

Optimal management

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Mister F, 32 year old

October 2014 : admitted to the hospital for acute severe hepatitis

Since 1 month: jaundice, fatigue

Laboratory tests at admission

AST IU/L	498	Tot bili $\mu\text{mol/L}$	334	GB G/L	9
ALT IU/L	602	PT %	20	Hb g/L	15
GGT IU/L	80	INR	5.22	Plts G/L	125
Creatinine	86	FV %	21	MELD	37

Who is Mister F ?

Lifestyle:

- lives in a camping car
- wife, 1 child
- Unemployed
- Alcohol consumption > 150 g/d
- Tobacco 1 p/d
- Regular cannabis consumption

Past medical or surgical history:

Uneventful

No recent travel, no IV drugs, no medications

Diagnostic work-up

Virology

Ab HAV, Ag HBs, Ab HBs, Ab HBc, Ab HCV, HIV, HTLV 1-2, PCR CMV, EBV, HSV, HHV6, HHV8, HEV → Negatives

Immunology

Anti-tissue Ab: ANA + 1:80 homogeneous and speckled, AMA, ASMA, anti-LKM1, anti-LC1 → negatives

IgG 13.90 (N<12.5), IgA 5.32 (N<3.07), IgM 2.31 (N<1.53)

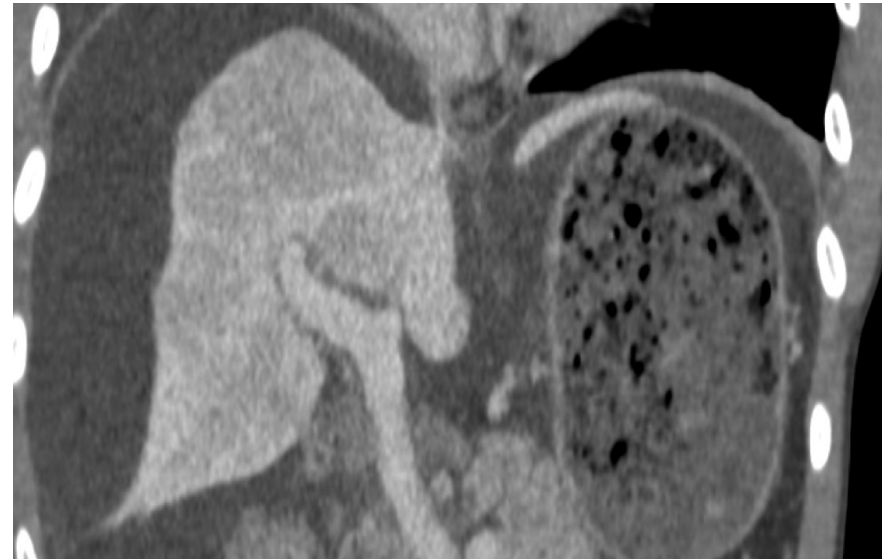
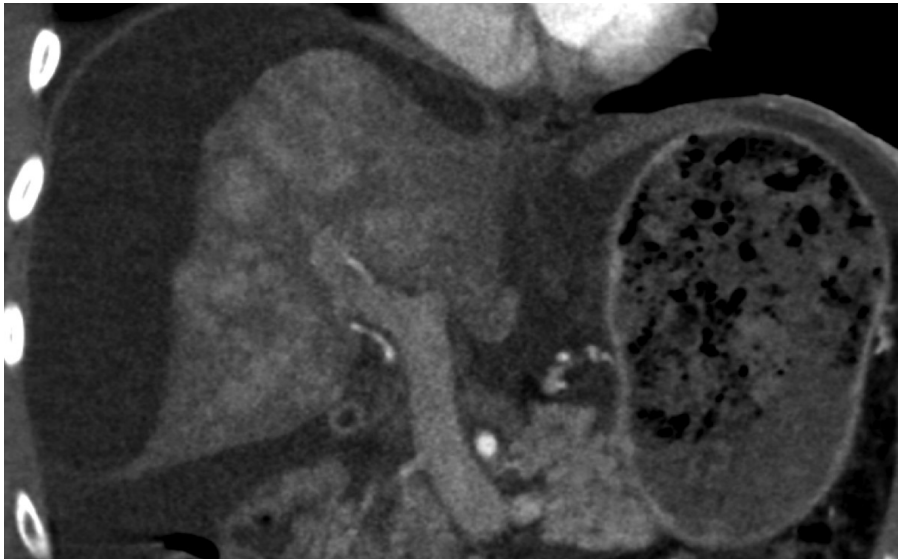
Infection

Urinary test - , blood test -, ascites -

Toxic

Plasma and urine : THC +

At CT scan



How would you manage this patient ?

- A. Perform a transjugular liver biopsy
- B. Administer corticosteroids
- C. List the patient for liver transplantation

How would you manage this patient ?

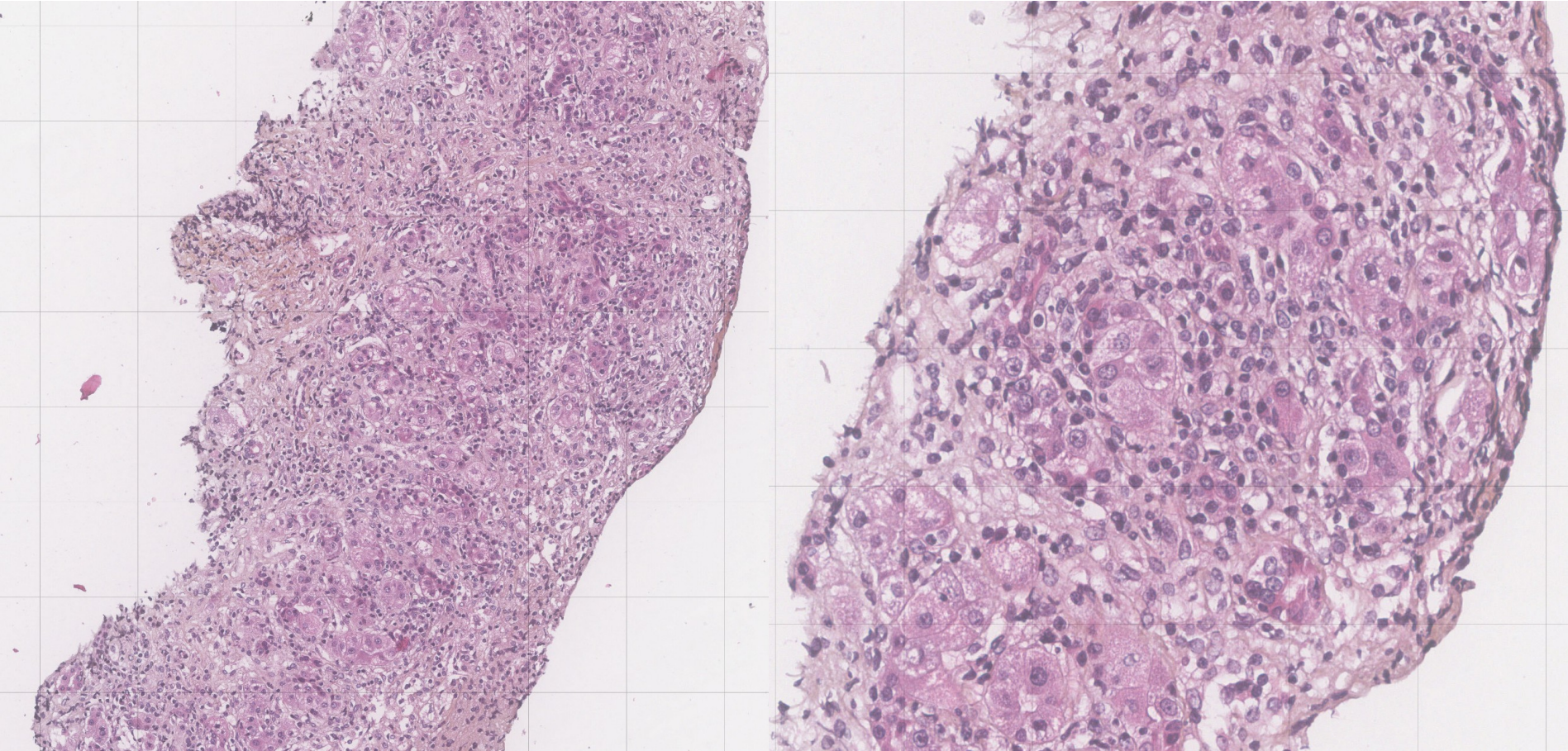
- A. Perform a transjugular liver biopsy**
- B. Administer corticosteroids
- C. List the patient for liver transplantation

Simplified diagnostic criteria of the International Autoimmune Hepatitis Group

Feature/parameter	Discriminator	Score
ANA or SMA+	≥1:40	+1*
ANA or SMA+	≥1:80	+2*
or LKM+	≥1:40	+2*
or SLA/LP+	Any titer	+2*
IgG or γ-globulins level	>upper limit of normal	+1
	>1.1x upper limit	+2
Liver histology (evidence of hepatitis is a necessary condition)	Compatible with AIH	+1
	Typical of AIH	+2
	Atypical	0
Absence of viral hepatitis	No	0
	Yes	+2
		= 6

Definite AIH ≥ 7 and Probable AIH ≥ 6

At histology



Pour courtoisie du Dr M Sebagh

« Hepatitis with sub acute evolution, sub-massive necrosis. The presence of plasma cells is evocative of AIH»

