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# Long-term impact of antiviral therapy with nucleot(s)ide analogues (NUC)

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## **Financial disclosures**

Advisory Board/Speaker Bureau for:

- BMS, ROCHE, GILEAD SCIENCES, GSK, MSD, ARROWHEAD, ALNYLAM

## **Outline of the presentation**

- Endpoints of NUC therapy
- Long-term virological responses
- Safety issues (TAF)
- Clinical decompensation, HCC
- Survival

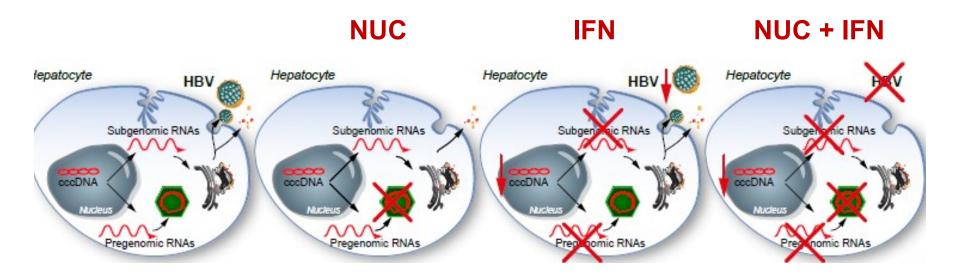
# The decision to treat is historically based on phase of disease and risk of disease progression

Phase	Immune tolerant	HBeAg-positive CHB	Inactive carrier	HBeAg-negative CHB	
HBeAg status	Positive	Positive	Negative	Negative	
HBV DNA	Very high >200,000 IU/mL	>2000 IU/mL	<2000 IU/mL	>2000 IU/mL (fluctuating)	
ALT	Normal	Elevated	Normal	Elevated (fluctuating)	
Liver histology	Normal or mild inflammation and limited fibrosis	Inflammation and fibrosis: degree varies	Normal or mild inflammation	Inflammation and fibrosis: degree varies	
Disease progression	Low	Moderate to high	No, very low	Moderate to high	
Treatment	Not indicated*	Indicated	Not indicated	Indicated	

\* Treatment indicated in some patients

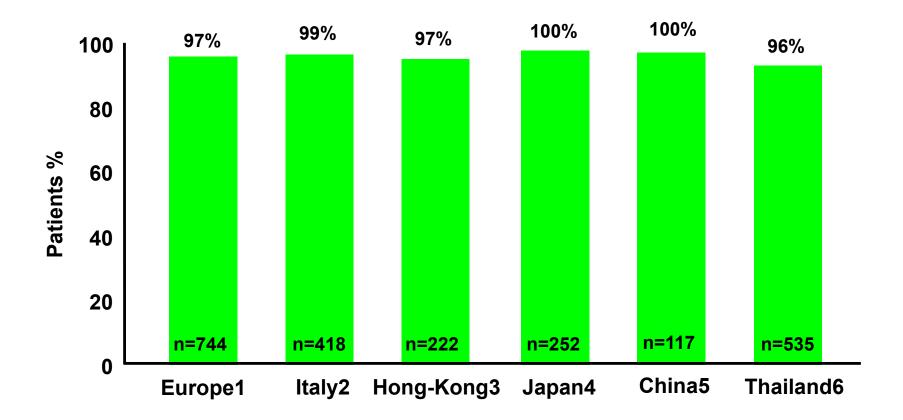
EASL HBV Guidelines, J Hepatol 2012;57:167–185; EASL special HBV conference, J Hepatol 2015;63:1238–1253

