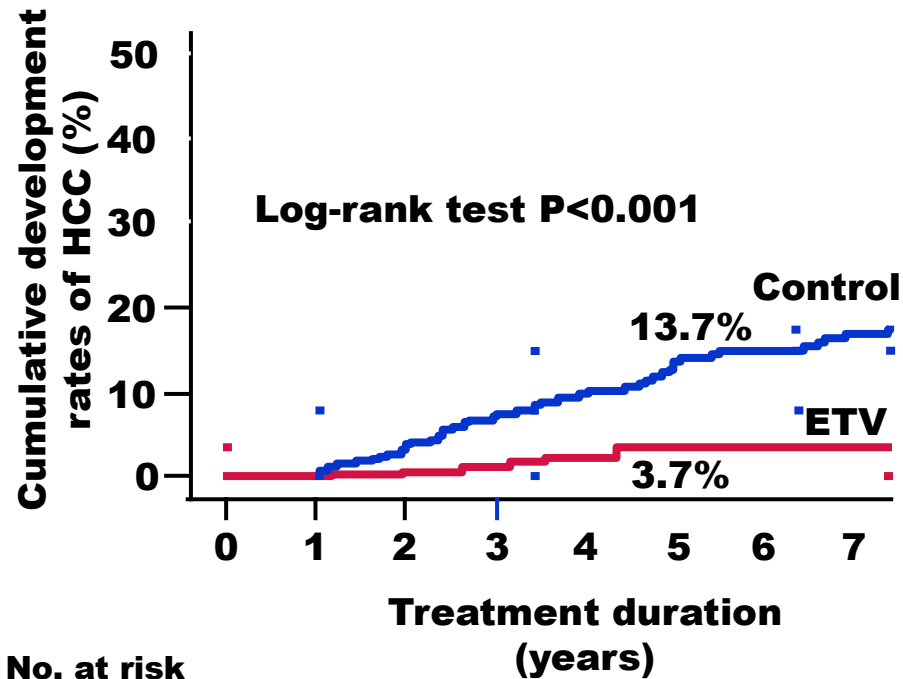


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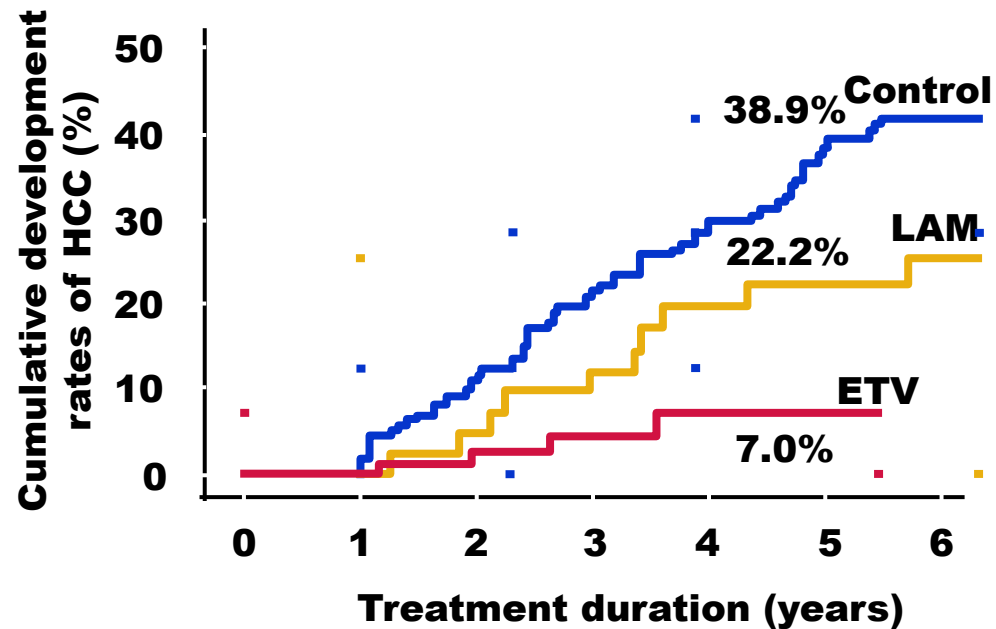
# HCC incidence is lower in patients treated with ETV vs. control

## All patients



		No. at risk							
		Treatment duration (years)							
		0	1	2	3	4	5	6	7
ETV		316	316	264	185	101	44	2	2
Control		316	316	277	246	232	200	187	170

## Cirrhotics



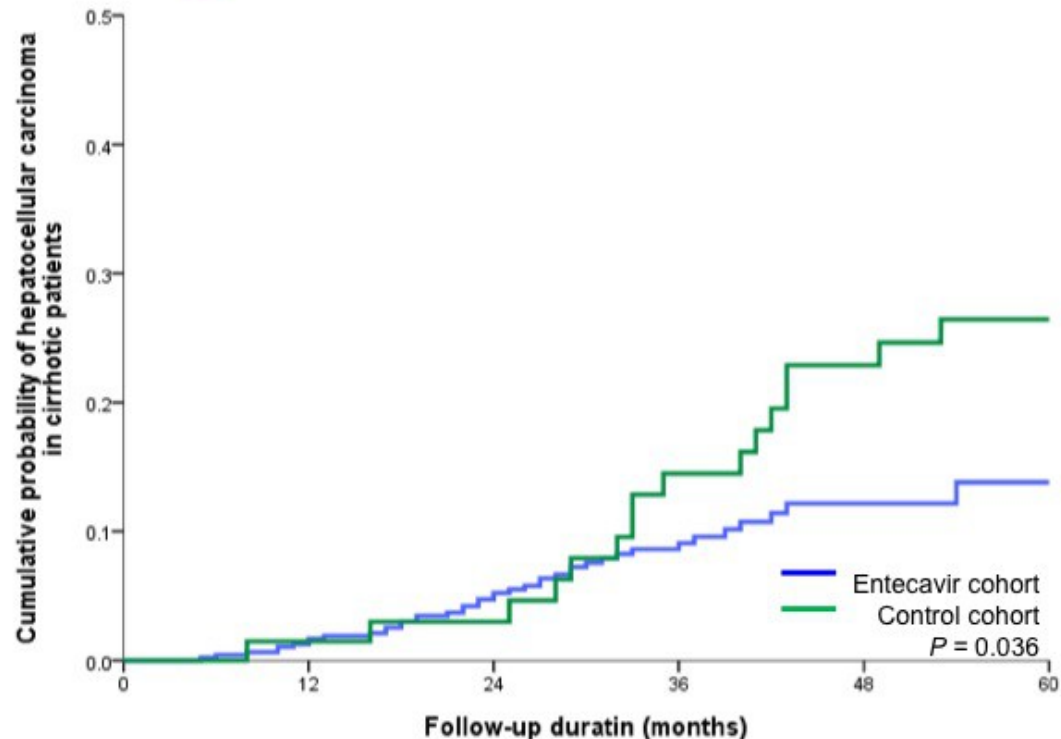
		No. at risk					
		Treatment duration (years)					
		0	1	2	3	4	5
ETV		79	79	72	53	35	17
LAM		49	49	41	35	32	29
Control		85	85	76	65	64	47

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# Entecavir therapy reduces clinic events in cirrhotic patients