AIH histological features

Typical

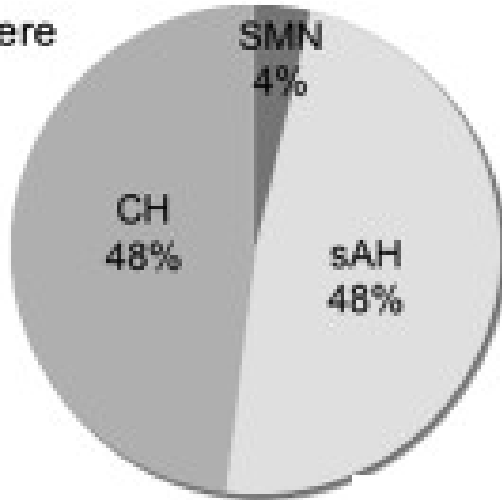
- Interface hepatitis
- Lymphocytic/lymphoplasmacytic infiltrates in portal tracts and extending into the lobule
- Emperipolesis
- Hepatic rosette

Compatible

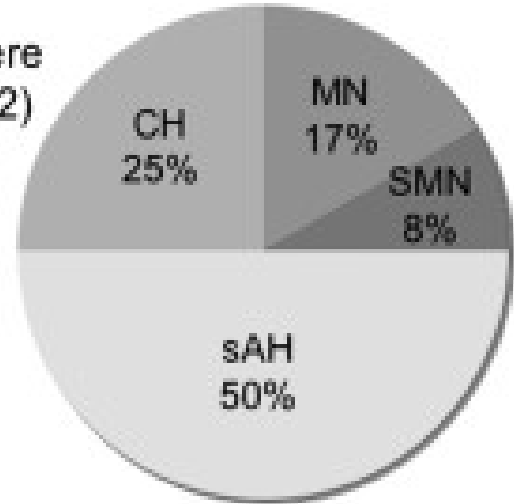
- Chronic hepatitis with lymphocytic infiltration without all the features considered typical

Histology in acute onset of AIH: challenging

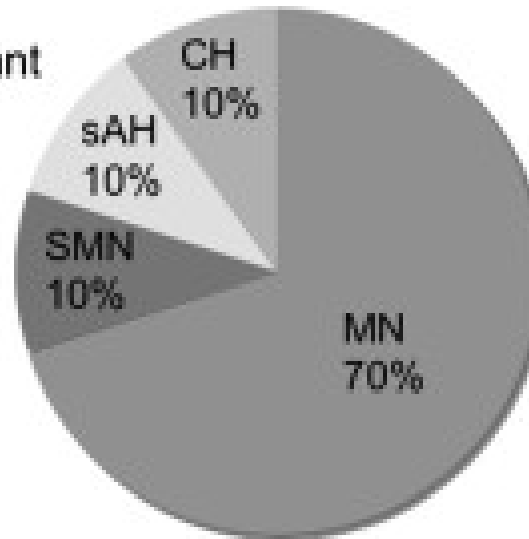
Nonsevere
(n=27)



Severe
(n=12)



Fulminant
(n=10)



CH: chronic hepatitis

MN: massive necrosis

SMN: submassive necrosis

sAH: severe acute hepatitis

Centrilobular inflammatory infiltration

Infiltration of Plasma Cells into Liver Tissue

	Portal areas (frequency per portal area) ^a				Central areas (no. of specimens containing plasma cells)
	<1%	1%-5%	5%-10%	>10%	
→ Acute AIH (n = 15)	1	6	5	3	5 (33%)
AH-HAV (n = 15)	13	2	0	0	0
AH-HBV (n = 25)	22	3	0	0	0
AH-HCV (n = 15)	12	2	1	0	0
AH-drug (n = 10)	9	1	0	0	0

Characteristic histological features in AIH-ALF

72 patients from the ALF Study.

The diagnosis of probable AIH-ALF was based on 4 features:

1. Massive hepatic necrosis
2. Lymphoid follicles
3. Plasma-cell infiltration
4. Central perivenulitis

Histological features of AIH-ALF predominate in the centrilobular zone

Simplified diagnostic criteria of the International Autoimmune Hepatitis Group

Feature/parameter	Discriminator	Score
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ANA or SMA+	≥1:80	+2*
or LKM+	≥1:40	+2*
or SLA/LP+	Any titer	+2*
IgG or γ-globulins level	>upper limit of normal	+1
	>1.1x upper limit	+2
Liver histology (evidence of hepatitis is a necessary condition)	Compatible with AIH	+1
	Typical of AIH	+2
	Atypical	0
Absence of viral hepatitis	No	0
	Yes	+2
		= 8

Definite AIH ≥ 7 and Probable AIH ≥ 6

Mister F, 32 year old

October 2014 : admitted to the hospital for acute severe hepatitis

Clinical exam: jaundice, no hepatic encephalopathy

Laboratory tests at admission and 3 days later

AST IU/L	498 > 400	Tot bili µmol/L	334 > 349
ALT IU/L	602 > 559	PT %	20 > 14
GGT IU/L	80 > 97	INR	5.22 > 5.9
Creatinin e	96	FV %	21 > 19

Would you treat this patient ?

- A. No. The patient is too severe. List the patient for liver transplantation
- B. Yes. Treat with 1mg/kg/day of corticosteroids
- C. Yes. Treat with 0.5mg/kg/day + azathioprine

Would you treat this patient ?

A. No. The patient is too severe. List the patient for liver transplantation

B. Yes. Treat with 1mg/kg/day of corticosteroids

C. Yes. Treat with 0.5mg/kg/day + azathioprine

Management of AS-AIH

29. Patients with acute severe AIH should be treated with high doses of intravenous corticosteroids (≥ 1 mg/kg) as early as possible. Lack of improvement within seven days should lead to listing for emergency liver transplantation (III)

Management of Acute Liver Failure

King's College criteria

ALF not due to paracetamol

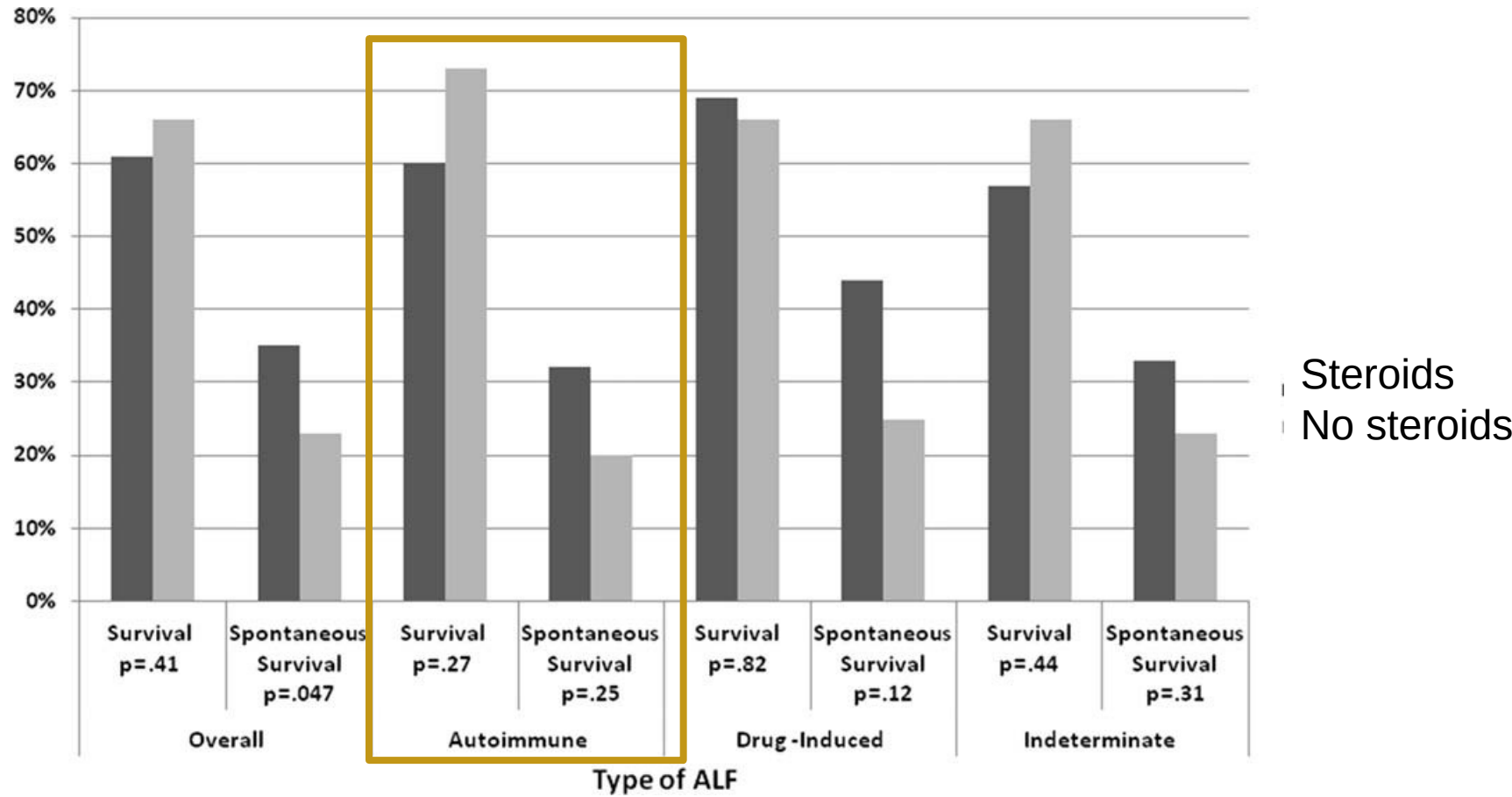
- INR >6.5 or
- 3 out of 5 following criteria:
 - Aetiology: indeterminate aetiology hepatitis, drug-induced hepatitis
 - ○ Age <10 years or >40 years
 - Interval jaundice-encephalopathy >7 days
 - ○ Bilirubin >300 $\mu\text{mol/L}$
 - ○ INR >3.5

Beaujon-Paul Brousse criteria (Clichy)

