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# The prognosis and management of inactive HBV carriers

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# Financial disclosures

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Advisory Board/Speaker Bureau for

- BMS, ROCHE, GILEAD SCIENCES, GSK, MSD



# Outline of the presentation

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- Diagnosis
  - Natural history
  - Management and follow-up
  - Immunosuppression
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# Diagnosis of inactive carriers - EASL 2012

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- 1) The “inactive HBV carrier state” is characterized by very low or undetectable serum HBV DNA levels, normal serum aminotransferases and anti-HBe seropositivity.
- 2) A **minimum follow-up of 1 year** with alanine aminotransferase (ALT) levels at least every **3–4 months** and serum HBV DNA levels is required before classifying a patient as inactive HBV carrier.
- 3) **ALT levels** should remain persistently within the **normal range** according to traditional cut-off values (approximately 40 IU/ml) [14] and **HBV DNA should be <2000 IU/ml**.
- 4) Some inactive carriers, however, may have HBV DNA levels between 2,000 and 20,000 IU/ml

# Diagnosis of inactive carriers - EASL 2012

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- 1) The “inactive HBV carrier state” is characterized by very low or undetectable serum HBV DNA levels and normal serum aminotransferases.

2) A minimum follow-up of 1 year with normal aminotransferases

Diagnosis of inactive carriers is similar in AASLD 2015 and APASL 2015 guidelines

[14] and HBV DNA should be <2000 IU/ml.

- 4) Some inactive carriers, however, may have HBV DNA levels between 2,000 and 20,000 IU/ml

# Baseline diagnostic work-up in inactive carriers

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- History and physical examination
- Family history of liver disease, HCC
- Laboratory tests
- Test for HBV replication, qHBsAg
- Tests for coinfections
- Abdominal ultrasound
- Fibroscan
- (Liver biopsy not indicated)

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**Normal ALT levels and  
HBV-DNA >2,000-<20,000 IU/ml**

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# Follow-up and indications for liver biopsy in HBeAg-negative chronic hepatitis B virus infection with persistently normal ALT: A systematic review

George V. Papatheodoridis<sup>1,\*</sup>, Spilios Manolakopoulos<sup>1</sup>, Yun-Fan Liaw<sup>2</sup>, Anna Lok<sup>3</sup>

<sup>1</sup>2nd Department of Internal Medicine, Athens University Medical School, "Hippokration" General Hospital of Athens, Greece; <sup>2</sup>Liver Research Unit, Chang Gung Memorial Hospital, Chang Gung University College of Medicine, Taipei, Taiwan; <sup>3</sup>Division of Gastroenterology and Hepatology, University of Michigan Health System, Ann Arbor, MI, USA

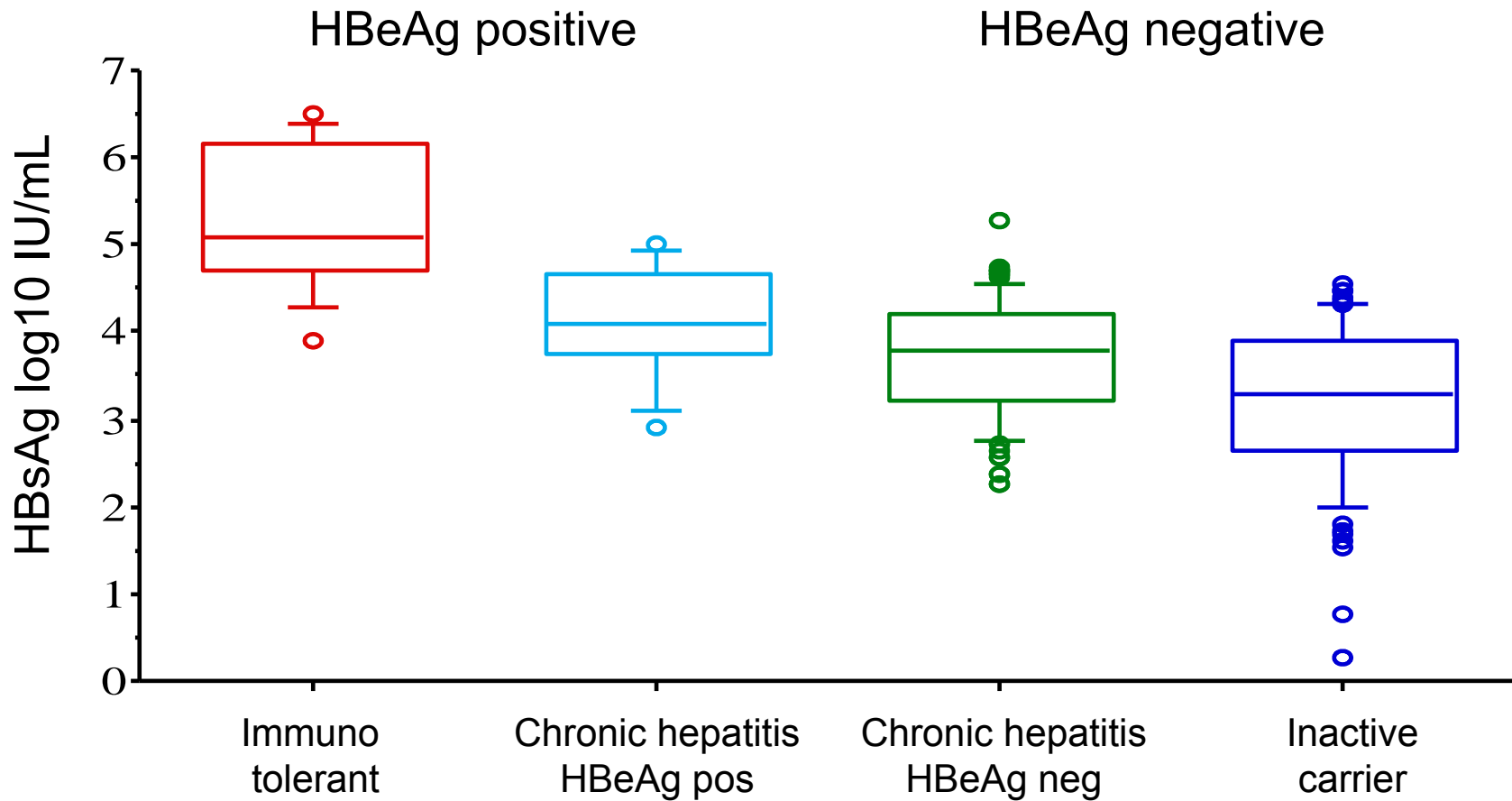
- 1) A systematic review of all the available histological data on HBeAg-negative patients with persistently normal ALT (PNALT) to determine the prevalence of significant liver disease and its associating factors.
- 2) 4 studies with 246 patients had good or acceptable definitions of PNALT ( $\geq 3$  ALT determinations during 6–12 months)
- 3) The prevalence of **mild inflammatory activity and moderate fibrosis** was **1.4% and 1%** among those with HBV DNA levels <2000 IU/ml and **7% and 10%** among patients with HBV DNA levels between 2000 and 20,000 IU/ml.