### **PEG-IFN** and NUC have different mechanisms of action



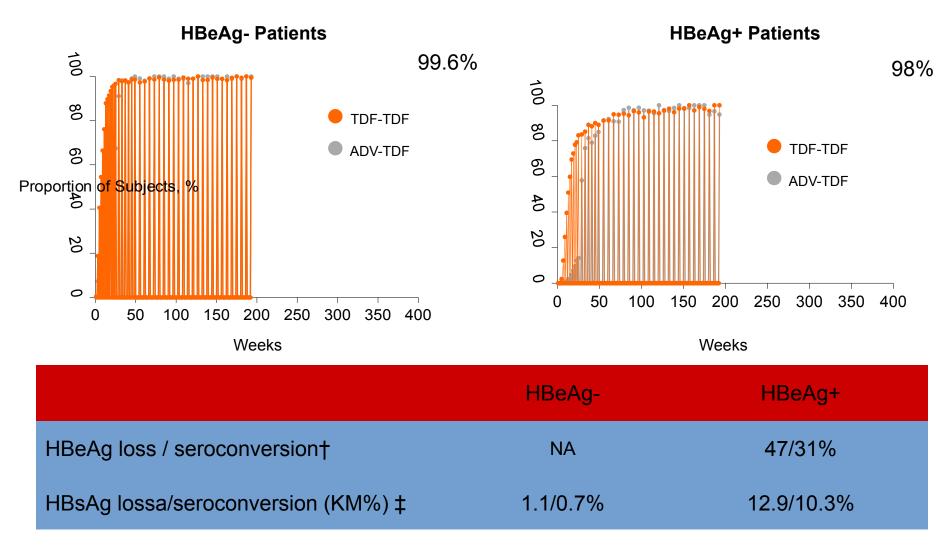
Studies in patients and humanized mice indicate that combination treatments suppressing both HBV replication (NUCs) and cccDNA transcription (IFNα) may trigger significant antigen decline (HBe and HBs) – combination needs to be done in a smart way

### 5 years ETV for real life, naive CHB patients Virological summary

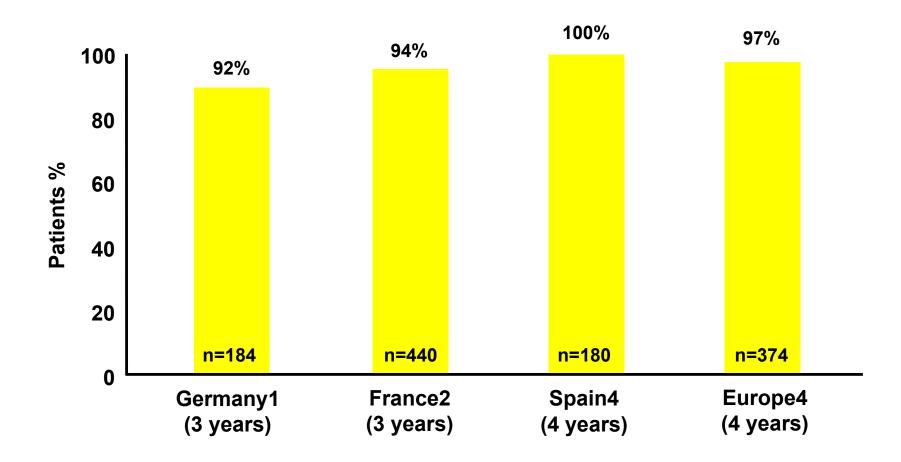


1)Arends P, et al Gut. 2014 in press 2) Lampertico P, et al. J Hepatol 2013;58:S306. 3) Seto WK, et al J Gastroenterol Hepatol 2014;29:1028-34. 4)Ono A, et al J Hepatol 2012;57:508–14. 5)Luo J, et al, Int J Med Sci 2013;10:427-433. 6)Tanwandee T, et al. Hepatology 2013;58:672A

### Studies 102/103 TDF Efficacy Results at Year 8 - HBV DNA <69 IU/mL (Observed)



### 3-4 years TDF for real life, naive CHB patients Virological summary



1)Petersen J, et al. J Hepatol 2014;O122. 2) Pageaux GP, et al. J Hepatol 2014; P1061. 3) Tabernero D,et al J Hepatol 2014;P1058. 4) Lampertico P, et al Hepatology 2013:58:A933

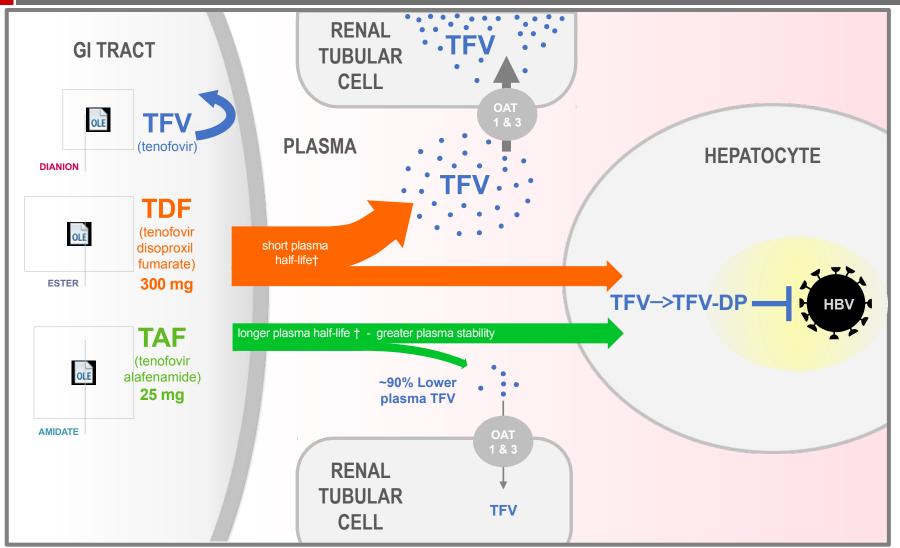
# Review article: long-term safety of nucleoside and nucleotide analogues in HBV-monoinfected patients