- Confusion or coma (hepatic encephalopathy stage 3 or 4)
- Factor V <20% of normal if age <30 year
- or
- ● Factor V <30% if age >30 year

Steroid Use in Acute Liver Failure

Overall and spontaneous survival among different aetiologies of ALF



Mean INR 3.33

**The role of corticosteroids is still highly debatable
in acute severe autoimmune hepatitis**

**Uselessness of
corticosteroids in severe
and fulminant forms**

Ichai, Liver Transpl 2007

12/16 (75%)
treated patients



10/12 (83%)
liver
transplantation



**The role of
corticosteroids
in modifying outcome**

Yeoman, J Hepatol 2015

23/32 (75%)
treated patients



10/23 (43%)
liver
transplantation

De Martin, J Hepatol 2015

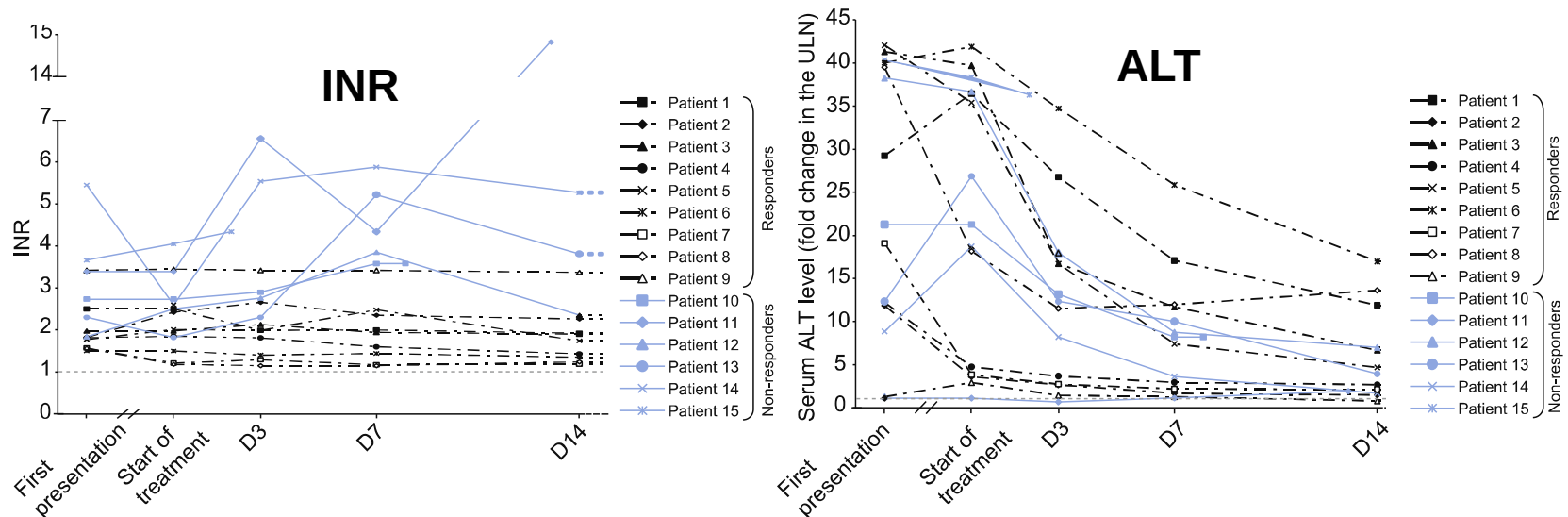
Prognostic factors in AS-AIH patients treated with corticosteroids

15/17 (88%)
treated patients

9/15 (60%)
liver
transplantation

Prognostic factors :

- Massive Hepatic Necrosis type 5
- INR at presentation : cut off 2.46
- MELD at presentation : cut off 28.5



Early predictors of treatment failure in icteric AIH..

At diagnosis

- Median bilirubin

(451 μ mol/L vs 262 μ mol/L, P = 0.02)

- INR (1.62 vs 1.33, P = 0.005),

Heterogeneous population including pediatric patients, severe and not severe AIH

- MELD score (26 vs 20, P = 0.02)

Analysis of area under the AUROC values at **day 7**

- Delta bilirubin

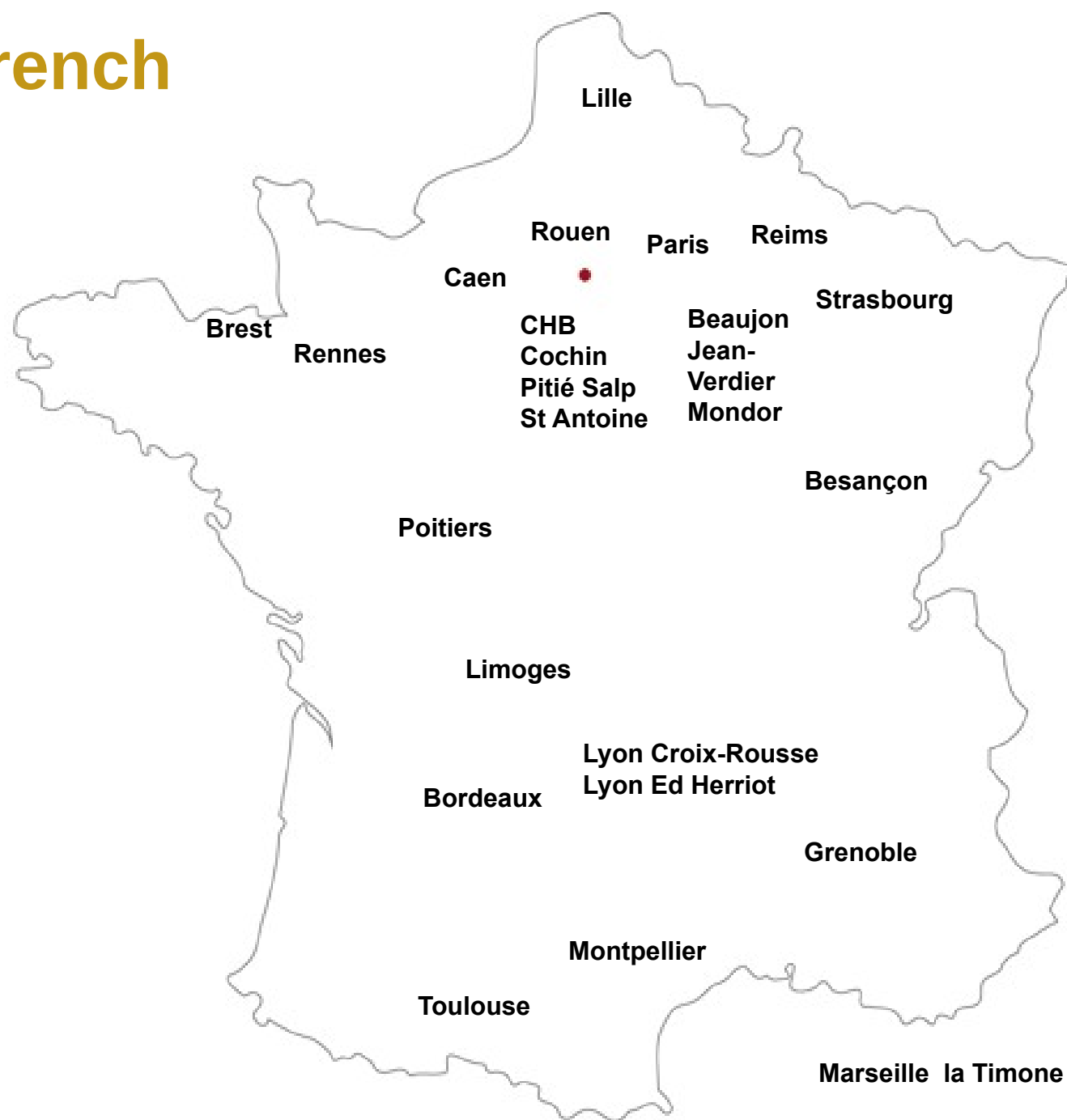
(AUROC 0.68)