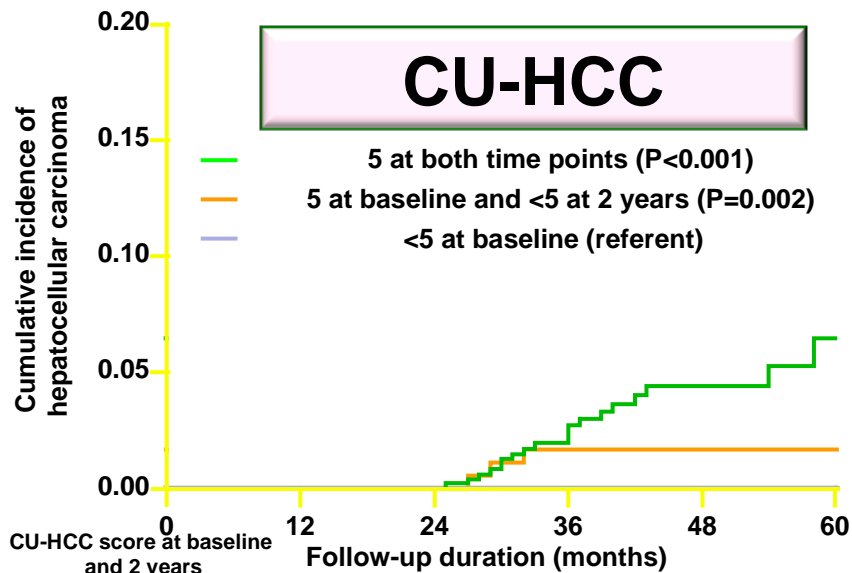
## Hepatocellular carcinoma



Patients at risk	0	12	24	36	48	60
Entecavir cohort	482	466	365	194	81	20
Control cohort	69	65	60	52	45	41

# Changes in risk scores and HCC

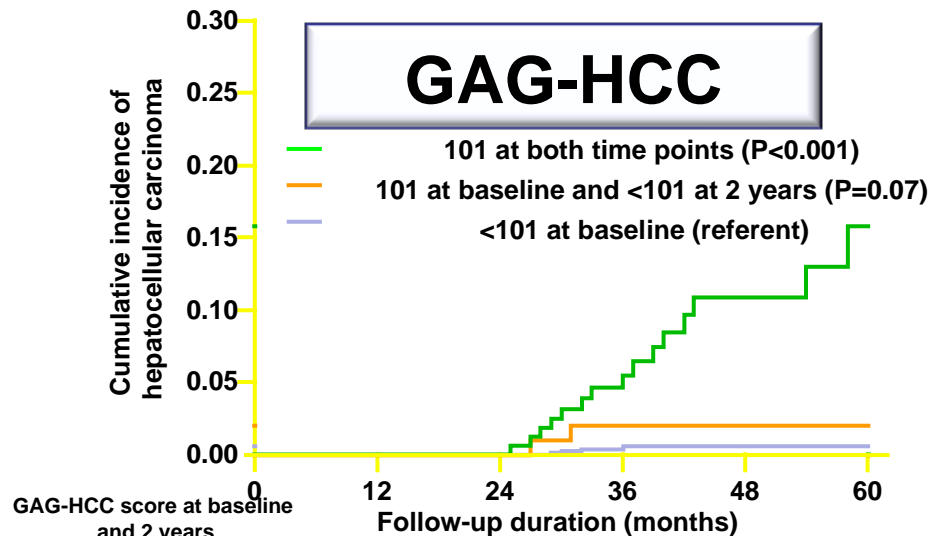
## CU-HCC



Patients under observation:

CU-HCC score at baseline and 2 years	0	12	24	36	48	60
5 at both	540	540	520	379	180	63
5 and <5	197	197	187	147	78	43
<5 at baseline	673	673	645	529	262	61

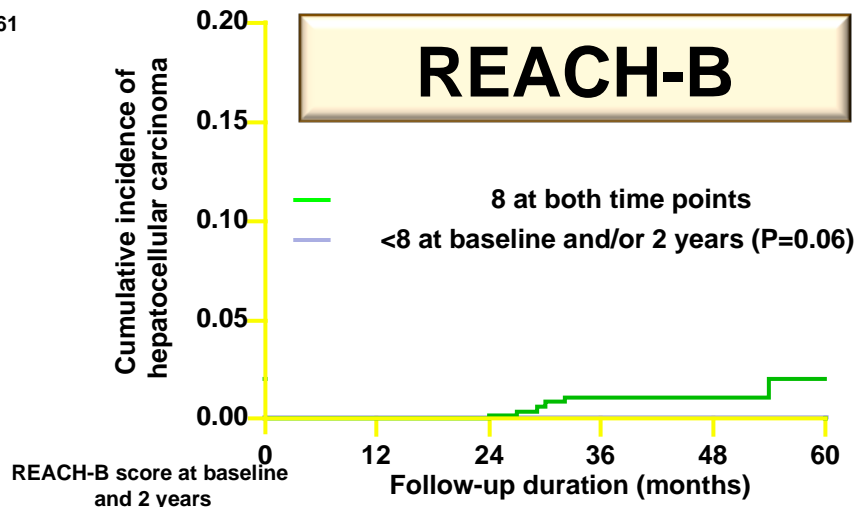
## GAG-HCC



Patients under observation:

GAG-HCC score at baseline and 2 years	0	12	24	36	48	60
101 at both	187	187	183	113	58	25
101 and <101	115	115	114	75	38	13
<101 at baseline	1108	1108	1106	843	391	150

## REACH-B



Patients under observation:

REACH-B score at baseline and 2 years	0	12	24	36	48	60
8 at both	499	499	495	371	176	64
<8 at baseline or 2 years	616	616	609	412	231	115

