

# Why Do I Treat my HBeAg-positive Patients with Pegylated Interferon

Harry L.A. Janssen

Director of Liver Disease and Transplantation  
Erasmus University Medical Center  
Rotterdam, The Netherlands

**Erasmus MC**  
University Medical Center Rotterdam



January 2011  
Paris



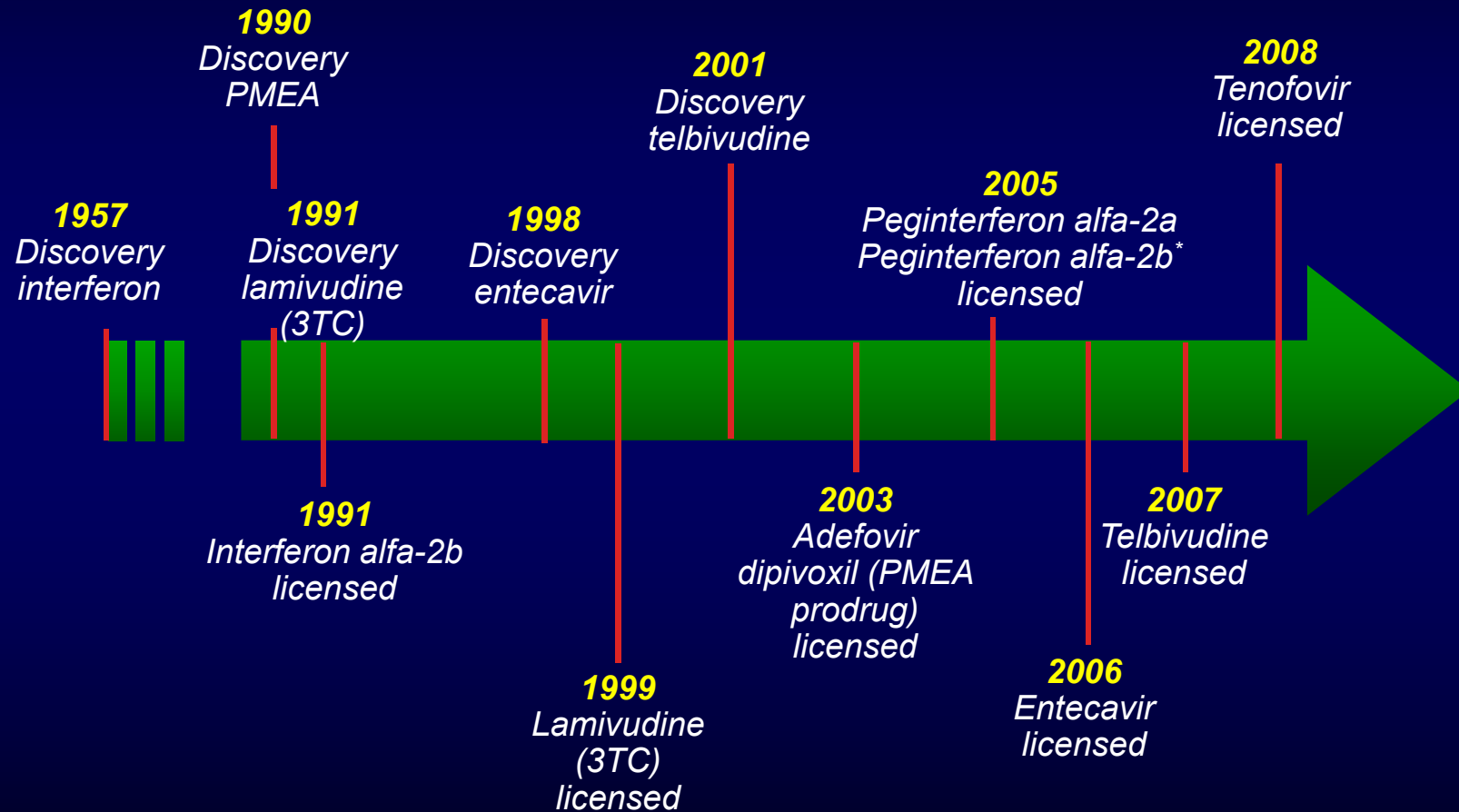
# What do we want to achieve with therapy in CHB?

- Ideally we want to reduce the number of infected cells and reduce the level of replication within them
- Patients with inactive CHB have immune control
  - Low levels of HBV DNA
  - Low levels of HBsAg
- Can we achieve a similar state to inactive disease (immune control) through therapy?

# Different meanings of HBV DNA and HBsAg in CHB

	HBV DNA	HBsAg
Virology	Dane particle	Dane particle and subviral particles
Natural history	Reduced after HBeAg seroconversion but relapse on immune escape	Very slow reduction over time regardless of HBV DNA levels or disease activity
Implication	Viral replication	Immune clearance of infected hepatocytes

# Treatment of Hepatitis B 2011



# HBV Treatment Strategies

Sustained  
remission

=

Low viremia

ALT normalization

Immune control,  
no further need for  
antiviral drugs

Maintained  
remission

=

Low viremia

ALT normalization

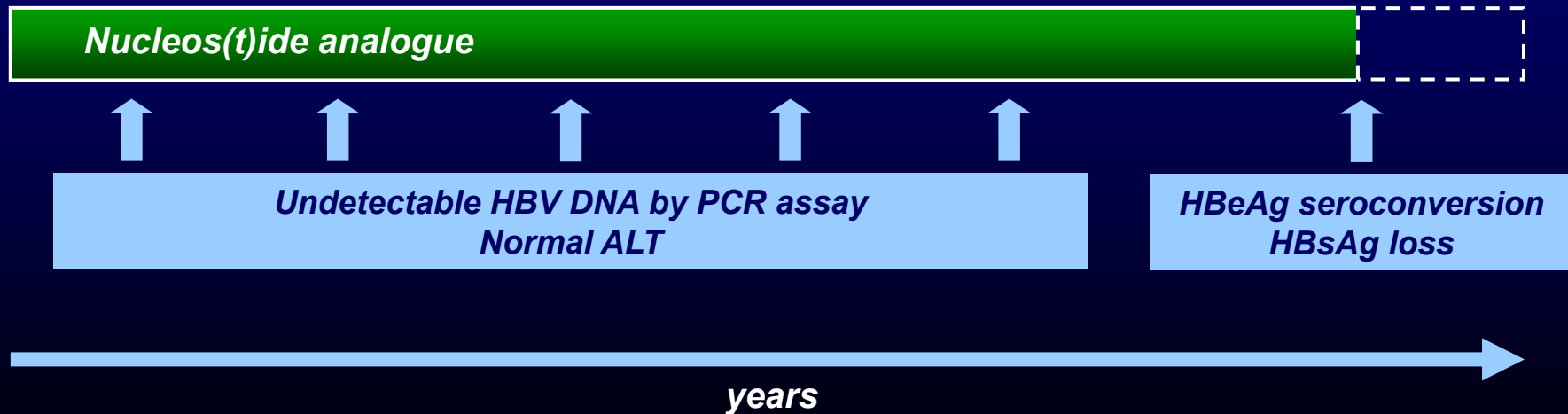
No immune control,  
continued need for  
antiviral drugs

# HBV Treatment Strategies

## Sustained remission



## Maintained remission

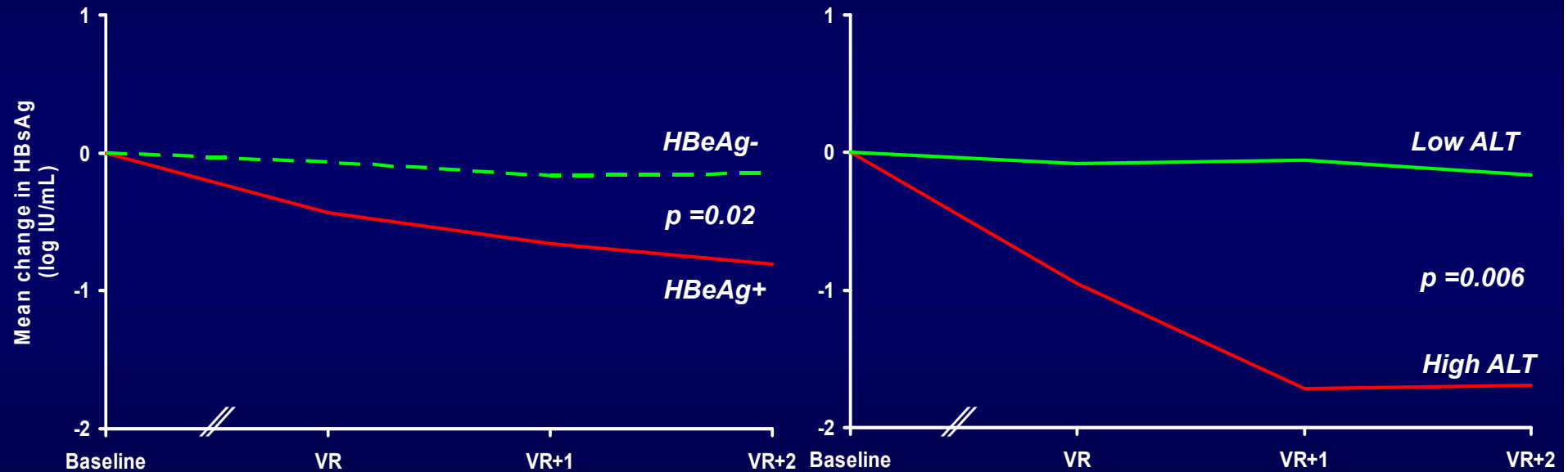


# HBeAg and HBVDNA recurrence in NA therapy: lack of immune control?

- Recurrence is likely to occur when the suppressive effect of nucleos(t)ide analogues is omitted, whether by discontinuation of therapy or by development of antiviral drug resistance
  - On-treatment recurrence primarily in lamivudine-treated patients due to resistance
  - Off-treatment recurrence in all nucleos(t)ide analogues, irrespective of consolidation therapy
- Long-term continuation of nucleos(t)ide analogue therapy might be necessary, irrespective of the occurrence of HBeAg seroconversion

