

# BRIEF HISTORY OF HEPATITIS MILESTONES

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# Stephen Hawking – Brief History of time



# MENTORS AND FRIENDS



**HEPATOLOGY**

Official Journal of the American Association for the Study of Liver Diseases



**MASTER'S PERSPECTIVE**

**The Road Not Taken or How I Learned to Love the Liver: A Personal Perspective on Hepatitis History**

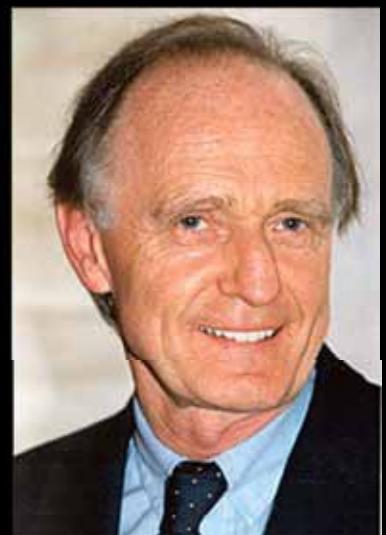
Harvey J. Alter



**EASL MONOTHEMATIC LYON 2013**

**WHAT HAVE WE LEARNED FROM THE HISTORY  
OF VIRAL HEPATITIS RESEARCH ?**

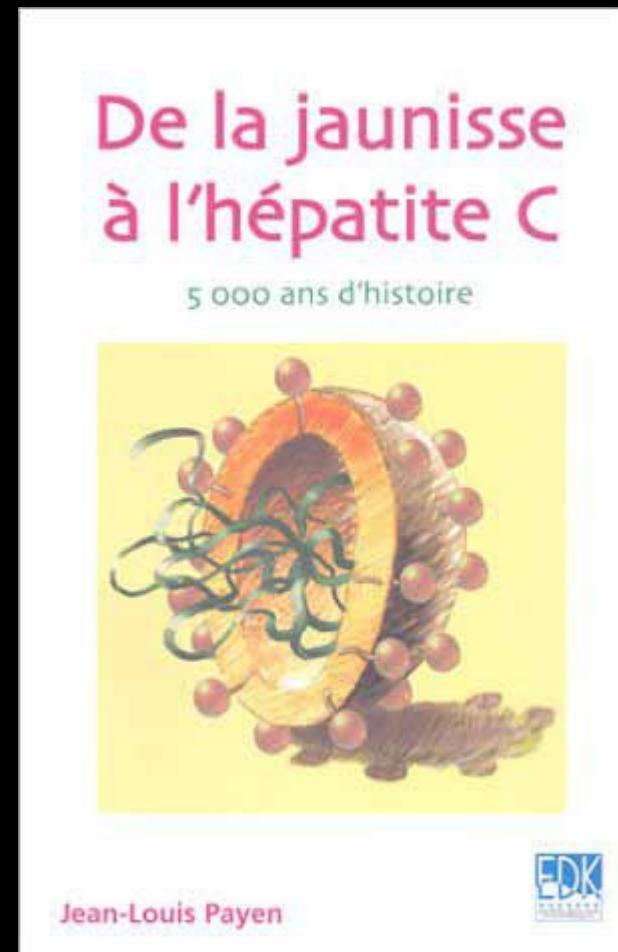
Hubert Blum



# History of hepatitis – From jaundice to HCV



Hepatoscopy



The  
hunt  
for a  
killer

virus

# Hepatitis B

Baruch S. Blumberg

Winner of the Nobel Prize in Physiology or Medicine

ALFRED M. PRINCE

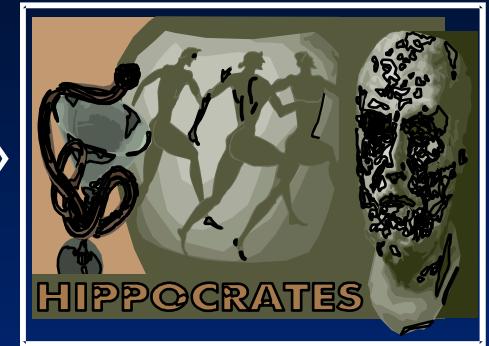


THE POETRY OF LIFE

IN SCIENCE  
IN AFRICA

# I. Epidemic hepatitis (-3000 to 1900)

- -3000 Sumerians (Jaundice...)
- -420 Greek Hippocrate → « icterus »
- +750 Middle Ages
- Pope Zacharie St Boniface
- isolation
- 1800 Jaundice of camps



Sieges < St Jean d'Acre (1799)  
                    Paris (1870)

→ prevention

# I. Serum hepatitis (1880-1945)



« Syringe » hepatitis  
injections for syphilis

## Post-vaccine hepatitis

1882 : anti-small pox: Lurman (Breme)

1937 : anti-yellow fever: Findlay

1942 : 28000 cases US navy



Serum and post transfusion hepatitis  
(1945-1975)

# Duality of hepatitis

1947 Mc Callum

- Hepatitis A     epidemic
- Hepatitis B     serum

1964 Krugman (Willow Brook School)

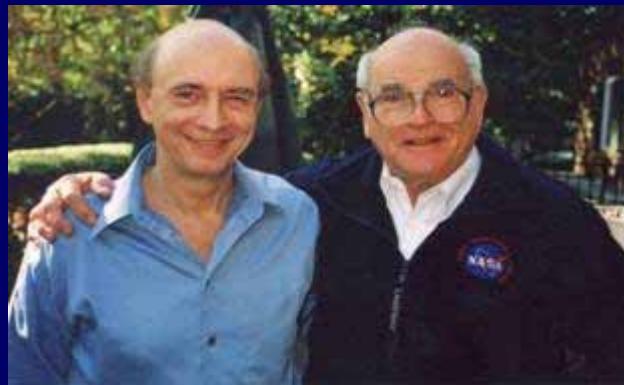
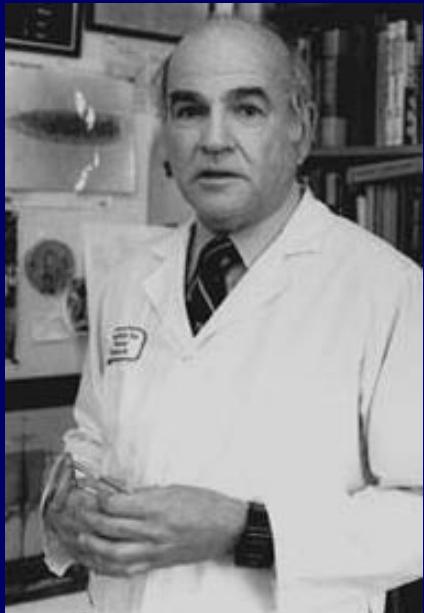
- Hepatitis A → oral (30-45d)              « MS1 »
- Hepatitis B → parenteral (60-90d)              « MS2 »

**HBV**



# Baruch Blumberg

1964



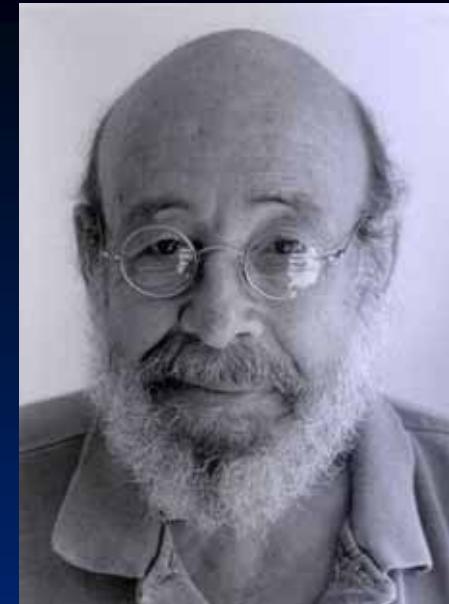
**The discovery by Blumberg in 1964 of a new antigen in the serum of an Australian aborigine initiates a new era in the history of hepatitis. Blumberg, an ethnologist, demonstrates that this “Australian antigen” is a marker of hepatitis.**

Nobel Prize in 1976 for the discovery of new mechanisms for the dissemination of infectious diseases

# Alfred PRINCE

(New York Blood Center)

1968

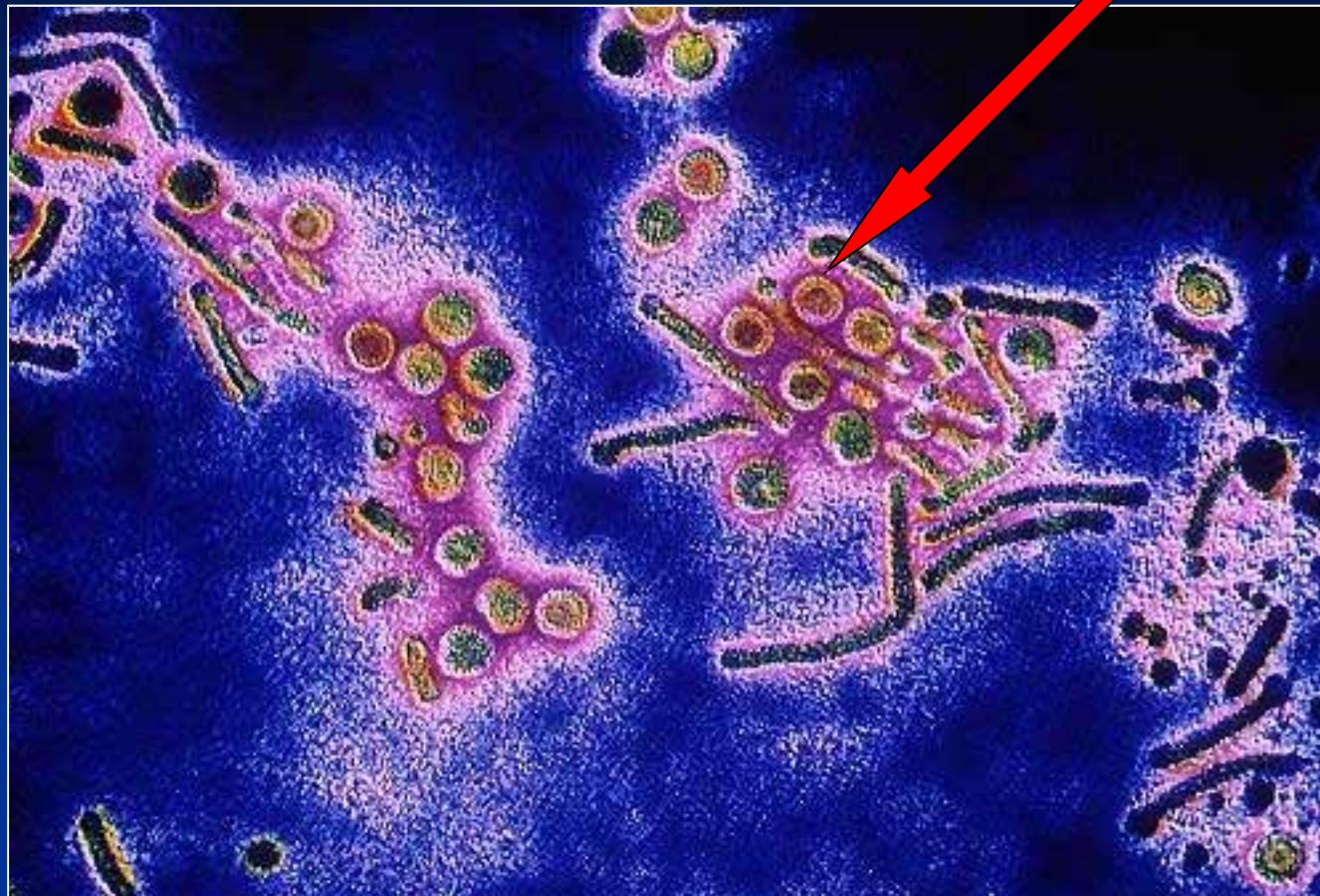


- Described the SH Ag in patients who developed a post-transfusion hepatitis
- Confirmed
  - The specificity of this Ag for hepatitis B
  - The identity with Australia Ag

# The virus

1970

DANE



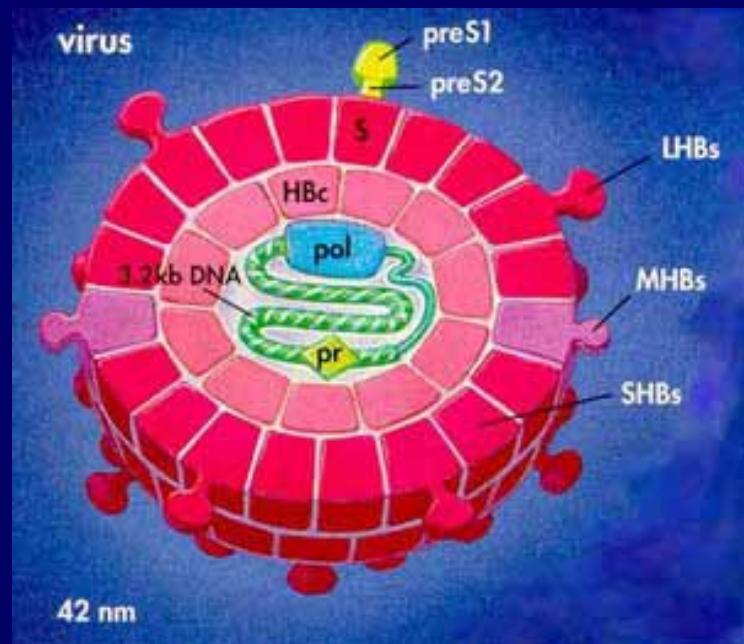


ZENIRAM

# HBV Serologic Markers

## Antigens

- HBsAg (1965)
- HBeAg (1972)



## Antibodies

- Anti-HBc total (1971)
  - Anti-HBc-IgM
  - Anti-HBe
  - Anti-HBs
- 
- ADN POL (1972)
  - ADN (1974)

# Tests / techniques

HBV/mL

- 1965 Immunodiffusion (HBs/e Ag and Ab)
- 1970 Counter-electrophoresis (HBs/e Ag and Ab)
- 1970 RIA Ag/Ab
- 1975 HBV DNA polymerase
- 1975 ELISA (Ag/Ab)
- 1980 DNA hybridization

$10^{10}$

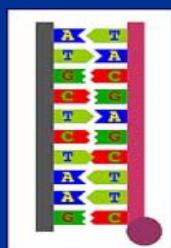
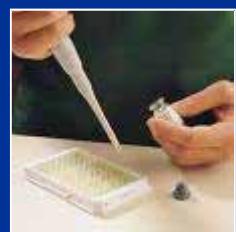
$10^9$

$10^5$

$10^2$

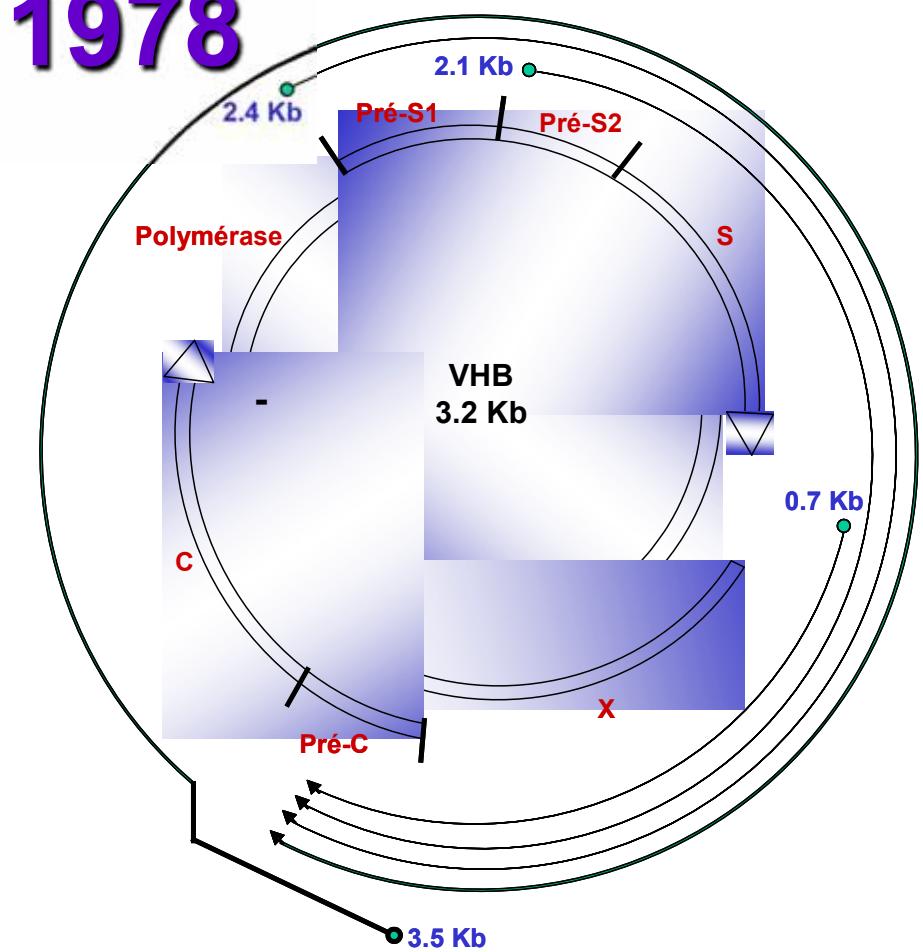
$10 ?$

PCR Real time

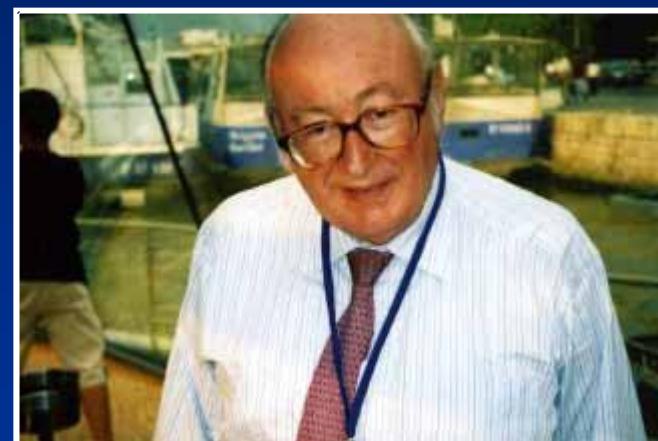


# Cloning of HBV

1978



P. TIOLLAIS/  
F. GALIBERT



# The Vaccine



## Plasmatic vaccines (1975-76)

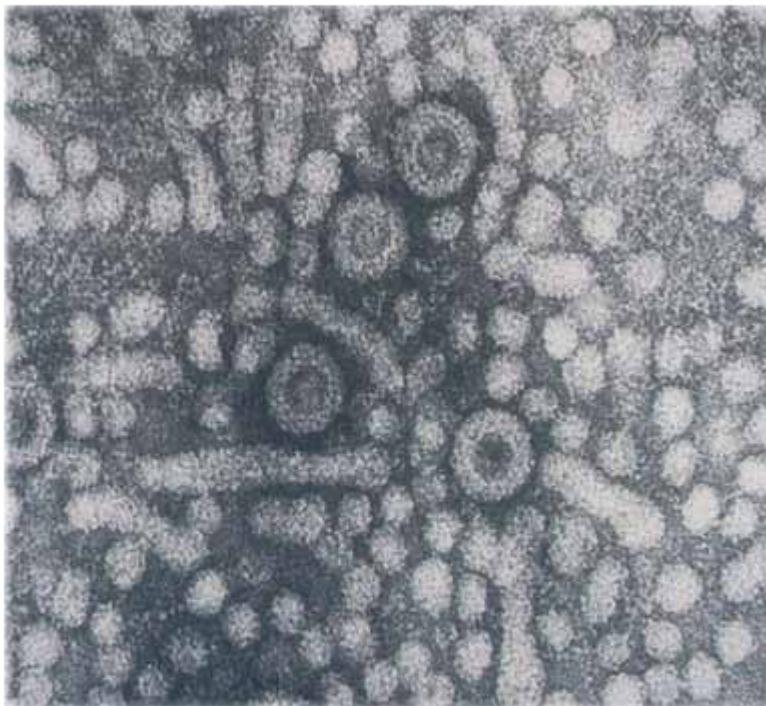
- Ph. Maupas / institut Pasteur (F)
- M. Hilleman / MSD (USA)