# Outline

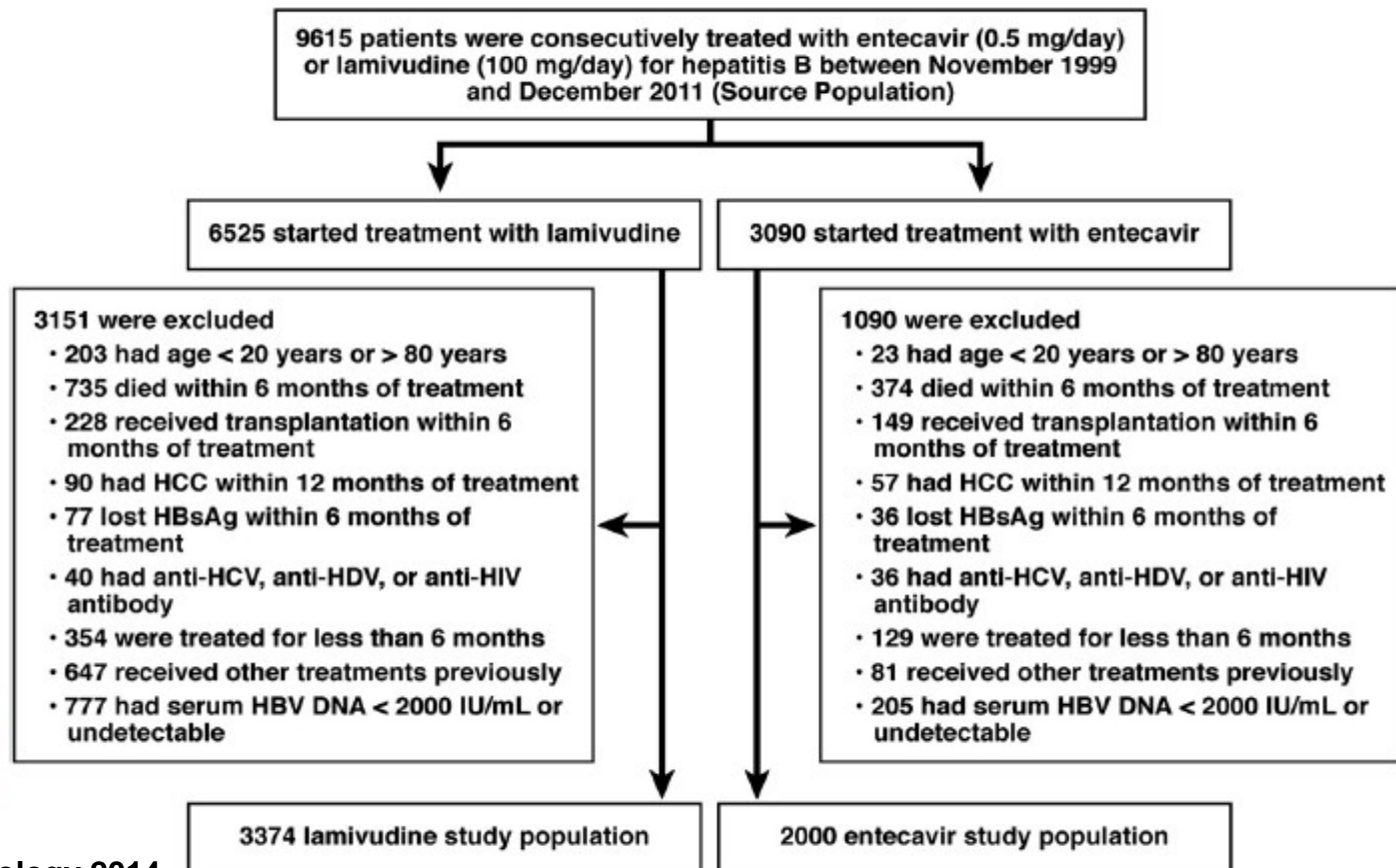
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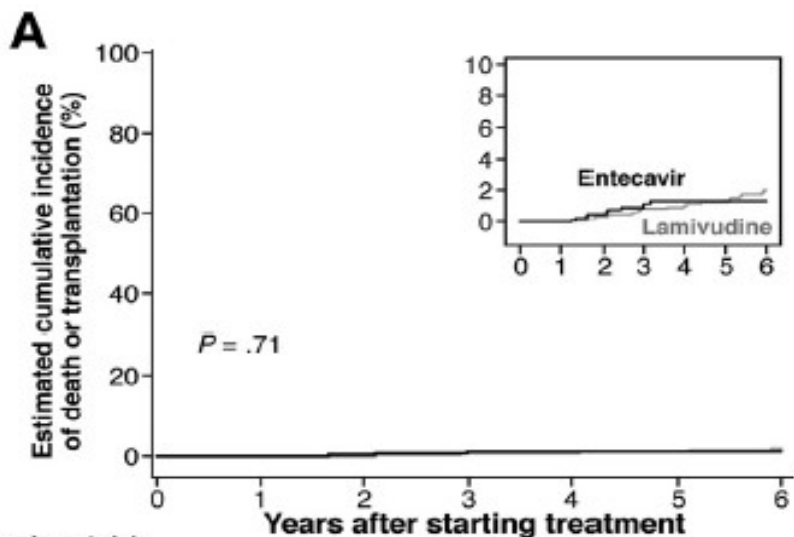
# Mortality, Liver Transplantation, and Hepatocellular Carcinoma Among Patients With Chronic Hepatitis B Treated With Entecavir vs Lamivudine

Young-Suk Lim,<sup>1</sup> Seungbong Han,<sup>2</sup> Nae-Yun Heo,<sup>3</sup> Ju Hyun Shim,<sup>1</sup> Han Chu Lee,<sup>1</sup> and Dong Jin Suh<sup>1</sup>

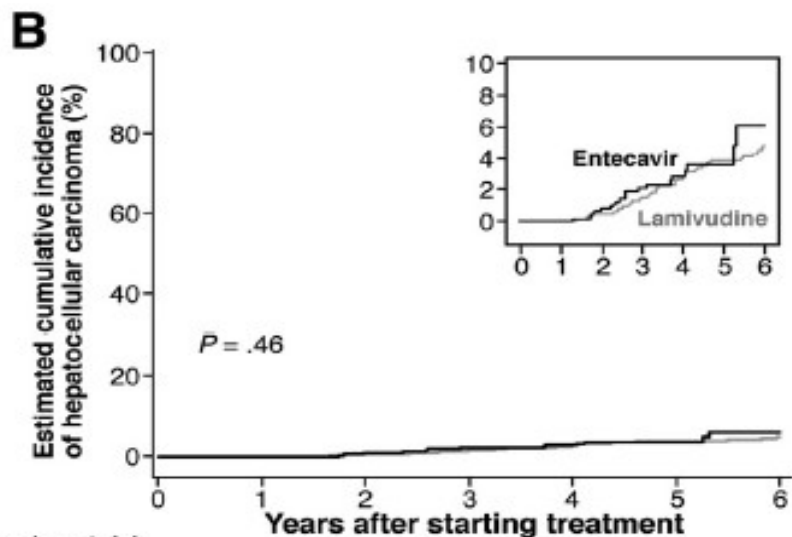
<sup>1</sup>Department of Gastroenterology, Liver Center, <sup>2</sup>Department of Clinical Epidemiology and Biostatistics, Asan Medical Center, Seoul, Republic of Korea; <sup>3</sup>Department of Internal Medicine, Haeundae Paik Hospital, Inje University College of Medicine, Busan, Republic of Korea