# HBsAg decline in patients treated with ETV or TDF: need for host immune response

- Patients treated with ETV or TDF who achieved a Virologic Response (VR)
- No difference in HBsAg decline between treatment regimens

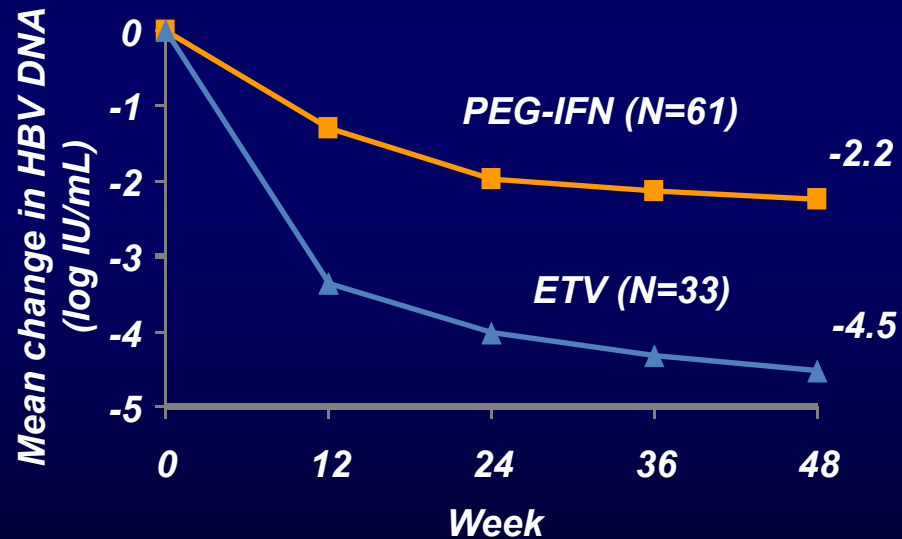


	HBeAg-positive	HBeAg-negative	HBeAg-positive High ALT
Years to 1log decline*	6.6 [1.7; 17.5]	8.0 [0.5; 14.9]	3.6 [1.3; 16.7]
Years to HBsAg loss*	36.4 [9.6; 98.3]	38.9 [1.3; 80.5]	19.5 [7.3; 99.9]