## Recombinant vaccines (1981)

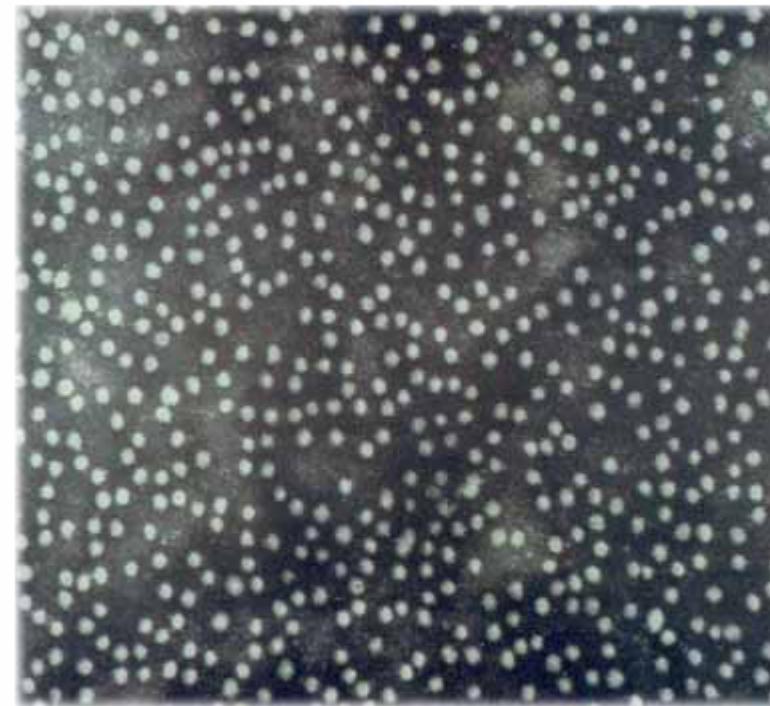
- P. Tiollais / institut Pasteur
- W. Rutter/ Chiron/MSD

## HBV PARTICLES

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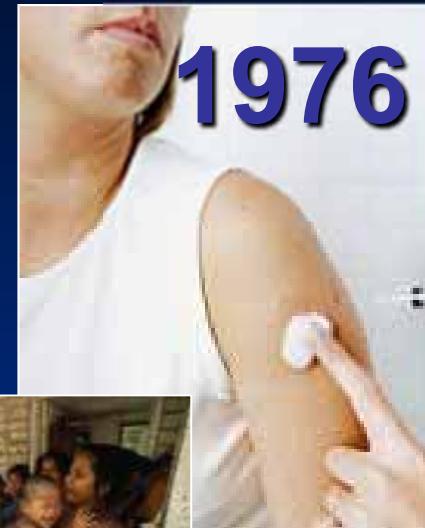
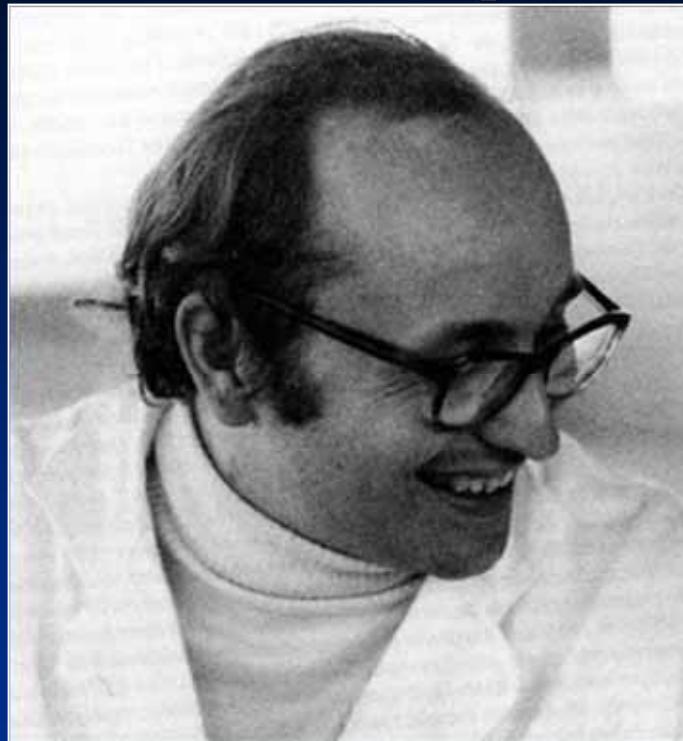
Serum



**Serum-derived vaccine:** Szmuness W et al. N Engl J Med 1980; 303: 833-841

**Recombinant vaccine:** Valenzuela P et al. Nature 1982; 298:347-350

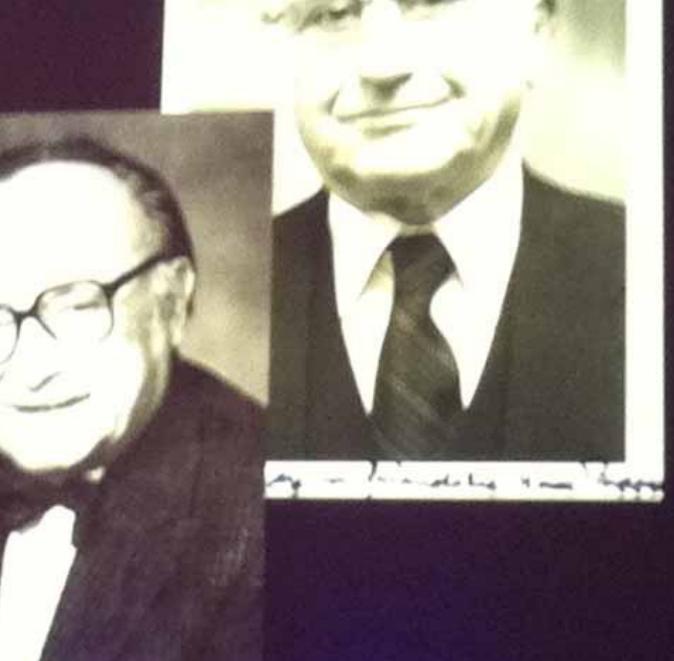
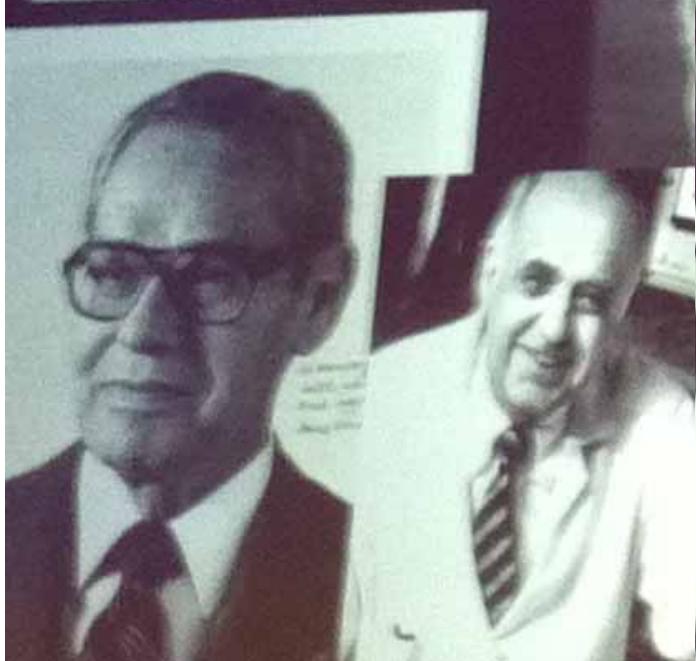
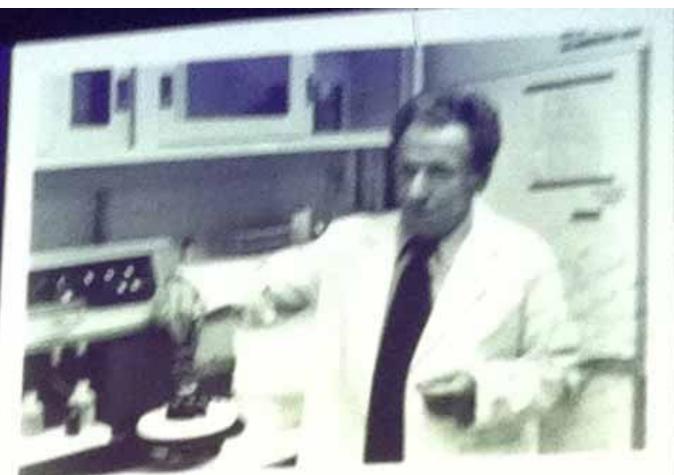
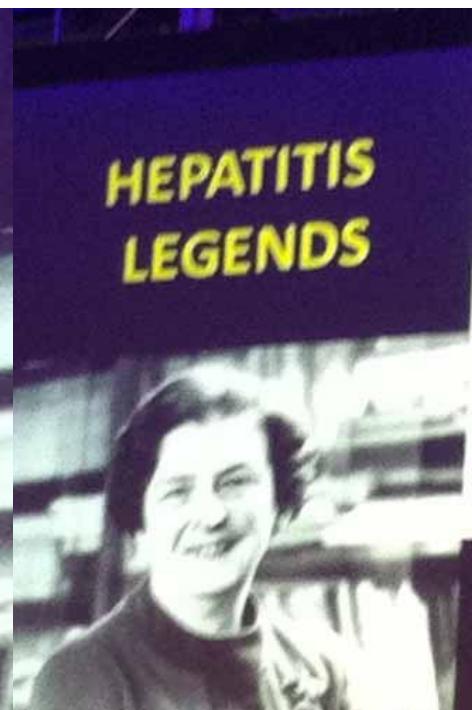
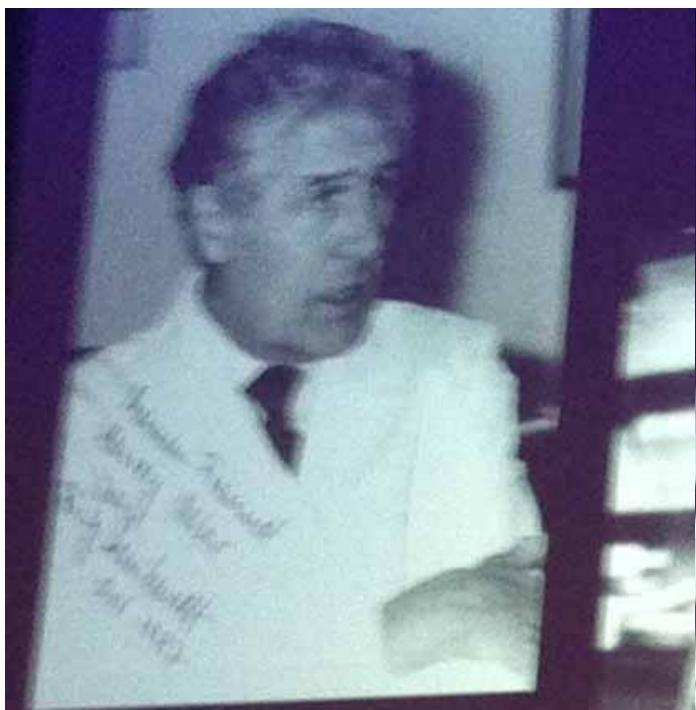
# Pr Ph. Maupas

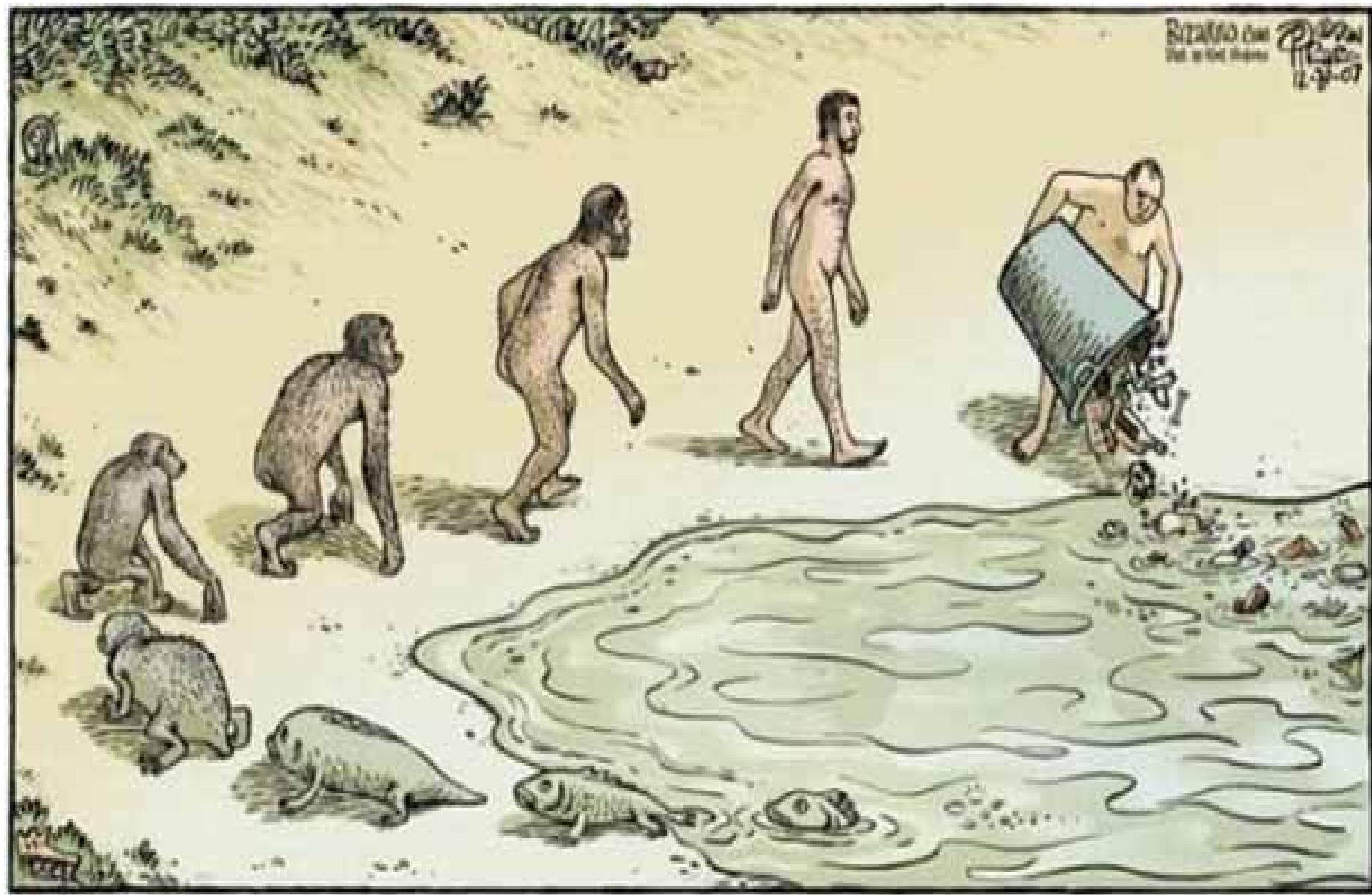


- Discovered the first HBV vaccine in humans (1976)
- Confirmed the association between HBV and primitive liver cancer