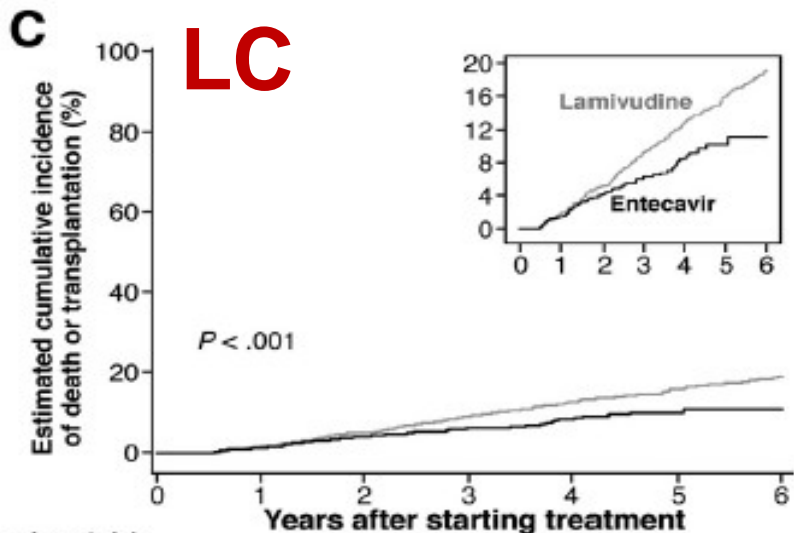
# NC



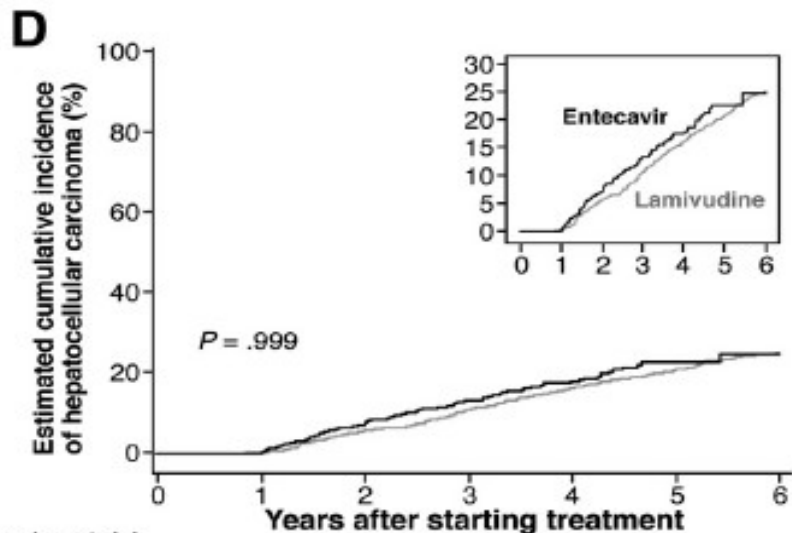
Number at risk							
Lamivudine	878	878	872	855	842	823	779
Entecavir	878	877	714	505	289	121	18



Number at risk							
Lamivudine	878	878	869	845	821	795	751
Entecavir	878	877	708	497	282	115	17



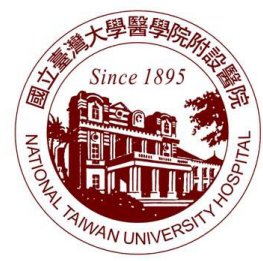
Number at risk							
Lamivudine	860	846	813	748	695	662	578
Entecavir	860	847	683	444	276	103	6



Number at risk							
Lamivudine	860	845	775	688	616	656	485
Entecavir	860	847	637	398	232	85	5

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# Reduction of hepatocellular carcinoma in hepatitis B-related cirrhosis patients with long-term entecavir therapy - A follow-up report of C-TEAM study

Tung-Hung Su, Tsung-Hui Hu, Chi-Yi Chen, Yi-Hsiang Huang, Wan-Long Chuang, Chun-Che Lin, Chia-Chi Wang, Wei-Wen Su, Cheng-Yuan Peng, Rong-Nan Chien, Lein-Ray Mo, Yi-Wen Huang, Ming-Yao Chen, Chih-Lin Lin, Tsung-Ming Chen, Horng-Yuan Wang, Kuo-Chih Tseng, Sheng-Shun Yang, Shih-Jer Hsu, Fat-Moon Suk, Chi-Tan Hu, Tsai-Yuan Hsieh, Ming-Jong Bair, Cheng-Chao Liang, Tai-Chung Tseng, Chi-Ling Chen, Jia-Horng Kao on behalf of the C-TEAM study group,  
TAIWAN

# ***Study design (I)***

- **Multi-center, observational, cohort study with long-term FU to evaluate the prognosis of ETV-treated HBV-related cirrhosis patients**
- **Primary endpoint**
  - **HCC reduction**
- **Secondary endpoint: reduction in the incidence rates of**
  - **EV/GV bleeding**
  - **Spontaneous bacterial peritonitis**
  - **Hepatic encephalopathy**
  - **Ascites**
  - **Liver-related mortality**

# ***Study Design (II)***

- **Inclusion criteria of Treatment group**
  - **HBsAg (+) > 6 months, anti-HCV (-)**
  - **Baseline serum HBV DNA  $\geq$  2000 IU/mL**
  - **Child A cirrhosis**
    - **Liver biopsy ( Metavir F4 or Ishak > 5) or**
    - **Ultrasonographic evidence of cirrhosis with signs of portal hypertension (splenomegaly or presence of EV/GV)**
  - **Treatment naïve**
  - **No HCC development within the first year**
  - **Long-term ETV monotherapy**
- **Historical control group:**  
**Untreated compensated cirrhotic controls collected from 1985-1995**

# Cirrhosis Taiwanese EntecAvir Multicenter Study

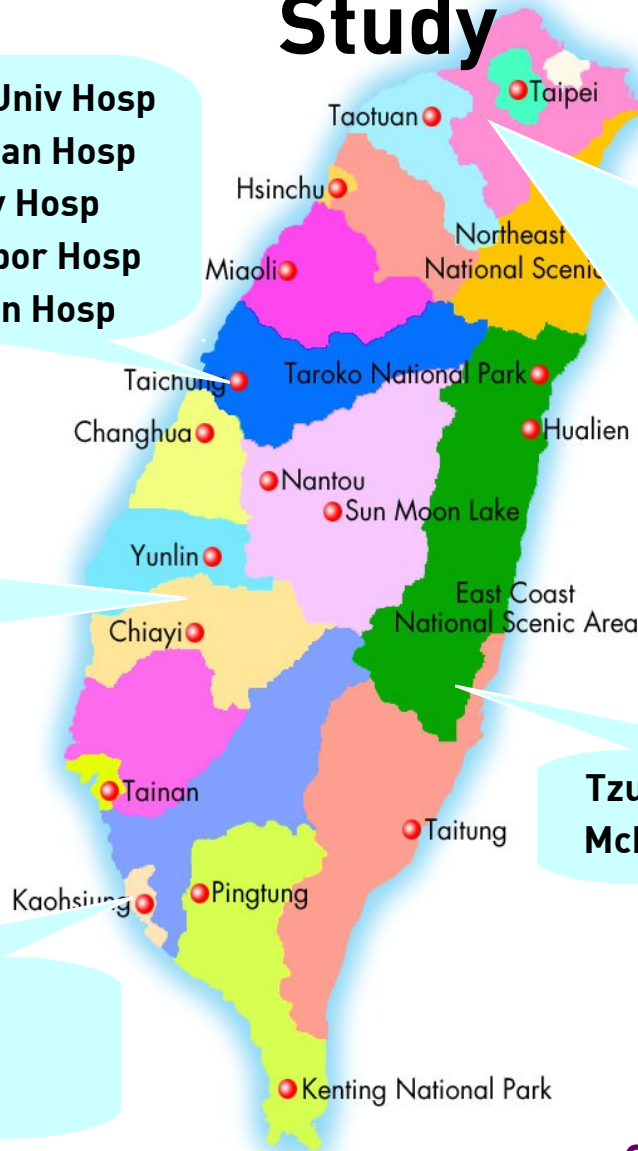
Chung-Shan Med Univ Hosp  
 Changhua Christian Hosp  
 China Med Univ Hosp  
 Tungs' MetroHarbor Hosp  
 Taichung Vet Gen Hosp

Chia-Yi Christ Hosp  
 Tzu-Chi Gen Hosp, Chiayi  
 Natl Taiwan Univ Hosp,  
 YL

Chang-Gung Mem Hosp,  
 Kaohsiung  
 Kaohsiung Med Univ Hosp  
 E-Da Hosp

Natl Taiwan Univ Hosp  
 Taipei Vet Gen Hosp  
 Tzu-Chi Gen Hosp, Taipei  
 Chang-Gung Mem Hosp, Keelung  
 McKay Mem Hosp, Taipei  
 Cathy Gen Hosp  
 Shuang-Ho Hosp  
 Taipei City Hosp, Ren-Ai  
 Wan Fang Hosp  
 Tri-service Gen Hosp  
 Far Eastern Mem Hosp