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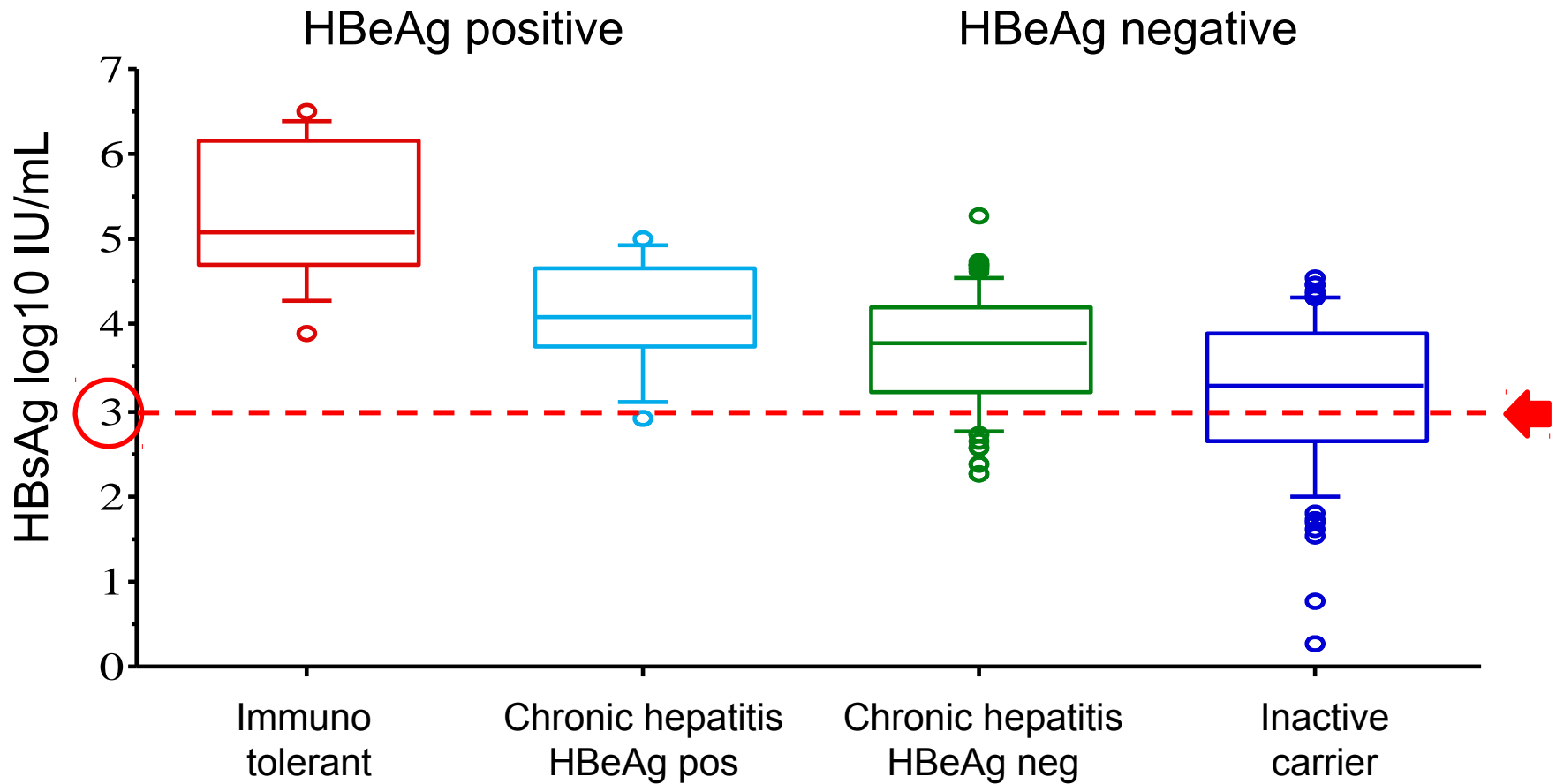
# HBsAg levels

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# qHBsAg in the natural history of HBV infection



# qHBsAg in the natural history of HBV infection



# Identification of inactive infection using HBsAg and HBV DNA levels

## Analysis of HBV genotype D patients

Prediction of:	Inactive infection
HBsAg levels HBV DNA levels	<1000 IU/mL plus <2000 IU/mL
Population	209
Sensitivity (%)	91.1
Specificity (%)	95.4
PPV (%)	87.9
NPV (%)	96.7
Diagnostic accuracy (%)	94.5

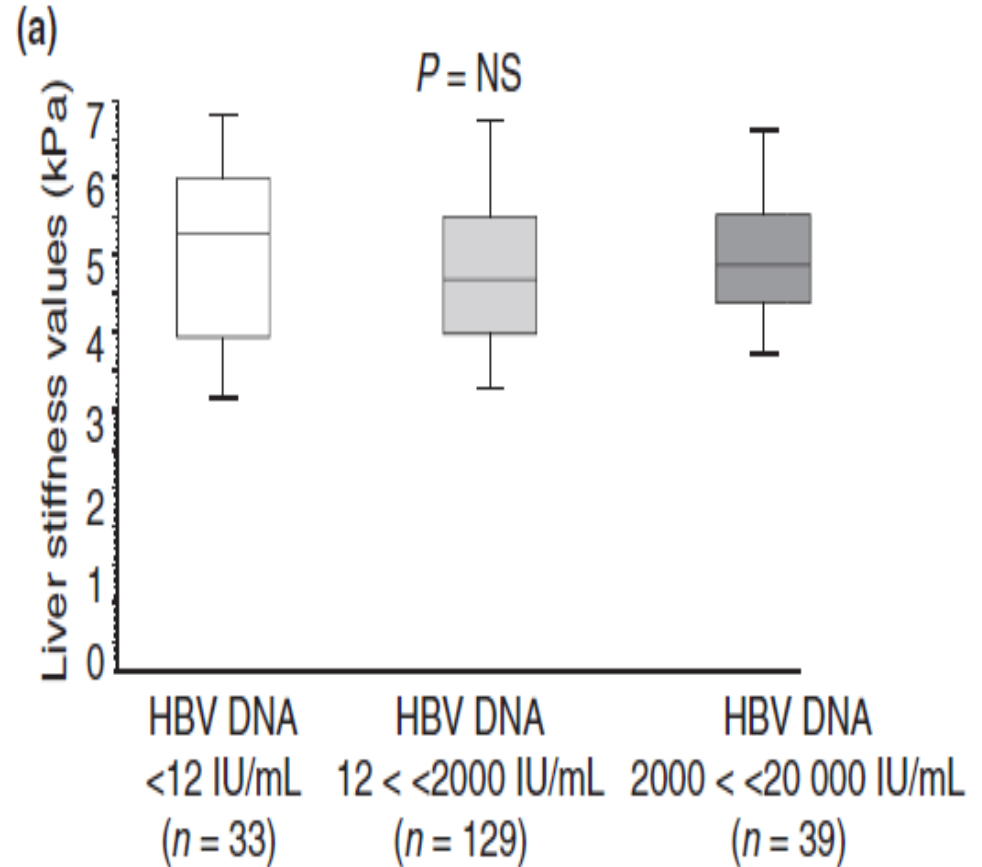
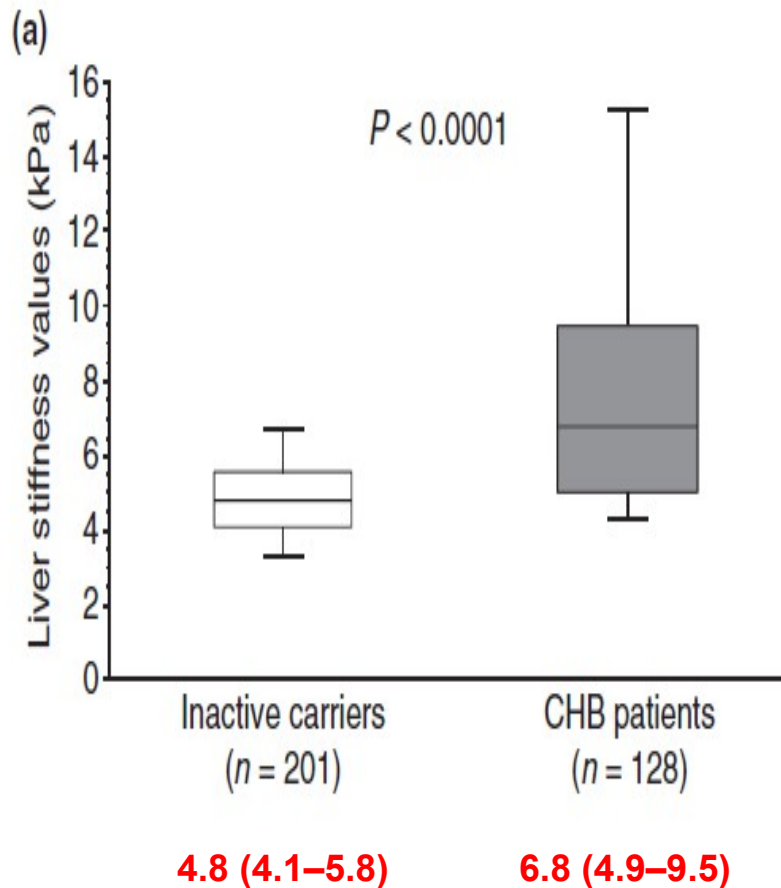
This provides comparable information to 1-year of monthly monitoring