# **IMPACT OF HBV VACCINATION IN TAIWAN**

- Incidence of HBs Ag :
  - 1985 : 9 %
  - 1995 : 1 %
- Réduction of HCC incidence and almost disappearance in children





# HEPADNAVIRUSES

## Orthohepadnavirus

HBV - Humans  
WHV - Woodchucks  
GSHV- ground squirrel  
TSHV – Tree squirrel  
ASHBV – Artic squirrel

## Avihepadnavirus

DHBV - Duck  
HHBV - Heron  
SGHBV - Goose  
STHBV - Stork

Old world monkeys :  
- Gibbon (GiHBV)  
- Gorilla (GoHBV)  
- Orang-outang (OuHV)  
- Chimpanzee (ChHBV)

New world monkeys :  
- Woolly Monkey (WMHBV)

**Missing  
small available  
monkey**

## **Discovery of Naturally Occurring Transmissible Chronic Hepatitis B Virus Infection Among *Macaca fascicularis* From Mauritius Island**

Tatiana Dupinay,<sup>1,2,3,4\*</sup> Tarik Gheit,<sup>5\*</sup> Pierre Roques,<sup>6,7</sup> Lucyna Cova,<sup>1,2,3</sup> Philippe Chevallier-Queyron,<sup>1,2,8</sup> Shin-i Tasahsu,<sup>9</sup> Roger Le Grand,<sup>6,7</sup> François Simon,<sup>10</sup> Geneviève Cordier,<sup>11</sup> Lahcen Wakrim,<sup>12</sup> Soumaya Benjelloun,<sup>12</sup> Christian Trépo,<sup>1,2,3,8</sup> and Isabelle Chemin<sup>1,2,3</sup>

- Editorial – Hepatology (November 2013)

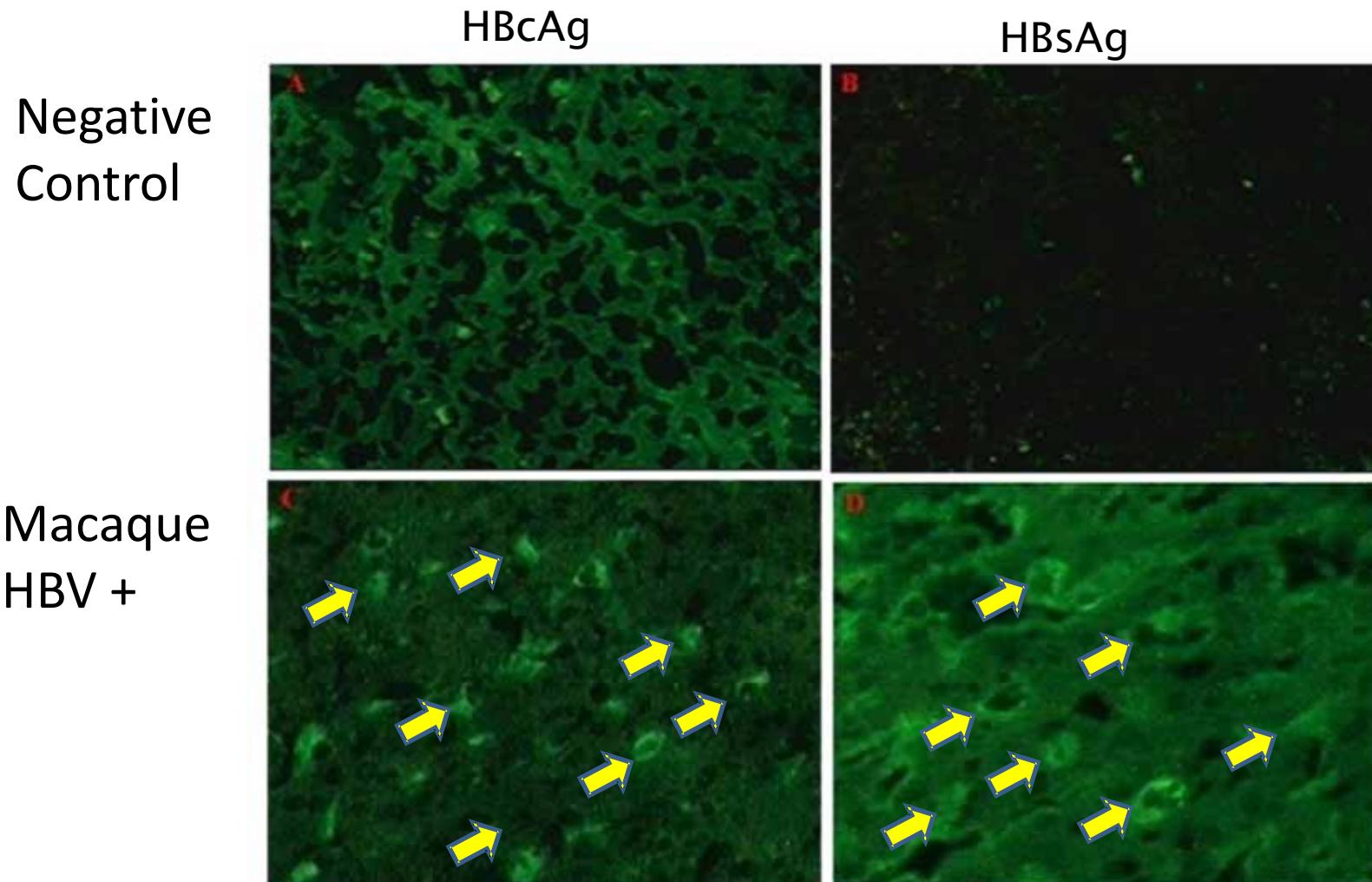
**Persistent Human Hepatitis B Virus Infection in Cynomolgus Monkeys: A Novel Animal Model in The Search for a Cure?**

*J Bukh, R.E. Lanford, and R.H. Purcell*

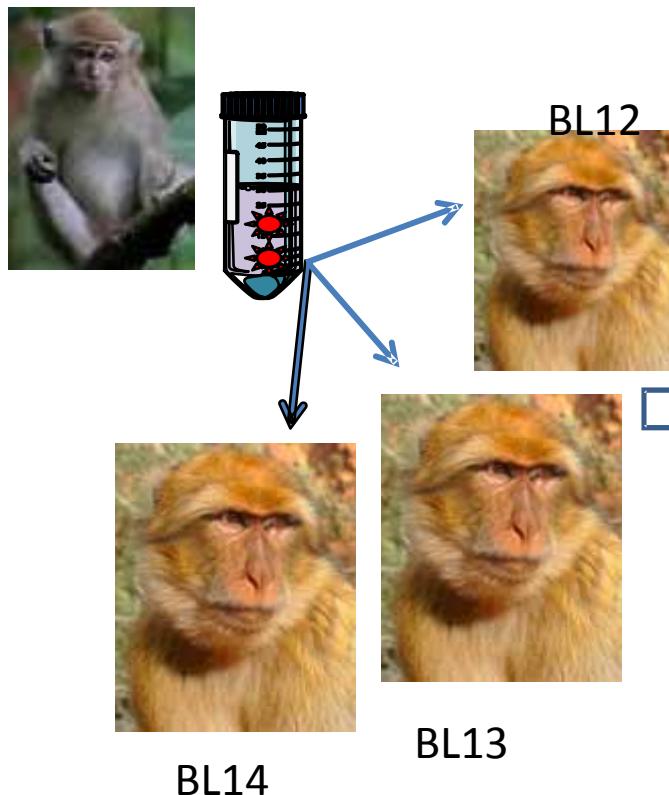
- Comment – Nature/middleeast (May 15, 2013)

**Macaques-new animal models to test anti-HBV drugs and vaccines. B. Das**

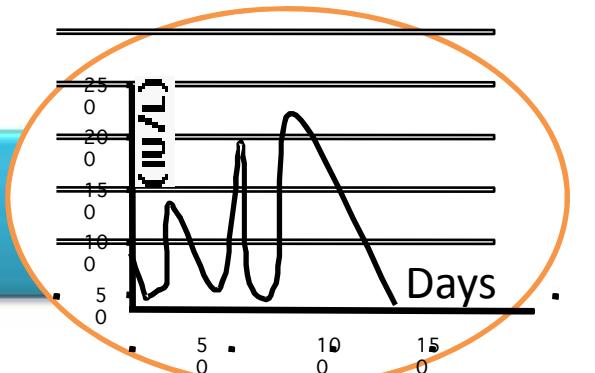
# HBV protein expression in Macaques liver sections



# HBV transmission from cynomolgus to sylvanus Macaques

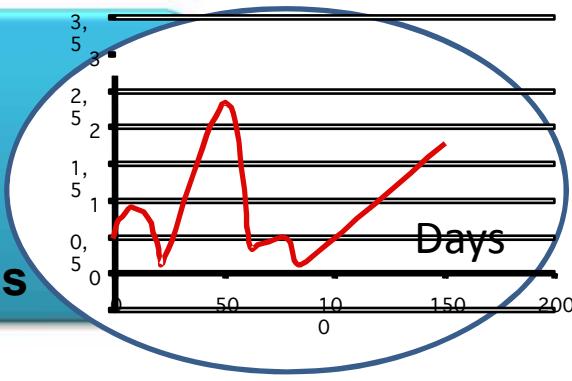


**ALT peak  
3/3 animals**

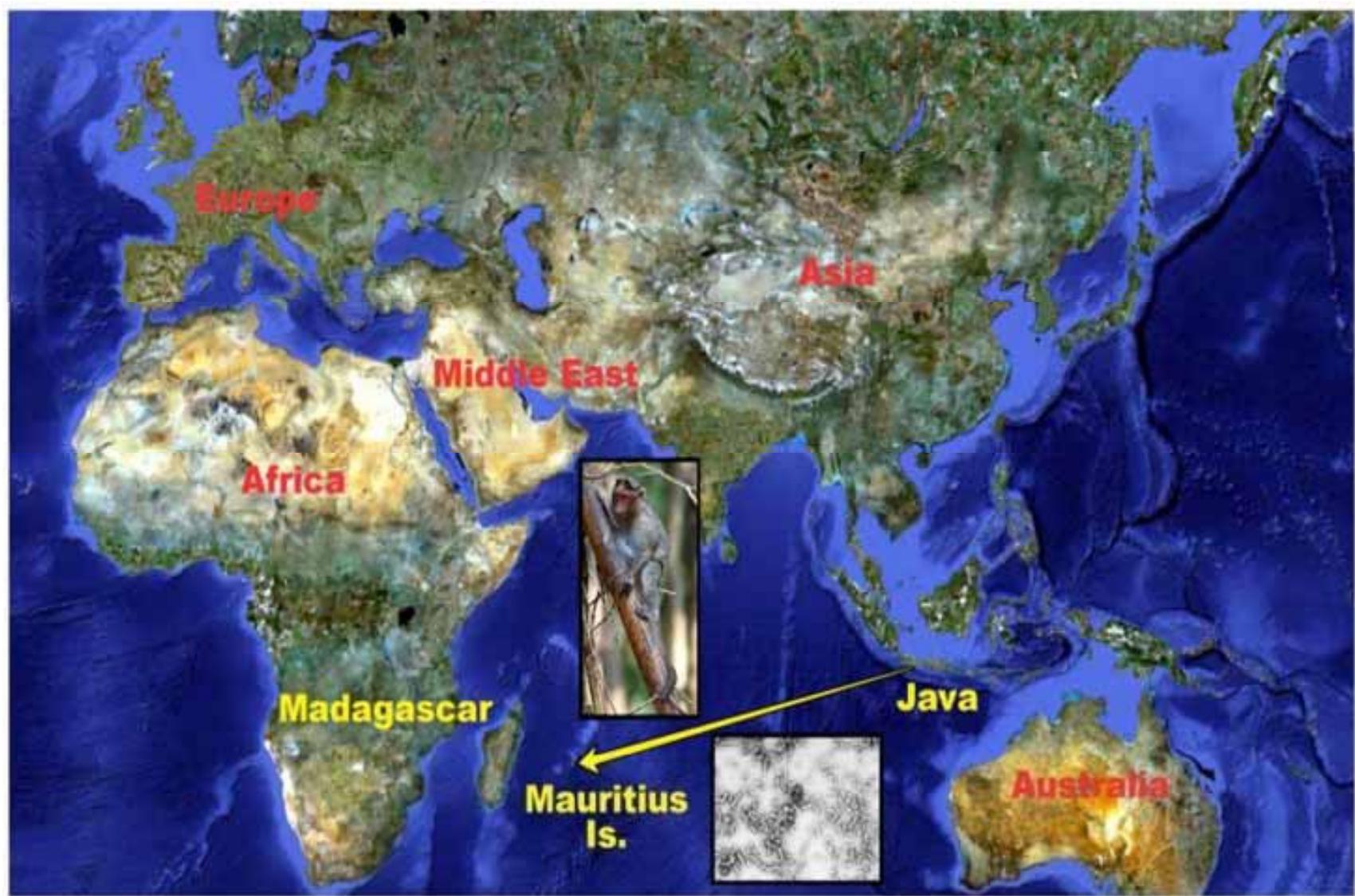


**HBsAg+ week 4/7 PI**

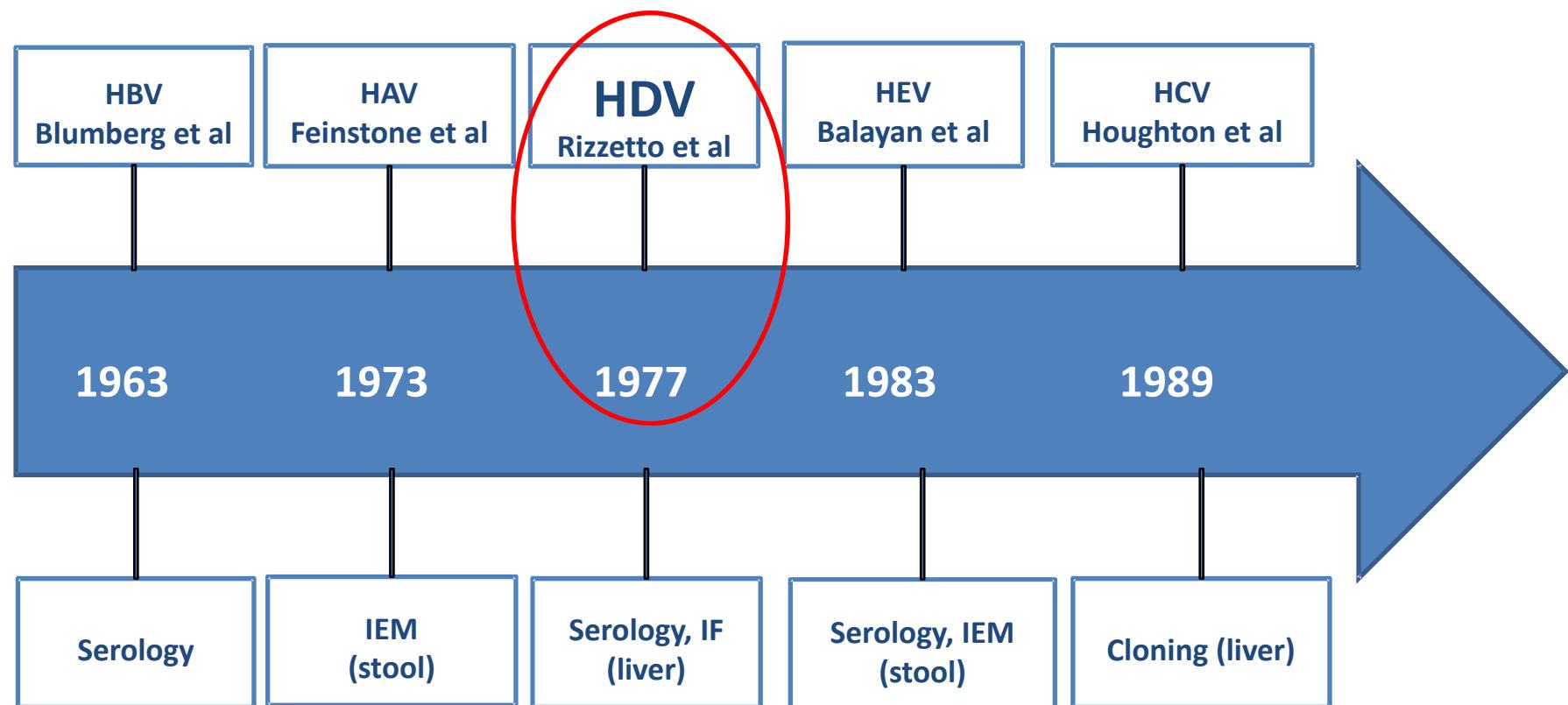
**HBsAg+ /HBcAg  
+ by IF on liver sections**



**PCR HBV DNA (+) X 12 weeks  
About  $10^3$  copies HBV DNA/ ml  
at week 9 pi**



# HEPATITIS VIRUSES DISCOVERY



# HDV 37<sup>th</sup> Birthday

Gut, 1977, 18, 997-1003

## Immunofluorescence detection of new antigen-antibody system ( $\delta$ /anti- $\delta$ ) associated to hepatitis B virus in liver and in serum of HBsAg carriers

M. RIZZETTO,<sup>1</sup> M. G. CANESE, S. ARICÒ, O. CRIVELLI, C. TREPO, F. BONINO, AND G. VERME

From the Department of Gastroenterology, Ospedale Mauriziano Umberto I, Turin, Italy, the Electron Microscopy Centre of the Faculty of Medicine, University of Turin, Italy, and INSERM U45, and Laboratory of Hygiene, University Claude Bernard, Lyon, France

**SUMMARY** A new antigen-antibody system associated with the hepatitis B virus and immunologically distinct from the HB surface, core, and e systems is reported. The new antigen, termed  $\delta$ , was detected by direct immunofluorescence only in the liver cell nuclei of patients with HBsAg positive chronic liver disease. At present, the intrahepatic expression of HBcAg and  $\delta$  antigen appears to be mutually exclusive. No ultrastructural aspect corresponding to the  $\delta$  antigen could be identified under the electron microscope.  $\delta$  antibody was found in the serum of chronic HBsAg carriers, with a higher prevalence in patients with liver damage. The nuclear fluorescence patterns of HBcAg and  $\delta$  antigen were similar; it is only possible to discriminate between the two antigens by using the respective specific antisera.