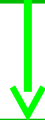
Tzu-Chi Gen Hosp, Hualien  
 McKay Mem Hosp, Taitung



24 academic centers in Taiwan

# Results- Patients enrolment

**Entecavir group**  
**Compensated CHB-LC**  
**patients**  
**Treated with ETV 0.5mg,**  
**2006-2014**  
**n=1023**



**Mean follow-up: 3.6 years**  
**HCC cases: 85**

**Data updated on May 31, 2014**

**Historical control group**  
**Untreated CHB-LC patients**  
**Followed-up, 1993-2008**  
**n=503**



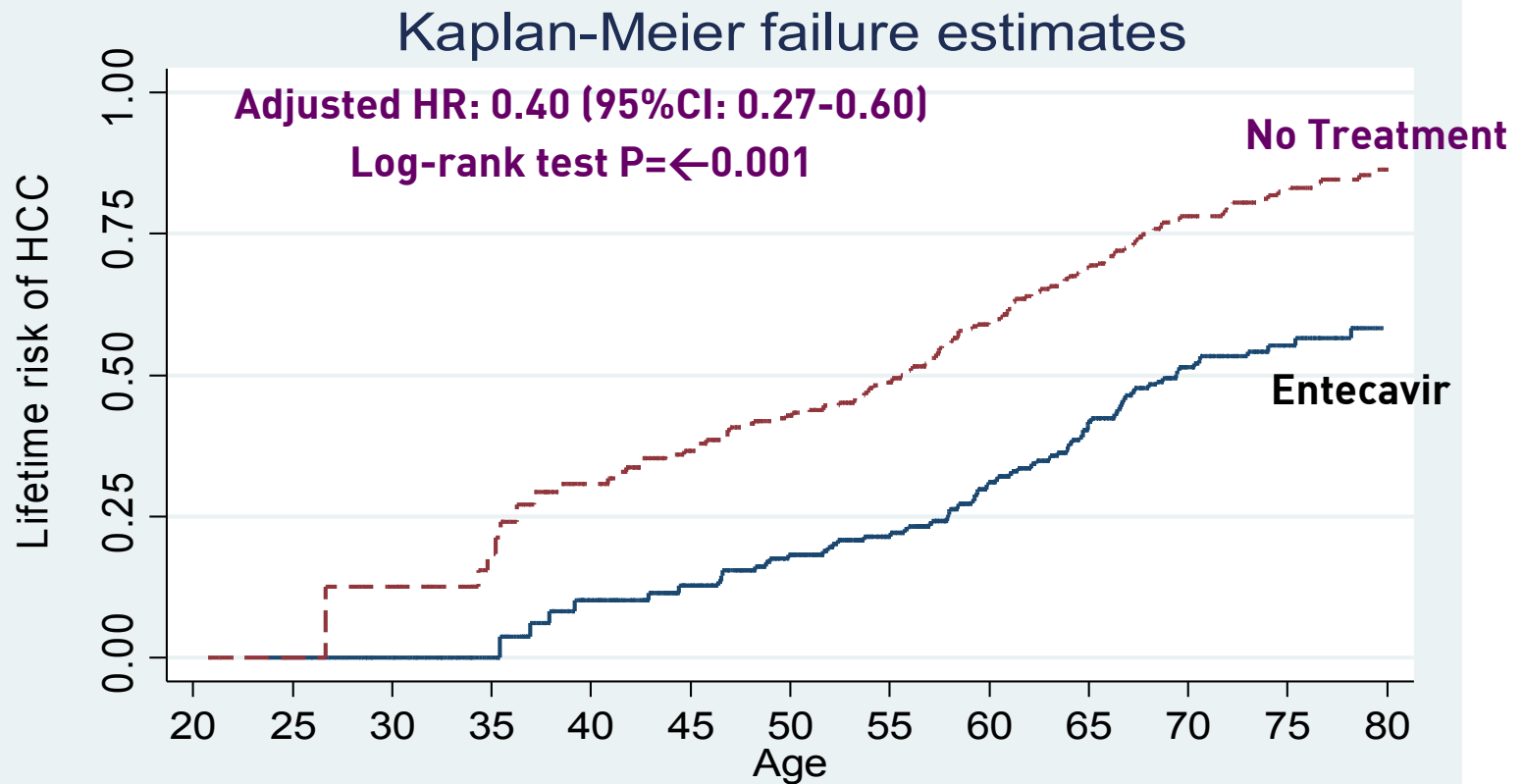
**Mean follow-up: 6.8 years**  
**HCC cases: 121**



# Baseline characteristics of patients in ETV treatment and untreated control groups

	ETV	Control	P
n	1123	503	
Age, year	54.8(11.3)	50.5(11.8)	<.001
Male	826 (74)	385 (77)	0.202
ALT, U/L	115(222)	59(60)	<.001
Albumin, g/dL	3.9(0.6)	4.2(0.4)	<.001
T-bil, mg/dL	1.4(2.0)	1.0(0.5)	<.001
Platelet, K/uL	122(52)	141(53)	<.001
HBeAg-negative	795	354	0.576
HBV DNA, log IU/mL	5.6(1.3)	5.5(1.3)	0.325
AFP, ng/mL	23(85)	48(348)	0.159
Prior cirrhotic complications			
EV/GV bleeding	37 (3)	14 (3)	0.584
Spontaneous bacterial peritonitis	2	0	0.344
Hepatic encephalopathy	2	1	0.928
Liver decompensation	4	0	0.180
Follow-up duration, year	3.6(1.3)	6.8(4.5)	<.001

# The lifetime incidence of HCC development between entecavir and no-treatment group



Number at risk

ETV	0	2	13	23	53	82	127	129	149	86	75	34	22
control	2	4	9	29	60	101	124	118	96	68	36	27	14