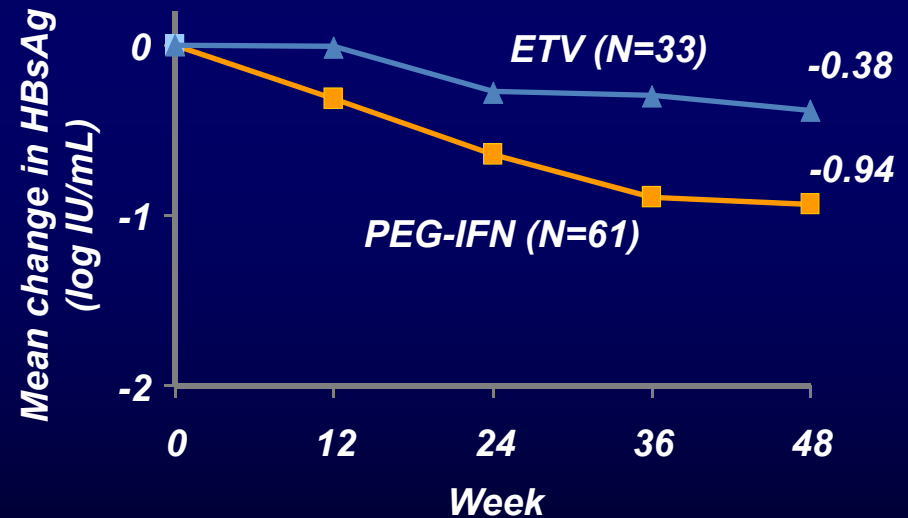


# HBeAg (+) patients: More HBsAg decline with PEG-IFN than ETV

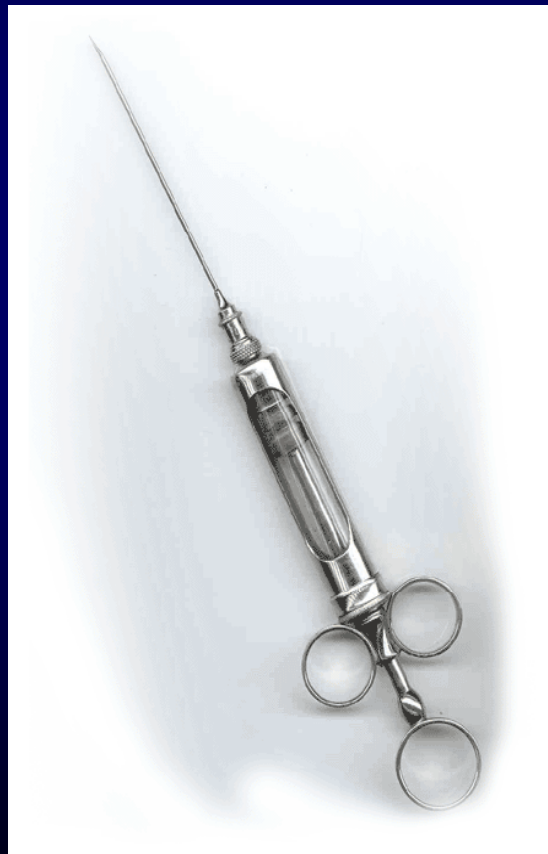
## HBV DNA decline



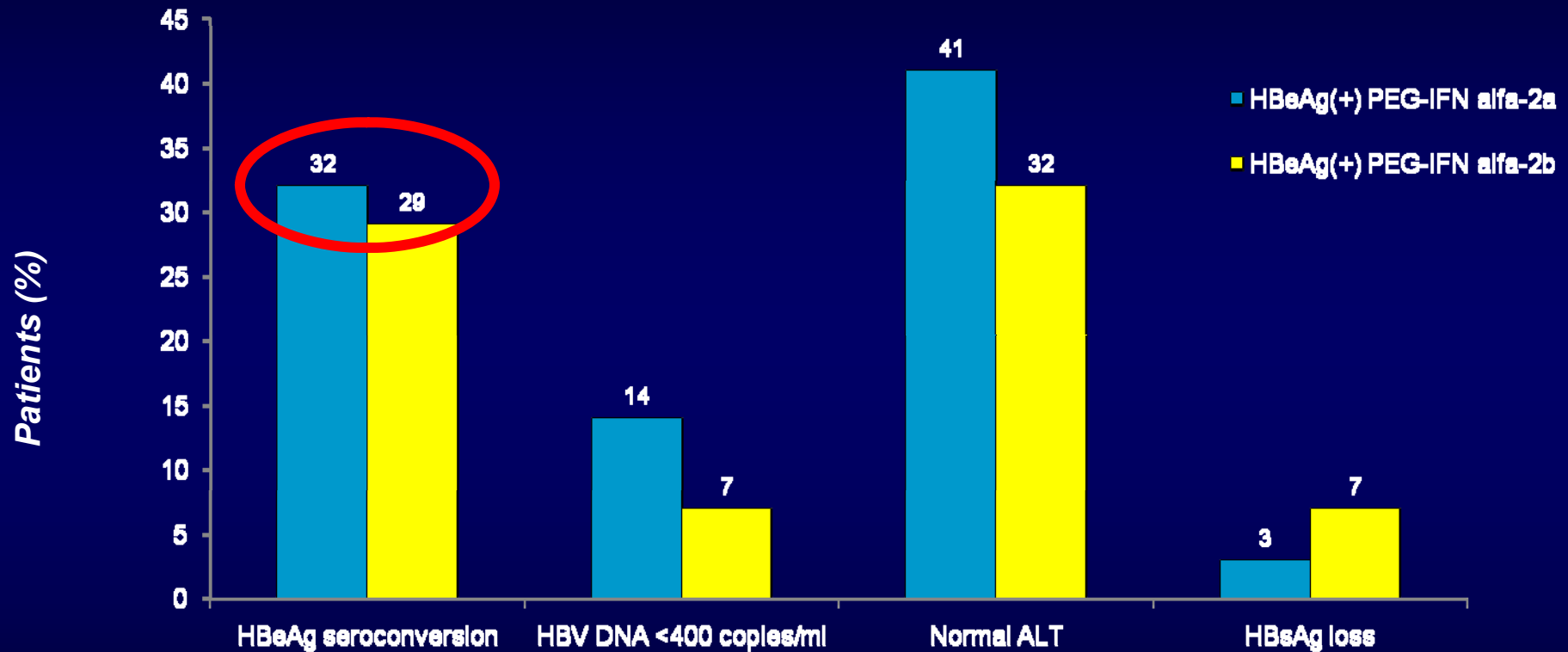
## HBsAg decline



# Results of Large PEG-IFN Studies in HBeAg+ Patients

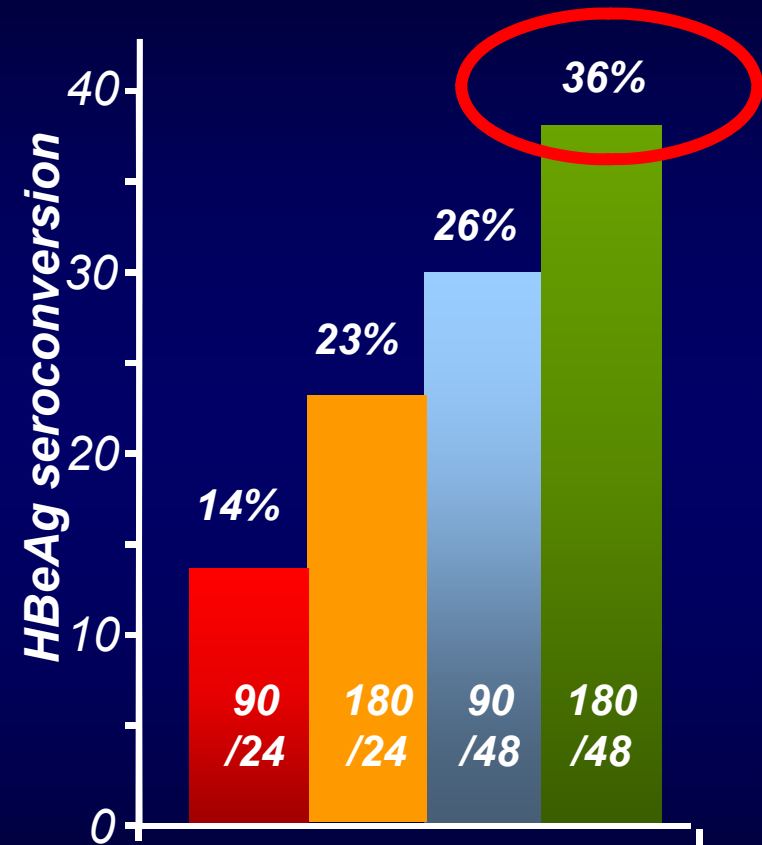
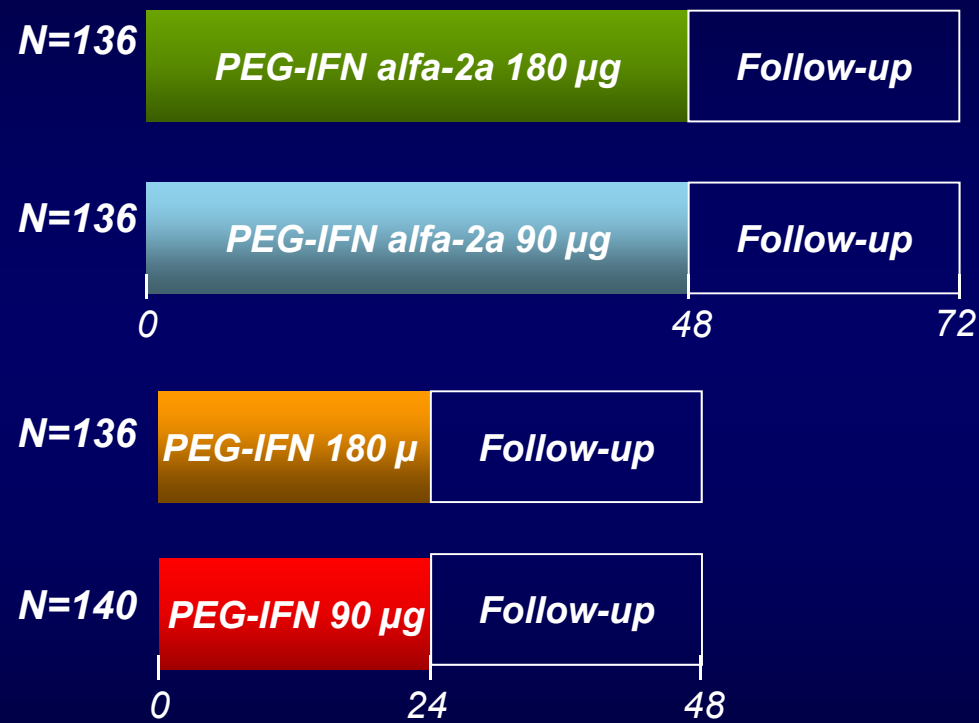


