F1-F2 PATIENTS: TREAT OR WAIT TREAT!

Mitchell L Shiffman, MD Liver Institute of Virginia Bon Secours Health System Richmond and Newport News, VA, USA



Liver Institute of Virginia Education, Research and Treatment for Patients with Liver Disease

Bon Secours Health System

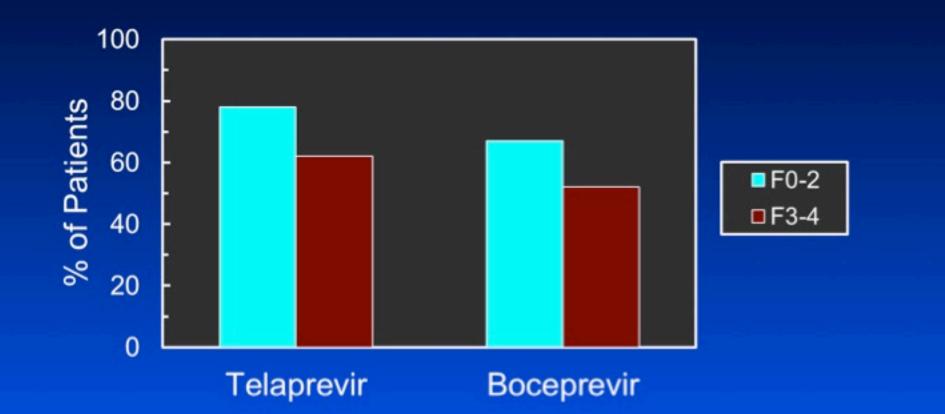
TELAPREVIR AND BOCEPREVIR EXCELLENT SVR RATES NOW

	Boceprevir	Telaprevir
Treatment Naïve:		
eRVR	96%	89-92%
Delayed response	66-75%	64%
% with eRVR	56%	58-60%
Retreatment:		
Relapse	69-75%	84-88%
Partial response	40-52%	56-61%
Null response	NA	31-33%
INF sensitive (lead-in)	73-79%	NA
INF insensitive (lead-in)	33-34%	NA

ML Shiffman, R Estaban Liver Intl 2012; 32 (suppl 1):54-60.



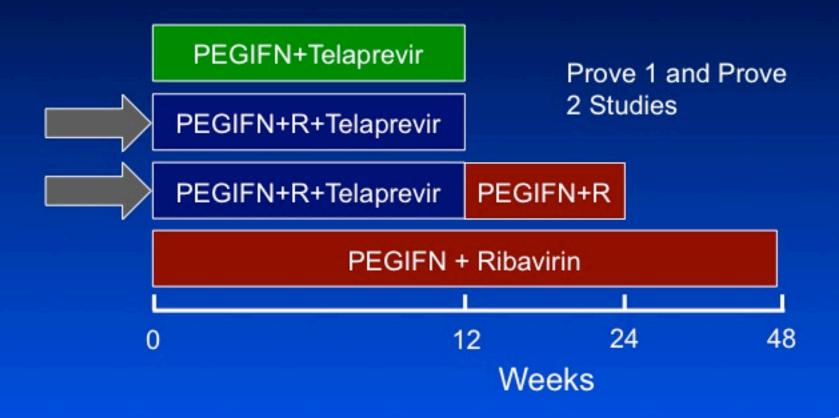
MILD FIBROSIS EVEN BETTER SVR RATES NOW



F Poordad et al. N Engl J Med 2011; 364:1195-1206. IM Jacobson et al. N Engl J Med 2011; 364:2405-2416.