# Multivariate analysis to predict HCC by Cox regression model

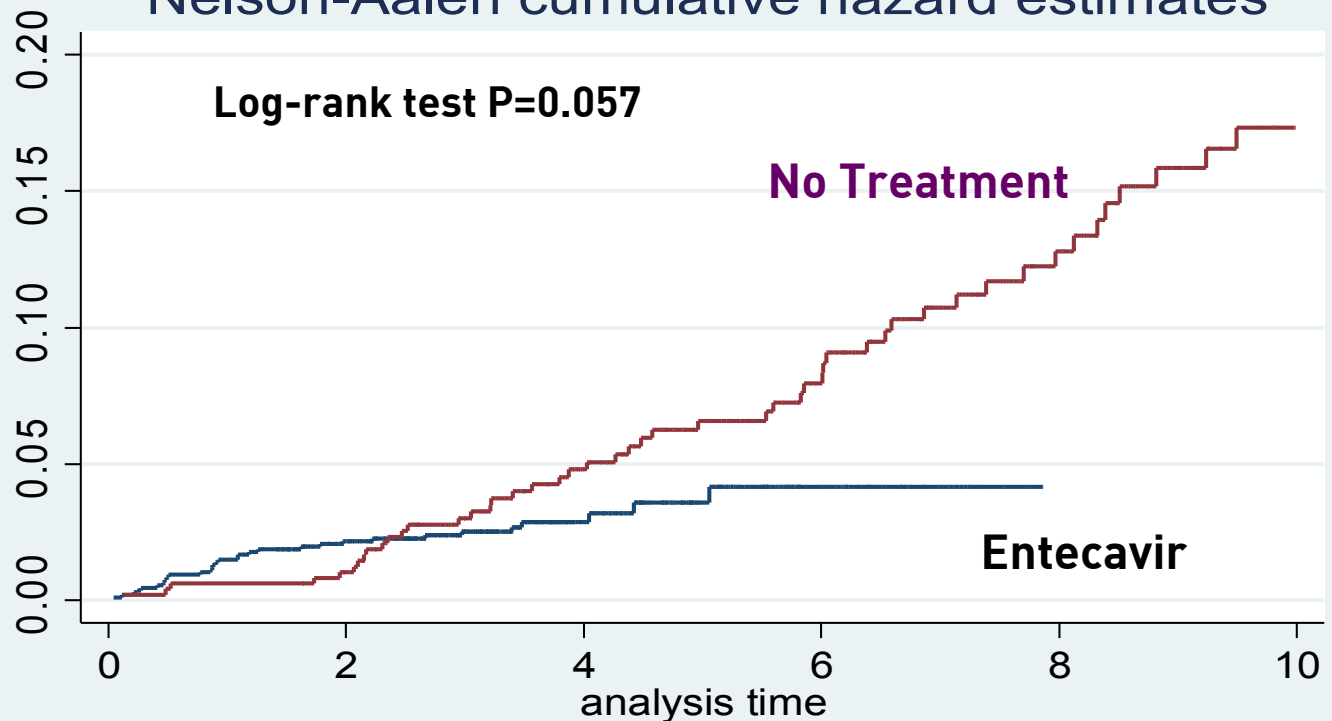
Parameters	Hazard ratio	95% CI	P value
Age (1 year increment)	1.04	0.99-1.09	.151
Male (vs. female)	1.89	1.24-2.88	.003
Entecavir treatment (vs. no treatment)	0.40	0.27-0.60	<.001
ALT (1 U/L increment)	1.00	1.00-1.00	.221
T-bil (1 mg/dL increment)	1.04	0.92-1.17	.513
PLT (1 k/uL increment)	0.996	0.99-0.9996	.030
Albumin (1 g/L increment)	0.61	0.43-0.87	.006
AFP (1 ng/mL increment)	1.00	1.00-1.00	.855
HBeAg positive (vs. negative)	1.38	0.94-2.03	.099
HBV DNA (1 log IU/mL increment)	1.02	0.89-1.16	.800

Entecavir treatment was associated with **60% reduction of HCC risk** (adjusted hazard ratio: 0.40, 95% CI: 0.27-0.60) in cirrhosis patients

# The effects of entecavir on cirrhotic complications

- **Variceal bleeding**

Nelson-Aalen cumulative hazard estimates



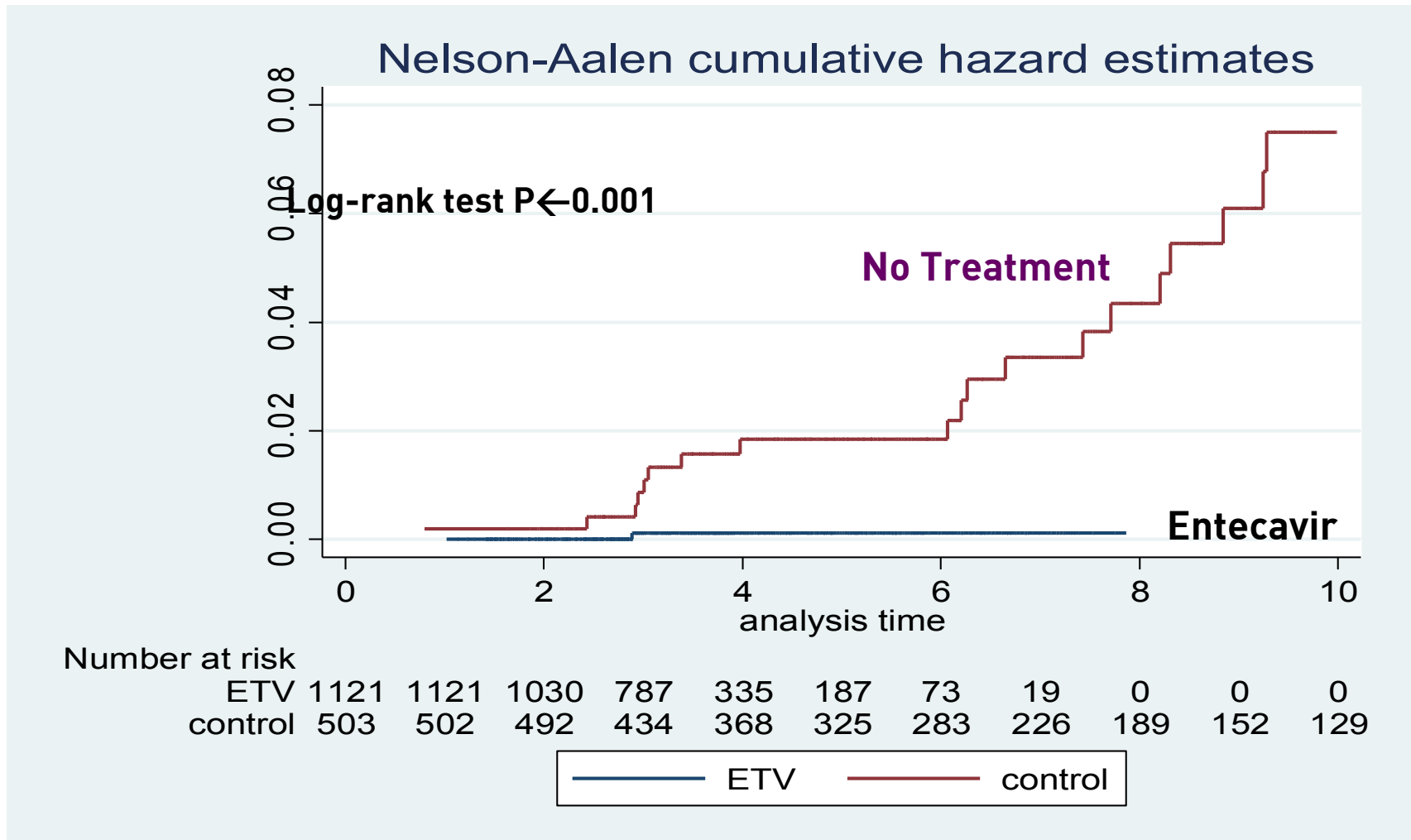
Number at risk

ETV	1086	1070	974	741	314	171	66	17	0	0	0
control	489	486	474	420	356	311	274	216	179	146	126