P. Lampertico\*, H. L. Y. Chan<sup>†</sup>, H. L. A. Janssen<sup>‡</sup>, S. I. Strasser<sup>§</sup>, R. Schindler<sup>¶</sup> & T. Berg\*\*

- Registration studies (8 years) showed minimal renal events on TDF (~2%)
- Real-life studies with TDF showed controversial results
- 8 cases of TDF-induced Fanconi syndrome have been described
- Higher risk of TDF renal toxicity in older patients, previously exposed to ADV, with comorbidities......
- Need for more research with more sensitive markers of tubular damage
- The best management of the few cases with renal toxicity unclear (TAF or ETV ?)

### ‡

### Tenofovir alafenamide (TAF) – A Novel Prodrug of Tenofovir



† T1/2 based on in vitro plasma data - TDF = 0.4 minutes, TAF = 90 minutes.

Lee W et. Antimicr Agents Chemo 2005;49(5):1898-1906. Birkus G et al. Antimicr Agents Chemo 2007;51(2):543-550. Babusis D, et al. Mol Pharm 2013;10(2):459-66.

Ruane P, et al. J Acquir Immune Defic Syndr 2013; 63:449-5. Sax P, et al. JAIDS 2014. 2014 Sep 1;67(1):52-8. Sax P, et al. Lancet 2015. Jun 27;385(9987):2606-15. Agarwal K et al. J Hepatology 2015; 62: 533-540; Buti EASL 2016, Ora<sup>10</sup> 10 GS06; Chan, EASL 2016, Oral GS12

### Study 108 and 110: Phase 3 CHB Studies Efficacy and Safety for TAF compared to TDF for CHB Through Week 72

	TAF (N = 866)	TDF (N = 432)	P Value
HBV DNA <29 IU/mL, HBeAg -	93%	92%	0.84
HBV DNA <29 IU/mL, HBeAg+	72% 72%		0.78
Resistance (Week 48)	0%	0%	—
ALT normalisation, Central Lab*	76%	68%	<0.05
Chi Chi Chi Chi Chi Chi   HEV DNA <20 IU/mL, H8aAg -	49%	39%	<0.005
Mean changes in eGFRCG, mL/min	-0.8	-3.8	<0.001
Median % change in β2M:Cr	-3.5%	38%	<0.001
Mean % changes in Hip BMD	-0.29%	-2.43%	<0.001
Mean % changes in Spine BMD	-0.60%	-2.52%	<0.001

\*  $\leq$ 34 and  $\leq$ 43 U/L for females and males, respectively, aged <69 y, and  $\leq$ 32 and  $\leq$ 35 U/L, respectively, aged >69 y

+<19 and <30 U/L for females and males, respectively

Agarwal et al. AASLD 2016, P1844; Chan et al. AASLD 2016, P1843; Fung et al. AASLD 2016, P1852; Seto et al. AASLD 2016, O67