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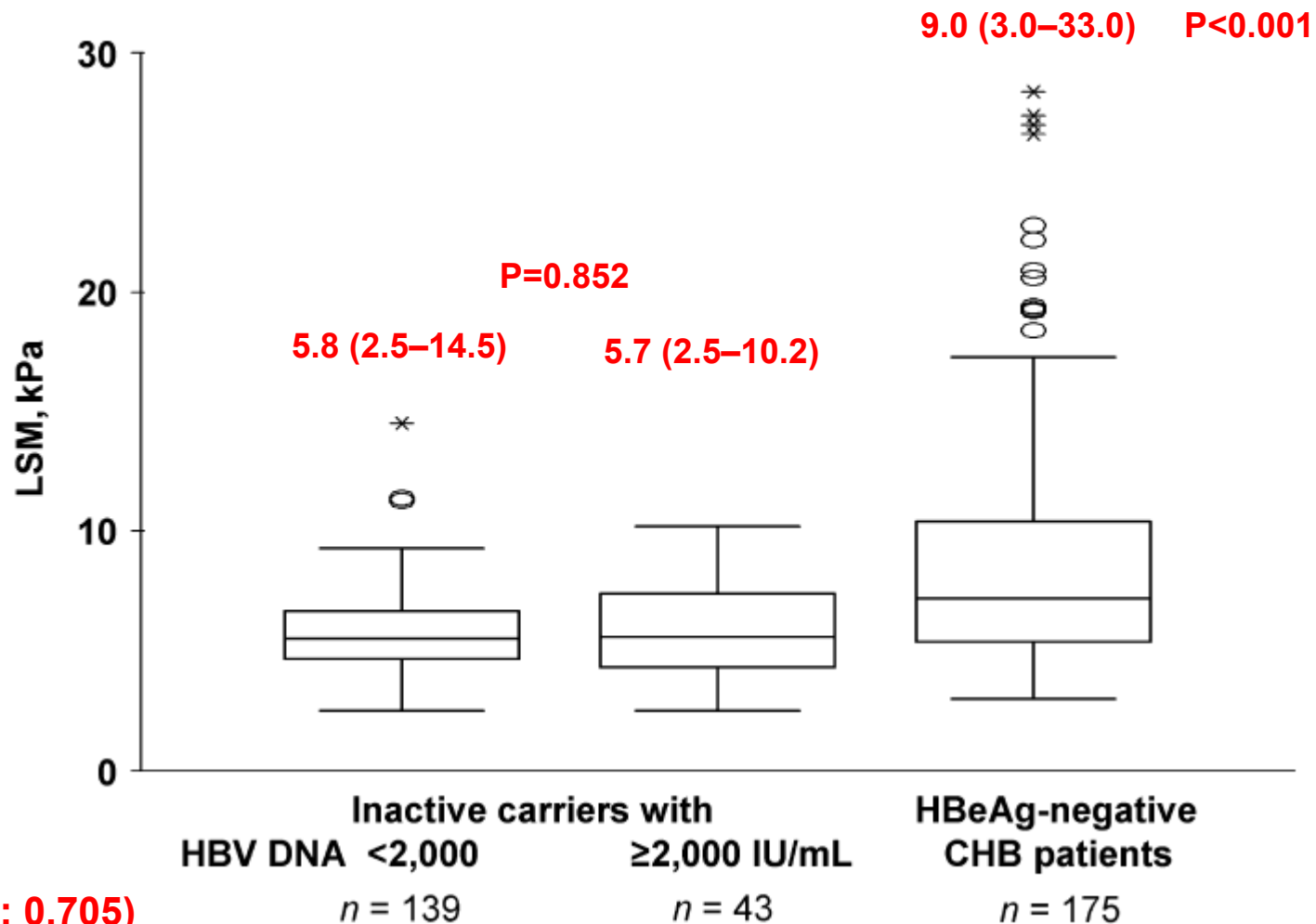
# Fibroscan

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# TE and biomarkers for liver fibrosis assessment and follow-up of inactive hepatitis B carriers



# Transient elastography for liver fibrosis assessment and follow-up of inactive hepatitis B carriers



(AUROC: 0.705)