# The effects of entecavir on cirrhotic complications

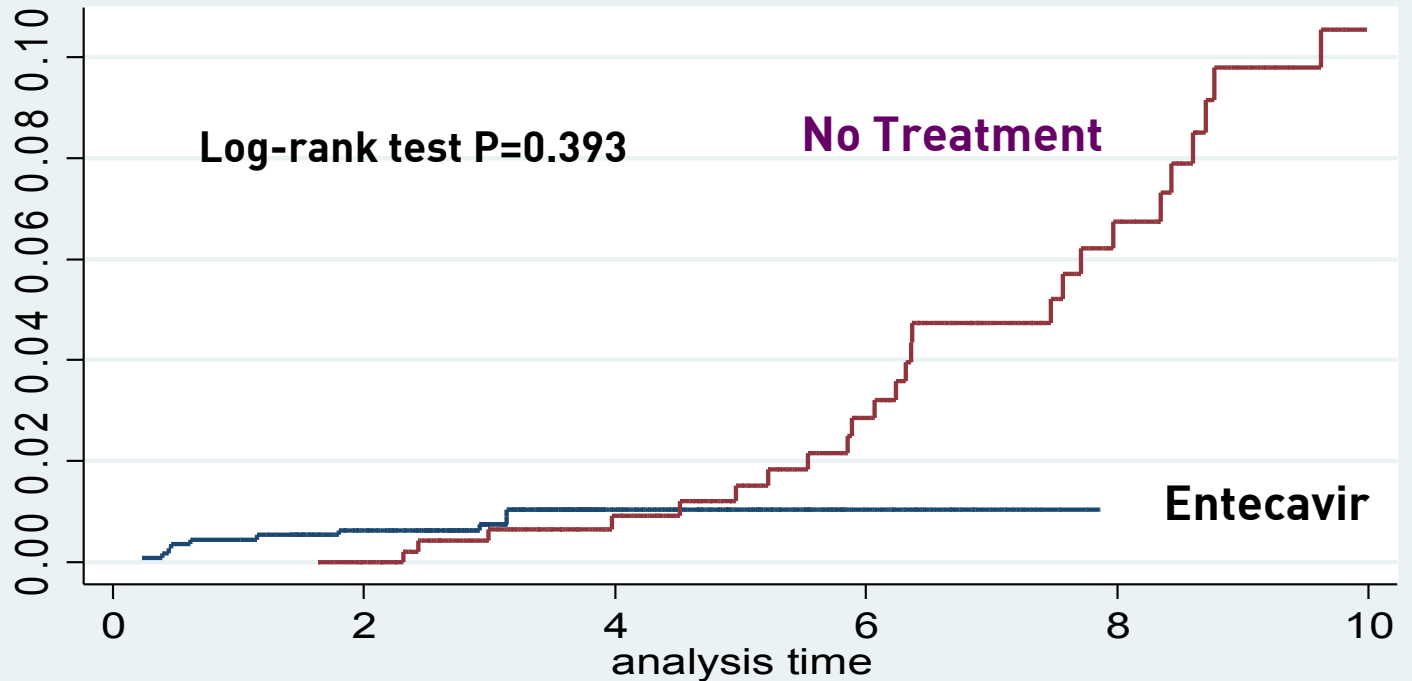
- Spontaneous bacterial peritonitis



# The effects of entecavir on cirrhotic complications

- **Hepatic encephalopathy**

Nelson-Aalen cumulative hazard estimates



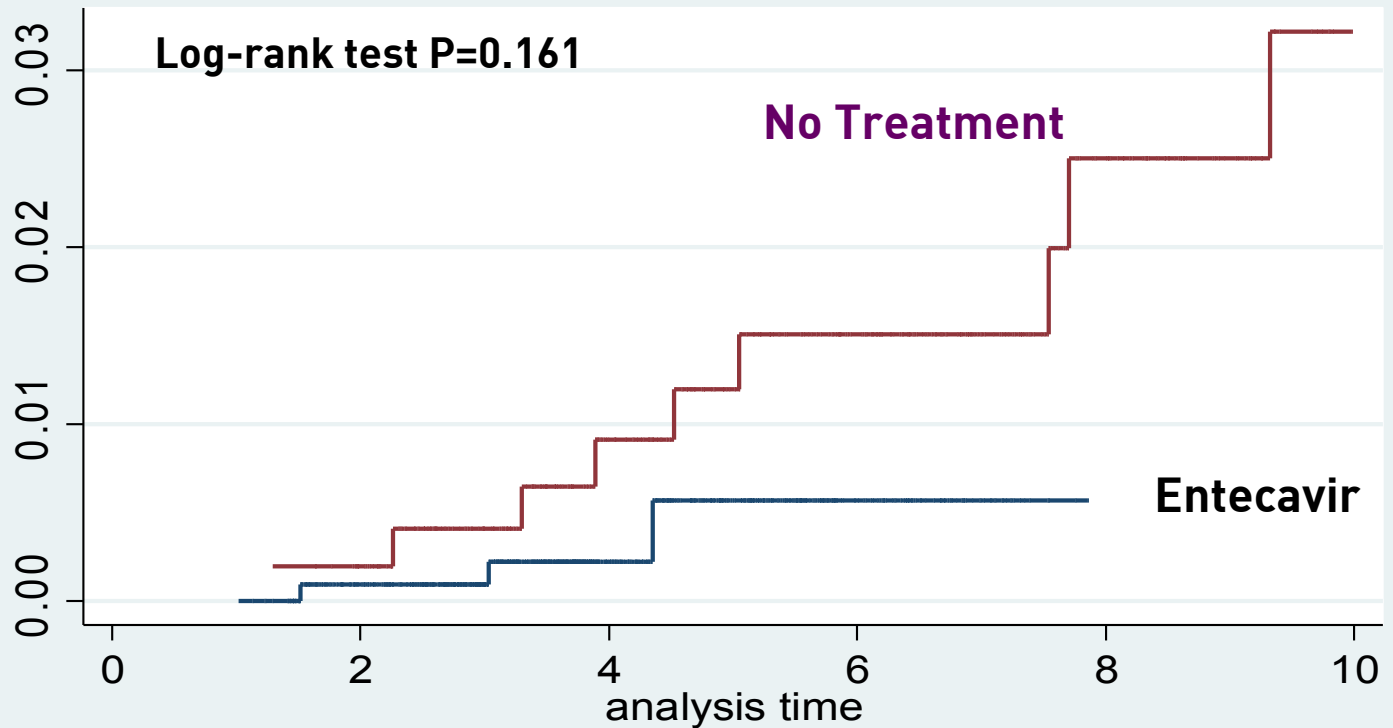
Number at risk

ETV	1121	1116	1023	780	336	186	73	19	0	0	0
control	502	502	492	434	370	325	282	227	187	148	127



# The effects of entecavir on liver transplantation

Nelson-Aalen cumulative hazard estimates



Number at risk

ETV	1123	1123	1031	788	336	185	73	19	0	0	0
control	503	503	493	436	370	324	282	227	188	150	129



# Summary

- **In this large cohort study, long-term entecavir therapy significantly reduced the development of HCC and spontaneous bacterial peritonitis in hepatitis B-related cirrhosis patients**