# Response to one year PEG-IFN 6 months post treatment in HBeAg +



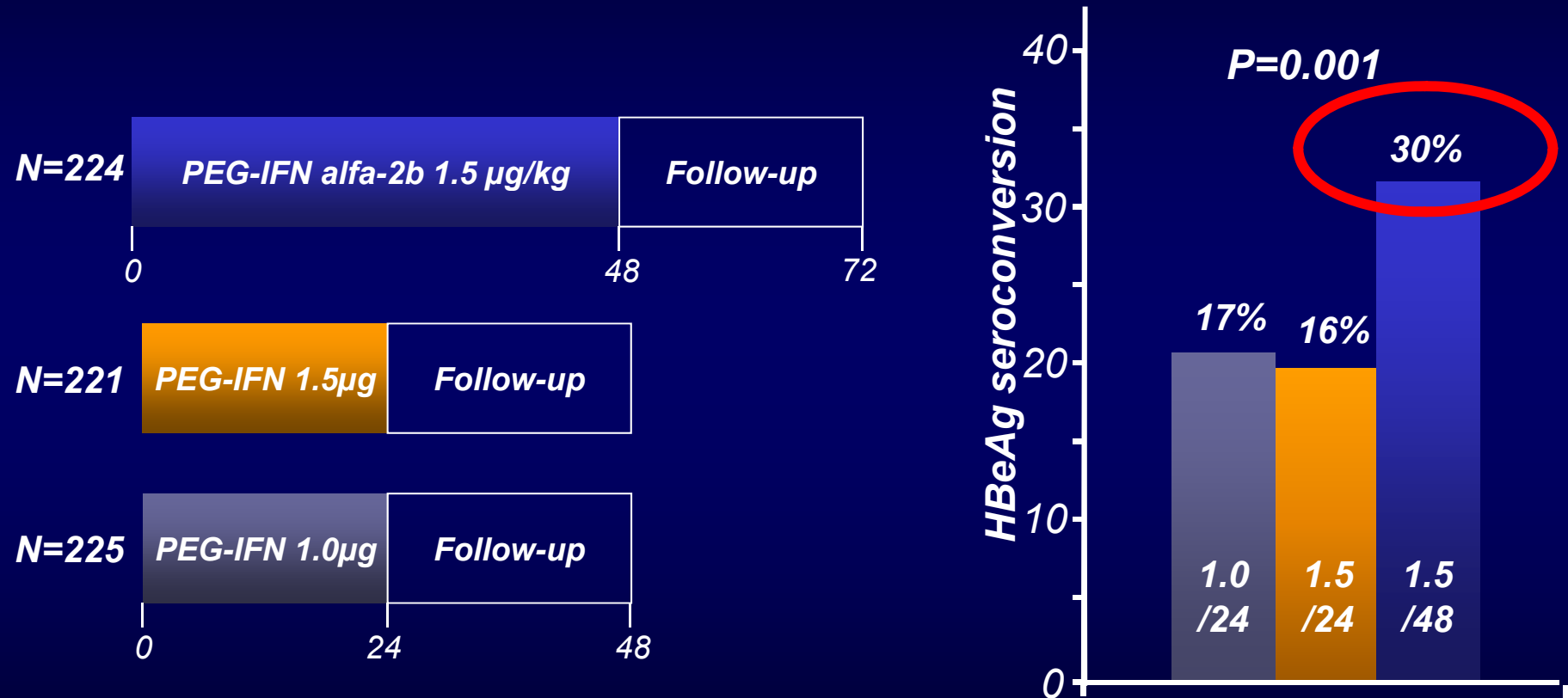
*Treatment duration 48 weeks*

# PEG-IFN alfa 2a in HBeAg positive disease Neptune Study

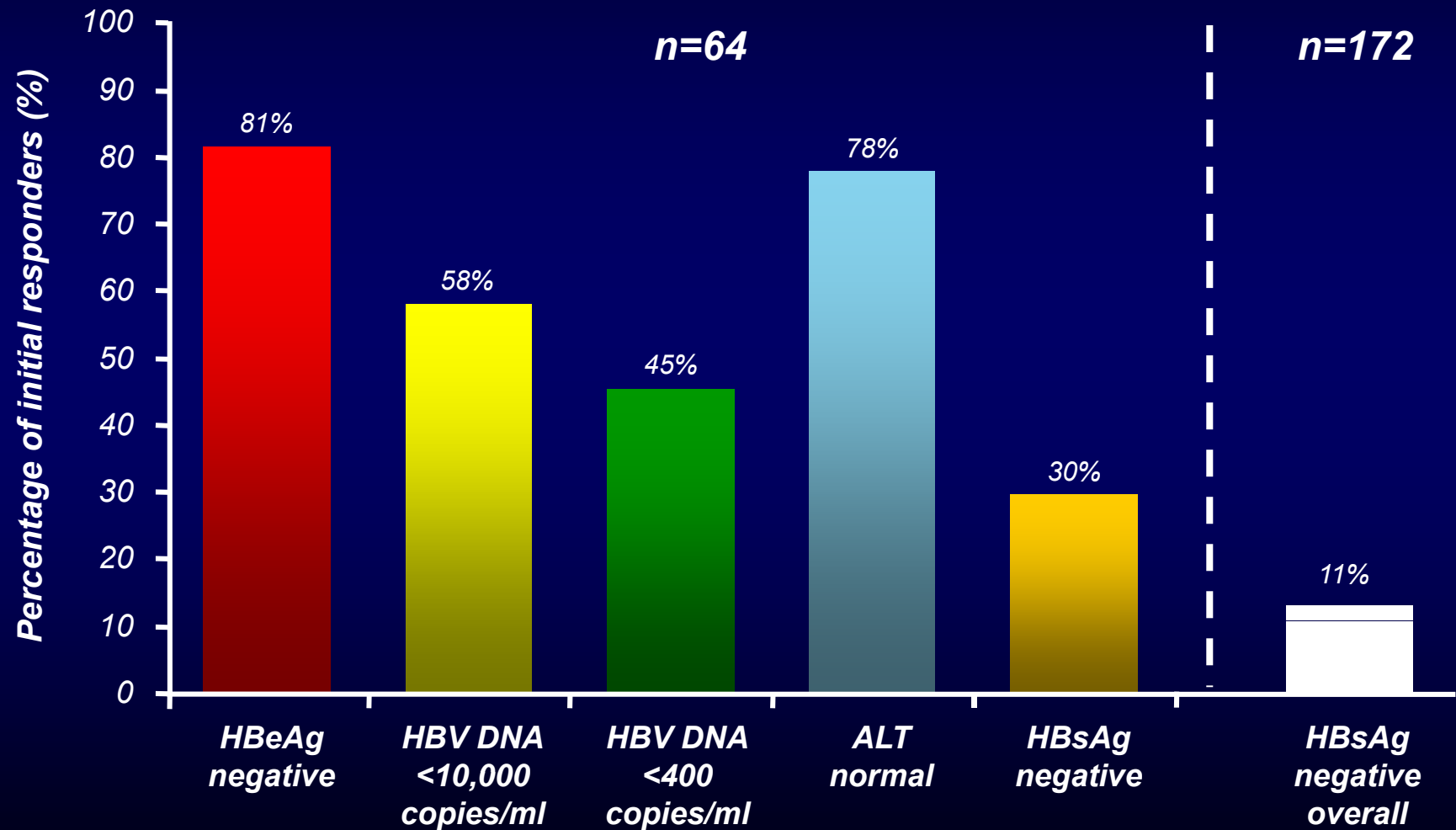


**Use PEG-IFN  $\alpha$ -2a 180 ug for 48 wks**

# Extending PEG-IFN $\alpha$ -2b to 48 weeks improves response in HBeAg(+) patients

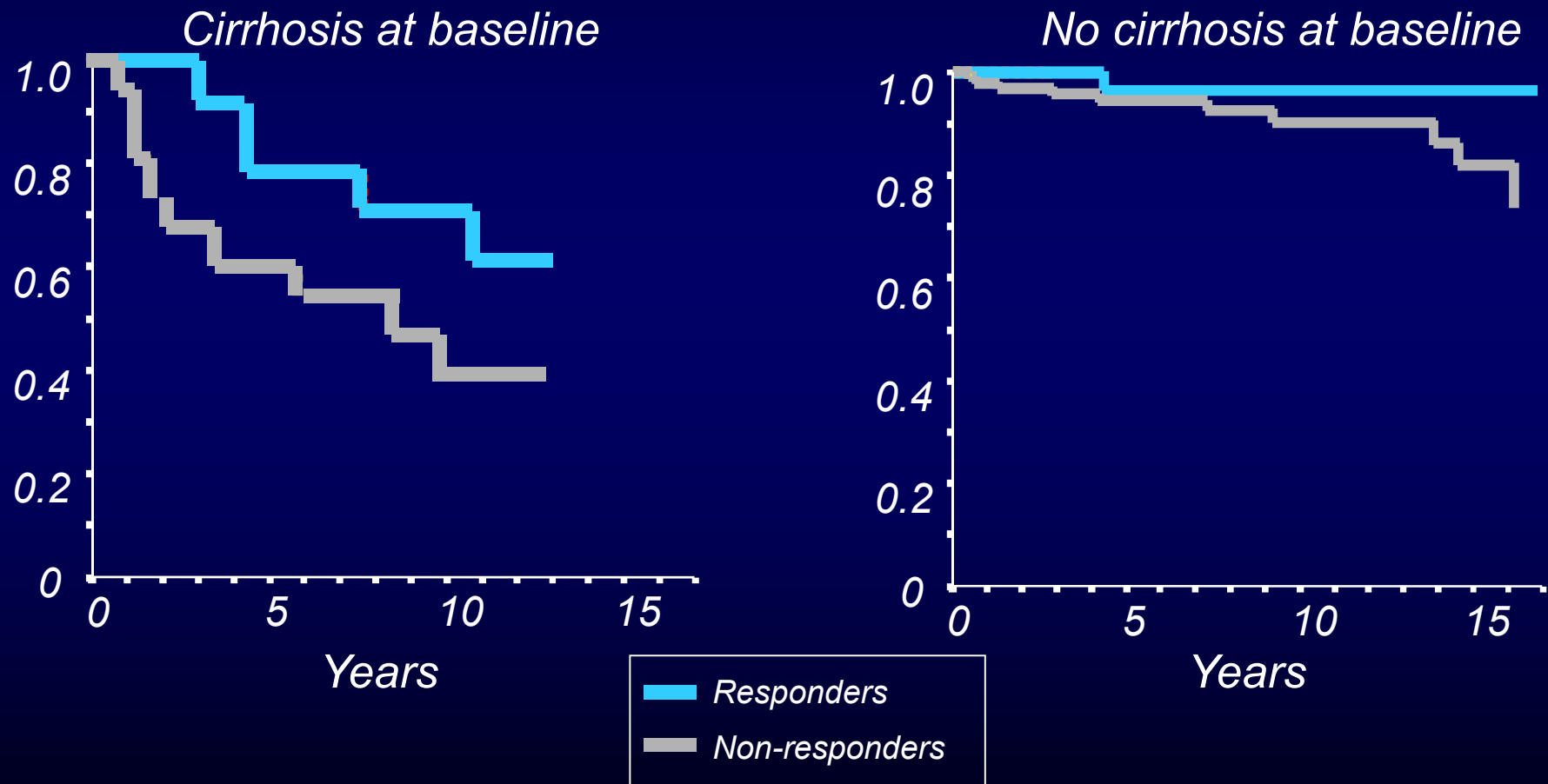


# Follow-up of PEG-IFN $\alpha$ -2b in HBeAg (+) CHB: 3 years post-treatment among HBeAg responders



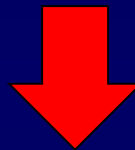
# IFN $\alpha$ -2b Treatment is Associated with Prolonged Survival

*Proportion of patients surviving*

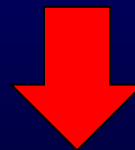


# Thus

**Four large global HBeAg positive studies on PEG-IFN therapy with sustained off-treatment HBeAg seroconversion in one third (29-37%) of the patients**