- Delta creatinine

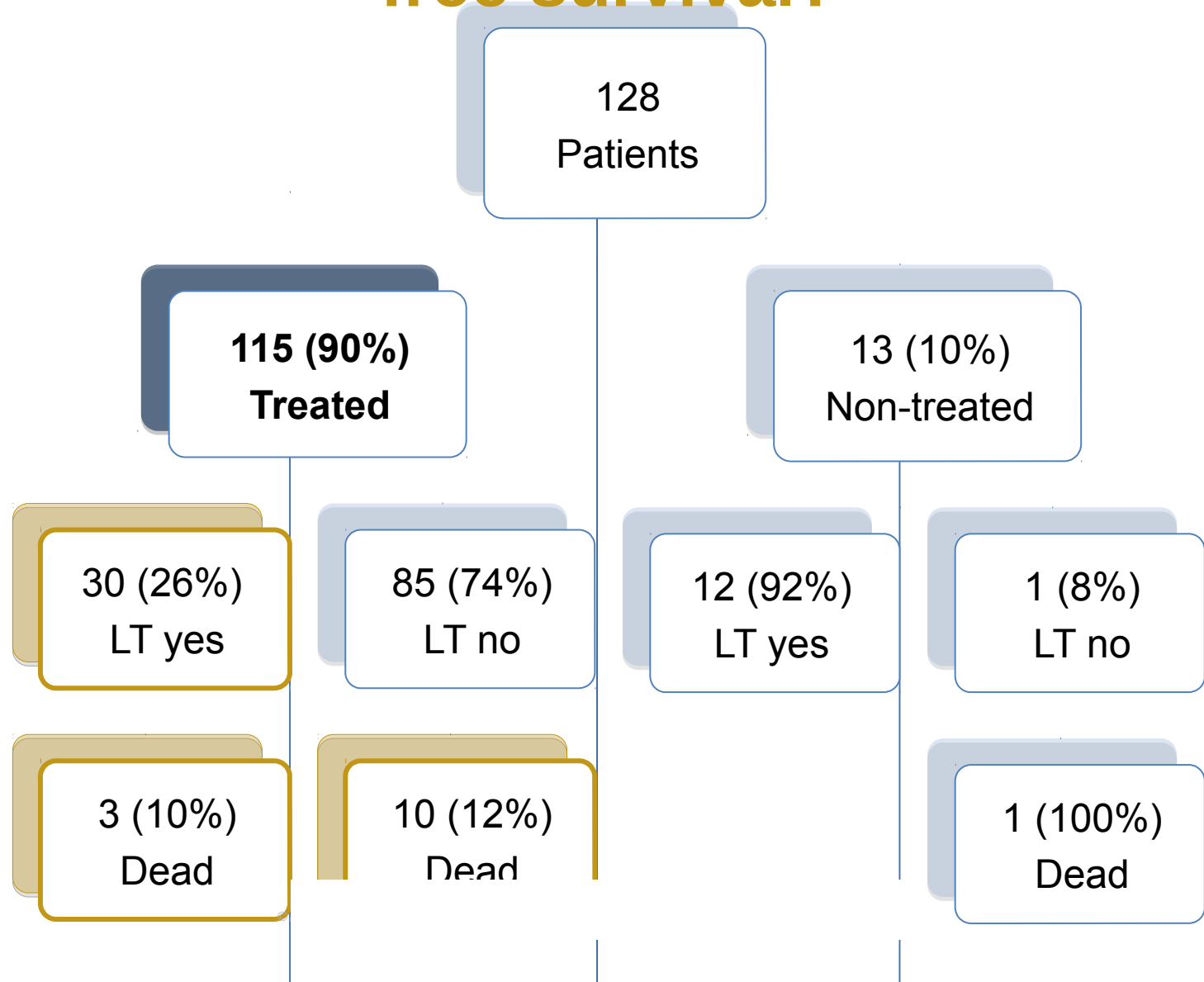
(0.69)

- Delta MELD (0.79)

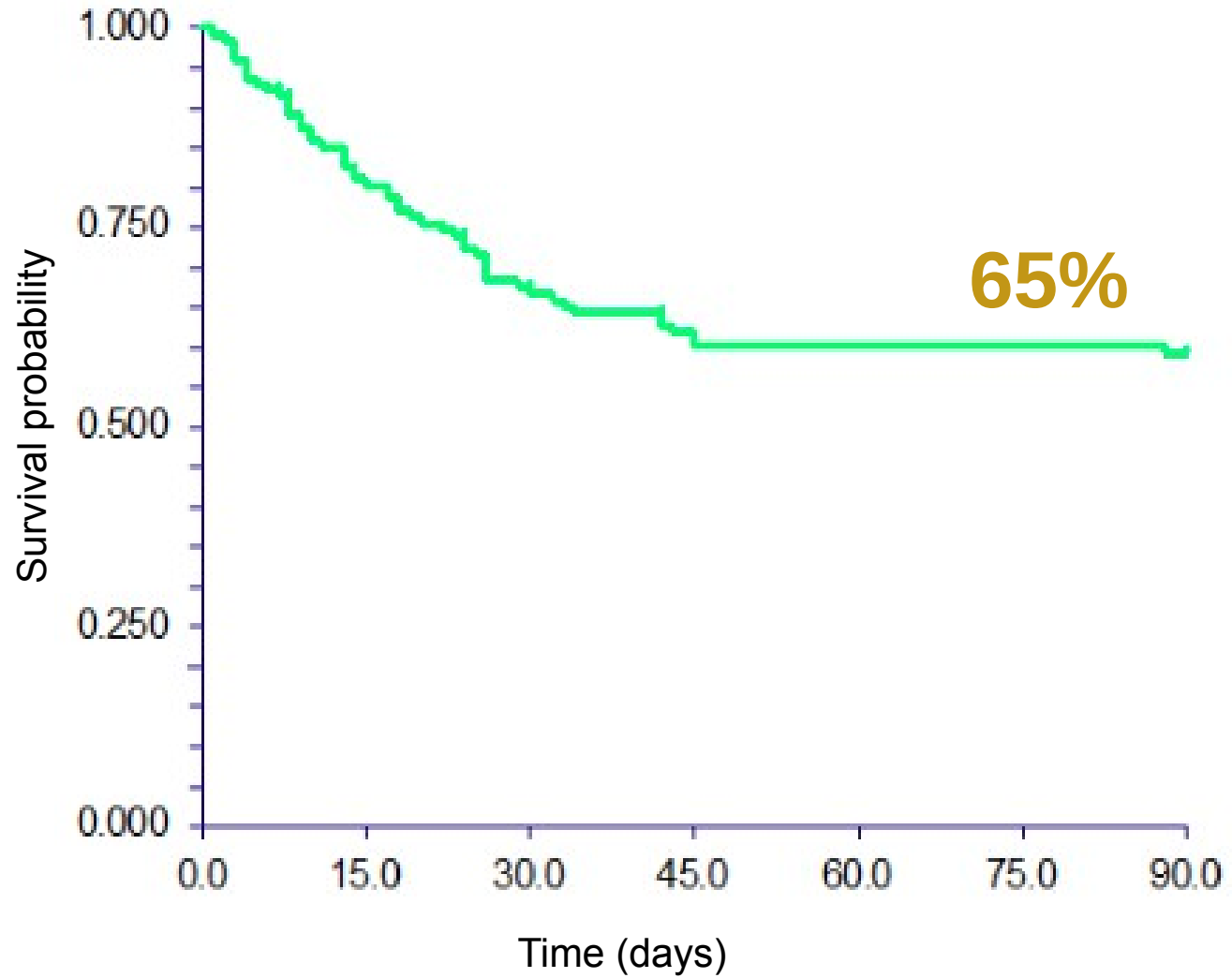
Multicenter French study



Which are the predictive factors for corticosteroid response defined by the LT-free survival?



Corticosteroid response at 90 days



Predictive factors of corticosteroid response

	Responders N= 75	Non Responders* N= 38	p
Age, years	52 [39-63]	54 [41-61]	0.9803
Gender, female	58 (75)	24 (67)	0.3365
HE	1 (1)	5 (14)	0.0185
ALT, IU/L	784 [407-1120]	699 [408-1124]	0.9067
Total bilirubin, µmol/L	272 [207-386]	346 [265-414]	0.0803
INR	1.6 [1.4-2]	2.7 [2-3.6]	<.0001
Creatinine, µmol/L	59 [52-72]	63 [50-71]	0.9374
MELD	22 [21-24]	28 [26-32]	<.0001
Platelets, G/L	202 [145-275]	130 [81-196]	0.0007
Infection	13 (19)	13 (36)	0.0468
Admission corticosteroids, days	7 [3-10]	4 [2-9]	0.4058
Fibrosis stage			
0-1/ 2-3/ 4	29(43)/27(40)/12(18)	14(56)/3(12)/8(32)	0.0333

2 patients were excluded, 1 dead and 1 LT before day 3 of corticosteroid therapy

The continuous variables are expressed using median [range IQR 1st and 3rd]. The qualitative variables are expressed using number (%).

Predictive factors of corticosteroid response

	Responders N= 75	Non Responders* N= 38	p	OR	95%CI	p
Age, years	52 [39-63]	54 [41-61]	0.9803			
Gender, female	58 (75)	24 (67)	0.3365			
HE	1 (1)	5 (14)	0.0185			
ALT, IU/L	784 [407-1120]	699 [408-1124]	0.9067			
Total bilirubin, µmol/L	272 [207-386]	346 [265-414]	0.0803			
INR	1.6 [1.4-2]	2.7 [2-3.6]	<.0001	8.533	3.270-22.26	<.0001
Creatinine, µmol/L	59 [52-72]	63 [50-71]	0.9374			
MELD	22 [21-24]	28 [26-32]	<.0001			
Platelets, G/L	202 [145-275]	130 [81-196]	0.0007			
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Fibrosis stage						
0-1/ 2-3/ 4	29(43)/27(40)/12(18)	14(56)/3(12)/8(32)	0.0333			

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The continuous variables are expressed using median [range IQR 1st and 3rd]. The qualitative variables are expressed using number (%).

Predictive factors of corticosteroid response

	Responders N=75	Non Responders* N=38	p
Delta ALT d3-d0	-132 [-391/-45]	-89 [-317/-13]	0.3573
Delta Total bilirubin d3-d0	-51 [-85/-14]	17 [-19/64]	<.0001
Delta INR d3-d0	0 [-0.16/0.0]	0 [0.0/0.2]	0.0162
Delta MELD d3-d0	-0.9 [-2.2/0.07]	0.3 [-0.43-1.5]	0.0015
Delta ALT d7-d0	-278 [-577/-88]	-186[-482/-18]	0.3841
Delta Total bilirubin d7-d0	-98 [-140/-22]	6.5 [-90/117]	0.0072
Delta INR d7-d0	-0.2 [-0.3/0.0]	0.2 [-0.2/0.4]	0.0004
Delta MELD d7-d0	-2.8 [-4.13/-1]	0.0 [-1.0/2.8]	0.0004

2 patients were excluded, 1 dead and 1 LT before day 3 of corticosteroid therapy

The continuous variables are expressed using median [range IQR 1st and 3rd]. The qualitative variables are expressed using number (%).