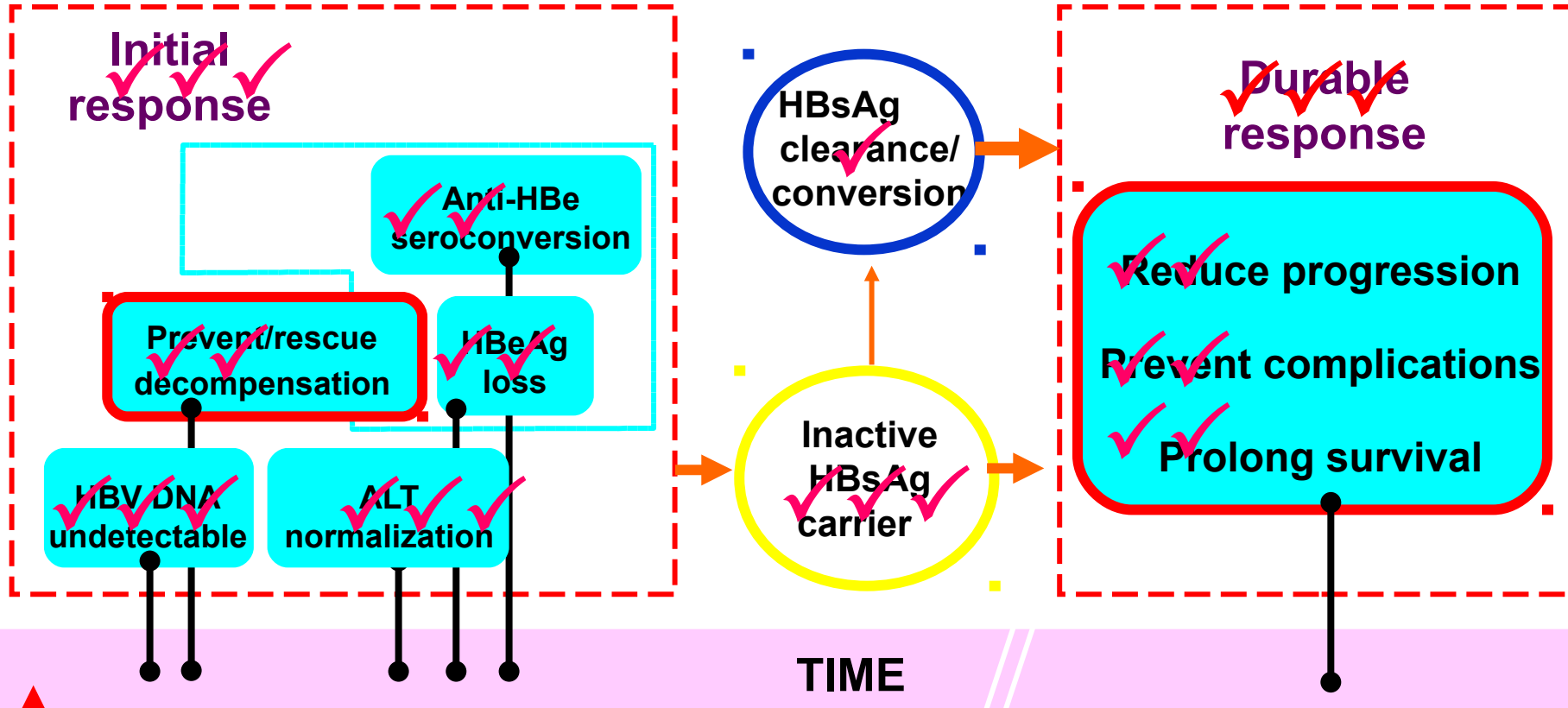
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# Goals of therapy for chronic HBV infection

short-term goal

long-term goal



Treatment initiation

✓ **Goals achievable but not satisfactory!!**  
→ **We need novel agents to cure HBV**

**Table 4. Developing therapeutic agents against hepatitis B virus infection.**

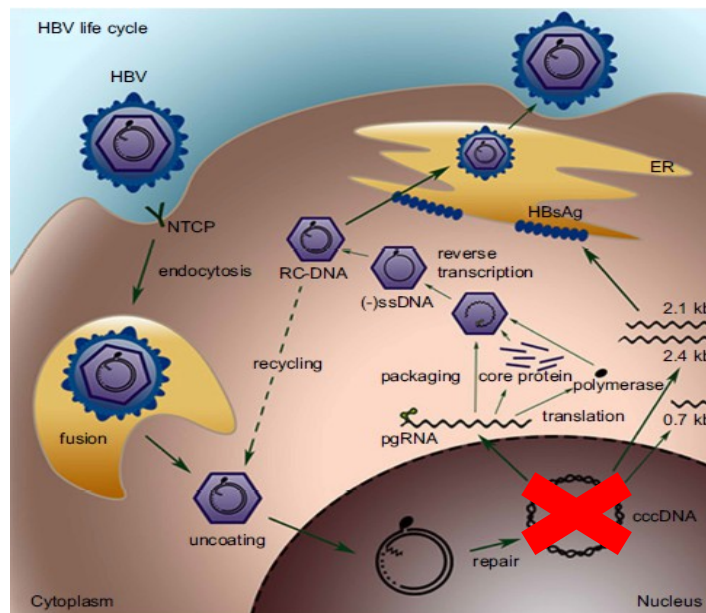
Drug name	Mechanism of action	Clinical trial status
<b>Nucleoside analog</b>		
Emtricitabine	DNA polymerase inhibition	Should combine with other antiviral agents
<b>Nucleotide analog prodrug</b>		
Besifovir	DNA polymerase inhibition	Phase III, NCT01937806 [119]
Tenofovir alafenamide fumarate	DNA polymerase inhibition	Phase III, NCT01940471 NCT01940341 [116,117]
<b>Non-nucleos(t)ide analog</b>		
Myrcludex-B	Viral entry inhibitor	Phase II
Bay 41-4109	Inhibits viral core formation	Phase I
REP 9AC	Blocks HBsAg release	Phase II
NVR-1221	Capsid inhibitor	Phase Ia
<b>Immunomodulator</b>		
GS-9620	TLR-7 agonist	Phase II, NCT02166047 [120]
<b>Other</b>		
ARC-520	RNA interference	Phase II, NCT02065336 [121]

## REVIEW

# Persistence of hepatitis B virus covalently closed circular DNA in hepatocytes: molecular mechanisms and clinical significance

Hung-Chih Yang<sup>1,2,3</sup> and Jia-Horn Kao<sup>2,3,4,5</sup>

Covalently closed circular DNA (cccDNA) is the transcriptional template of hepatitis B virus (HBV). Extensive research over the past decades has unveiled the important role of cccDNA in the natural history and antiviral treatment of chronic HBV infection. cccDNA can persist in patients recovering from acute HBV infection for decades. This explains why HBV reactivation occasionally occurs in patients with resolved hepatitis B receiving intensive immunosuppressive agents. In addition, although advances in antiviral treatment dramatically improve the adverse outcomes of chronic hepatitis B (CHB), accumulating evidence demonstrates that current antiviral treatments alone, be they nucleos(t)ide analogs (NAs) or interferon (IFN), fail to cure most CHB patients because of the persistent cccDNA. NA suppresses HBV replication by directly inhibiting viral polymerase, while IFN enhances host immunity against HBV infection. Viral rebound often occurs after discontinuation of antiviral treatment. The loss of cccDNA can be induced by non-cytolytic destruction of cccDNA or immune-mediated killing of infected hepatocytes. It is known that NA has no direct effect on viral transcription or cccDNA stability. Therefore, the long half-life of hepatocytes leads to a very slow decline in cccDNA in patients under antiviral therapy. Novel antiviral agents targeting cccDNA or cccDNA-containing hepatocytes are thus required for curing chronic HBV infection. *Emerging Microbes and Infections* (2014) 3, e64; doi:10.1038/emi.2014.64; published online 17 September 2014



# IFN and cccDNA degradation