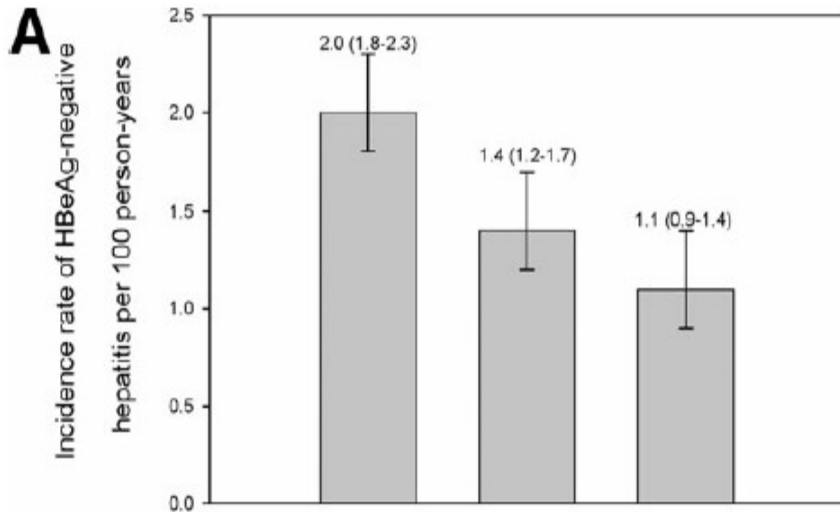
# Natural history of inactive carriers in the long-term follow-up cohort studies

Author (ref)	Year	Country	Num. of Pts	Male (%)	Age (yrs)	Follow-up (years)	HBsAg loss (%)	HBV reactivation (%)	HCC (%)
<b>De Franchis (ref 8)</b>	1993	Italy	68	81%	31	10.8	15%	4.4%	0
<b>Villeneuve (ref 23)</b>	1994	Canada	200	81%	29	16	0.7% per year	0.5%	0
<b>Martinot-Peignoux (ref 11)</b>	2002	France	38	54%	34	3.2	3.5%	2.6%	NA
<b>Hsu (ref 24)</b>	2002	Taiwan	189	79%	32	8.2	4.8%	NA	1.6%
<b>Manno (ref 9)</b>	2004	Italy	296	78%	36	30	32%	2.1%	0.7%
<b>Fattovich (ref 25)</b>	2008	Italy	40	63%	30	23	45%	0%	5%
<b>Habersetzer (ref 26)</b>	2015	France	109	NA	NA	6	10%	NA	NA

# Disease progression in HBeAg-ve patients with HBV DNA <2000 IU/mL – A study from Taiwan

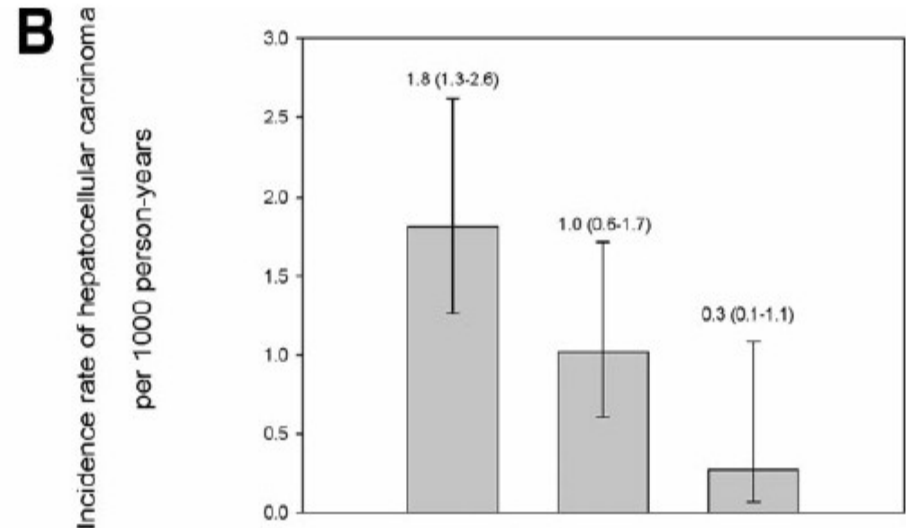
Baseline: 1,068 HBeAg-negative, HBV-DNA <2,000 IU/mL, 15% ALT >ULN, GT B and C.  
Followed for a mean of 13.0 years

## HBeAg-ve CHB/100 py



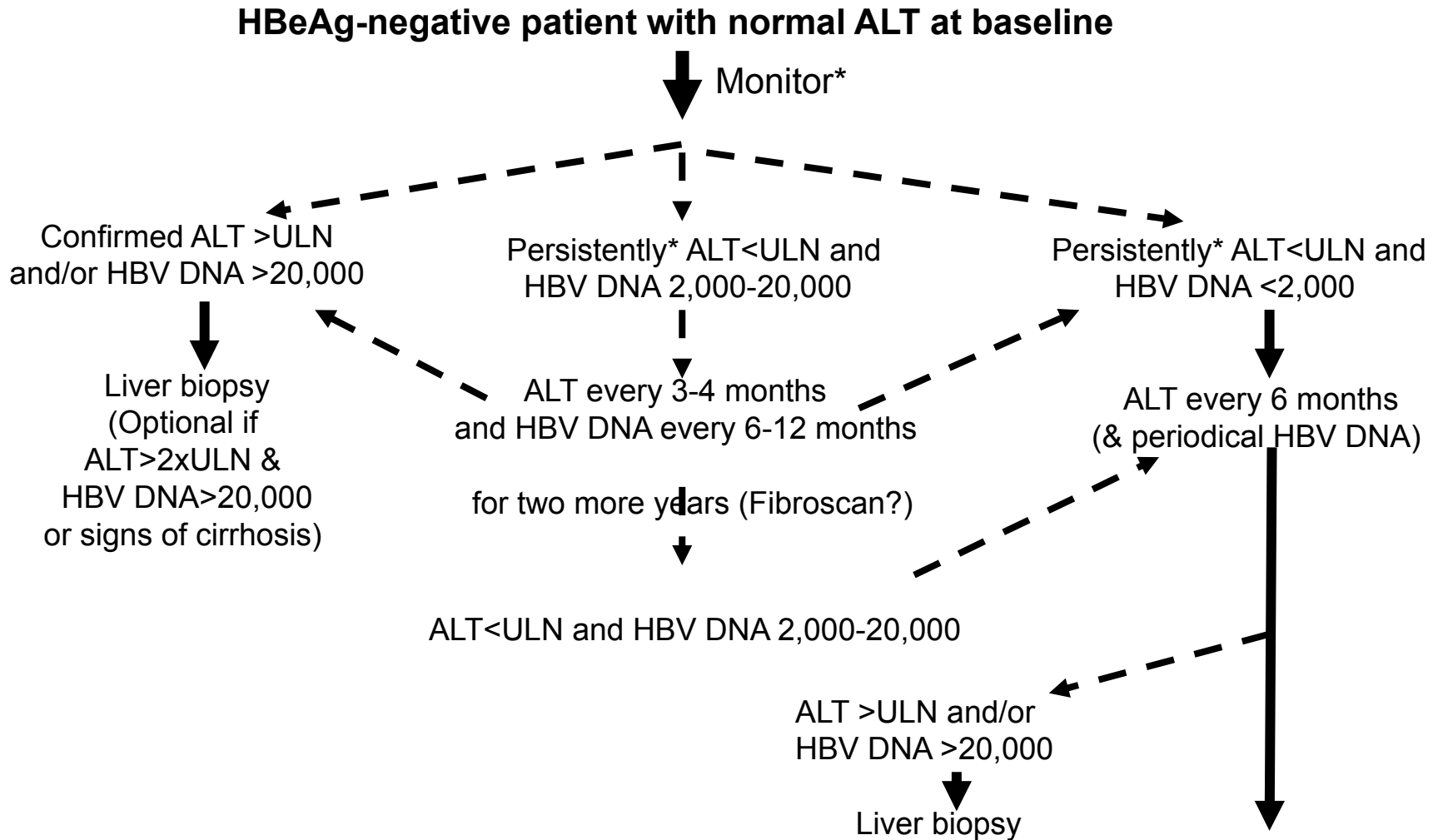
Patient number	1068	910	495
HBV DNA <2000 IU/mL	●	●	●
ALT <40 U/L		●	●
HBsAg <1000 IU/mL			●