Predictive factors of corticosteroid response

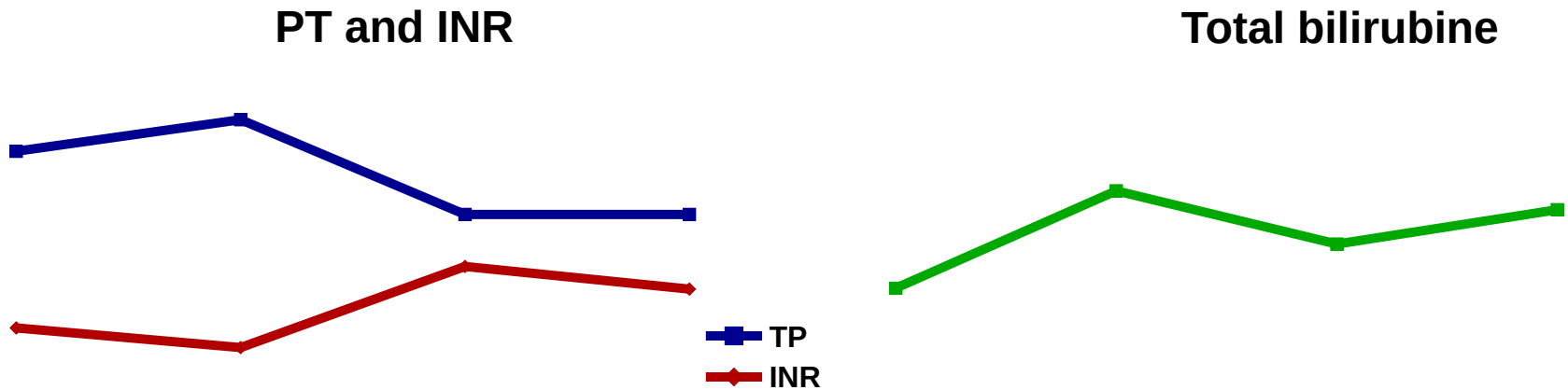
	Responders N=75	Non Responders* N=38	p	OR	95% CI	p
Delta ALT d3-d0	-132 [-391/-45]	-89 [-317/-13]	0.3573			
Delta Total bilirubin d3-d0	-51 [-85/-14]	17 [-19/64]	<.0001	1.017	1.001-1.034	0.0365
Delta INR d3-d0	0 [-0.16/0.0]	0 [0.0/0.2]	0.0162			
Delta MELD d3-d0	-0.9 [-2.2/0.07]	0.3 [-0.43-1.5]	0.0015			
Delta ALT d7-d0	-278 [-577/-88]	-186[-482/-18]	0.3841			
Delta Total bilirubin d7-d0	-98 [-140/-22]	6.5 [-90/117]	0.0072	1.004	1.000-1.008	0.0485
Delta INR d7-d0	-0.2 [-0.3/0.0]	0.2 [-0.2/0.4]	0.0004			
Delta MELD d7-d0	-2.8 [-4.13/-1]	0.0 [-1.0/2.8]	0.0004			

2 patients were excluded, 1 dead and 1 LT before day 3 of corticosteroid therapy

The continuous variables are expressed using median [range IQR 1st and 3rd]. The qualitative variables are expressed using number (%).

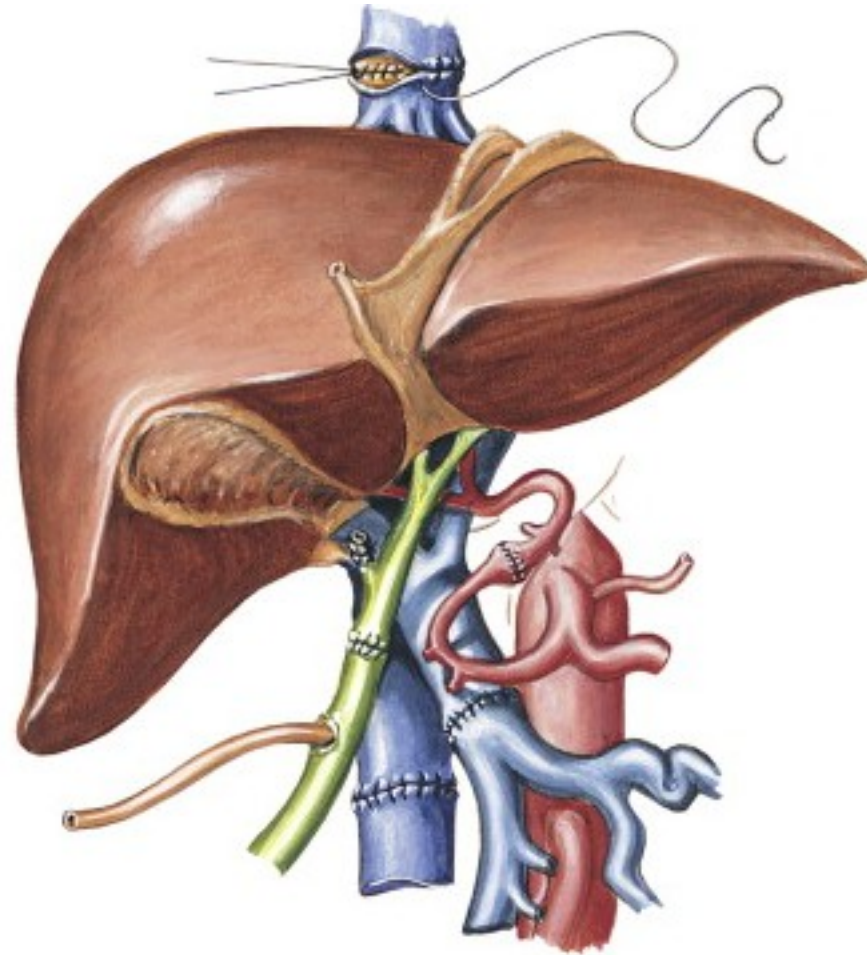
Evolution of Mister F on corticosteroids

Corticosteroid initiation the 9th October (1mg/kg/day)



At day 7 since corticosteroid administration MELD = 40 + grade 3 hepatic encephalopathy

16.10.2014 Liver transplantation



Miss K, 31 year old

October 2014 : outpatient clinic for cutaneous rash with no pruritus

Laboratory tests

AST IU/L	75	Tot bili μmol/L	17	GB G/L	5.2
ALT IU/L	140	PT %	83	PNN	3
GGT IU/L	28	INR	1	Hb g/L	13
ALP IU/L	60	FV %	92	Plts G/L	340

Who is Miss K ?

Lifestyle:

- Psychologist
- Not married
- No alcohol consumption
- No tobacco
- No IV drug, transfusion, recent travel, tattoo

Past medical or surgical history:

- Juvenile epilepsy treated with depakin stopped at 15y
- Herpes zoster during infancy
- Depressive sdr

Treatment:

Valdoxan (agomelatine) since March 2014

Diagnosis and Evolution

Conclusion: hepatic toxicity of agomelatine (anti-depressant) → Stop Valdoxane

Laboratory tests 2 months later

AST IU/L	75 > 1052	Tot bili μmol/L	17 > 212	GB G/L	5.2
ALT IU/L	140 > 1684	PT %	83 > 69	PNN	3
GGT IU/L	28 > 137	INR	1 > 1.32	Hb g/L	13
ALP IU/L	60 > 117	FV %	92 > 87	Plts G/L	340

Diagnostic work-up

Virology

Ab HAV, Ag HBs, Ab HBs, Ab HBc, Ab HCV, HIV, HTLV 1-2,
PCR CMV, EBV, HSV, HHV6, HHV8, HEV → Negatives

Metabolic liver disease

Ferritin, serum iron and transferrin saturation: normal
Ceruloplasmin : normal

Immunology

IgG : 17.33 (7 - 16) / IgA : 2.56 (0.7 – 4) / IgM : 1.27 (0.4 – 2.3)
ANA 1:320 speckled, ASMA, Anti LKM1 and LC1 : negatives

CT scan Normal

Histology

“Sub-acute hepatitis with punctual, confluent and bridging necrosis. Portal and septal fibrosis. Inflammatory infiltrate contains plasma cells and lymphocytes. Moderate regenerative activity.

Features compatible with toxic and autoimmune hepatitis diagnosis.”

What is your final diagnosis ?

A. Drug induced liver injury

B. Autoimmune hepatitis

C. Drug-induced AIH

D. Immune-mediated DILI

What is your final diagnosis ?

A. Drug induced liver injury

B. Autoimmune hepatitis

C. DILI/AIH

D. Immune-mediated DILI

NO clear answer

RUCAM: Roussel-UCLAF Causality Assessment Method

RUCAM Causality Assessment

Drug: _____ Initial ALT: _____ Initial Alk P: _____ R ratio = [ALT/ULN] ÷ [Alk P/ULN] = _____ ÷ _____ = _____

The R ratio determines whether the injury is hepatocellular (R > 5.0), cholestatic (R < 2.0), or mixed (R = 2.0 – 5.0)