## **Clinical benefits**

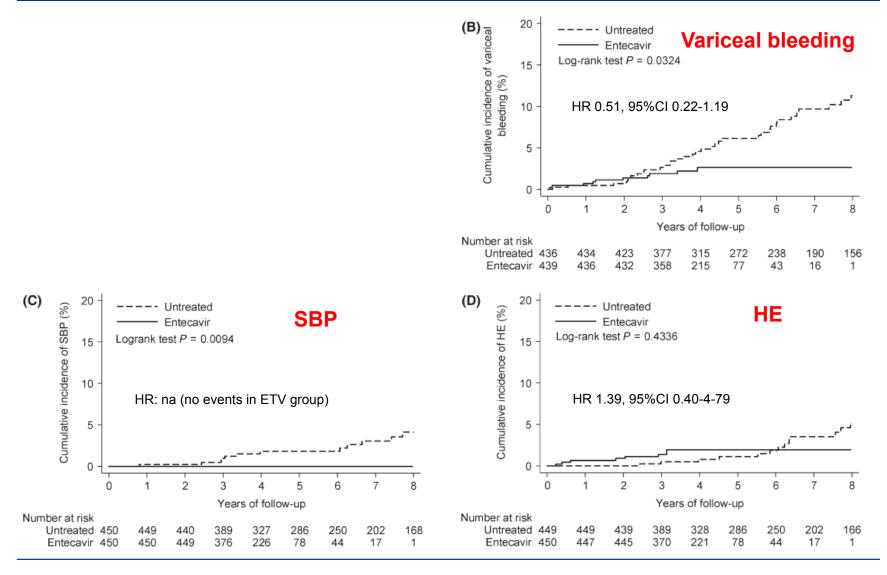
# Does long-term NUC therapy prevent decompensation in cirrhotics?

- ETV: 3-5 years real life cohort studies in Europe and Asia 1-4
- TDF: 3-4 years real life cohort studies in Europe5-6

Decompensation is fully prevented in ETV or TDF treated compensated cirrhotics (if HBV in the only aetiology !)

1. Wong GL, et al, Hepatology 2013; 2. Zoutendijk R, et al, Gut 2013; 3.Lampertico P, et al, EASL 2013; 4; Lim et al, Gastroenterology 2014; 5.Lampertico P, et al, AASLD 2013; 6. Papatheodoridis G et al, AASLD 2013

### Cumulative incidence of liver events in ETV and untreated cirrhotics after PS matching from Taiwan



Su TH et al, Liver Int 2016;36(12):1755-1764. doi: 10.1111/liv.13253

## HCC in HBV: a challenging issue

- Complex pathogenesis (single cell event)
- Multiple risk factors (host, virus, interactions)
- Long time elapsed between first cell committed and diagnosis
- Study design (RCT, retrospective, prospective, cohort..)
- Patient selection (with or without cirrhosis, NUC-naïve....)
- Controls (????, all cirrhotics treated since 1996 !!)
- Duration of therapy (> 5 years ETV/TDF....)
- Competitive causes of liver-related death

### Long-term NUC and prevention of HCC Propensity score studies from Asia and US

Author	Pati	ents	Follow	-up (yr)	% HCC	at 5 yr	RR (95% C.I.)	P-value
	NUC+	NUC-	NUC+	NUC-	NUC+	NUC-		
Wu et al1 (Taiwan)	21,595	21,595	3.4	5.2	7.3	22.7	0.31 (0.27–0.53)	<.001
Hosaka et al2 (Japan)	316	316	3.3	7.6	3.7	13.7	0.37 (0.15–0.91)	.03
Kumada et al3 (Japan)	117	117	12.3	11.6	2.7	11.3	0.28 (0.13–0.62)	.002
Gordon et al4 (United States)	820	1,851	5.2	5.2	n.a.	n.a.	0.48 (0.27–0.86)	<.01

n.a. = not available

1. Wu CY et al, Gastroenterology 2014;147:143–151. 2. Hosaka T, Hepatology 2013;58:98–107. 3. Kumada T et al, J Hepatol 2013;58:427–433. 4. Gordon SC et al, Clin Gastroenterol Hepatol 2014;12:885–893.

### HCC in ETV and untreated cirrhotics before and after Propensity Score (PS) matching from Taiwan

**Before PS matching** After PS matching (A) (A) Cumulative incidence of HCC (%) Untreated Cumulative incidence of HCC (%) Untreated Entecavir Entecavir Log-rank test P<0.0001 Log-rank test P<0.0001 HR 0.40, 95%CI 0.25-0.64 Years of follow-up Years of follow-up Number at risk Number at risk Untreated 450 Untreated 503 Entecavir 450 Entecavir 1315 