While studying liver biopsies from patients who were seropositive for the hepatitis B surface antigen (HBsAg) in direct immunofluorescence, it was noted that an antiserum against the hepatitis B core antigen (HBcAg), as well as staining specimens in which core particles could be demonstrated by the electron microscope (EM), also reacted with additional biopsies which did not contain core particles (at electron microscopy) and were negative with other reference antisera against HBcAg.

When the EM core positive and core negative specimens were tested with several HBsAg positive sera, it soon became apparent that some sera reacted with either one or the other liver substrate; this suggested that there were two distinct nuclear antigenic specificities.

The identification of this new antigen and of its antibody as an immunological system independent of other known reactions associated with the HB virus is reported in this communication. Provisionally, we propose that it should be called  $\delta$ .

<sup>1</sup>Address for correspondence: Dr M. Rizzetto, Department of Gastroenterology, Ospedale Mauriziano Umberto I, Cs. Turati 46, 10128 Turin, Italy.

Received for publication 30 May 1977

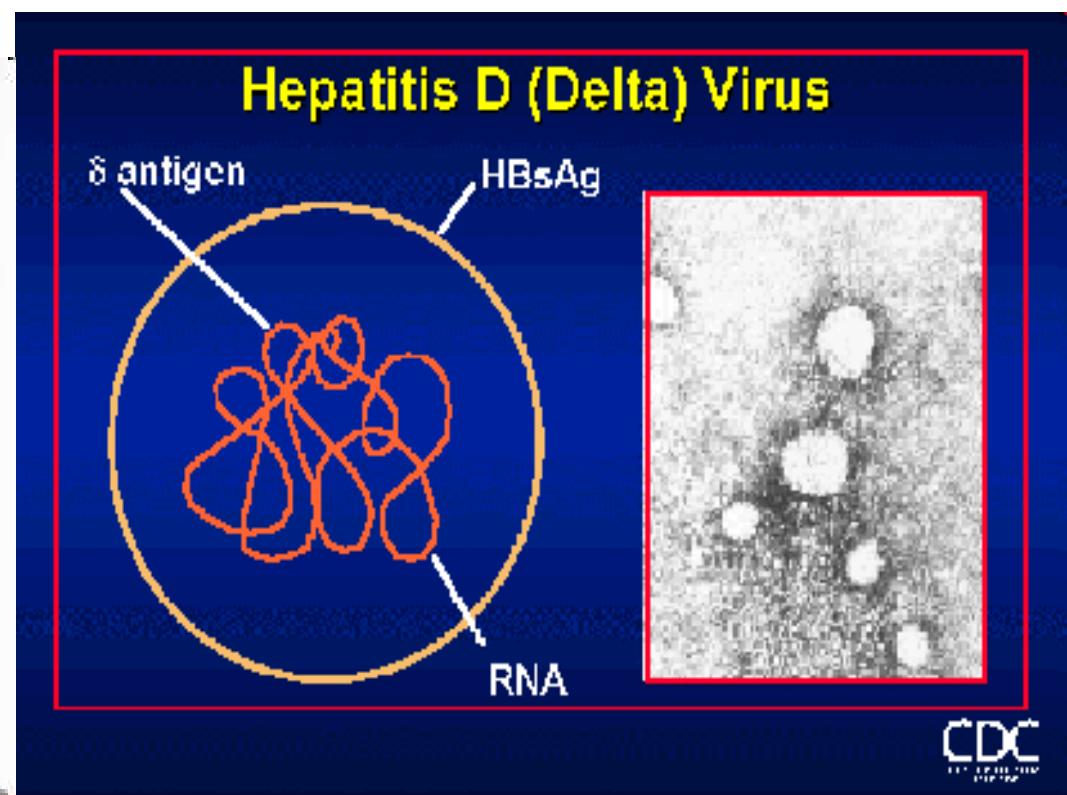
### Methods

#### PREPARATION OF STANDARD FLUORESCENT ANTISERA AGAINST $\delta$ ANTIGEN ( $\delta$ ANTISERUM), AGAINST HBcAg (HBc ANTISERUM), AGAINST HBsAg (HBs ANTISERUM), AND AGAINST e ANTIGENS ( $e_x + e_y$ ANTISERUM), STANDARD $\delta$ ANTIGEN ( $\delta$ ) AND HBcAg POSITIVE LIVER SUBSTRATES

A fluorescein isothiocyanate (FITC) conjugated antiserum against HBsAg was prepared from Behringwerke rabbit precipitating serum RBBO4 (Rizzetto *et al.*, 1976b). A FITC conjugated antiserum against e antigens ( $e_x + e_y$ ) was prepared from a human serum as previously described (Trepo *et al.*, 1976).

A FITC antiserum monospecific against HBcAg and one monospecific against  $\delta$  were prepared from the blood of two apparently healthy HBsAg carriers; both sera were negative when tested by the Reuma and Waaler-Rose techniques. The gamma globulin fractions, isolated after precipitation with  $(NH_4)_2SO_4$ , did not contain autoantibodies (in indirect Immunofluorescence (IFL)), antibodies against HBsAg, e antigens, or e antibodies.

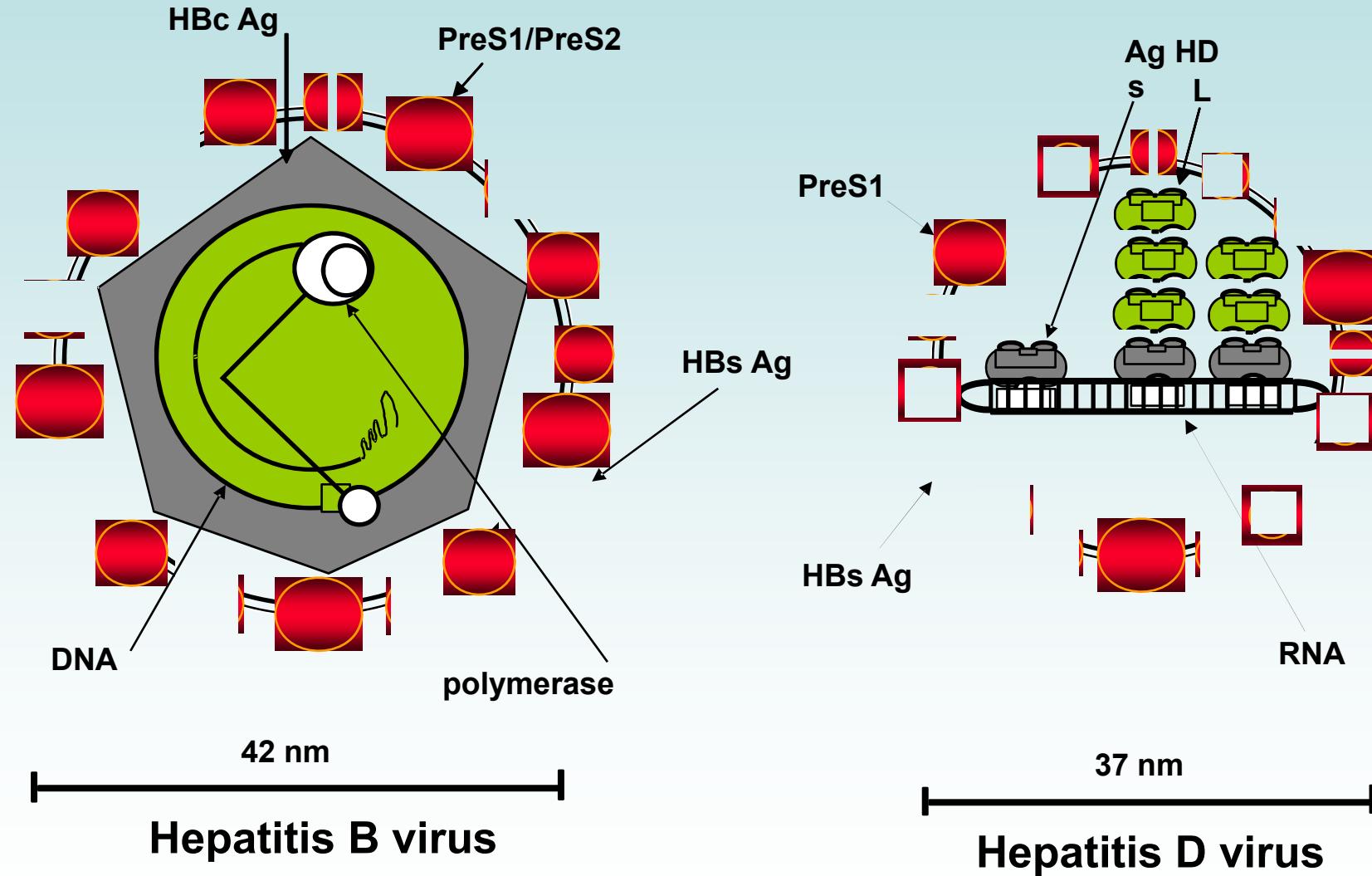
After conjugation with FITC, the HBc antiserum



# MAJOR CHARACTERISTICS

- Unique agent
- Defective virus
- Highly pathogenic
- Reemerging
- Most challenging therapy

## HDV – the virion



**HDV**

**HBV**



# HDV INHIBITS HBV REPLICATION

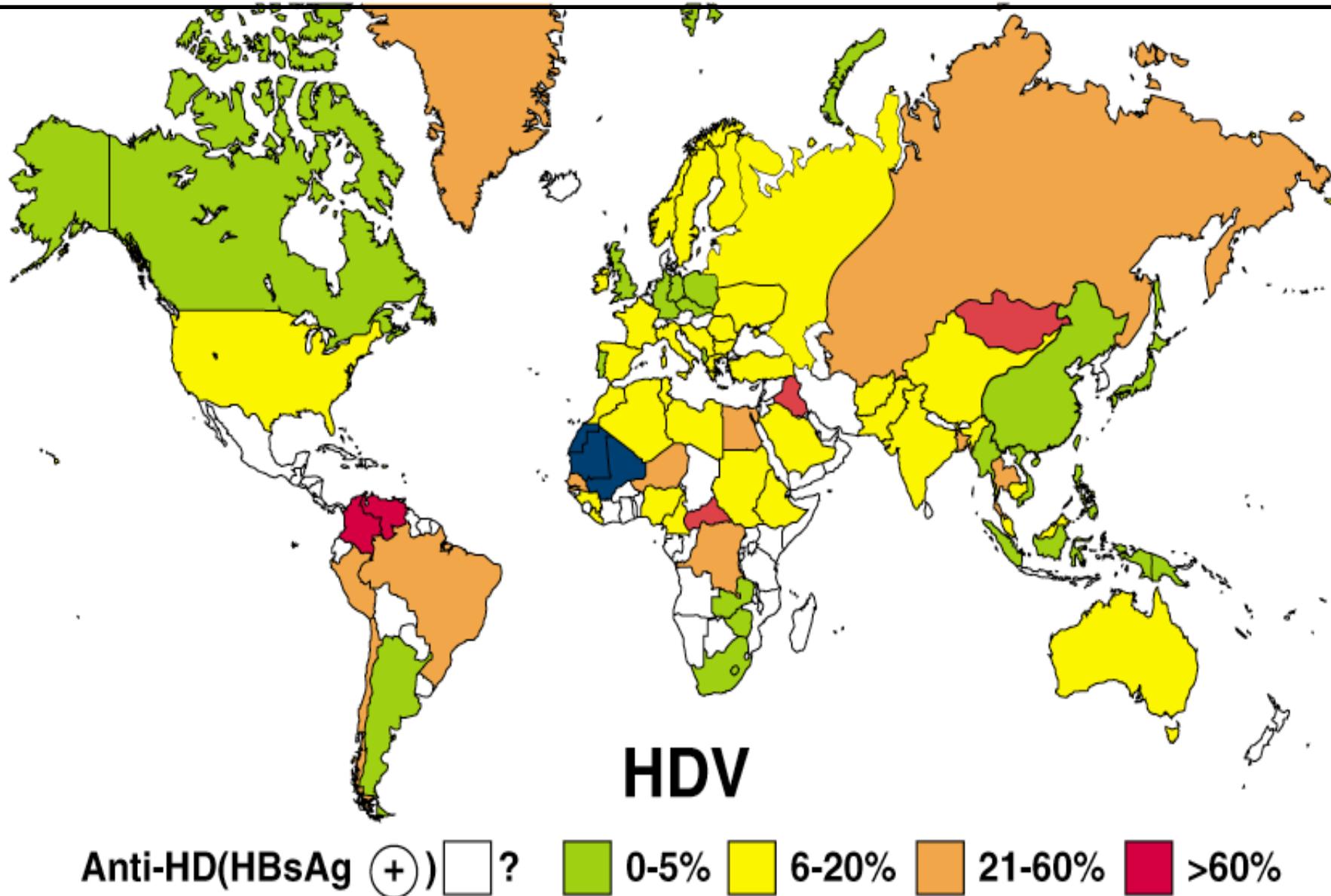


**Anti-transcriptional effect**

**Competition envelope**

**Cytokines (MxA ?)**

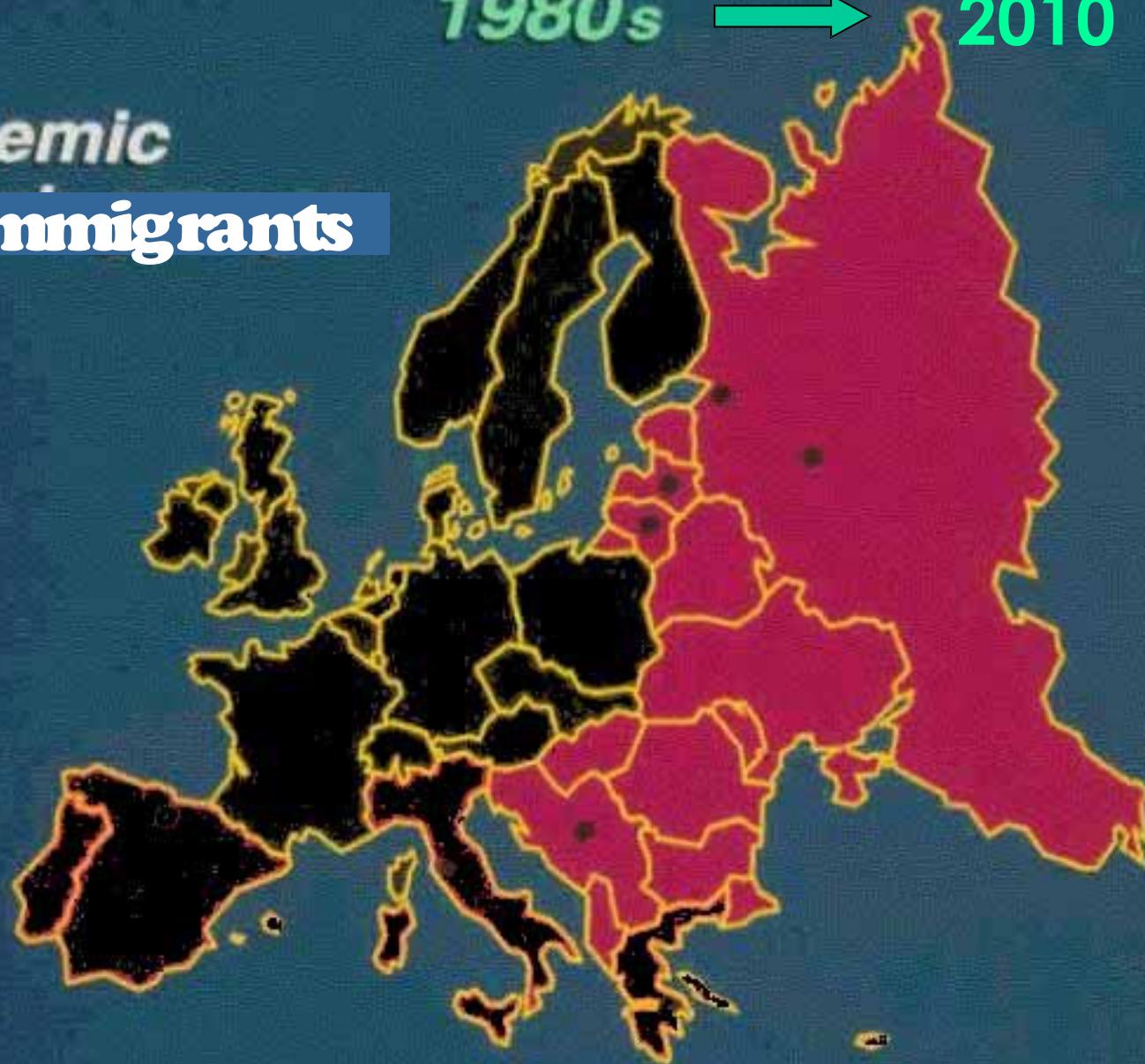
# 1980s: Global Anti-HDV Prevalence in HBsAg Carriers (15,000,000 Positive)



