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# Paris Hepatology Conference 2017 Day 2 Wrap-Up and Summary

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## **Current Situation of Hepatitis B**

#### ✓ The « Come-Back Virus »

- Prof. Marcellin reminded us of the global impact of HBV on morbidity and mortality
  - ~350 million infected worldwide, 600,000 deaths annually
  - Current therapies highly effective in suppressing HBV and improving outcomes
  - Renewed interest in finding curative therapies
- Prof. Lau: Many clinical insights
  - Can we ever stop NUCs?
    - Rarely, Recommendations differ across multiple regional guidelines
    - qHBsAg being investigated as predictor of relapse
  - HBV reactivation associated with HCV DAA therapy
    - Screen everyone for HBV, Monitor closely, Selective NUCs

## When Can We Stop NUCs?

#### ✓ Prof Seng-Gee Lim

- HBeAg seroconversion is very durable: 88% at 24 months
- HBeAg-negative HBV: More challenging
  - Duration of NUC is predictive of long-term remission (>24 months of treatment)
  - Remission rate decreases over time, less durable than HBeAg-seroconversion
- APASL stopping rules for cirrhosis-Controversial, potentially risky
  - Meta-analysis: 0.8% decompensation, 0.4% Death
  - Individual studies Severe flares: 16%, Other clinical flares ~40%
  - HBsAg seroconversion is very durable >90%
  - qHBsAg may help predict in whom NUCs can be stopped: Threshold not optimized

## **Long-term Impact of NUC Thearpy**

#### ✓ Prof Lampertico:

- NUCs highly effective; >97% remain HBV DNA suppressed after 5 yrs
- BUT only 1% of HBeAg- patients have HBsAg seroconversion
- Rare risk of renal toxicity usually in older patients but need more studies with better tubular markers.
- TAF appears to have better bone safety and renal safety profile
- Decompensation is prevented by NUC therapy
- HCC risk reduced but not eliminated: Continue HCC surveillance
- Survival in cirrhotics is excellent
- Non-hepatic Causes of Death increasing frequency
- Only hepatic CODnow is due to HCC (not decompensation)

## **New Targets for HBV Therapy**

### ✓ Prof Zoulim:

- New goals: Functional cure (HBsAg-) vs Complete cure (-cccDNA)
- Viral entry inhibitors
- Targeting cccDNA
- Viral capsid inhibitors
- HBsAg targeted therapies (siRNA)
- Enhance immune response: PD1 blockade enhances T-cell function
- Likely will need combination of DAAs and immunotherapeutics
- « We See the Summit » Many drugs in the pipeline

## **New Anti-HBV Therapies**

### ✓ Prof Gane:

- Explored why current therapeutic strategies do not cure HBV
- Combinations will require therapies to inactivate cccDNA and overcome T-cell exhaustion
- Safety will be priority- no flares or off-target effects
- In light of global epidemiology including high prevalence of HBV in low resource environments- curative therapies must be convenient to administer
- Do we need an HBV cure?
  - Vaccination is impacting chronicity but HBV curative therapies can rapidly reduce costs

### **Improving Access to HBV Therapies**

#### Prof Manns:

- Universal vaccination highly effective but uptake has varied: Germany started universal vaccination only in 1995
- Need universal policies adopted across all high prevalence (usually low income) regions and adapt for other regions:
  - Awareness
  - Surveillance
  - Screening
  - Treatment
- Focus on eliminating vertical transmission
  - Better access to HBIG and antivirals if high maternal viral load

## **Treatment of Variceal Hemorrhage 2017**

#### ✓ Prof Bosch:

- « Think of Portal HTN as a fever gradient »
- Clinical significant Portal HTN > 10 mmHg
- Controlling portal pressures have greatest impact on outcomes
- Carvedilol (NSBB) more effective than propranolol to decrease portal pressures
- PREDESCI study evaluated patients CSPH but no prior decompensation
  - NSBB decreased decompensation and ascites
- Simvastatin improves survival with lower rates of infection via affects on LPs; Also lower risks of decompensation

### **Assessing Renal Function in Cirrhosis 2017**

- ✓ Prof Angelli:
- ✓ sCreatinine overestimates GFR
- Reviewed more recent criteria to better detect AKI and CKD in patients with cirrhosis
- Biggest challenge is differentiating ATN AKI vs HRS AKI
  Assessment of renal function (absolute GFR cutoffs and duration of AKI) is critical for prognosis and evaluation of transplant strategy: Liver only vs Dual Liver-Kidney

### **Management of Cholestatic Liver Disease 2017**

- Prof Beuers:
- PBC: New concepts in pathophysiology related to decreased levels of biliary HCO3
- $\checkmark$  Urso is first line therapy
  - GLOBE score differentiates successful Urso therapy from need for secondary therapies such as OCA
    - OCA recently approved by FDA and EMA
  - PSC:

 $\checkmark$ 

 $\checkmark$ 

- ~20 years of transplant free survival
- Urso should be used in PSC but scant evidence to support
- Investigational agents being explored

Genetic investigations undertaken after serologies and imaging are negative for cholestatic disease

## **Future of Liver Transplantation 2017**

### • Prof Durand:

- HCV acounts for ~20% of LT in France
- NASH indication will increase over time
- DAAs for HCV cirrhosis has the potential to impact multiple areas of transplant:
  - Prevent transplant in some cirrhotics (~20% may be delisted for positive effect)
  - Prevent reinfection after transplant
  - Treat reinfection after transplant to prevent retransplant
- HBV is rare indication for LT, usually related to HCC rather than hepatic decompensation
- HBIG + NUCs highly effective in preventing reinfection of grant
- Lifelong NUCs also effective

### **Update of Eradication Programs 2017**

- Prof Esmat: Egypt (6 million infected)
  - 150 treatment centers distributed across Egypt
  - Utilizing generic medications at a cost of 1% of similar drugs in U.S.
  - 1.5 million patients registered on line for treatment through 2016
  - 942,000 patients treated with 95% adherence rate
  - SVR >95% for most regimens
- Prof Tsertsvadze: Georgia (150,000 infected)
  - Active case finding underway 400,000 screened to date
  - 29,000 started on therapy, 19000 completed treatment
    All levels of fibrosis are treated
  - SVR results > 95% with current regimens
  - Treatment program coupled with prevention strategies

### **HCC Molecular Pathogenesis 2017**

### ✓ Prof Zucman-Rossi:

- Elegant molecular techniques will:
  - Better define the heterogeneity of HCC
  - Identify new molecular targets
  - Allow for more personalization of treatment for HCC
  - Hopefully, lead to better outcomes

### DAAs and HCC 2017

### ✓ Prof Bruix:

- DAA treatment does not reduce risk of de novo HCC or recurrent HCC within the 1st year of treatment
- May be associated with unexpected increased risk of HCC recurrence in patients with a prior HCC
- May be associated with more aggressive recurrence
- Mechanism may be related to perturbed immunologic response
- More studies are needed in this controversial area

## **Liver Transplant and HCC 2017**

### ✓ Prof Samuel:

- LT treats both cancer and cirrhosis and is the best curative option for patients with HCC
- Limited donors, therefore strict criteria for LT must be applied to maximize outcomes
- Milan criteria are most commonly used but other strategies under investigation