## HCC/1000 py



Patient number	1068	910	495
HBV DNA <2000 IU/mL	●	●	●
ALT <40 U/L		●	●
HBsAg <1000 IU/mL			●

# Management of HBeAg-negative carriers with normal ALT



\*ALT and HBV DNA every 3–4 months for one year

# Recommendations for HCC surveillance in HBV

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AASLD 2011	APASL 2010	EASL-EORTC 2012
<ul style="list-style-type: none"><li>• Cirrhosis</li><li>• Asian males over age 40</li><li>• Asian females over age 50</li><li>• Family history of HCC</li><li>• African/ North American blacks</li></ul>	<ul style="list-style-type: none"><li>• Cirrhosis</li></ul>	<ul style="list-style-type: none"><li>• Cirrhosis</li><li>• Non-cirrhotic HBV carriers with active hepatitis</li><li>• Family history of HCC</li></ul>

Surveillance: 6-month US for AASLD and EASL (+ AFP for APASL)

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# Immunsuppression

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# Risk of HBV reactivation in immunosuppressed patients

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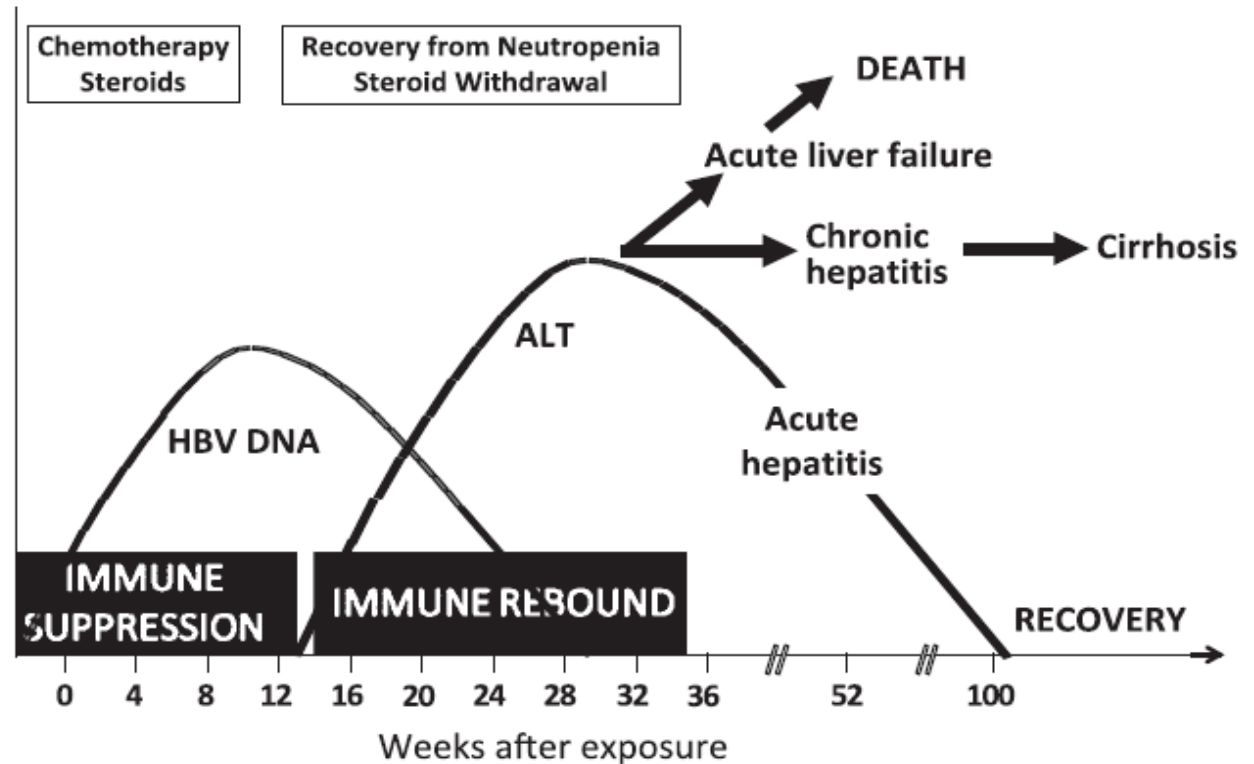
Disease	HBsAg positive	HBsAg negative Anti-HBc positive
Bone marrow or stem cell transplantation	32–50%	up to 50%
Anti-CD20 monoclonal antibodies (rituximab)	50%	18%
Solid organ transplantation	50–90%	0.9–5%
Systemic cancer chemotherapy	39-41%	3%
TNF-alfa antagonists	39%	5%