	Hepatocellular Type	Cholestatic or Mixed Type		Assessment	
1. Time to onset					
	Initial Treatment	Subsequent Treatment	Initial Treatment	Subsequent Treatment	Score (check one only)
<ul style="list-style-type: none"> ○ From the beginning of the drug: <ul style="list-style-type: none"> • Suggestive • Compatible 	5 – 90 days < 5 or > 90 days	1 – 15 days > 15 days	5 – 90 days < 5 or > 90 days	1 – 90 days > 90 days	<input type="checkbox"/> +2 <input type="checkbox"/> +1
<ul style="list-style-type: none"> ○ From cessation of the drug: <ul style="list-style-type: none"> • Compatible 	≤ 15 days	≤ 15 days	≤ 30 days	≤ 30 days	<input type="checkbox"/> +1
Note: If reaction begins before starting the medication or >15 days after stopping (hepatocellular), or >30 days after stopping (cholestatic), the injury should be considered unrelated and the RUCAM cannot be calculated.					
2. Course					
	Change in ALT between peak value and ULN		Change in Alk P (or total bilirubin) between peak value and ULN		Score (check one only)
After stopping the drug:					
<ul style="list-style-type: none"> • Highly suggestive 	Decrease ≥ 50% within 8 days		Not applicable		<input type="checkbox"/> +3
<ul style="list-style-type: none"> • Suggestive 	Decrease ≥ 50% within 30 days		Decrease ≥ 50% within 180 days		<input type="checkbox"/> +2
<ul style="list-style-type: none"> • Compatible 	Not applicable		Decrease < 50% within 180 days		<input type="checkbox"/> +1
<ul style="list-style-type: none"> • Inconclusive 	No information or decrease ≥ 50% after 30 days		Persistence or increase or no information		<input type="checkbox"/> 0
<ul style="list-style-type: none"> • Against the role of the drug 	Decrease < 50% after 30 days OR Recurrent increase		Not applicable		<input type="checkbox"/> -2
<ul style="list-style-type: none"> ○ If the drug is continued: <ul style="list-style-type: none"> • Inconclusive 	All situations		All situations		<input type="checkbox"/> 0
3. Risk Factors:					
	Ethanol		Ethanol or Pregnancy (either)		Score (check one for each)
<ul style="list-style-type: none"> ○ Alcohol or Pregnancy 	Presence Absence		Presence Absence		<input type="checkbox"/> +1 <input type="checkbox"/> 0
<ul style="list-style-type: none"> ○ Age 	Age of the patient ≥ 55 years Age of the patient < 55 years		Age of the patient ≥ 55 years Age of the patient < 55 years		<input type="checkbox"/> +1 <input type="checkbox"/> 0

4. Concomitant drug(s):			Score (check one only)
○ None or no information or concomitant drug with incompatible time to onset			<input type="checkbox"/> 0
○ Concomitant drug with suggestive or compatible time to onset			<input type="checkbox"/> -1
○ Concomitant drug known to be hepatotoxic with a suggestive time to onset			<input type="checkbox"/> -2
○ Concomitant drug with clear evidence for its role (positive rechallenge or clear link to injury and typical signature)			<input type="checkbox"/> -3
5. Exclusion of other causes of liver injury:			Score (check one only)
Group I (6 causes): ○ Acute viral hepatitis due to HAV (IgM anti-HAV), or ○ HBV (HBsAg and/or IgM anti-HBc), or ○ HCV (anti HCV and/or HCV RNA with appropriate clinical history) ○ Biliary obstruction (By imaging) ○ Alcoholism (History of excessive intake and AST/ALT \geq 2) ○ Recent history of hypotension, shock or ischemia (within 2 weeks of onset) Group II (2 categories of causes): ○ Complications of underlying disease(s) such as autoimmune hepatitis, sepsis, chronic hepatitis B or C, primary biliary cirrhosis or sclerosing cholangitis; or ○ Clinical features or serologic and virologic tests indicating acute CMV, EBV, or HSV.	○ All causes in Group I and II ruled out		<input type="checkbox"/> +2
	○ The 6 causes of Group I ruled out		<input type="checkbox"/> +1
	○ Five or 4 causes of Group I ruled out		<input type="checkbox"/> 0
	○ Less than 4 causes of Group 1 ruled out		<input type="checkbox"/> -2
	○ Non drug cause highly probable		<input type="checkbox"/> -3
6. Previous information on hepatotoxicity of the drug:			Score (check one only)
○ Reaction labeled in the product characteristics			<input type="checkbox"/> +2
○ Reaction published but unlabeled			<input type="checkbox"/> +1
○ Reaction unknown			<input type="checkbox"/> 0
7. Response to readministration:			Score (check one only)
○ Positive	Doubling of ALT with drug alone	Doubling of Alk P (or bilirubin) with drug alone	<input type="checkbox"/> +3
○ Compatible	Doubling of the ALT with the suspect drug combined with another drug which had been given at the time of onset of the initial injury	Doubling of the Alk P (or bilirubin) with the suspect drug combined with another drug which had been given at the time of onset of the initial injury	<input type="checkbox"/> +1
○ Negative	Increase of ALT but less than ULN with drug alone	Increase of Alk P (or bilirubin) but less than ULN with drug alone	<input type="checkbox"/> -2
○ Not done or not interpretable	Other situations	Other situations	<input type="checkbox"/> 0
TOTAL (add the checked figures)			

Abbreviations used: ALT, alanine aminotransferase; Alk P, alkaline phosphatase; ULN, upper limit of the normal range of values

Modified from: Danan G and Benichou C. *J Clin Epidemiol* 1993; 46: 1323-30.

4. Concomitant drug(s):		Score (check one only)
<input type="radio"/> None or no information or concomitant drug with incompatible time to onset		<input type="checkbox"/> 0
<input type="radio"/> Concomitant drug with suggestive or compatible time to onset		<input type="checkbox"/> -1
<input type="radio"/> Concomitant drug known to be hepatotoxic with a suggestive time to onset		<input type="checkbox"/> -2
<input type="radio"/> Concomitant drug with clear evidence for its role (positive rechallenge or clear link to injury and typical signature)		<input type="checkbox"/> -3
5. Exclusion of other causes of liver injury:		Score (check one only)
Group I (6 causes):	<input type="radio"/> All causes in Group I and II ruled out	<input type="checkbox"/> +2
<input type="radio"/> Acute viral hepatitis due to HAV (IgM anti-HAV), or <input type="radio"/> HBV (HBsAg and/or IgM anti-HBc), or <input type="radio"/> HCV (anti HCV and/or HCV RNA)	<input type="radio"/> The 6 causes of Group I ruled out	<input type="checkbox"/> +1
<input type="radio"/> Biliary obstruction (By imaging)	<input type="radio"/> Group I ruled out	<input type="checkbox"/> 0
<input type="radio"/> Alcoholism (History of excessive alcohol consumption)	<input type="radio"/> Group 1 ruled out	<input type="checkbox"/> -2
<input type="radio"/> Recent history of hypotension, shock, or other systemic illness	<input type="radio"/> Highly probable	<input type="checkbox"/> -3
Group II (2 categories of causes):		
<input type="radio"/> Complications of underlying disease (e.g., heart failure, renal failure, B or C, primary biliary cirrhosis or cholangitis)		
<input type="radio"/> Clinical features or serologic and/or histologic findings		
6. Previous information on hepatotoxicity:		Score (check one only)
<input type="radio"/> Reaction labeled in the product labeling		<input type="checkbox"/> +2
<input type="radio"/> Reaction published but unlabeled		<input type="checkbox"/> +1
<input type="radio"/> Reaction unknown		<input type="checkbox"/> 0
7. Response to readministration:		Score (check one only)
<input type="radio"/> Positive (ULN or greater with drug alone)		<input type="checkbox"/> +3
<input type="radio"/> Compatible (ULN or greater with the suspect drug which had been the initial injury)		<input type="checkbox"/> +1
<input type="radio"/> Negative (ULN or greater) but less than ULN with		<input type="checkbox"/> -2
<input type="radio"/> Not done or not interpretable	Other situations	Other situations
		<input type="checkbox"/> 0
TOTAL (add the checked figures)		