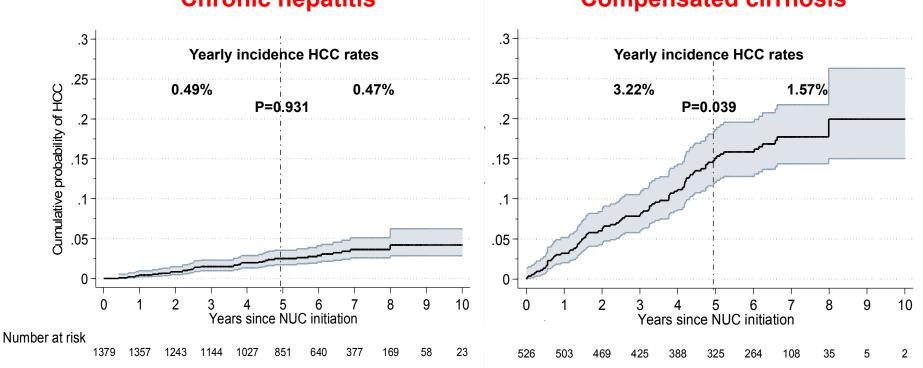
<u>HCC predictors</u>: older age, male gender, HBeAg positivity, AFP level ≥7 ng/mL before ETV, and 1-year virological response.

Su TH et al, Liver Int 2016;36(12):1755-1764. doi: 10.1111/liv.13253

## The PAGE-B study HCC in ETV/TDF treated pts beyond year 5



1951 patients on ETV/TDF for 72 months



**Chronic hepatitis** 

**Compensated cirrhosis** 

- The HCC risk decreases after the first 5 yrs of ETV/TDF therapy in patients with compensated cirrhosis at baseline but not in those with CH.
- Older age, especially ≥50 yrs, and lower platelets represent the main risk factors for late HCC development.

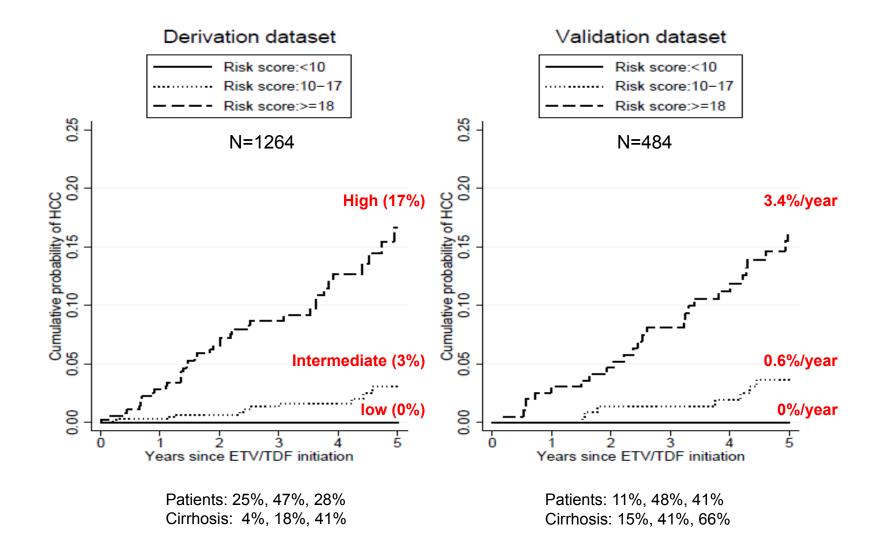
#### Papatheodoridis G, Lampertico P et al. AASLD 2016

### HCC risk scores in <u>untreated</u> HBV patients Baseline predictors

Risk score	Patients	Cirrhosis	Variables	Performance at 5 years
GAG-HCC (52)	820 hospital-based Hong-Kong	15%	Male, age, HBV- DNA, cirrhosis	Optimal cutoff=82 PPV 21% NPV 98%
CU-HCC (54)	1005 and 424 hospital-based Hong-Kong	38% and 16%	Age, albumin, bilirubin, HBV- DNA, cirrhosis	Optimal cutoff=5 PPV 14% NPV 98%
REACH-B (56)	3584 and 1505 Taiwan and Korea	0% and 18%	Male, age, ALT, HBeAg +, HBV DNA	By score: ≤11: <3.4% =12: ~5% ≥13: >8%
REVEAL (57)	2227 and 1113 Taiwan	0%	Age, sex, ALT, family history, composite HBV markers	AUROC 0.89
LSM-HCC (79)	1035 and 529 Hong-Kong	32% and 31%	Age, albumin, HBV-DNA, Fibroscan	Optimal cutoff=11 PPV 8% NPV 100%