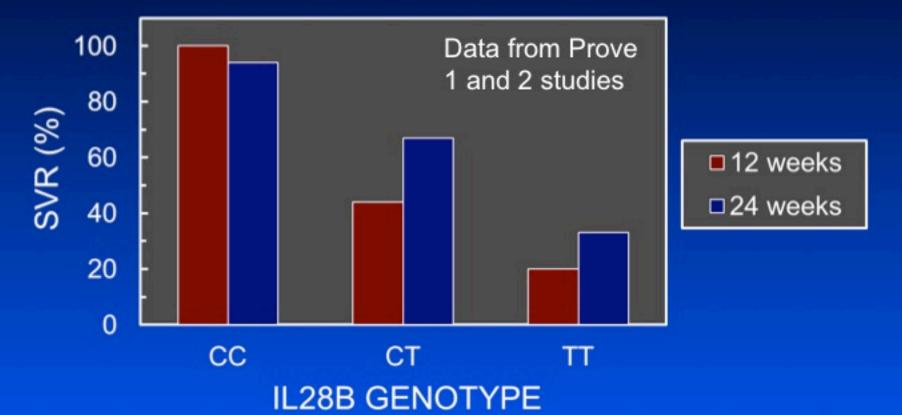
IL28B GENOTYPE CC ONLY 12 WEEKS OF TREATMENT



JM McHutchison et al. N Engl J Med 2009; 360; 1827-1838. C Hezode et al. N Eng J Med 2009; 360:1839-1850.



IL28B GENOTYPE CC SUPERIOR SVR NOW



JP Bronowicki et al. EASL 2012



LIMITATIONS OF CURRENT TREATMENT SIDE EFFECTS

	Telaprevir	Boceprevir
Anemia	19%	22%
Nausea	41%	45%
Vomiting	13%	17%
Diarrhea	30%	25%
Dysgusea	10%	39%
Pruritus	47%	NR
Rash	56%	18%
Anorectal Symptoms	11%	<5%

F Poordad et al. N Engl J Med 2011; 364:1195-1206. IM Jacobson et al. N Engl J Med 2011; 364:2405-2416.



PEGINTERFERON AND RIBAVIRIN SIDE EFFECTS

Peginterferon	Ribavirin
Flu-like symptoms	Hemolysis
Bone Marrow Suppression	Rash
Stimulation of autoimmune diseases	Cough
Neurologic injury	Nausea

It is the side effects of peginterferon which dictate the side effects of HCV therapy
That is why we are trying to replace peginterferon



PATIENTS WITH ADVANCED FIBROSIS EVEN MORE SIDE EFFECTS

	Telaprevir	Boceprevir
SAE	49%	38%
Premature DC	26%	24%
Infections	26%	24%
Death	2%	1.3%
Hepatic decompensation	4.4%	4.4%
Anemia <8.0 gm/dl	10%	10%
EPO use	57%	66%



WHY DEFER THERAPY? WHO SHOULD DEFER THERAPY?

- The rationale to defer therapy is because better therapy will soon be available
- However:
 - Will therapy really be "better" for patients with HCV genotype 1 or just more convenient
 - How long will we make our patients wait for this "better" therapy
 - Will this "better" therapy be affordable to the majority of patients who are waiting for treatment
 - What are the consequences of doing nothing



SOON TO BE AVAILABLE: 2013 "BETTER" OR JUST CONVENIENT

- Genotype 1
 - Simeprevir –
 - Faldaprevir
 - Sofosbuvir —
- Genotypes 2 and 3
 - Sofosbuvir
 - Ribavirin

Will likely be available by 2010 Will be utilized with Peginterferon and Ribavirin Better, or just more convenient

Interferon free But will SVR in a large homogenous cohort be better or just more convenient



INTERFERON FREE FOR GT1 "BETTER" OR JUST CONVENIENT

Company	Drugs	SVR
Abbott	ABT-245/Ritonovir ABT-267 ABT-333 <u>+</u> Ribavirin	Better or Similar to the current SOC?
BI	Faldaprevir BI202127BI Ribavirin	
Gilead	Sofosbuvir GS5855 <u>+</u> Ribavirin	



INTERFERON FREE THERAPY "BETTER" ALWAYS COSTS MORE

Will all patients get convenience, comfort and a speedy treatment. Who will pay for it?