0 or less = drug is excluded

1 to 2 = unlikely

3 to 5 = possible

6 to 8 = probable

>8 = highly probable

Valdoxan = Agomelatine

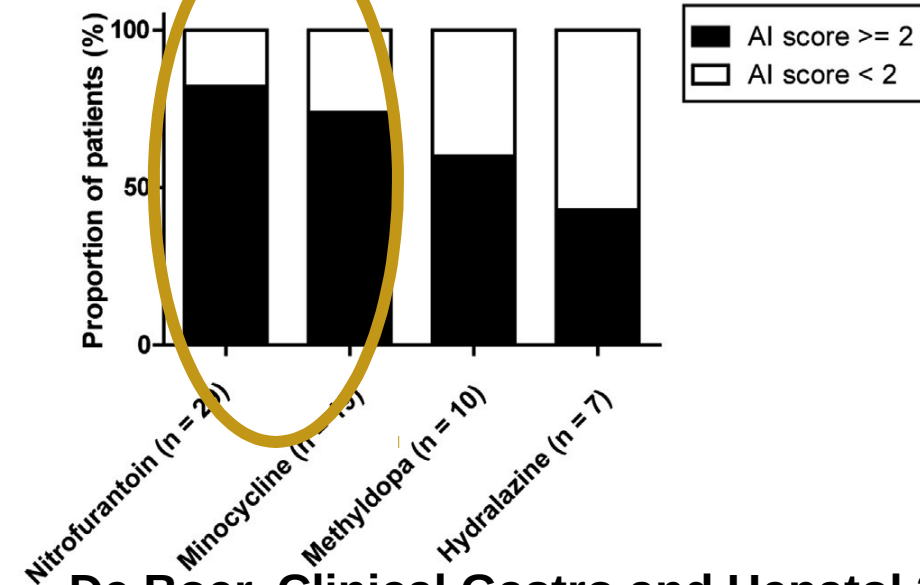
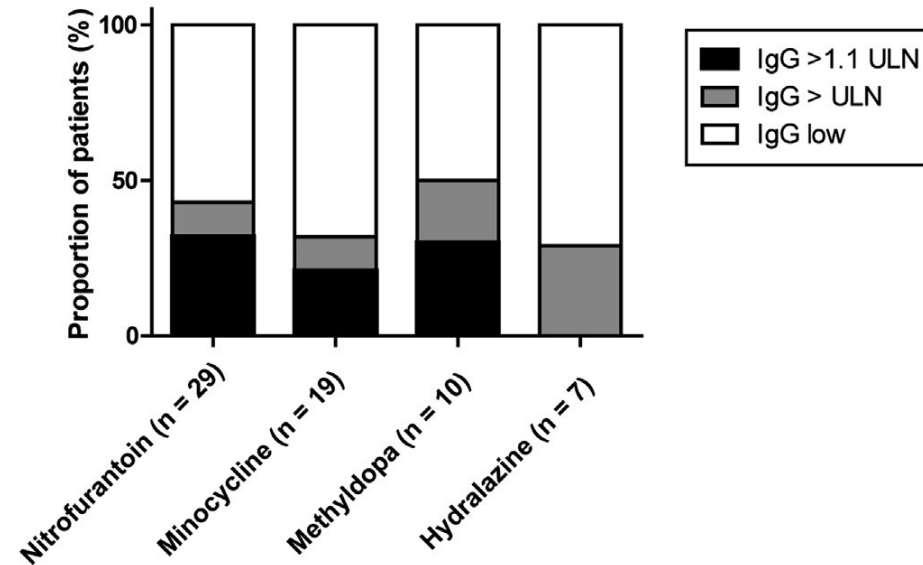
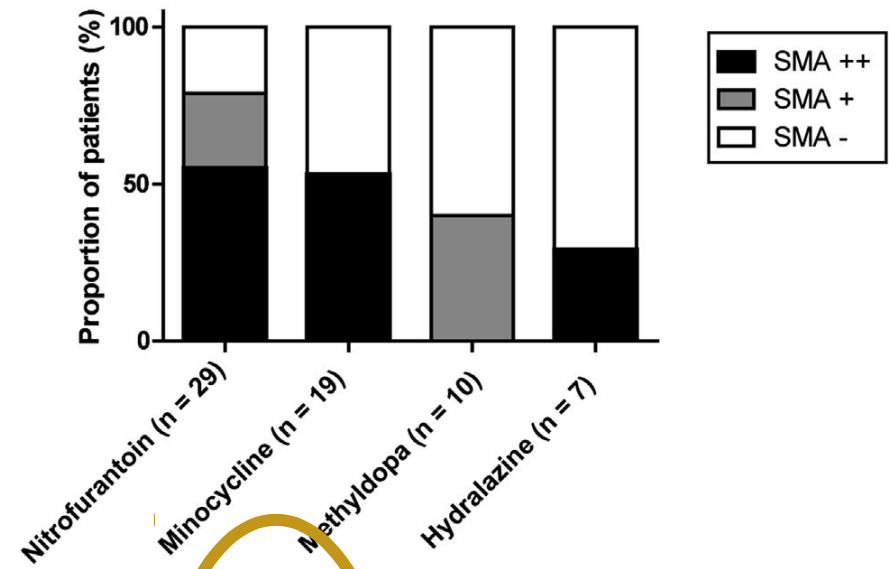
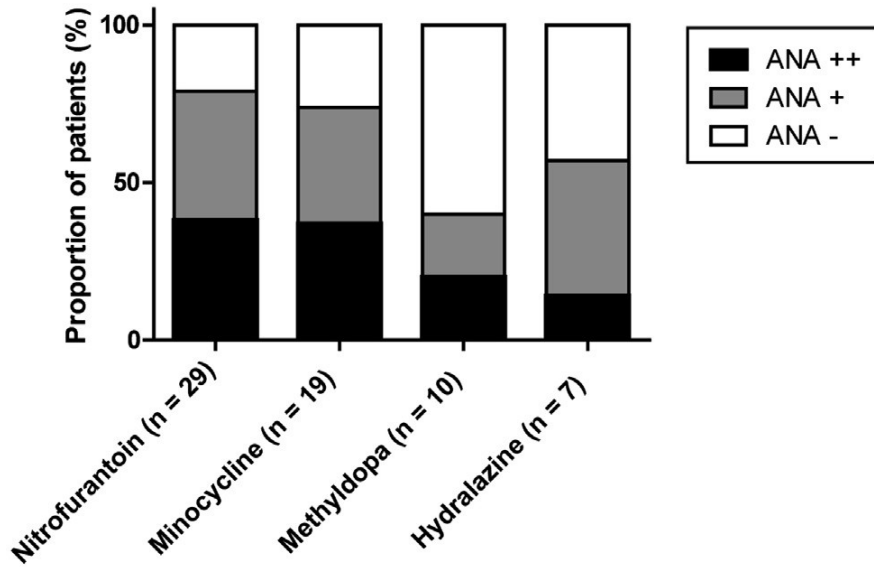
- Literature

- Agomelatine and hepatotoxicity: implications of cumulated data derived from spontaneous reports of adverse drug reactions
Gahr M et al. Pharmacopsychiatry 2013
- Antidepressant-induced liver injury: a review for clinicians
Voican CS et al. Am J Psychiatry 2014
- Hepatotoxicity related to agomelatine and other new antidepressants: a case/noncase approach with information from the Portuguese, French, Spanish, and Italian pharmacovigilance systems
Montastruc F et al. J Clin Psychopharmacol. 2014
- A systematic review of agomelatine-induced liver injury
Freiesleben et al. J Mol Psychiatry 2015

Drug-induced Autoimmune-like Hepatitis

- Accounts for up to 10% of acute hepatitis and 25-50% of patients with acute liver failure
- Incidence 1.3/100.000 in rural England to 2.4/100.000 in Spain and Sweden
- 80-90% of female
- Rare: 9% of DILI

Drug-induced Autoimmune-like Hepatitis



DILI and AIH: suggested diagnosis and clinical characteristics

Characteristics

AIH with DILI	Patients with known AIH; probably chance association; often advanced fibrosis on histology
Drug-induced AIH	Patients with unrecognized AIH or predisposition to AIH, in whom AIH is unmasked or induced by DILI; good response to steroids; relapse after withdrawal of immunosuppression with the need for continued immunosuppressive treatment; chance association of drug intake in a patient with first presentation of AIH cannot be ruled out
Immune-mediated DILI	Clinical, biochemical, and histological signs similar to AIH; eosinophilia and rash may be present; usually no advanced fibrosis; good response to steroids; remission is maintained after successful withdrawal of steroids

DILI and AIH: clinical and biological characteristics

Comparison of the demographic, seropositivity, AIH score and liver tests, between DILI/AIH and AIH

	AIH Patients (n = 237)	DAIH (n = 24)	P Value
Age	52 (37-62)	53 (24-61)	NS
Sex, females (%)	184 (78%)	20 (92%)	NS
ANA positive (%)	165/237 (70%)	20 (83%)	NS
SMA positive (%)	106/237 (45%)	12/24 (50%)	NS
Both ANA and SMA (%)	69/237 (29%)	9/24 (38%)	NS
Seronegative (%)	29/237 (12%)	1/24 (4%)	NS
Simplified AIH score:			
Probable or definite (%)	181/237 (76%)	19/21 (90.5%)	NS
AST (<48 U/L)	392 (154-1031)	679 (291-956)	NS
ALT (<55 U/L)	480 (185-1141)	728 (255-1141)	NS
ALP (115 U/L)	241 (138-350)	376 (229-514)	0.0166
TB (<1.0 mg/dL)	2.0 (1.0-8.0)	4.0 (1.0-12.0)	NS
Albumin (>3.5 g/dL)	3.4 (2.95-3.7)	3.1 (2.6-3.6)	NS
INR (<1.2)	1.1 (1.0-1.3)	1.1 (1.0-1.3)	NS
IgG (<1500 g/dL)	2020 (1618-2702)	1905 (1600-2455)	NS
Gamma globulins (<1.7 g/dL)	2.5 (2.0-3.2)	2.55 (2.2-3.1)	NS
Jaundice at presentation	110/237 (46%)	12/24 (50%)	NS

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Jaundice at presentation	110/237 (46%)	12/24 (50%)	NS

DILI and AIH: histological characteristics

Comparison between DILI/AIH and AIH alone

	DIAIH	AIH	P Value
Grade (Batts and Ludwig)	3 (2-3)	3 (2-3)	NS
Portal inflammation	2 (2-3)	2 (2-3)	NS
Lymphoplasmacytic (absent/present)	19/23 (83%)	22/23 (96%)	NS
Interface hepatitis	2.5 (1.5-3.0)	2.0 (1.0-3.0)	NS
Lobular hepatitis	2.0 (1.0-3.0)	2.0 (1.0-3.0)	NS
Zone 3 necrosis	15/23 (65%)	12/22 (55%)	NS
Confluent necrosis	7/23 (30.4%)	2/22 (9%)	NS
Rosette formation	7/22 (31.8%)	5/22 (22.7%)	NS
Stage	0 (0-2)	1 (0-3)	0.06
Compatible	8/24 (33%)	8/24 (33%)	NS
Typical	16/24 (66%)	15/24 (63%)	
Atypical	0	1/24 (4%)	

How would you manage this patient ?