**Risk of reactivation based upon:  
underlying extrahepatic disease, immunosuppressive regimen and HBV profile**

# HBV reactivation in immunocompromised patients

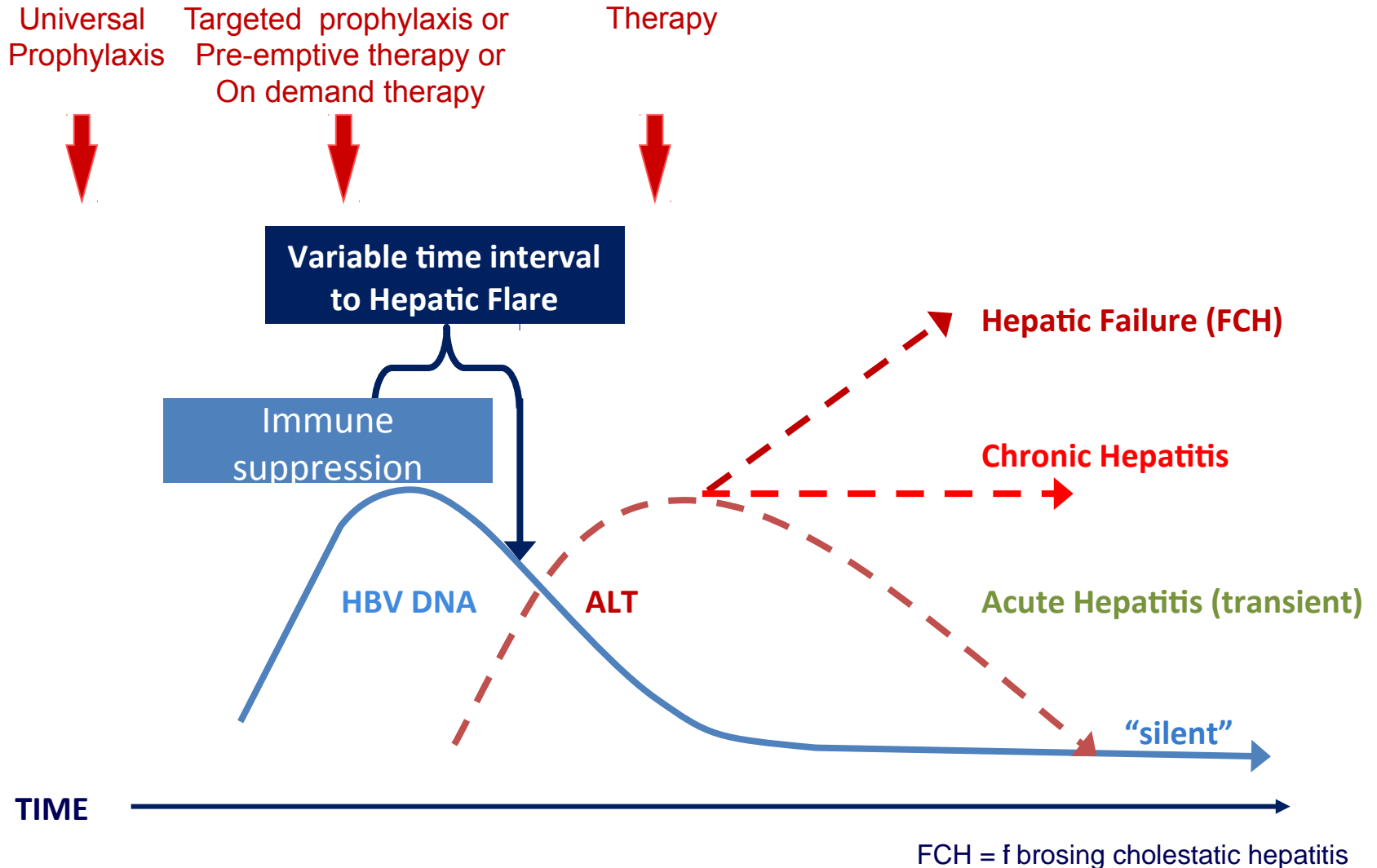
**HBsAg+**  
**(overt)**  
**DNA+++**  
**Anti-HBe+**  
**qHBsAg+/++**  
**Chronic**

**HBsAg-**  
**(OBI)**  
**DNA+++**  
**HBeAg+**  
**qHBsAg +++**  
**50% Recovery**



**Figure 4** Typical course of hepatitis B virus (HBV) reactivation under chemotherapy. HBV DNA becomes detectable during immunosuppression which is followed by an increase in alanine aminotransferase (ALT) after withdrawal of the compound in part due to a rebound of the immune response, especially a recovery from neutropenia. Acute hepatitis can either lead to chronic hepatitis or acute liver failure and death but also to chronic hepatitis leading to liver cirrhosis. (Published previously (Xunrong *et al*, 2001).<sup>58</sup>

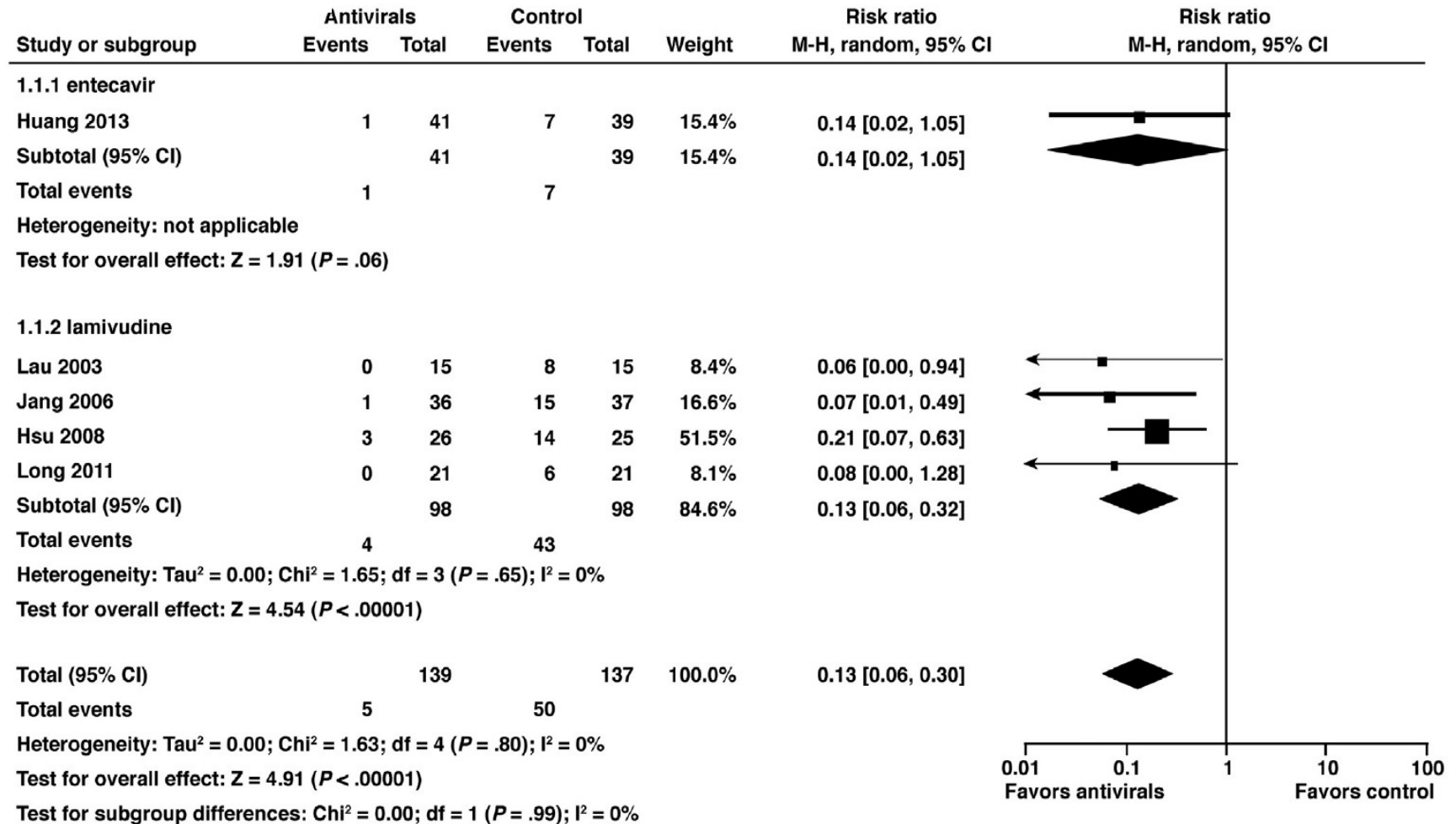
# Prevention/management of HBV reactivation