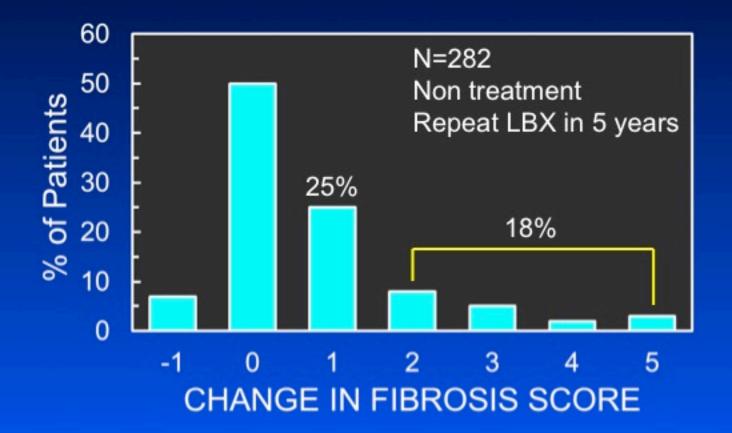
Given comparable cure rates will patients get what they or the "system" can afford?

Or





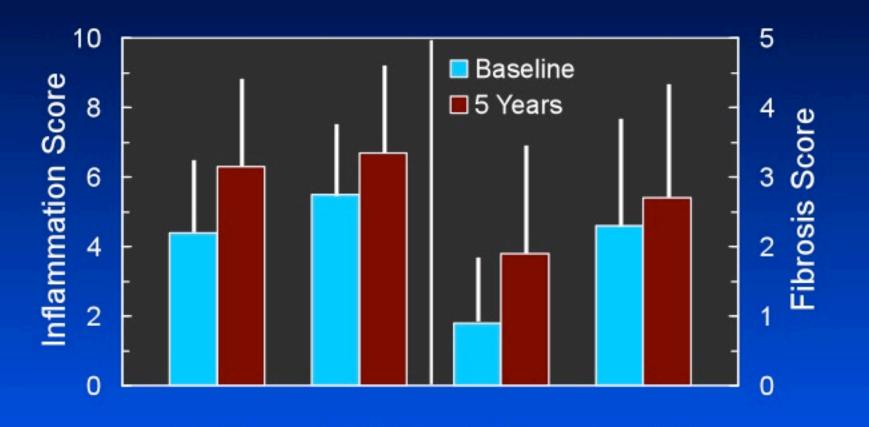
THE CONSEQUENCES OF WAITING FIBROSIS PROGRESSION



MJ Williams and M Lang-Lenton J Viral Hep 2011; 18:17-22.