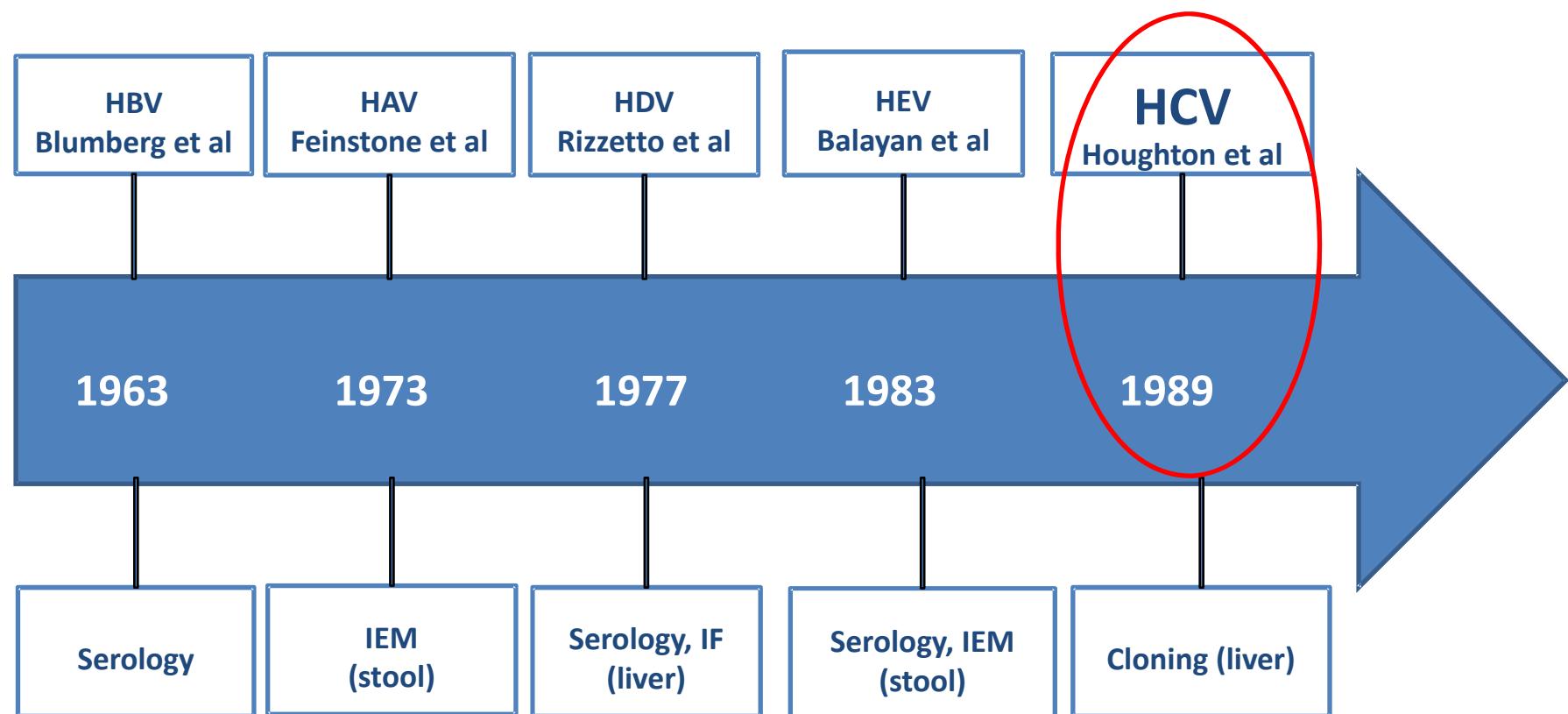
# *Epidemiology of HDV in Europe*

1980s → 2010

- █ Endemic
- █ In immigrants



# HEPATITIS VIRUSES DISCOVERY





# The approach

1. **1979** Tubule Forming Agent → Shimizu (NIH)
2. **1985** D. Bradley (CDC)
  - Togavirus
  - Flavivirus
  - HDV
3. **1987** <50 nm filter
4. Post-transfusion NANB hepatitis 1980-  
incidence 7% in France → 10% USA



# Dead End

- 1983 HDV like → Kamimura/Purcell
- 1984 Retrovirus → Seto/Gerety
- 1984 Spumavirus → Prince
- 1985-9 Non-A, non-B Ag/Ab systems  
Shimizu & many others



# The ascent

- **1st viral isolation**

- without culture
- without electronic microscopy
- without serology



## Direct molecular approach

Since then:



- HEV, HHV8
- TTV
- HGV

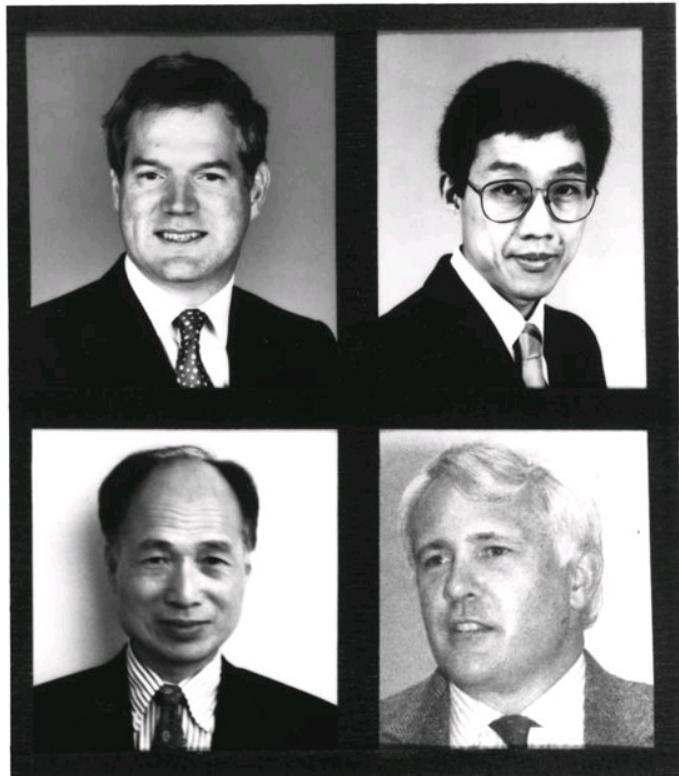
# Discovery of the hepatitis C virus

**Science**

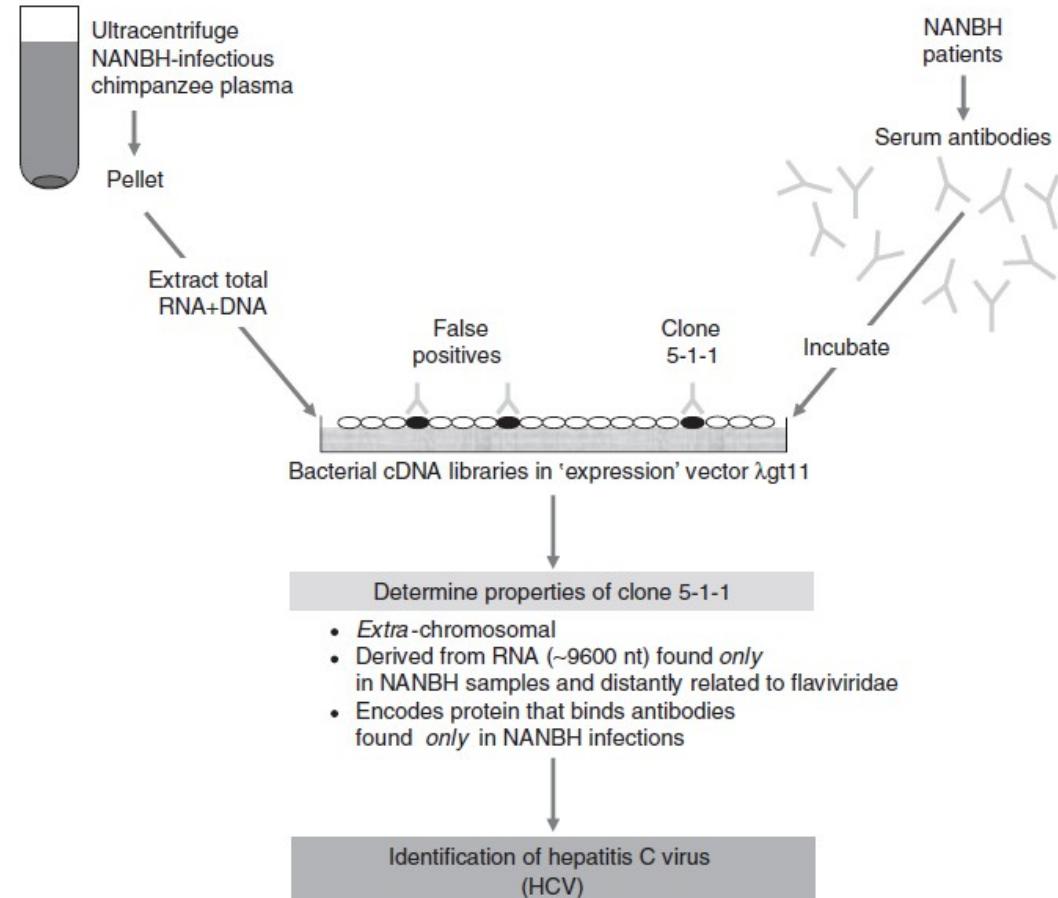
AAAS

## Isolation of a cDNA Clone Derived from a Blood-Borne Non-A, Non-B Viral Hepatitis Genome

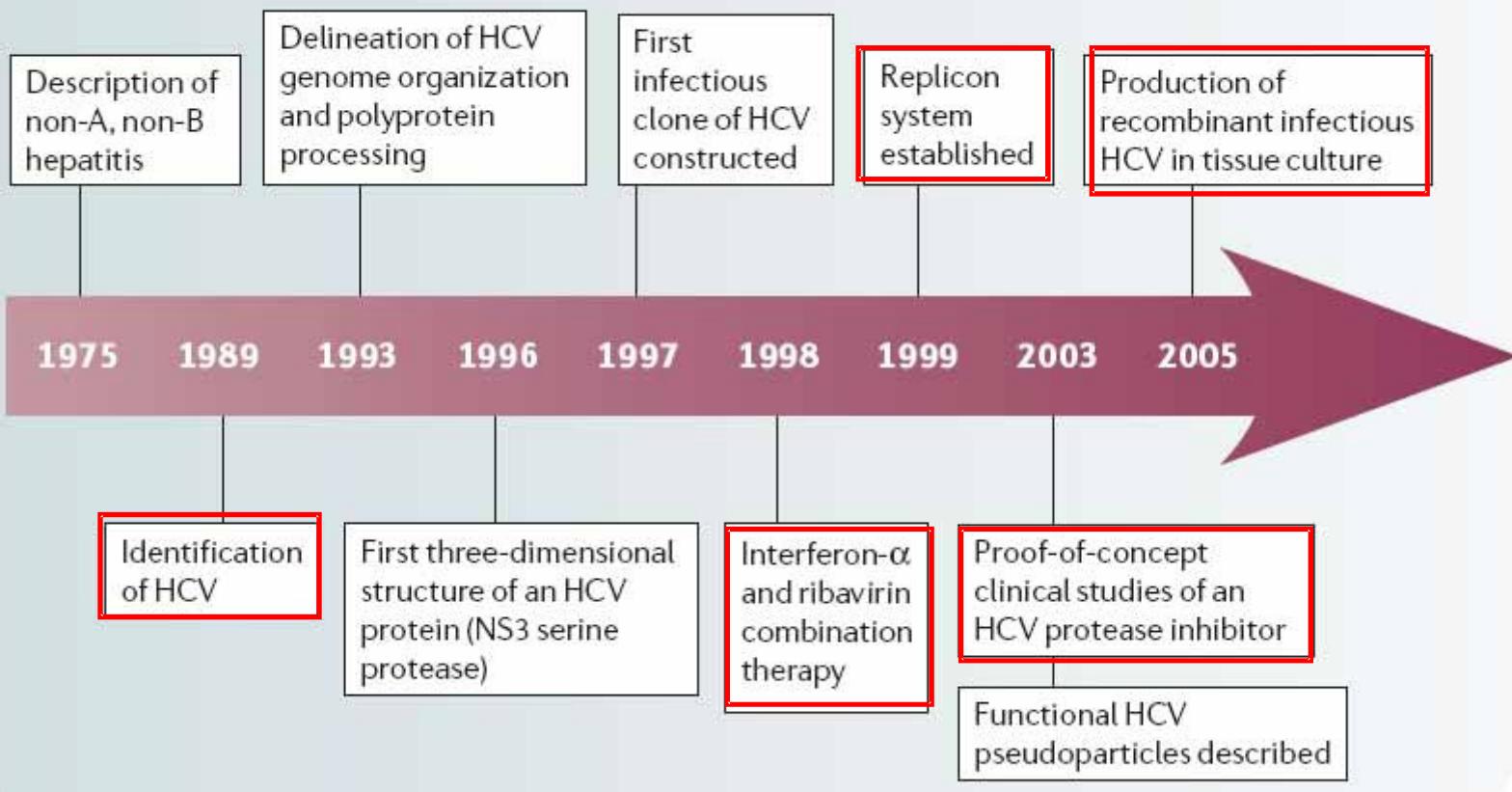
QUI-LIM CHOO, GEORGE KUO, AMY J. WEINER, LACY R. OVERBY,  
DANIEL W. BRADLEY, MICHAEL HOUGHTON



**The HCV discovery team**  
(from left to right; M. Houghton,  
Q-L Choo, G. Kuo and D. Bradley)



## Timeline | Milestones in hepatitis C virus (HCV) research





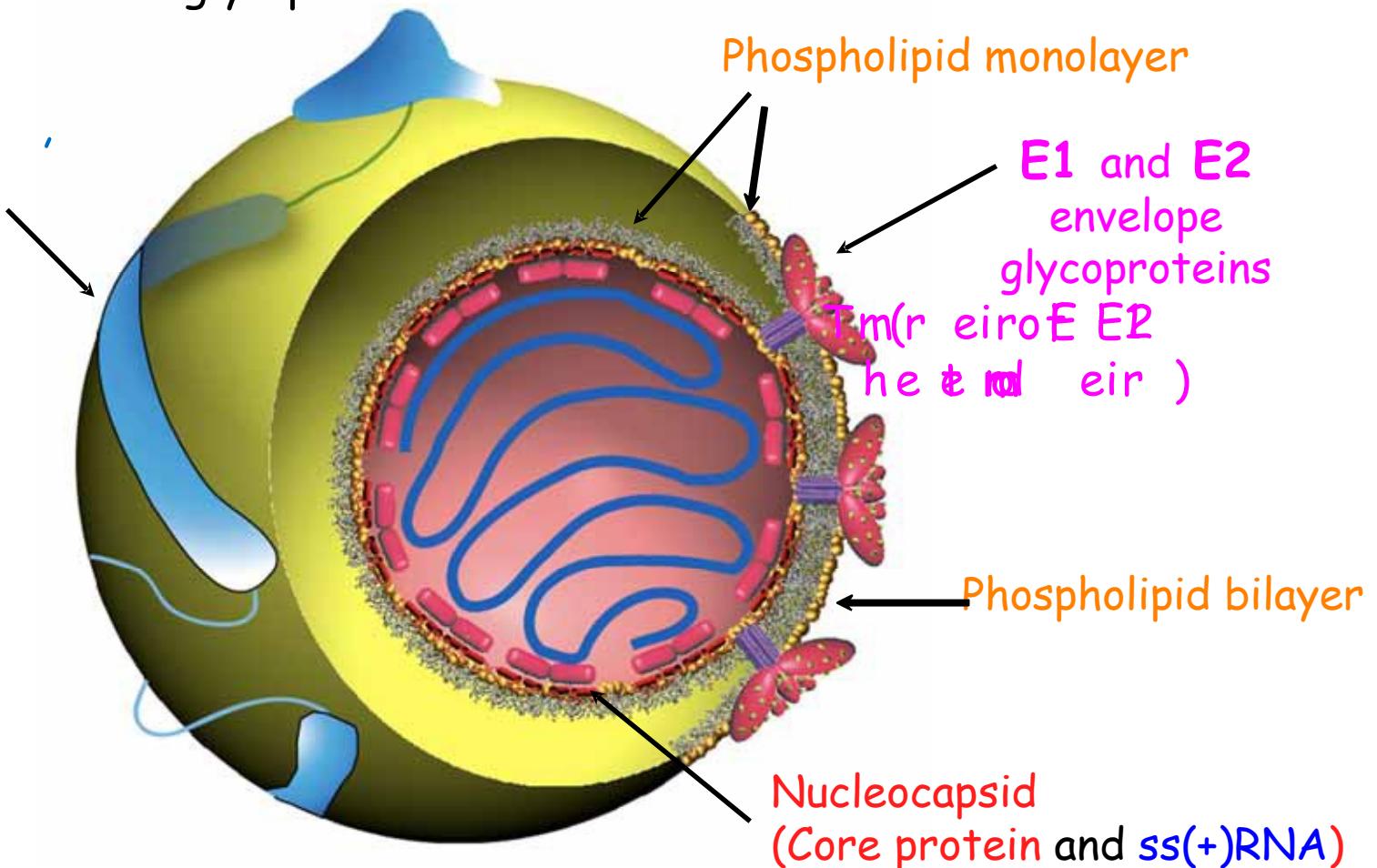
# Temptative model of HCV "Lipo-Viro-Particle"