# Antiviral agents vs no prophylaxis in HBsAg positive patients – A meta-analysis

## 1. HBV Reactivation



# Reactivation Among Patients With Untreated Diffuse Large B-Cell Lymphoma Receiving R-CHOP Chemotherapy

	Patients With Event, No. (%)		Difference (95% CI), %	P
	Entecavir (n = 61)	Lamivudine (n = 60)		
HBV-related hepatitis	0	8 (13.3)	13.3 (4.7 to 21.9)	.001
HBV reactivation	4 (6.6)	18 (30.0)	23.4 (10.2 to 36.6)	<.001
Chemotherapy disruption	1 (1.6)	11 (18.3)	16.7 (6.4 to 27.0)	.001
Treatment-related adverse events	15 (24.6)	18 (30.0)	5.4 (-10.5 to 21.3)	.12

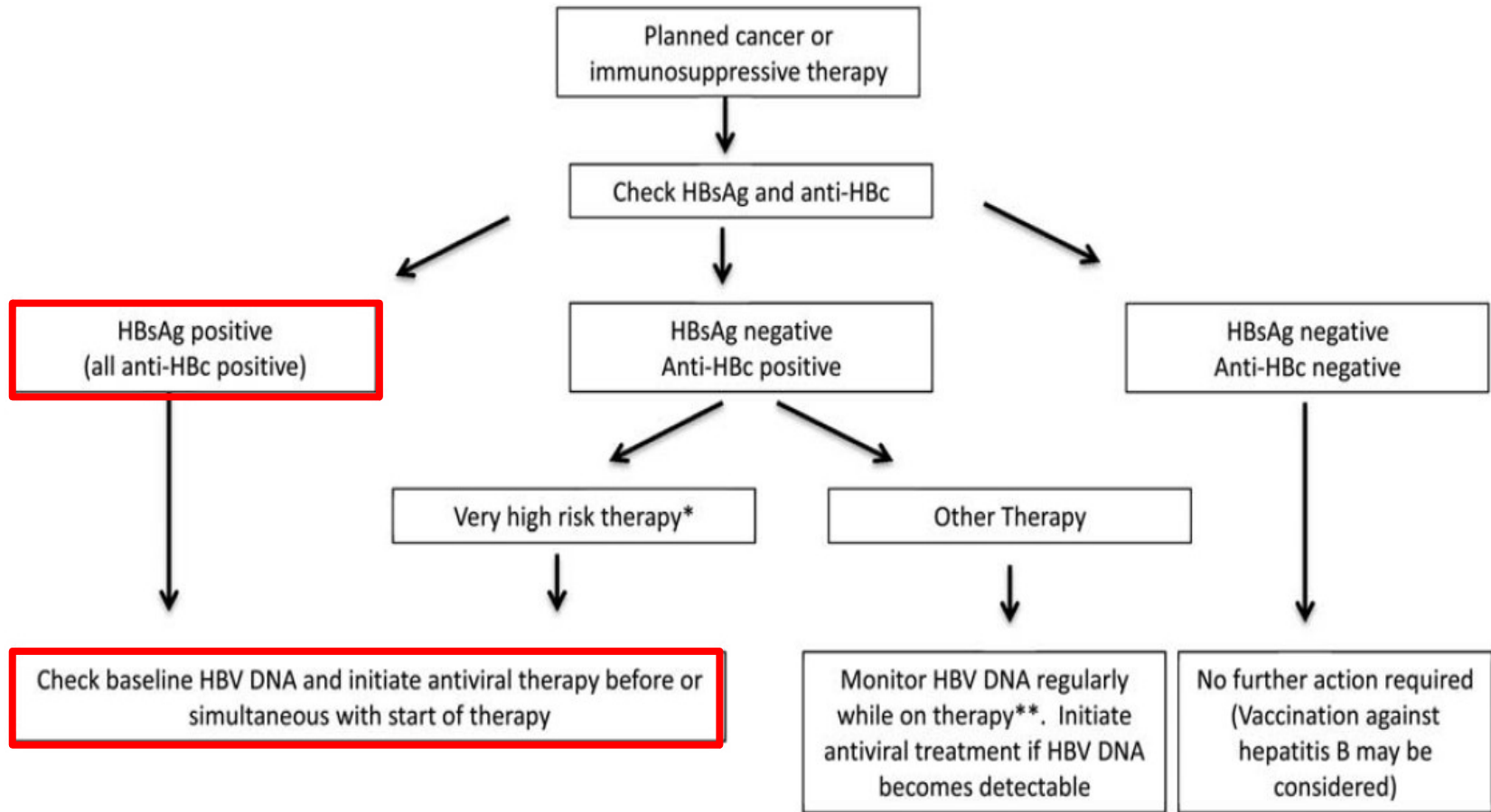


# Reactivation Among Patients With Untreated Diffuse Large B-Cell Lymphoma Receiving R-CHOP Chemotherapy

	Patients With Event, No. (%)		P Value
	Entecavir (n = 61)	Lamivudine (n = 61)	
HBV-related hepatitis	1 (1.6)	1 (1.6)	.99
HBV reactivation	1 (1.6)	1 (1.6)	.99
Mean change from baseline in HBV-DNA level, log <sub>10</sub> copies/mL	5.4 (-10.5 to 21.3)	5.4 (-10.5 to 21.3)	.99

**Inclusion criteria: HBsAg pos, HBV-DNA <1000 cp/ml**  
**Baseline Features: 2.5% with cirrhosis, 28% HBeAg positive**  
**HBV related hepatitis: 8 patients in LAM group (all HBeAg positive baseline)**

# Recommended AGA algorithm for HBV testing and treatment in patients undergoing immunosuppressive therapy.



\*Very high risk therapies include the use of anti-CD20 or Hematopoietic Stem Cell Transplantation (see Table 3)

\*\*Frequency of monitoring between monthly and every 3 months

# HBsAg positive carriers and immunosuppression

## EASL 2014 Special HBV Conference

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- 1) Screening for HBV should be carried out before immunosuppressive therapy begins.
- 2) For active carriers (HBV DNA >2000 IU/ml, ALT >ULN, HBeAg positive or negative) **should be treated** (ETV or TDF).
- 3) For inactive carriers of HBV (HBV DNA <2000 IU/ml, ALT <ULN, anti-HBe positive) **universal prophylaxis** with NUC should be administered regardless of the immunosuppressive regimen. LAM is recommended only in patients with low (<2000 IU/ml) HBV DNA levels who are to undertake a short (<12 months) duration of immunosuppression. ETV or TDF is the recommended prophylaxis in other patients.
- 4) For HBsAg negative, anti-HBc positive carriers.....