THE CONSEQUENCES OF WAITING FIBROSIS PROGRESSION

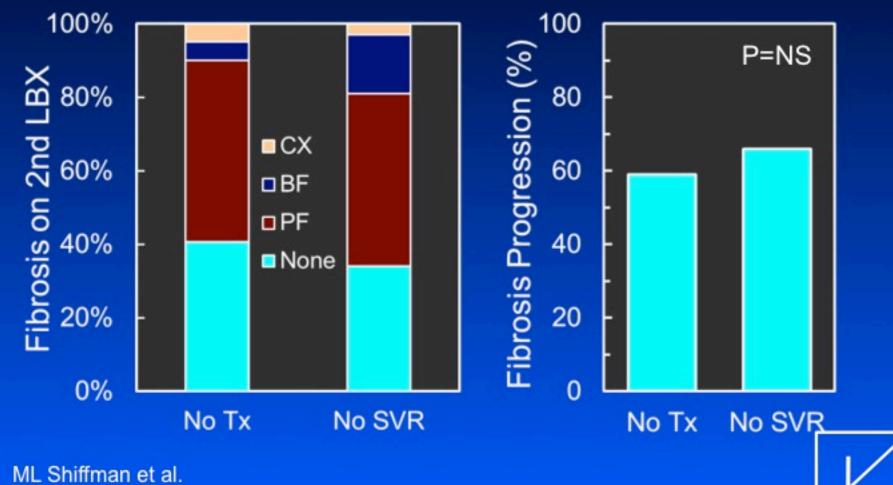


No Tx No SVR No Tx No SVR

ML Shiffman et al. EASL 2009



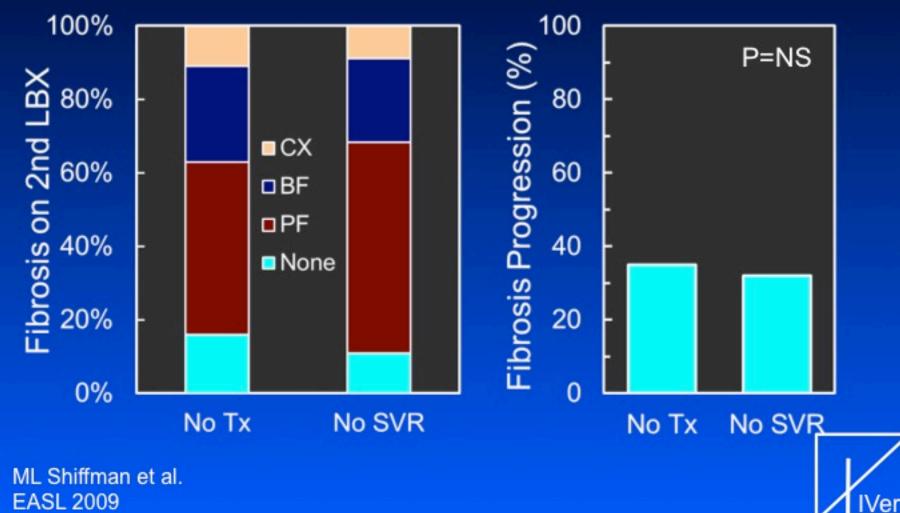
FIBROSIS PROGRESSION NO FIBROSIS AT BASELINE



IVer

EASL 2009

FIBROSIS PROGRESSION PORTAL FIBROSIS AT BASELINE



EASL 2009

F1 AND F2 FIBROSIS THE BENHAMOU APPROACH

I am ignoring my patients with mild fibrosis until they progress have advanced fibrosis and really need HCV treatment.



WHO TO TREAT NOW THOSE WE CAN CURE EASILY

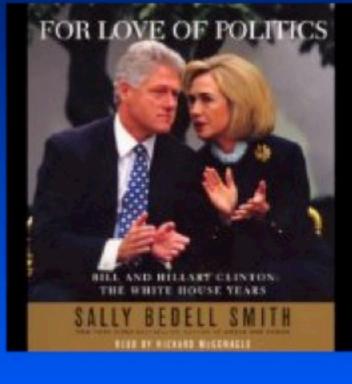
- Patients with mild disease (F1-F2)
- IL28B genotype CC
 - These patients are <u>VERY UNLIKELY</u> to have higher cure rates with future therapies
- Patients with extrahepatic manifestations
 - Cryoglobulinemia
 - PCT
 - Lichen Planus
- A patient that is "cured" today is one less patient we need to worry about tomorrow



TREAT F1 AND F2 NOW INTERFERON IS TOLERABLE

 The vast majority of patients with "mild" fibrosis do tolerate interferon based therapy.

- They may want and think there is something better.
- But,
- Most find a way to tolerate what they have.
- Especially if it works for them.





The treatment of F1 and F2 can be quite a dilemma The SVR is better than ever But treatment means symptoms of flu Anemia, a bad taste and a rash too. So what do we do.



New choices for G1 should be available this year With names like simiprevir, faldaprevir and sofosbuvir But is this really better The answer is not clear For peginterferon will still be hear And this will still cause our patients to fear



The future of treatment for HCV Is multiple agents that are interferon free For patients with genotypes 2 and 3 This may here as soon as 201 and three For all the rest it's still just Wait and see But what cost will this treatment be And how will this cost be passed on to you and me



So my advise to patients with a mild fate Is to treat now and don't wait Because I do not want my patients to be left at the gait One day wondering why it is now too late

My friend has a different approach to F1 and F2 He would rather wait, than do So when things have progressed And my patients cry boo hoo I'll just blame it all on Yves Benhamou