Francois PENIN & Patrice ANDRE

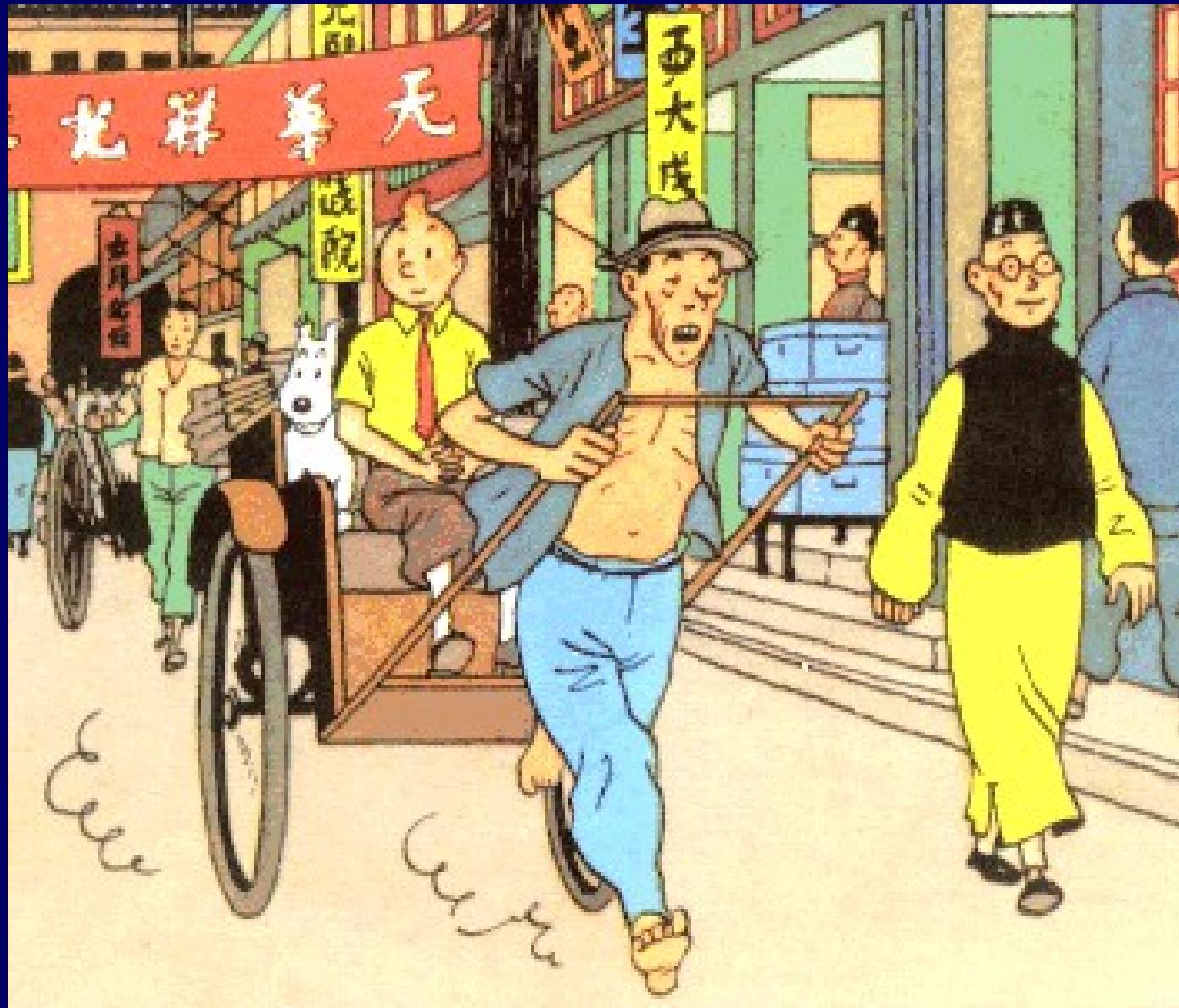
A su esu tol fusion iard /o rco ence b y olf  
VDL w Ht iC/ nuceocapsid and E EP envelope  
g ycdp ro t n si

A po pop ro t nB i  
adms e ohte rs ,  
e g .pE )



# HISTORY OF HEPATITIS THERAPY

1981



## DELETERIOUS EFFECT OF PREDNISOLONE IN HBsAg-POSITIVE CHRONIC ACTIVE HEPATITIS

KUI CHUN LAM, M.B., B.S., CHING LUNG LAI, M.B., B.S., R. P. NG, M.B., B.S., CHRISTIAN TREPO, M.D., AND P. C. WU, M.B., B.S.

380

THE NEW ENGLAND JOURNAL OF MEDICINE

Feb. 12, 1981

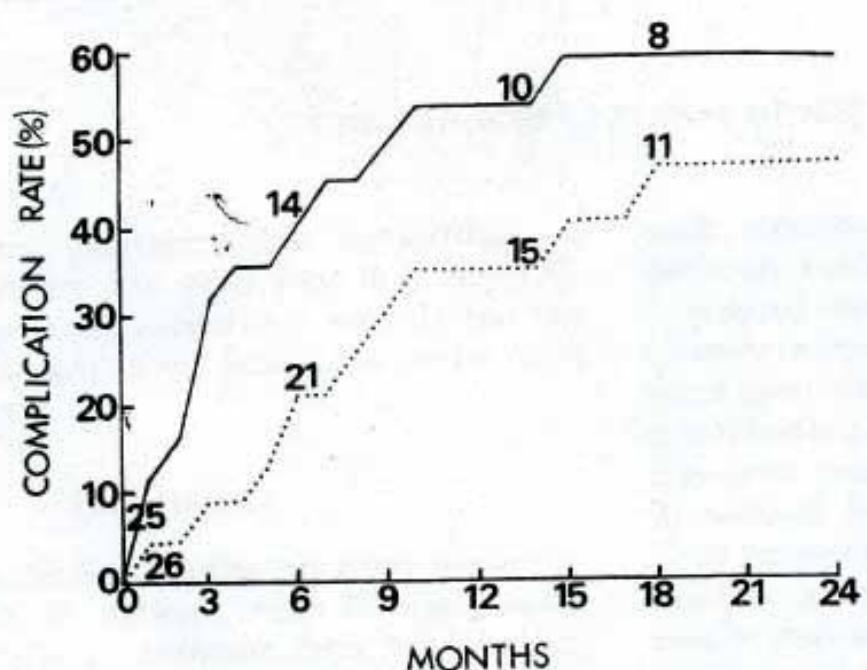


Figure 5. Cumulative Rate of Complications in 51 Patients with HBsAg-Positive Chronic Active Hepatitis Who Were Receiving Prednisolone (Solid Line) or Placebo (Dotted Line). Figures above each line denote the numbers of patients remaining in the study. Prednisolone increased the rate of complications ( $z = 1.6709$ ,  $P < 0.0001$ ).

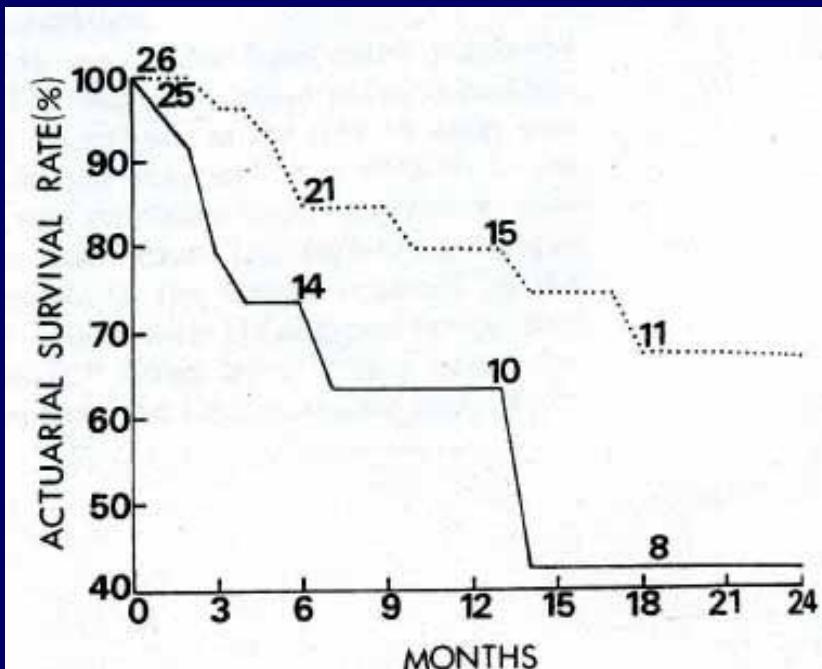


Figure 6. Actuarial Survival Rate in 51 Patients with HBsAg-Positive Chronic Active Hepatitis Who Were Receiving Prednisolone (Solid Line) or Placebo (Dotted Line). Figures above each line represent numbers of patients remaining in the study. The survival rate was decreased by prednisolone ( $z = 0.5171$ ,  $P < 0.01$ ).

# Chronic Hepatitis

- 1955 - From steroids to abstention
- 1976 – The Anti-Viral Era: “The Prophets”
  - Aciclovir and herpes

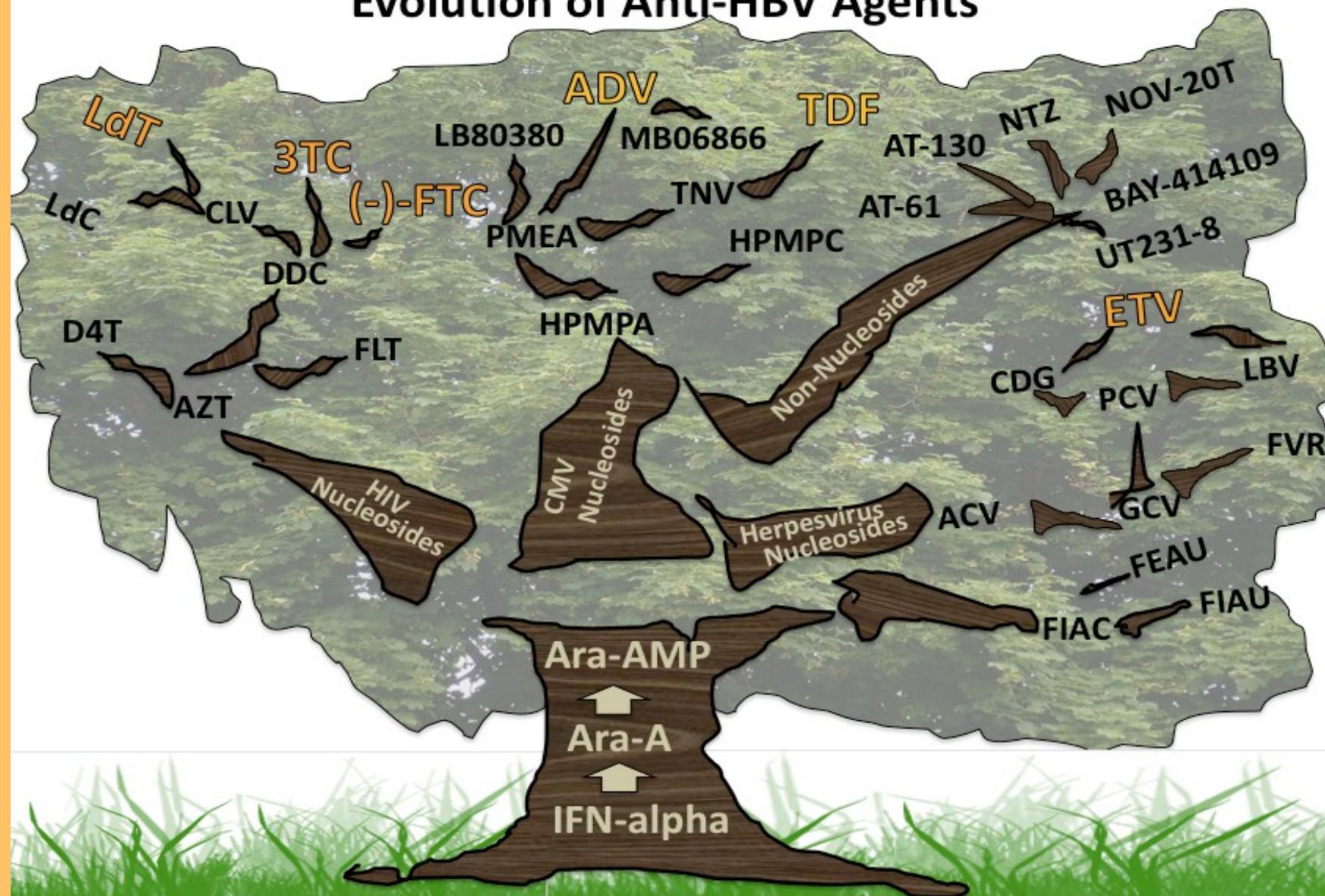
- 1981 - Interferons
  - Alpha
  - Beta

- 2004 - PEG IFNs

# Treatment with Oral Nucleos(t)ides

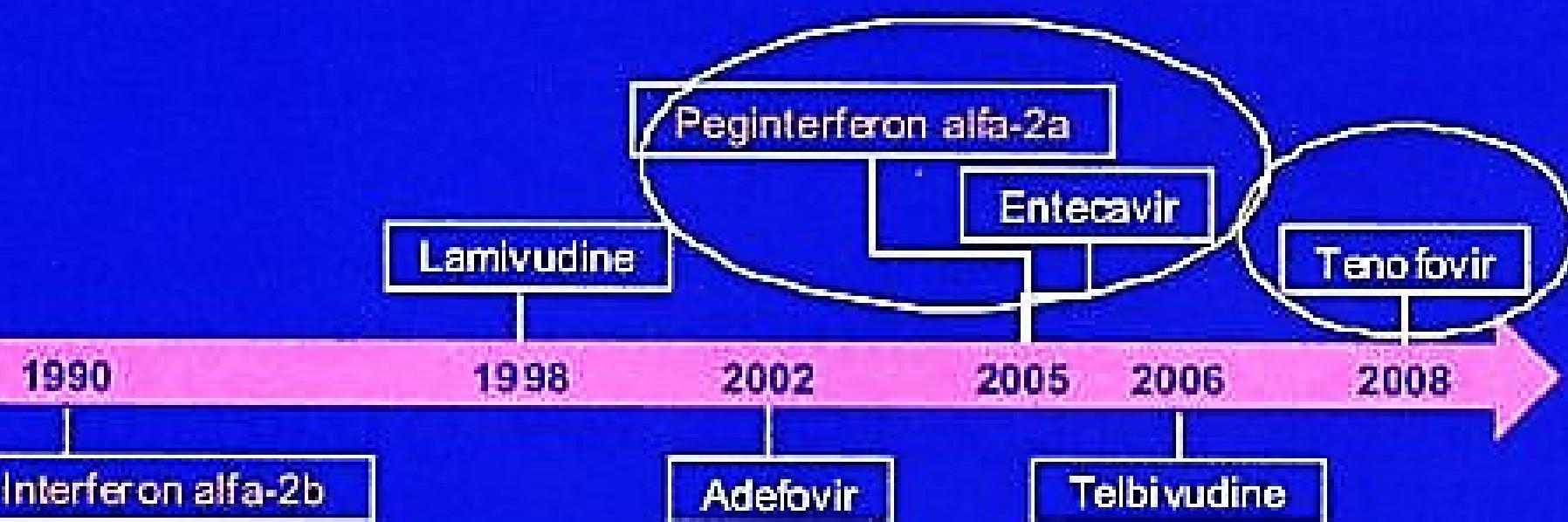
- 1978      **Vidarabine**
- 1979      **Foscarnet**
- 1985      **Ganciclovir**
- -----12 years-----
- 1997      **Lamivudine**
- 2003      **Adefovir**
- 2006      **Entecavir/Telbivudine**
- 2008      **Tenofovir**