#### Wong V and Janssen H, J Hepatol 2015

### The PAGE-B study 5-year HCC according to the PAGE-B risk score

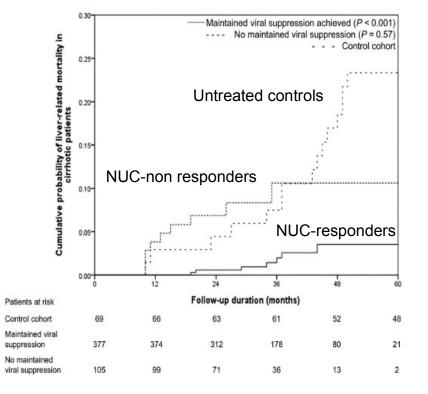


Papatheodoridis G, Lampertico P et al, J Hepatol 2016

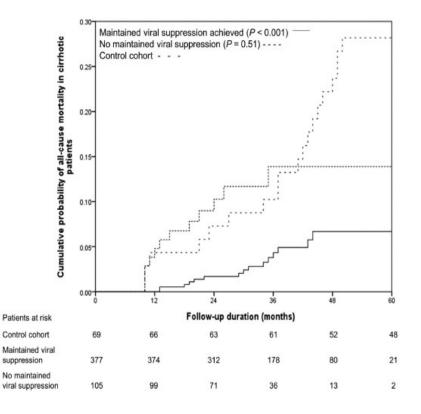
## **Survival**

# ETV treatment reduces deaths in HBV cirrhotics a retrospective study from Hong Kong

#### **Liver-related mortality**

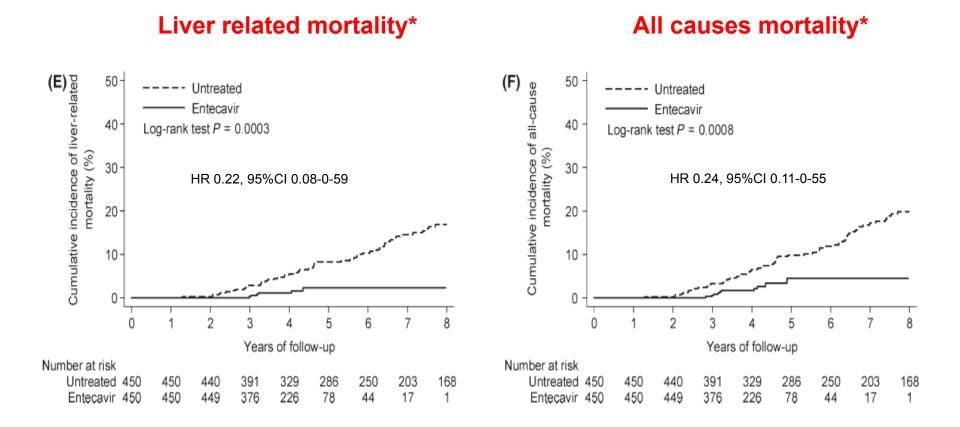


#### **All-cause mortality**



#### Wong et al, Hepatology 2013;58:1537-1547

# Cumulative incidence of mortality in ETV and untreated cirrhotics after propensity-score matching from Taiwan



\*Including liver transplantation

Su TH et al, Liver Int 2016;36(12):1755-1764. doi: 10.1111/liv.13253

### The PAGE-B study Causes of deaths in ETV/TDF treated patients

#### \* \* \* \* \* \* \* \* \*

#### 1851 patients on ETV/TDF for 72 months

Outcome	Total (N=1815)	No cirrhosis* (n=1269)	Cirrhosis* (n=503)	*P value
Liver unrelated deaths	33 (1.8%)	17 (1.3%)	14 (2.8%)	0.059
Liver related deaths	21 (1.2%)	4 (0.3%)	15 (3.0%)	<0.001
- in patients with HCC	16/85 (18.8%)	4/26 (15.4%)	10/57 (17.5%)	1.000
- in patients without HCC	5/1730 (0.3%)	0/1243 (0%)	5/446 (1.1%)	0.001

- The 5-yr survival of Caucasian CHB patients treated with ETV/TDF is excellent (>95%)
- A significant proportion of deaths comes from liver unrelated causes.
- HCC development is a major factor affecting the overall mortality and the only factor affecting liver related mortality in such patients.

#### Papatheodoridis G, Lampertico P et al, EASL 2015 and AASLD 2016

### Long-term benefit of NUC treatment - Conclusions

- ETV/TDF: high long-term viral suppression rates (>95%)
- No major safety problems, some issues in selected TDF treated patients (TAF available shortly)
- Prevention of clinical decompensation, improvement of portal hypertension
- HCC the only complication (HCC risk scores ?)
- Excellent 5-yr overall and liver-related survival
- New strategies/drugs needed to reduce HCC (?) and to improve HBsAg loss rates (shorten therapy)

# Thank you !