**Which patients belong to this one third?**



**Individualised therapy in HBV infection**



# Individualised Therapy of PEG-IFN in HBV



**When to start?**

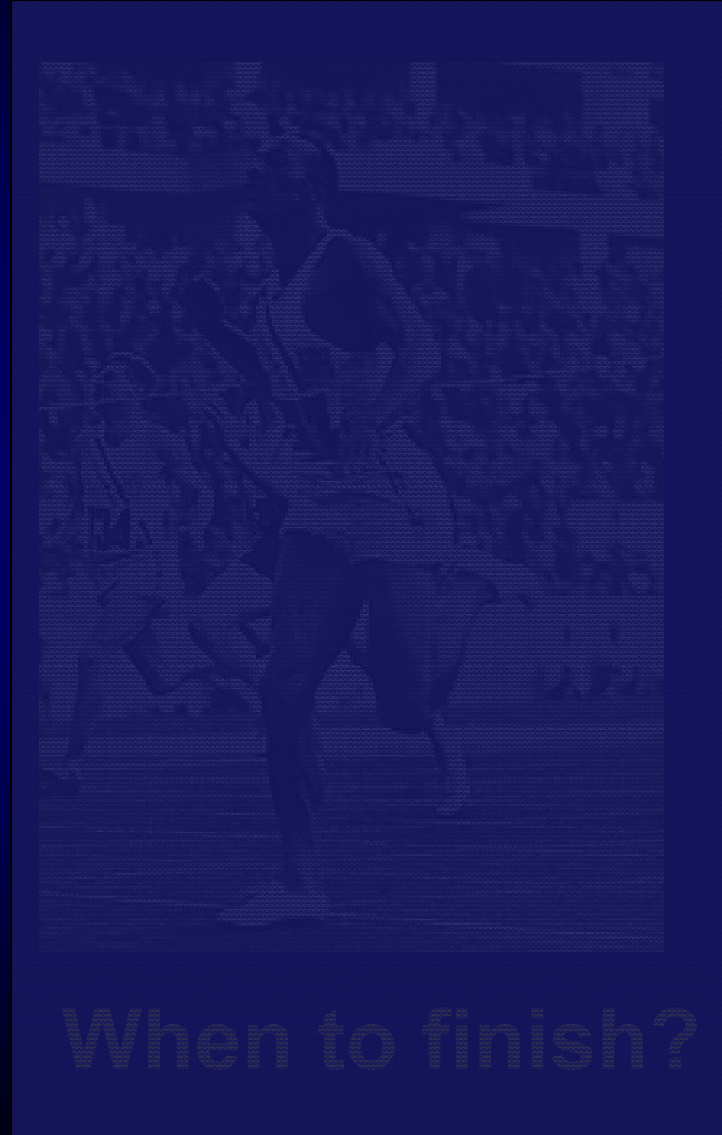


**When to finish?**

# Individualised Therapy of PEG-IFN in HBV



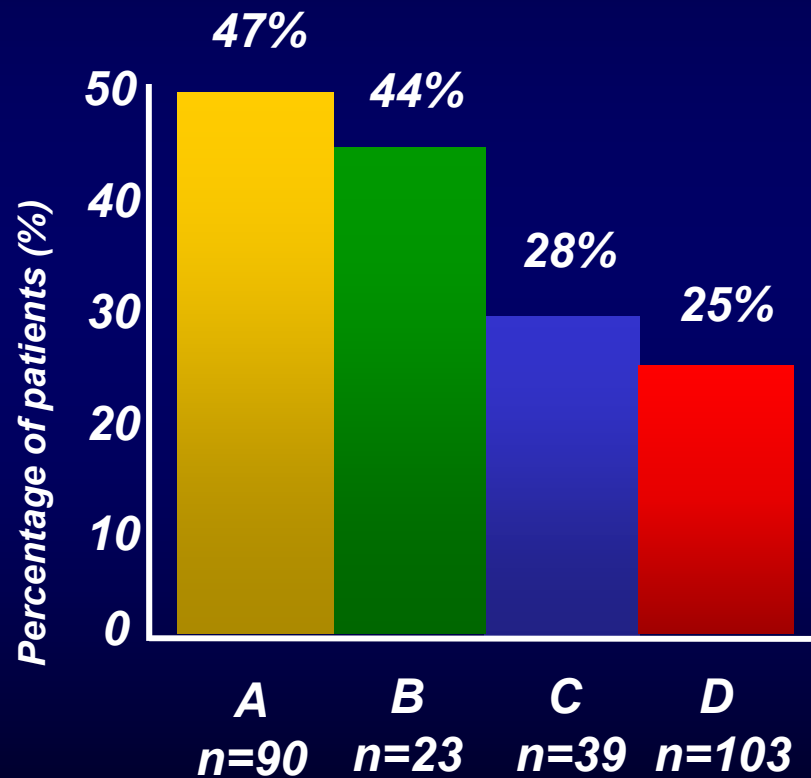
**When to start?**



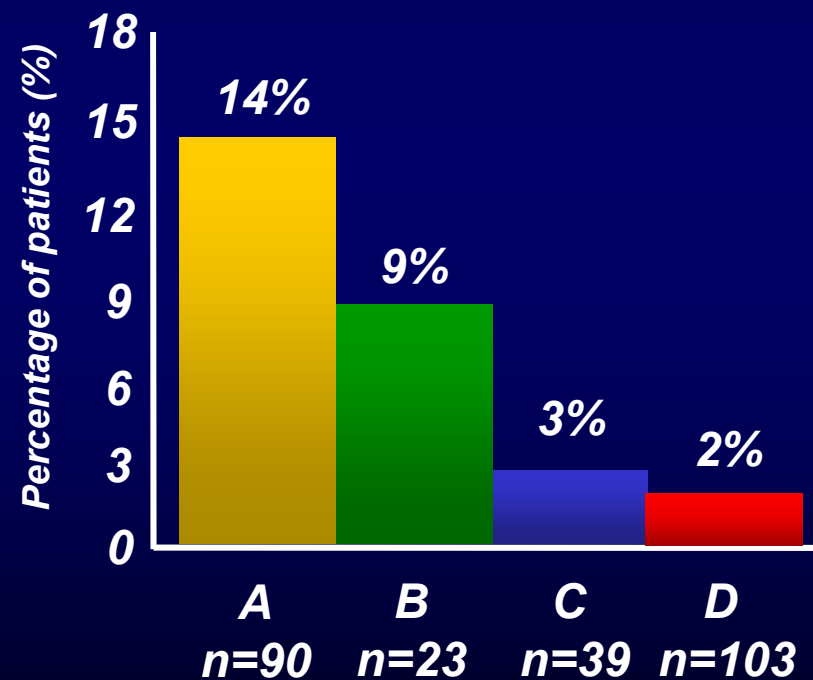
When to finish?

# Response to PEG-IFN in HBeAg + according to HBV Genotype

PEG-IFN  $\alpha$ -2b - HBeAg Loss <sup>1</sup>



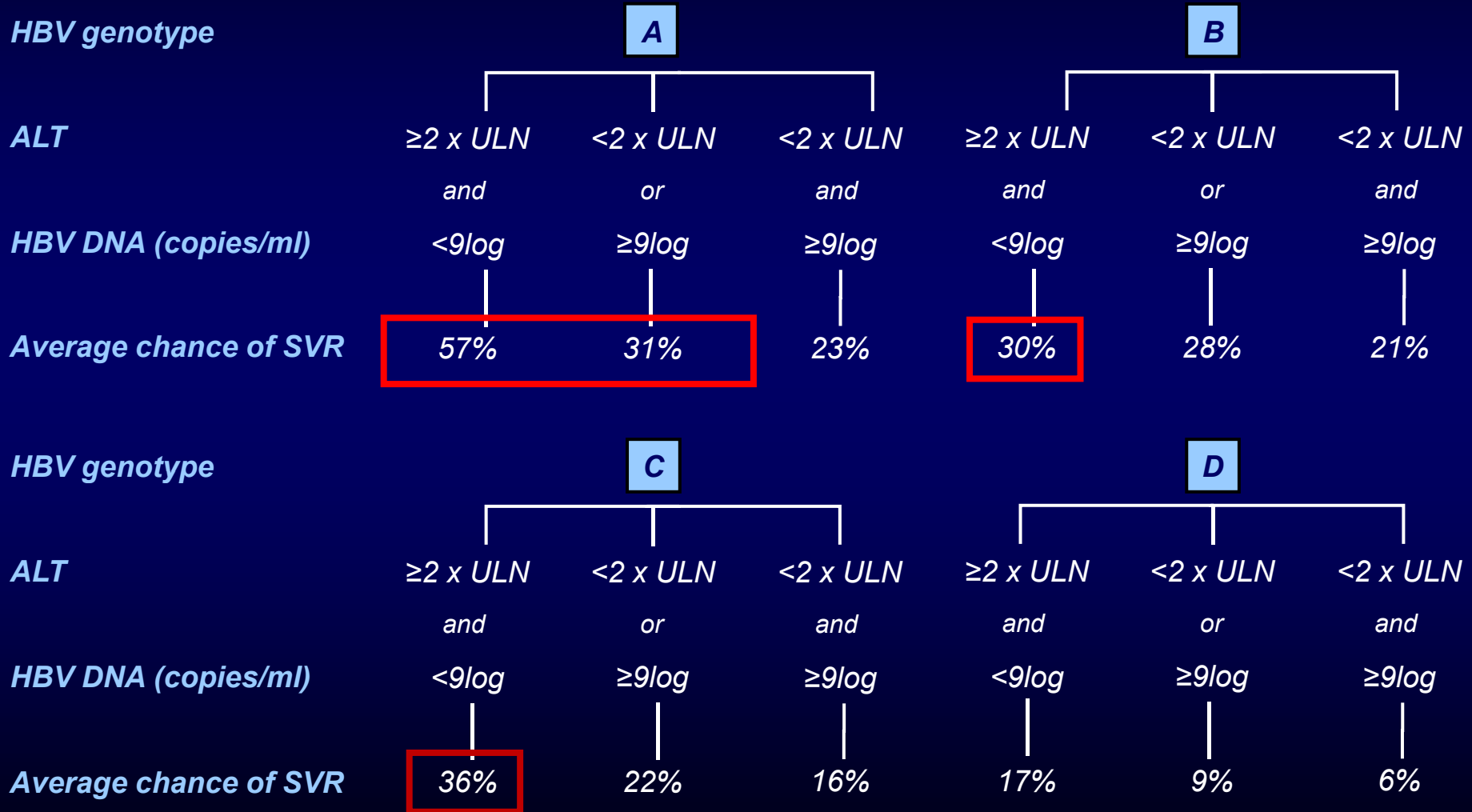
PEG-IFN  $\alpha$ -2b - HBsAg Loss <sup>2</sup>