# Management of Inactive carriers

## Summary: what do we know

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- 1) Most of the HBV carriers are inactive carriers
  - 2) Diagnosis and follow-up of inactive carriers have been established by international guidelines (similar criteria)
  - 3) Minimum criteria: PNALT, HBV-DNA <2,000 IU/ml for at least 12 months (check for fibrosis, qHBsAg, <20,000 IU/ml)
  - 4) Favorable prognosis, long-term monitoring (no treatment)
  - 5) During immunosuppression, high risk of reactivation, universal prophylaxis with NUC is mandatory.
  - 6) Prophylaxis with LAM or ETV/TDF according to immunosuppression regimen, baseline viremia, compliance and so on.....during immunosuppression and 12-18 months thereafter
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# Management of Inactive carriers

## Challenges in 2016

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- 1) Is life-long monitoring necessary?
  - 2) How do we monitor over time ? (DNA, ALT, qHBsAg ?)
  - 3) HCC surveillance ? (when ? how ? for whom ?)
  - 4) Immunosuppression:
    - low risk of reactivation, no need of prophylaxis ?
    - LAM vs ETV/TDF ?
    - How long should the consolidation time be?
    - How many ICs will become active carriers after CHT ?
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# Acknowledgments

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- Mauro Viganò
  - Vito Di Marco, Teresa Santantonio, Maurizia Brunetto
  - George Papatheodoridis
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# Backup slides

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# HBsAg positive carriers and immunosuppression

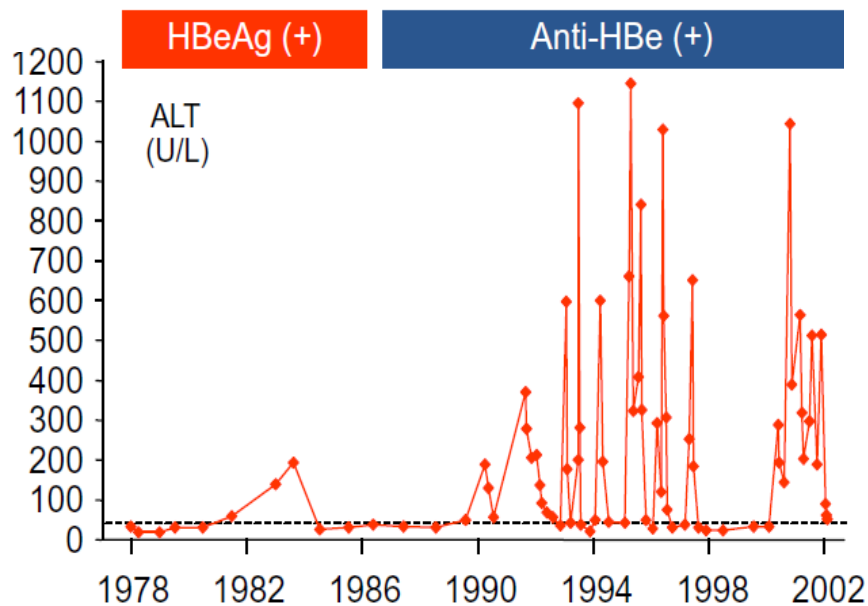
## APASL 2015 guidelines

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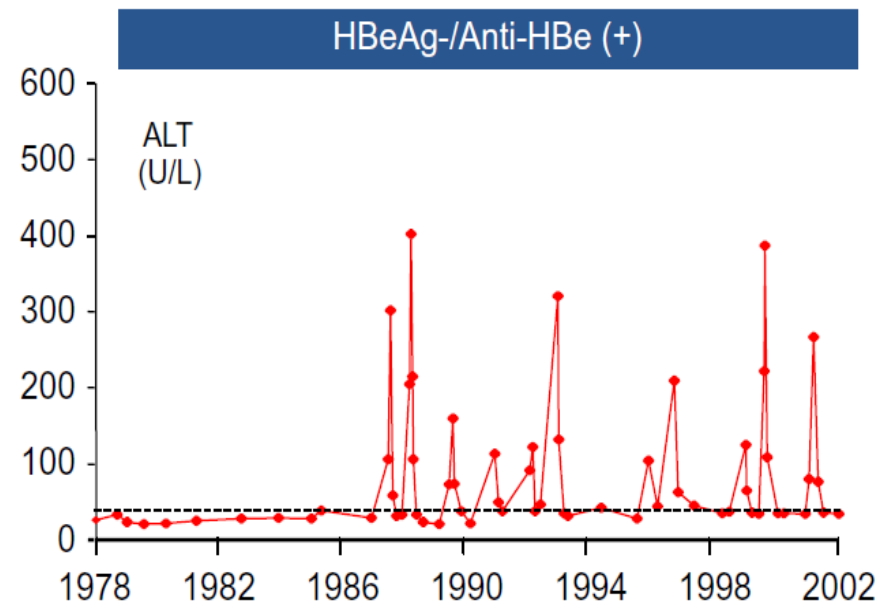
- 1) All candidates for chemotherapy and immunosuppressive therapy should be screened for HBsAg and anti-HBc prior to initiation of treatment (A1).
- 2) **Prophylactic anti-viral therapy** should be given to HBsAg(+) **cancer** patients who receive cytotoxic or immunosuppressive therapy, both during therapy (regardless of HBV DNA levels) and for 12 months after cessation of therapy to reduce the incidence and severity of HBV reactivation (A1).
- 3) **Prophylactic anti-viral therapy** is recommended for HBsAg (+) patients who received immunosuppressive agents for **auto-immune and rheumatic diseases**. However, the duration may be long-term, and its cost-effectiveness is not yet established.

# Natural history of HBeAg negative carriers in Euro-Mediterranean countries

Case 1



Case 2



***These are not inactive carriers !!***

# Baseline HBV status assessment

	HBsAg-positive		HBsAg-negative
HBsAg levels	High (>1000)	Low (<1000)	negative
<b>HBeAg</b>	Pos or Neg	Neg	Neg
<b>Anti-HBe</b>	Neg or Pos	Pos	Neg or Pos
<b>Anti-HBc</b>	Pos	Pos	Pos
<b>HBV DNA UI/mL (serum)</b>	<b>&gt;2,000</b>	<b>&lt;2,000<sup>°°</sup></b>	Neg <sup>*</sup>
<b>HBV DNA UI/mL (liver)</b>	Pos	Pos	Pos
<b>ALT</b>	Increased (Persistently or Intermittently)	Normal (Persistently)	Normal (Persistently)
<b>Chronic hepatitis<sup>^^</sup></b>	>90%	<90%	No <sup>^</sup>
<b>HBV status</b>	<b>Active carrier</b>	<b>Inactive carrier</b>	<b>Anti-HBcore</b>

<sup>°</sup> anti-HBe pos. ; <sup>°°</sup> in 1/3 of cases 2.000-20.000 UI; <sup>\*</sup> >90% of “true” OBI;

<sup>^</sup> in the absence of other causes of liver disease a history of previous hepatitis B; <sup>^^</sup>HAI >4

Do not forget Fibroscan and ultrasound !!

# Antiviral agents vs no prophylaxis in HBsAg positive patients – A meta-analysis

## 1.2 HBV Hepatitis flare