# Evolution of Anti-HBV Agents



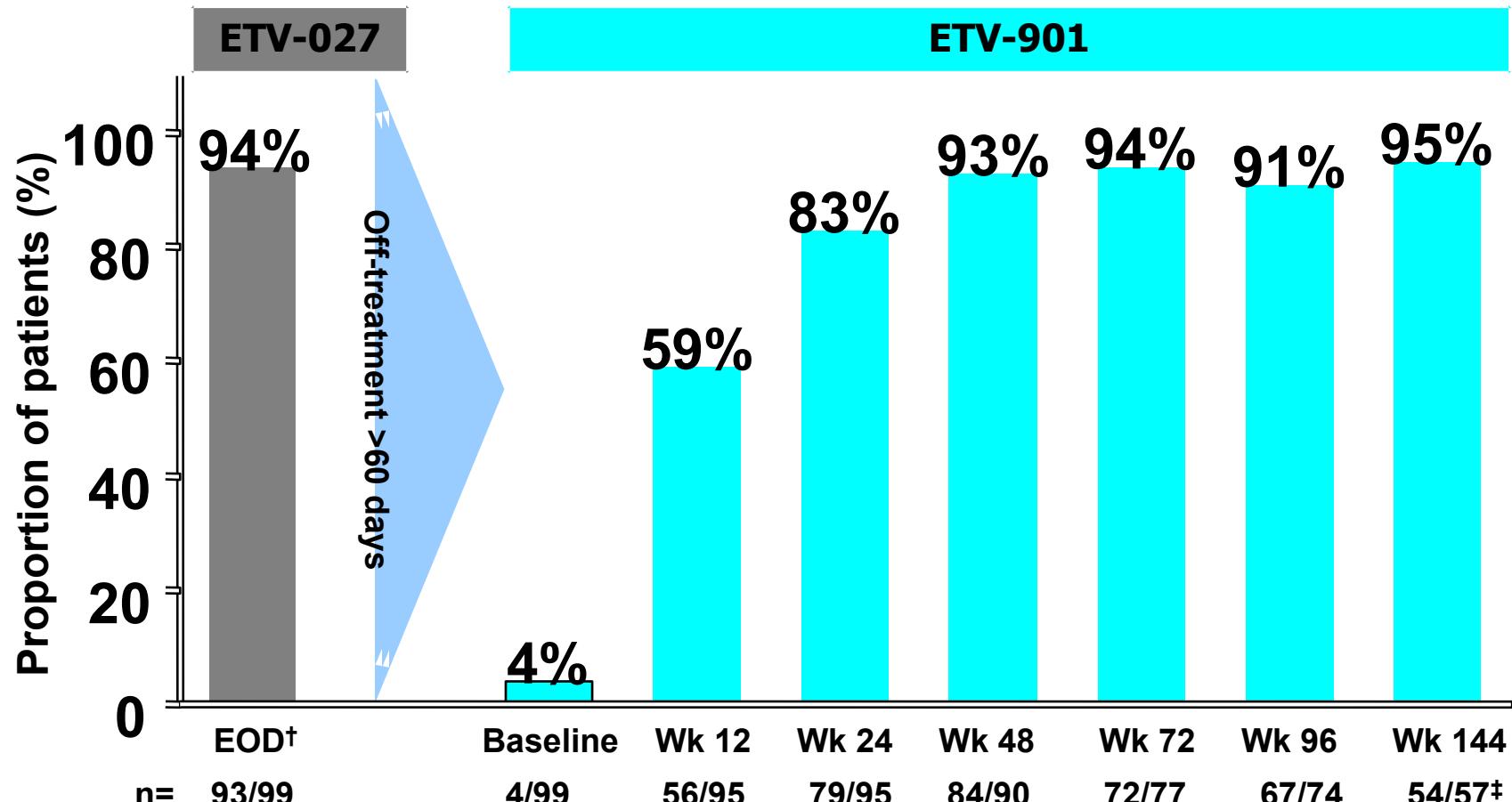
Raymond SCHINAZI

# HBV Treatment Landscape in 2012



# SUSTAINED BENEFIT

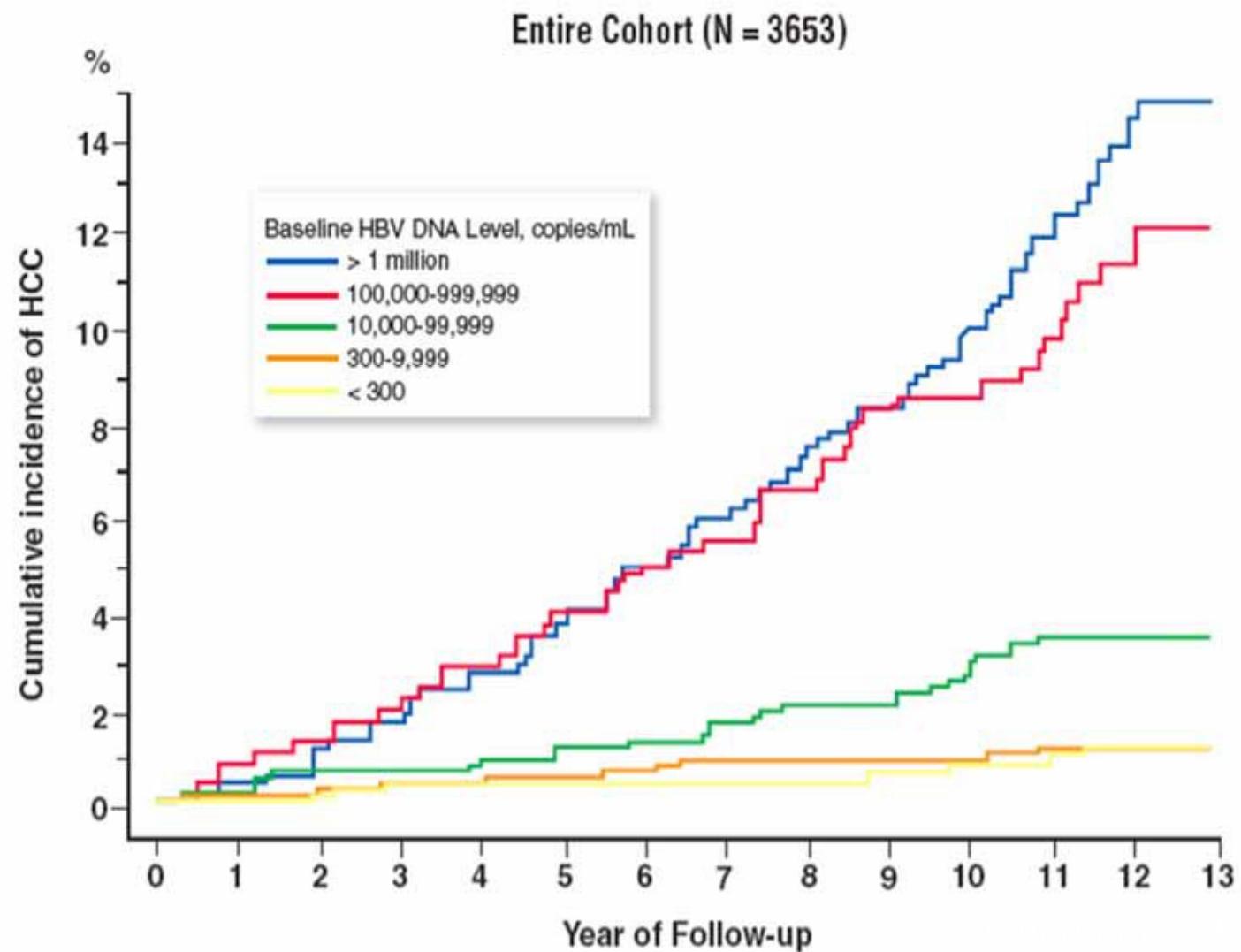
Entecavir in HBeAg negative patients: Proportion of Patients with HBV DNA <300 copies/mL



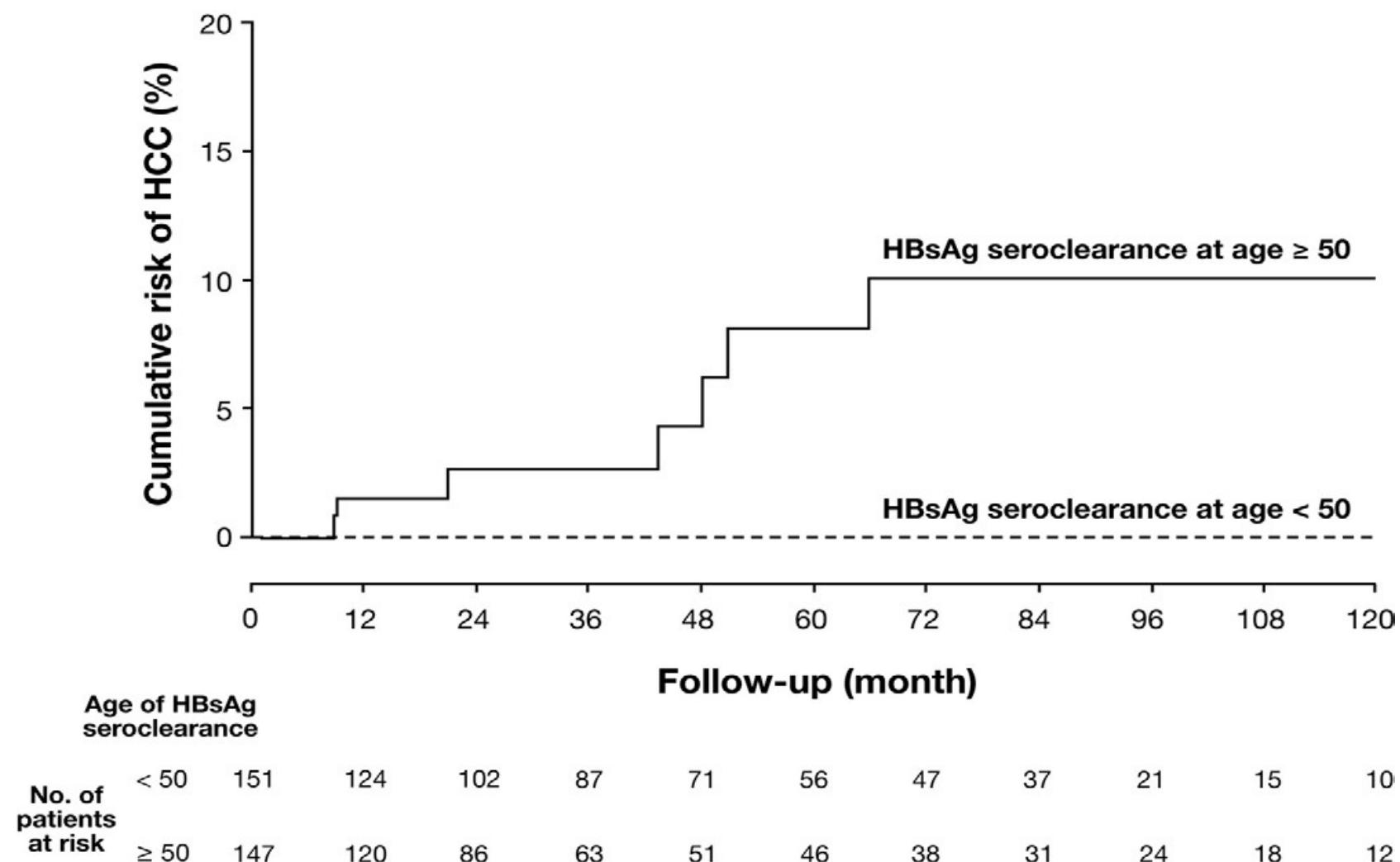
† EOD= end-of-dosing

‡ 10 patients who remained on treatment at the Week 144 of ETV-901 visit had missing PCR samples

# VIRAL LOAD PREDICTS OUTCOME



# Cumulative Risk for HCC



# Paradigm shift

## 1) Break of tolerance

- Disease



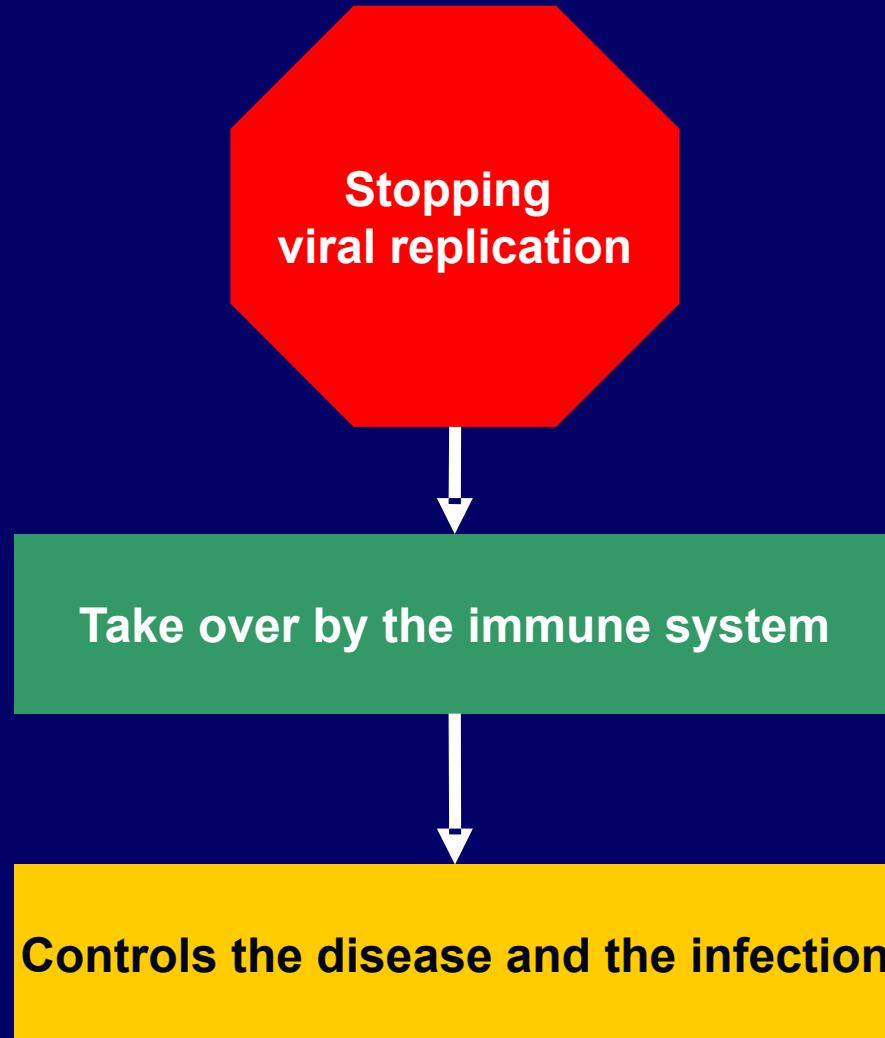
## 2) Replication is the driving force of complications

- Anticipate
- Prevention >> cure

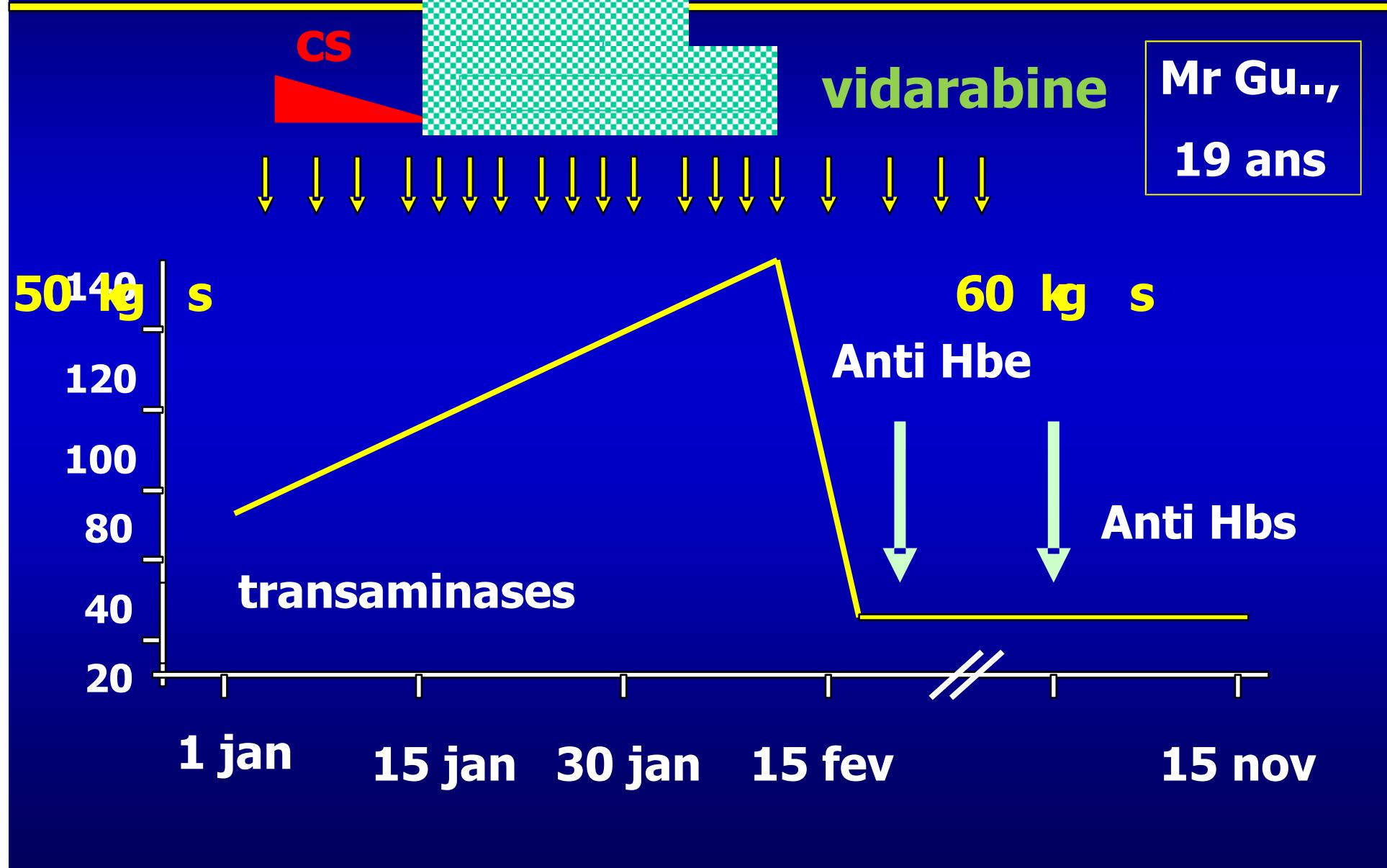
## **BEYOND VIROSUPPRESSION :**

**Can we achieve HBsAg clearance,  
thereby preventing disease  
progression and resistance?**

# PAN – Proof of Concept for Cure



# HBV-RELATED POLYARTERITIS NODOSA



## Results from the PAN Treatment According to Antiviral Protocol

Protocol	Cure	Anti HBe	Anti HBs
Vidarabine - 1978 (3 weeks) +PE-cortc/sev	75% 25/3	45%	19%
Interferon - 1976 (6 months) +PE+cortic/sev	80% 11/14	64%	50%
Lamivudine - 1997	90%	80%	60%
Tenofovir - 2010	9/10	90%	80%