<sup>1</sup> Janssen, Lancet 2005; <sup>2</sup> Flink, Am J Gastro 2006

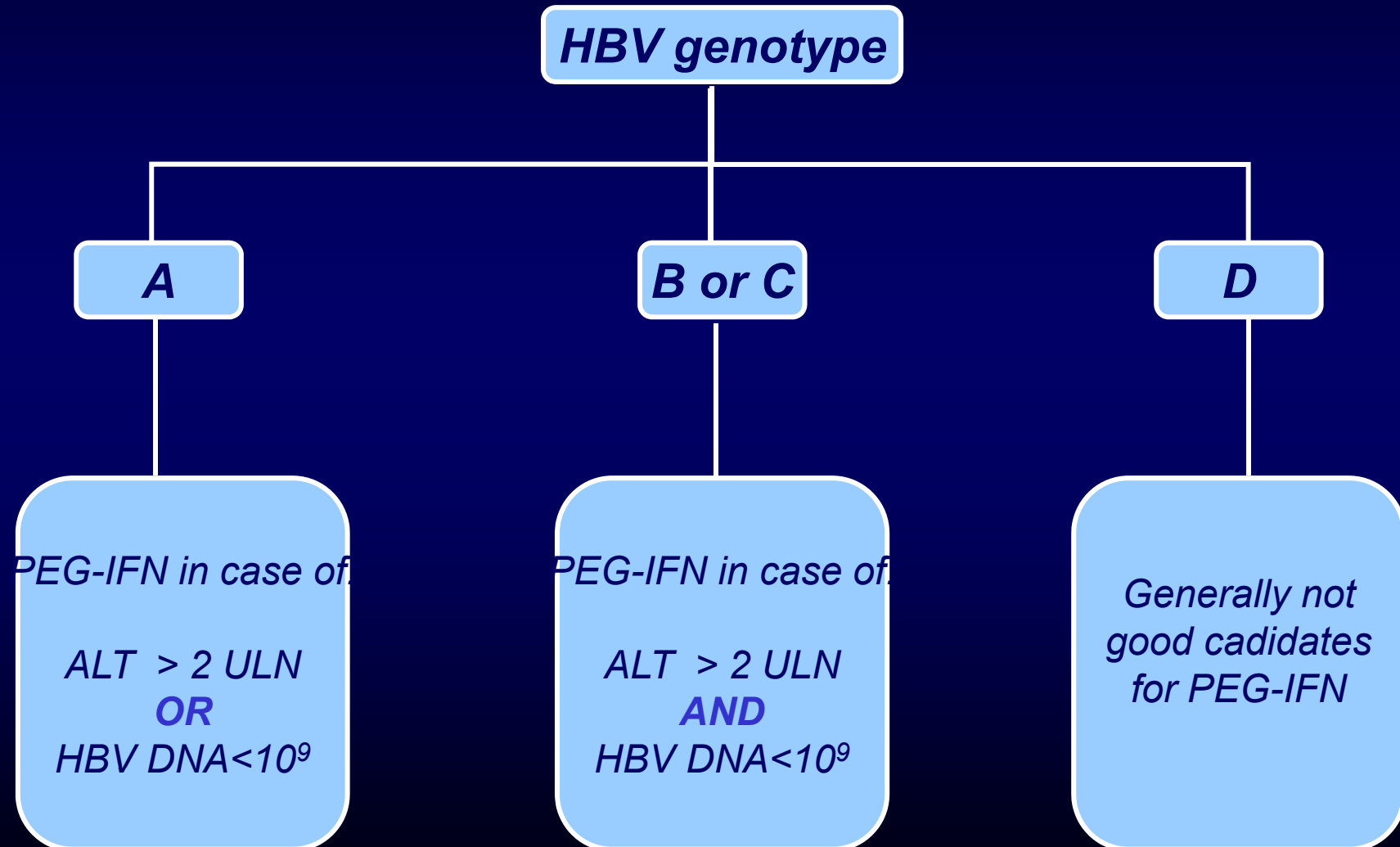
# PEG-IFN HBV Treatment Index

## HBeAg positive CHB (n=808)



**>30% Sustained viral response**

# Candidates for PEG-IFN Therapy in HBeAg positive CHB



# When to start PEG-IFN in HBeAg +?

## Summary

	<b>Peginterferon</b>
HBV genotype	<b>A&gt; B&gt; C&gt;D</b>
HBV DNA	<b><math>\leq 10^9</math> copies/mL</b>
ALT	<b>ALT &gt;2 x ULN</b>
Severity of liver disease	<b>Compensated</b>
Age	<b>Younger</b>

# Individualised Therapy of PEG-IFN in HBV

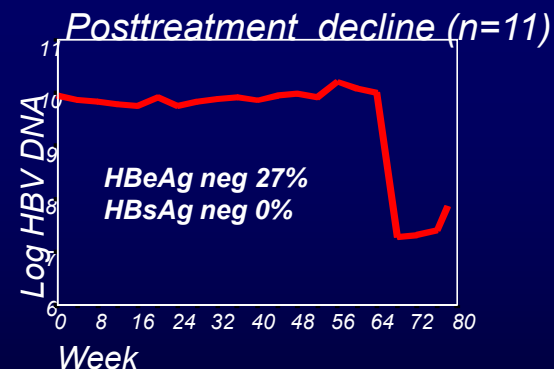
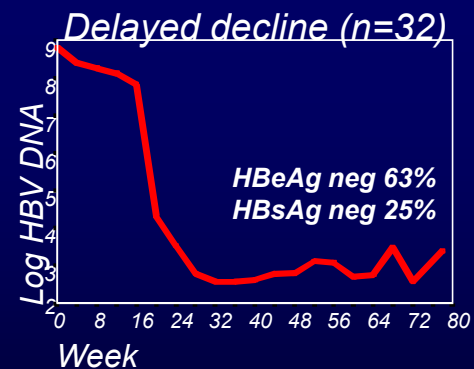
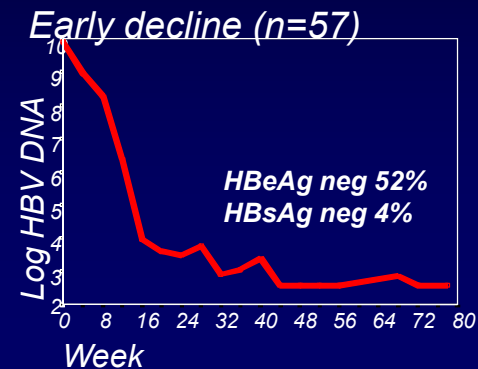
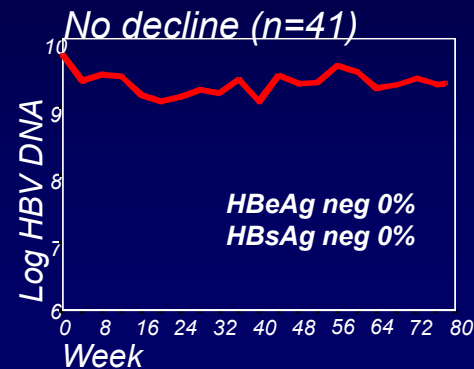


When to start?



When to finish?

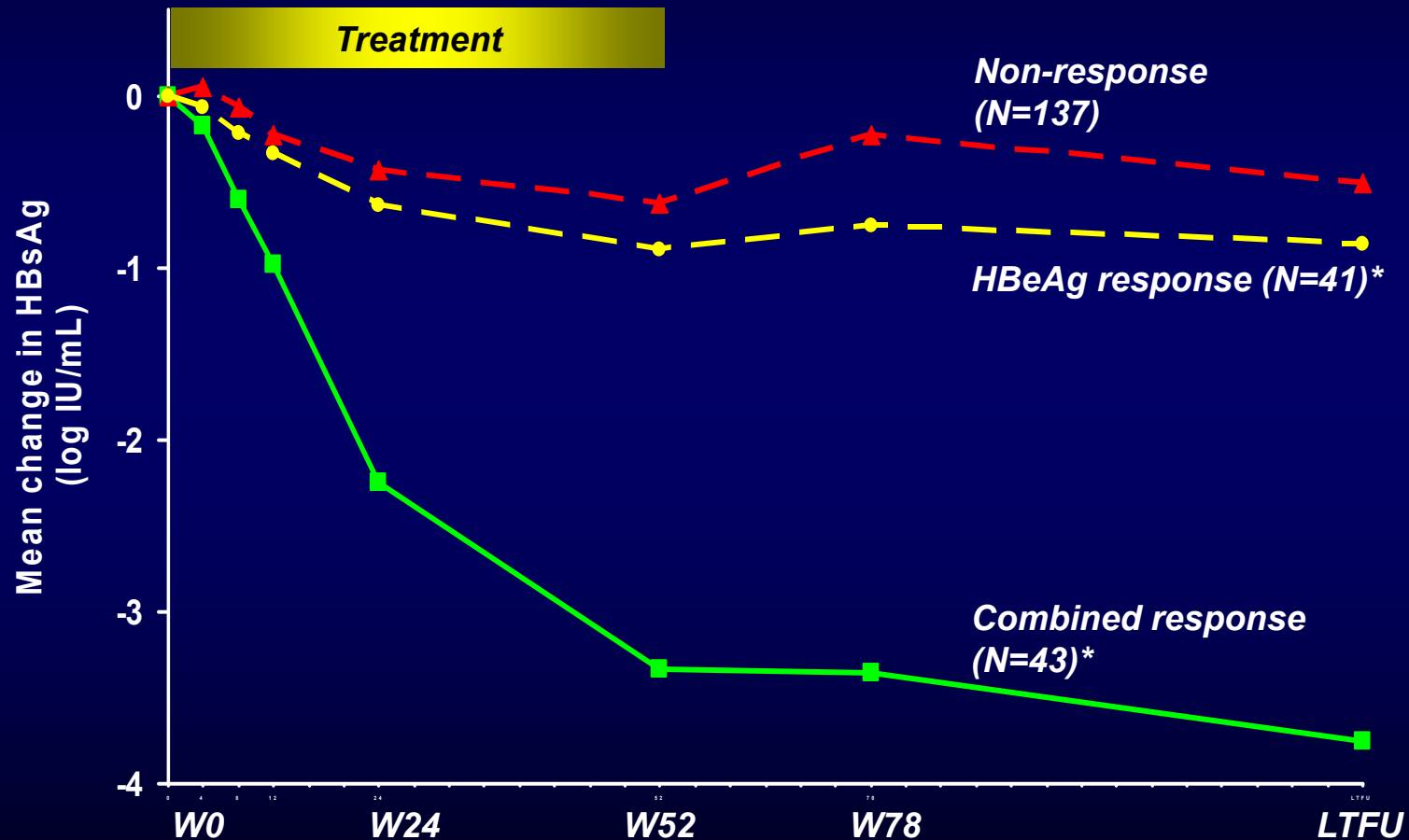
# Response Prediction to PEG-IFN $\alpha$ -2b for HBeAg positive CHB: Viral Dynamics



***Less than 2 log HBV DNA decline after 24 weeks: Stop Therapy***



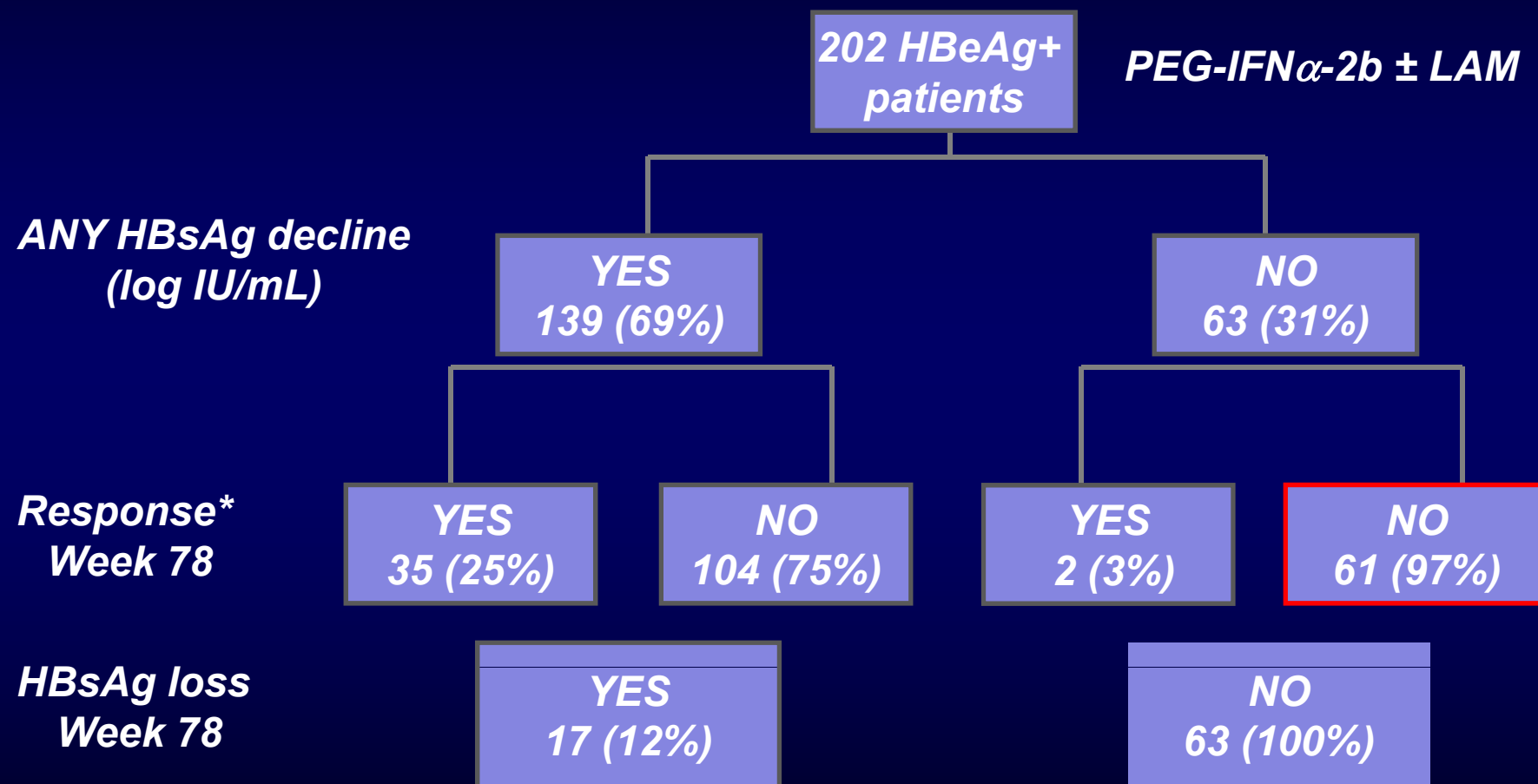
# PEG-IFN for HBeAg (+) CHB: Responders achieve a strong HBsAg decline