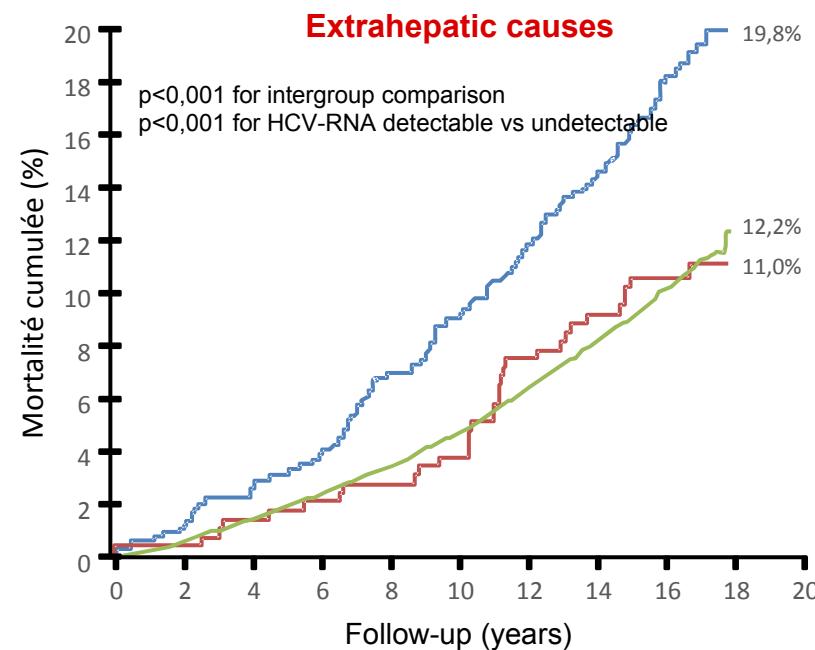
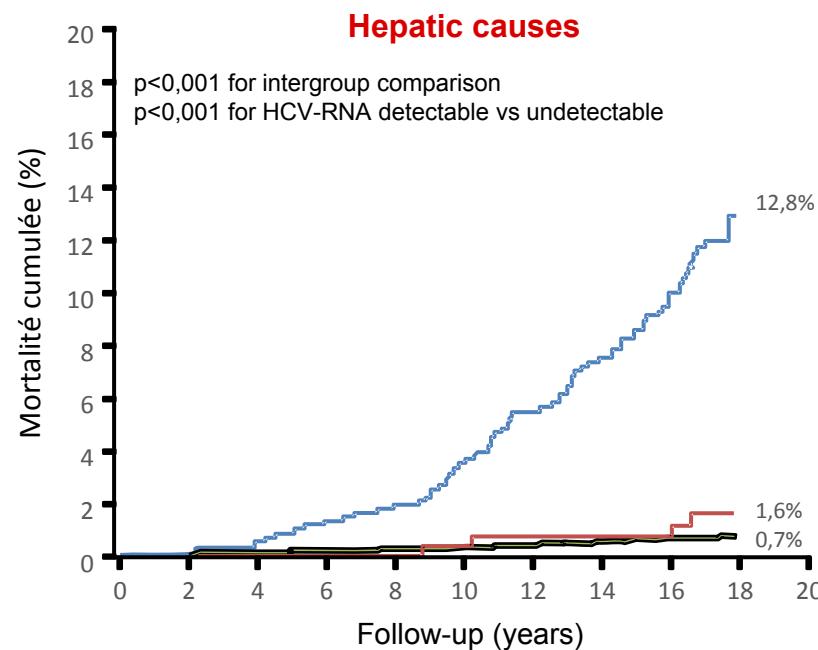
# **CHRONIC HEPATITIS C THERAPY**

# HCV infection and global mortality risk

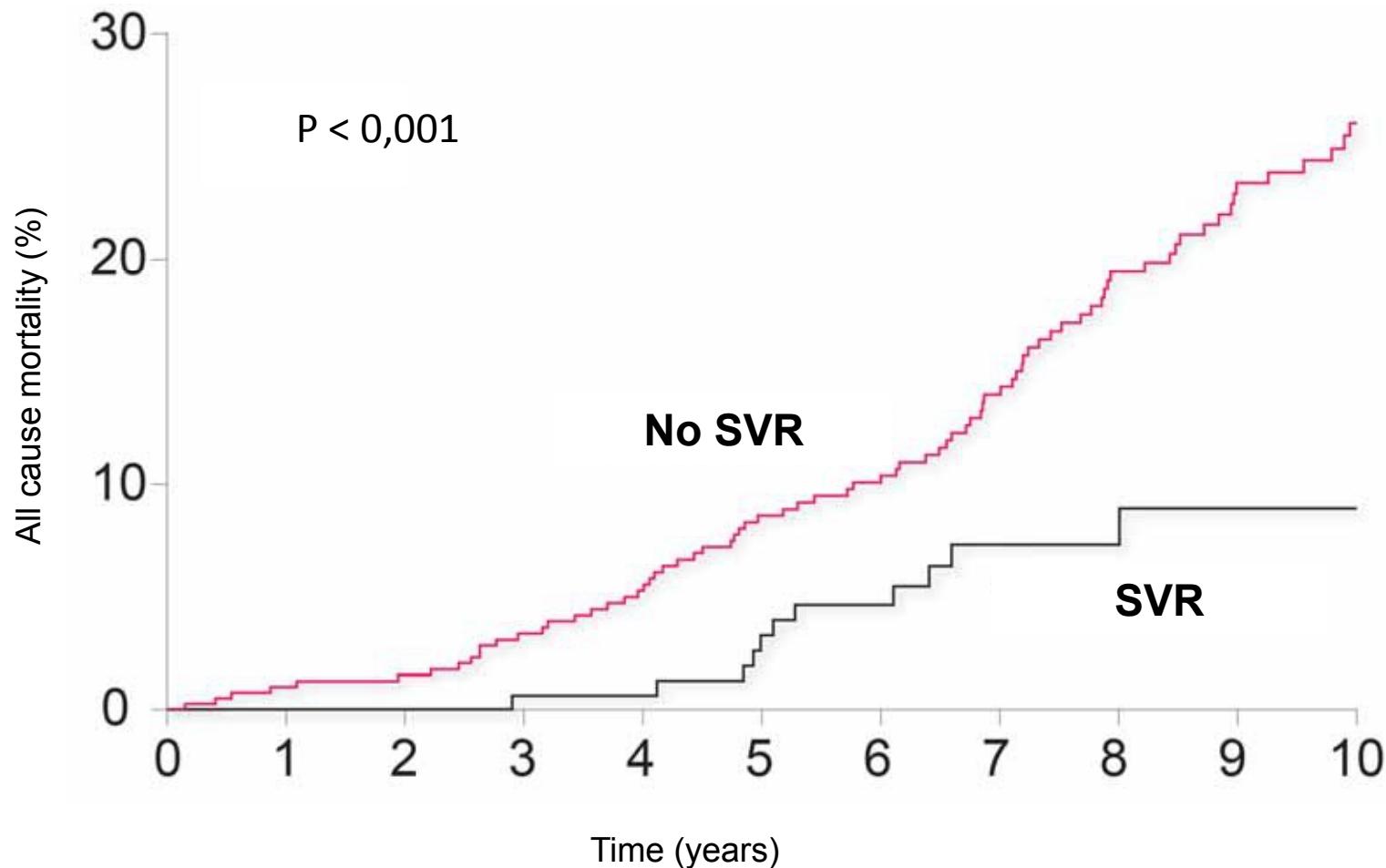
## The REVEAL HCV Cohort Study

- 23 820 adults, Taiwan
- 1095 anti-HCV positive ; 69.4% HCV-RNA detectable

— Anti-HCV Ab positive, HCV-RNA detectable  
— Anti-HCV Ab positive, HCV-RNA undetectable  
— Anti-HCV Ab negative



# SVR improves global survival



Van der Meer AJ, et al. JAMA 2012;308(24):2584-93.

SVR : Sustained virological response

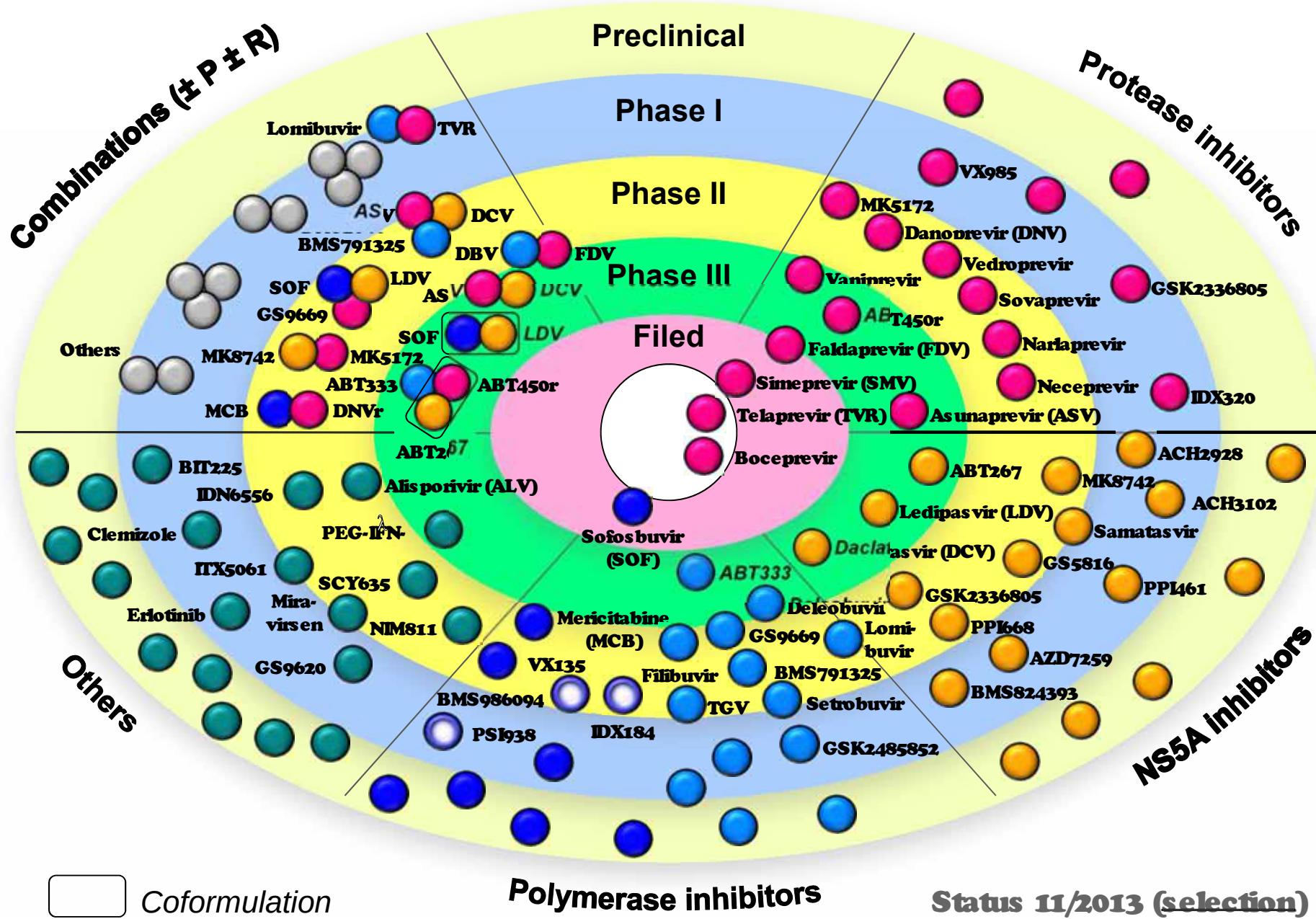
# What is the Goal?

- Interferon-free combination therapy
- High barrier to antiviral resistance
- Once daily oral therapy
- Pan-genotypic antiviral activity
- Reasonable safety and minimal drug-drug interactions
- Short duration (12 weeks)
- SVR rates > 90%
- ... and affordable



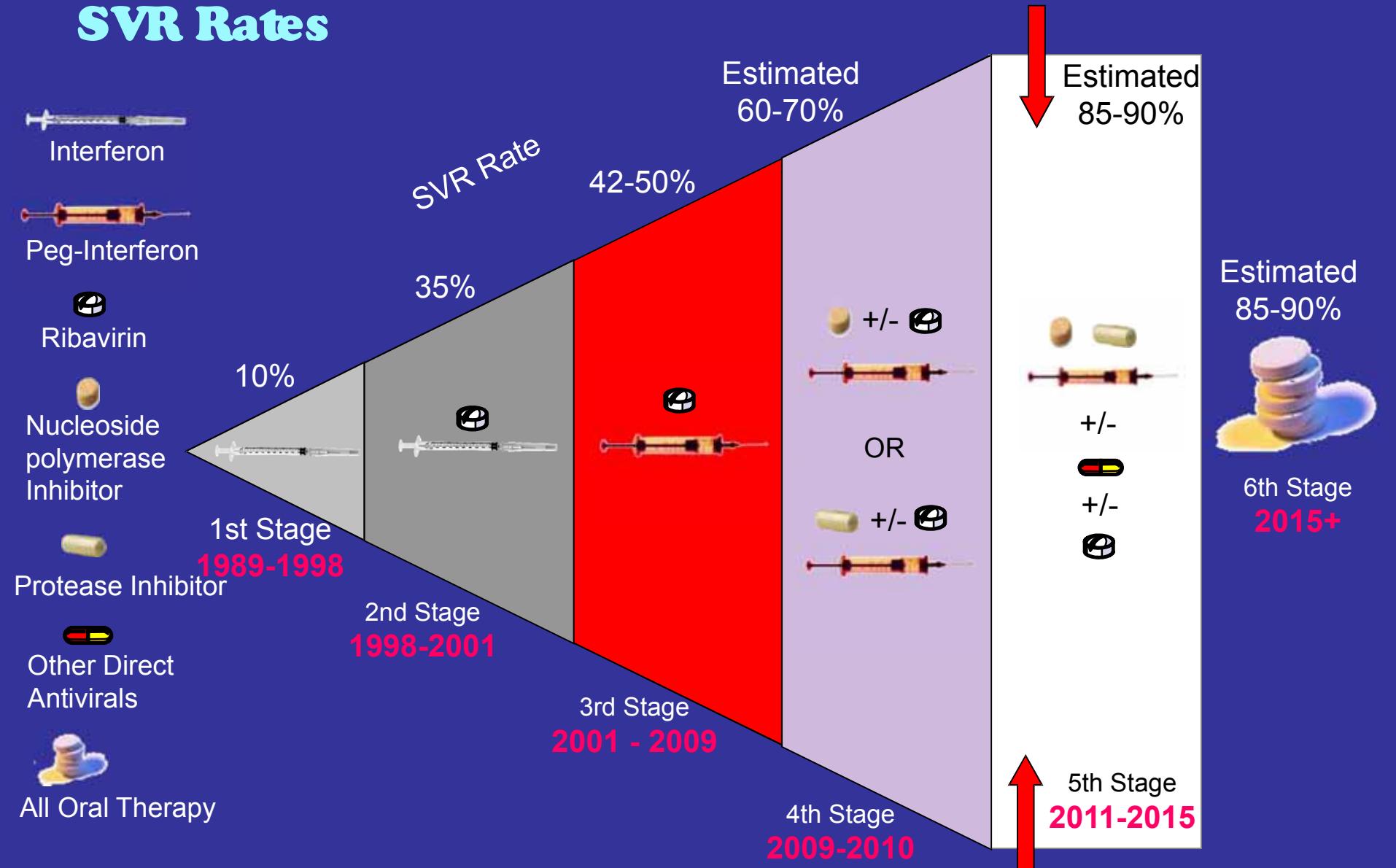
Inspired by Jordan Feld, Donald Jensen and Hubert E. Blum

# The Hurricane of HCV Drug Development



# Potential Evolution of HCV Therapy for GT 1

## Small Molecules will be Added in an Effort to Improve SVR Rates



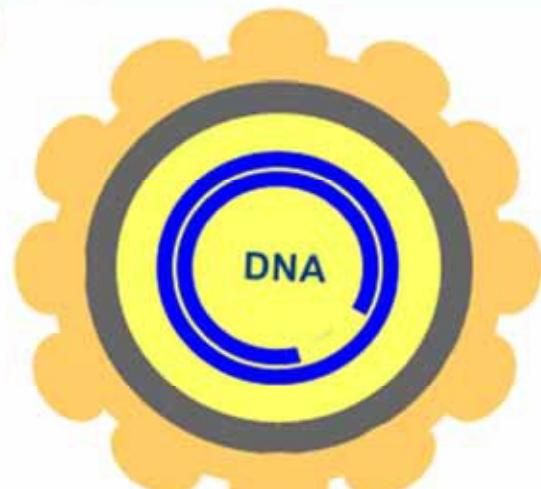
:

*One of the most beautiful  
histories of medicine since  
small pox, polio and...  
tuberculosis*

# **CONCLUSIONS AND PERSPECTIVES**

# HISTORY OF CHRONIC VIRAL HEPATITIS

## Major Advances in 50 Years: 1960s - 2013



HBV



HCV

- Analytical tools
- Clinical aspects
  - Epidemiology
  - Natural Course
  - Pathogenesis
  - Diagnosis
  - Therapy
  - Prevention
- Virological aspects
  - Structure and genetic organization
  - Life cycle, incl. receptors
- Individualized hepatology

# « I Have a dream »

## HCV

1. Predictive genetic tests
  - fibrosis
  - IFN response
  - efficacy/tolerance of DAAs
2. Specific anti-HCV Ig
3. Prevention of HCC
  - primary
  - secondary

# « I have a dream »

## HBV

- 1) Chronic hepatitis B must become priority research
- 2) We should aim at HBV CURE
- 3) Since most HBV infected people live in ressource limited countries new immunotherapeutic approaches including therapeutic vaccine are needed
- 4) Availability of a small primate macaque model may be most helpful.

Yes we can !

# We should have a dream



*Worldwide famous wizard*

*Marcellin P et al. Adefovir dipivoxil for the treatment of Be antigen-positive chronic hepatitis B. N Engl J Med 2003;348:808-16*

# They paved the way



# Acknowledgements



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- Public Health
- Pathogenesis
- Prevention
- Diagnosis
- Treatment

# The Global Viral Hepatitis Summit

15<sup>th</sup> International  
Symposium on Viral Hepatitis  
and Liver Disease

Deutsche  
Leberstiftung  
German Liver Foundation

Berlin, Germany  
**June 26-28, 2015**