\*HBeAg response: HBeAg loss and HBV DNA > 10,000 copies/mL at week 78

\*Combined response: HBeAg loss and HBV DNA < 10,000 copies/mL at week 78

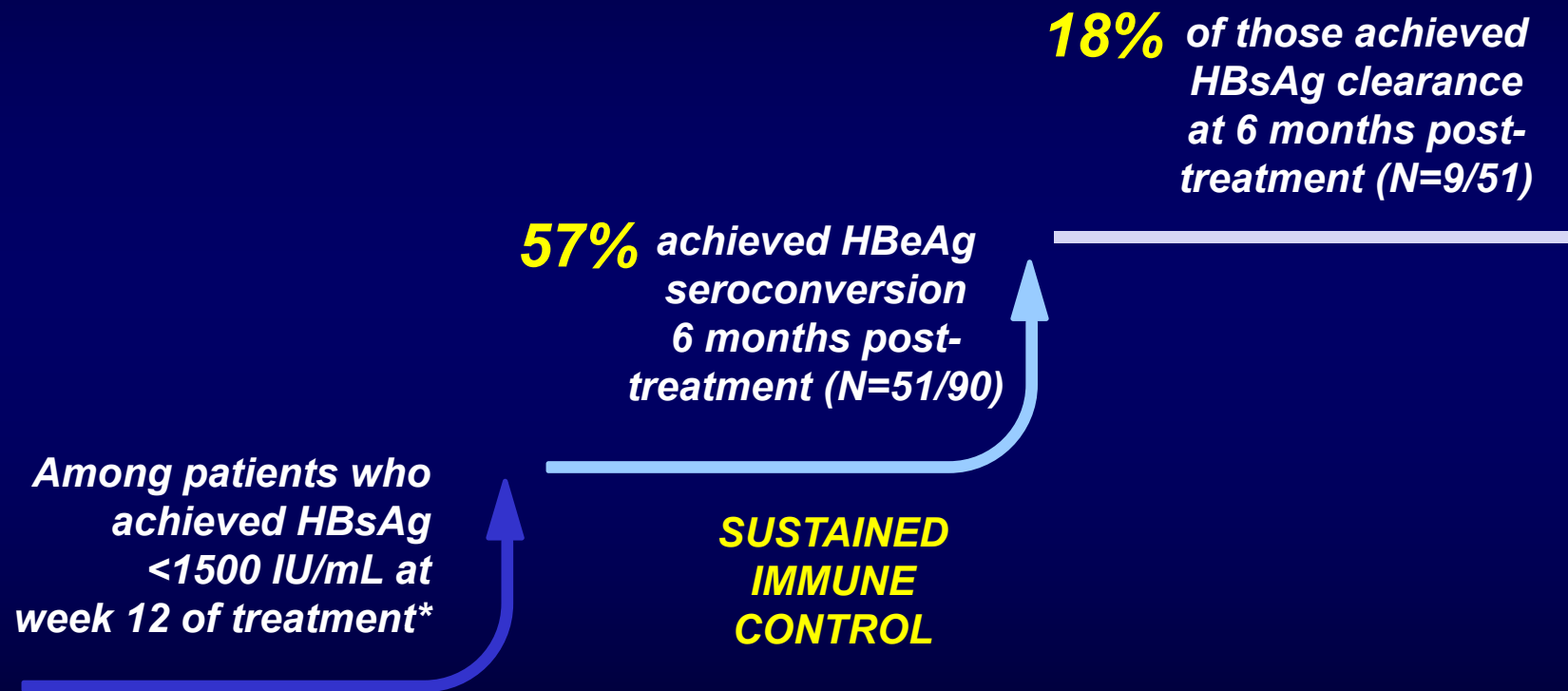
# Lack of HBsAg decline at week 12 is associated with low chance of response



**Needs to be validated in additional studies**

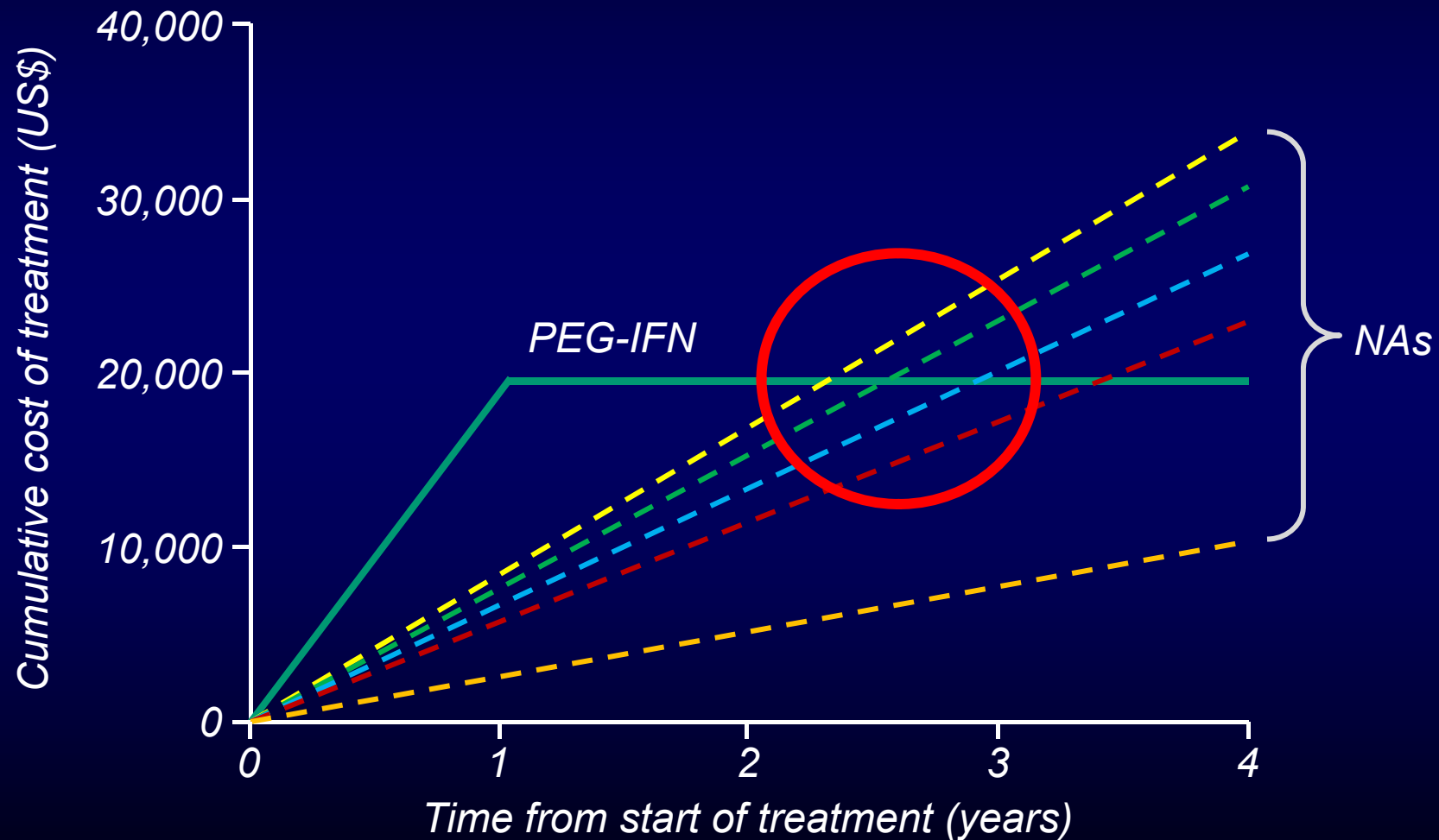
# HBsAg reduction at wk 12 is an early sign of future HBsAg clearance

*HBeAg + treated with PEG-IFN $\alpha$ -2a +/- lam for 48 weeks*



\*23% of patients (N=90/399) achieved HBsAg <1500 IU/mL at week 12

# Finite therapy is cost-effective vs long-term NA therapy



# Why PEG-IFN in HBeAg+ Individualised Therapy

- Try to aim for off-treatment sustained response
- HBeAg seroconversion suboptimal endpoint in NA: Limited or no immune control
- Therapy with NA may be indefinite in many patients
- Costs may be favorable for PEG-IFN
- PEG-IFN in selected proportion of patients:
  - To start PEG-IFN: based on HBV genotype, HBVDNA, ALT
  - To stop PEG-IFN: rapid decline in HBVDNA and HBsAg helps to predict response and HBsAg loss

# Future Perspectives

- Better elucidate the role of quantitative HBsAg
- Shift towards endpoint of HBsAg seroconversion
- Combination of the most potent nucleos(t)ide analogues with PEG-IFN in different regimens
- PEG-IFN add-on?
- Tailored therapy according to:
  - Host genetics
  - Intrahepatic immune status
  - Virus genetics



*Vincent Rijckborst*



*Hajo Flink*



*Erik Buster*



*Monika v Zonneveld*



*Jurriën Reijnders*



*Wim Leemans*



*Martijn ter Borg*



*Thjon Tang*



*Bettina Hansen*



*Milan Sonneveld*



*Roeland Zoutendijk*



# **HBV Team**



*Jeroen Stoop*



*Marjolein o/d Brouw*



*Eric Tjwa*



*Andrea Woltman*



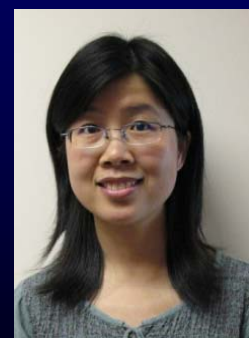
*Dave Sprenger*



*Hanneke van Vuuren*



*Paula Biesta*



*Sophie Chi*