A. Wait and see

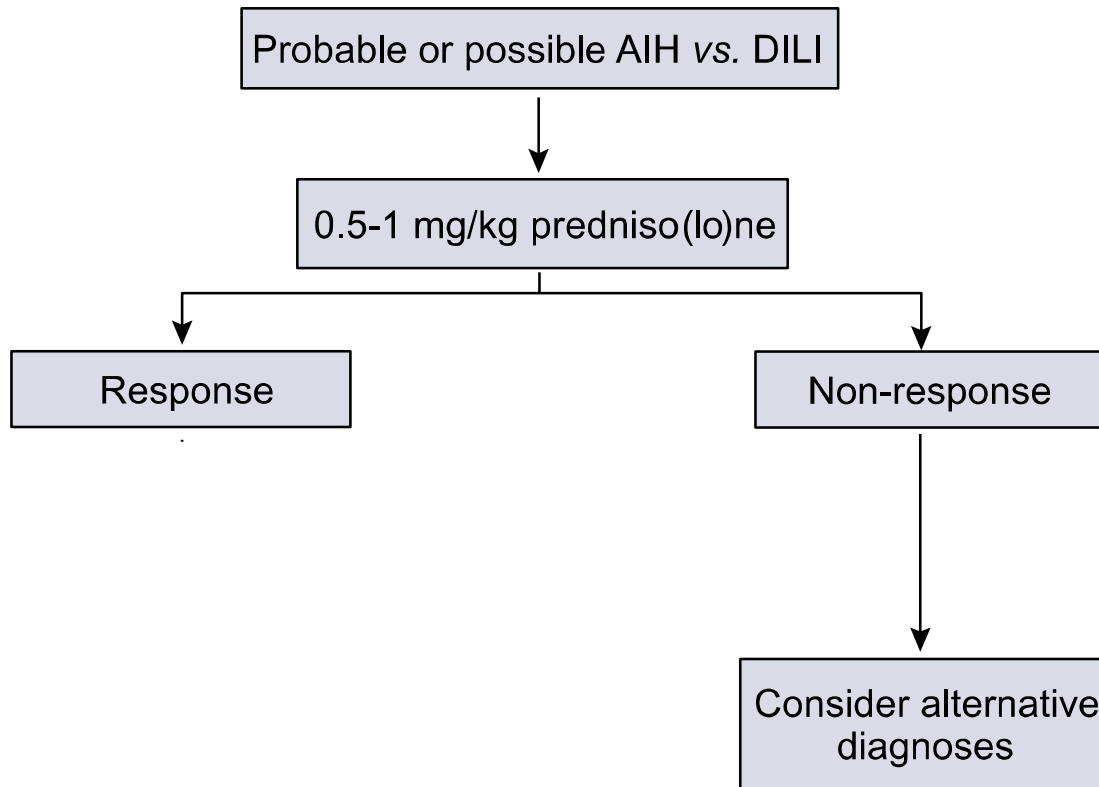
B. Administer corticosteroids

How would you manage this patient ?

A. Wait and see

B. Administer corticosteroids

AIH vs DILI



Drug-induced AIH: improvement with drug discontinuation and relapse

Characteristics of 7 patients with DI-AIH at presentation and at time of relapse

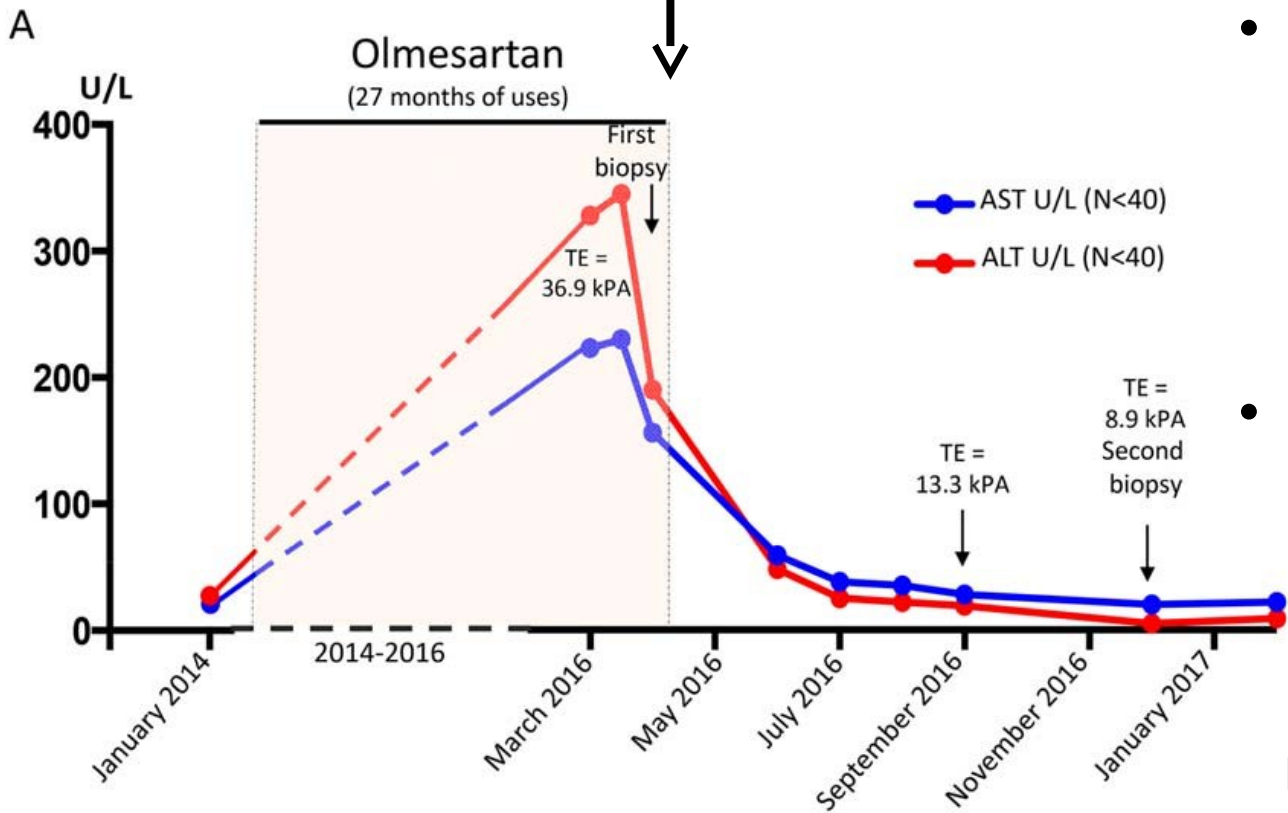
Patient (Age/Sex)	ALT at First Onset (IU/l)	IgG at First Onset (mg/dL)	ANA titer at First Onset	Time to Relapse (Days)	ALT at Relapse (IU/L)	IgG at Relapse (mg/dL)	ANA Titer at Relapse	Causative Drug
56 F	1617	1570	<40	300	95	2751	80	Ofloxacin
20 M	1018	1170	80	30	280	1720	160	Diclofenac sodium
67 F	992	1370	320	500	715	1670	2560	Herbal medicine
31 F	567	1480	<40	40	149	1770	160	Cefaclor
52 F	1170	1863	<40	100	230	2580	320	Loxoprofen sodium hydrate
68 F	418	1698	<40	20	218	2237	80	Herbal medicine
66 F	808	1460	<40	50	622	2320	40	Benzbromarone

All patients improved
on corticosteroid
therapy

Autoimmune-like chronic hepatitis induced by Olmesartan: case report

Stop of olmesartan without introduction of corticosteroids

First liver biopsy



- Extensive fibrosis with formation of early nodules.
- Portal lymphocytic inflammation and marked interface hepatitis.

Evolution of liver tests of Miss K

Introduction of
corticosteroids



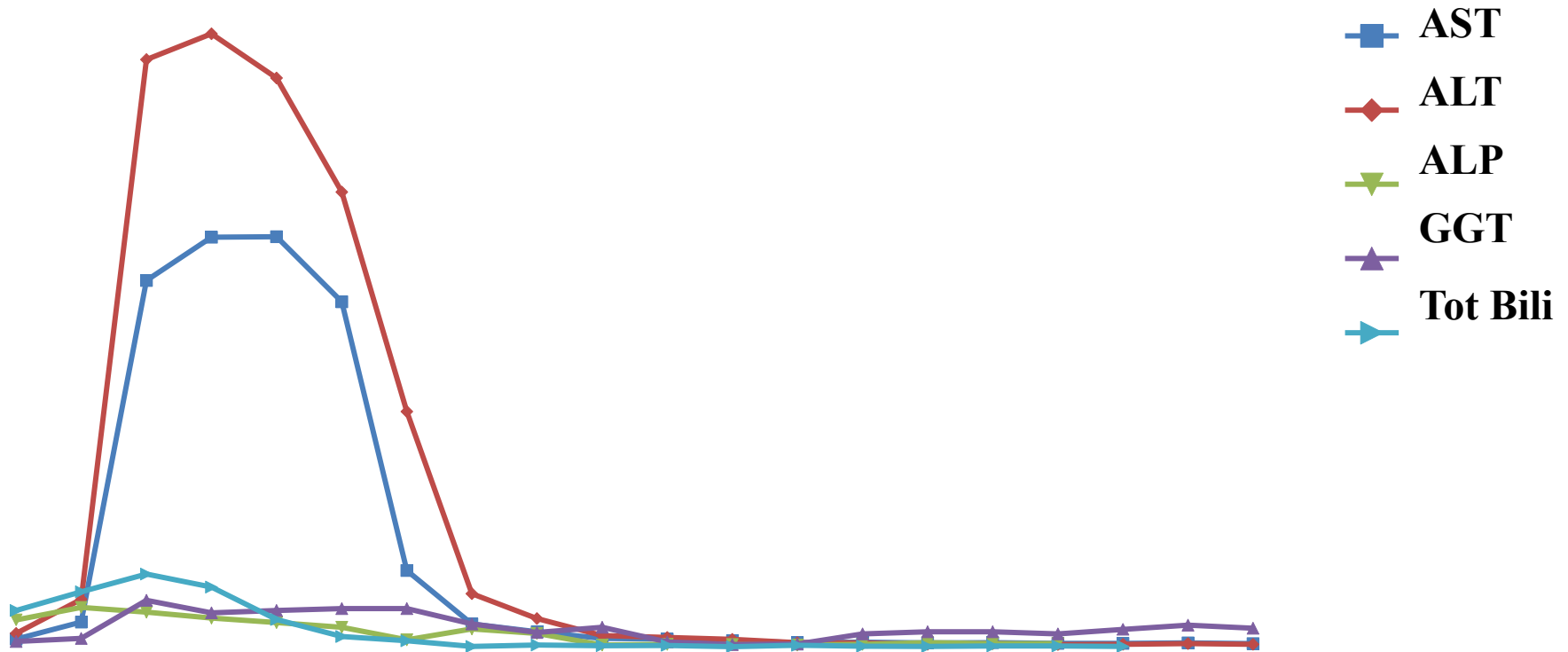
Introduction of
azathioprine



IgG Control : 8.33

ANA and ASMA :

1:80



2 years later how would you manage this patient?

A. Perform liver biopsy

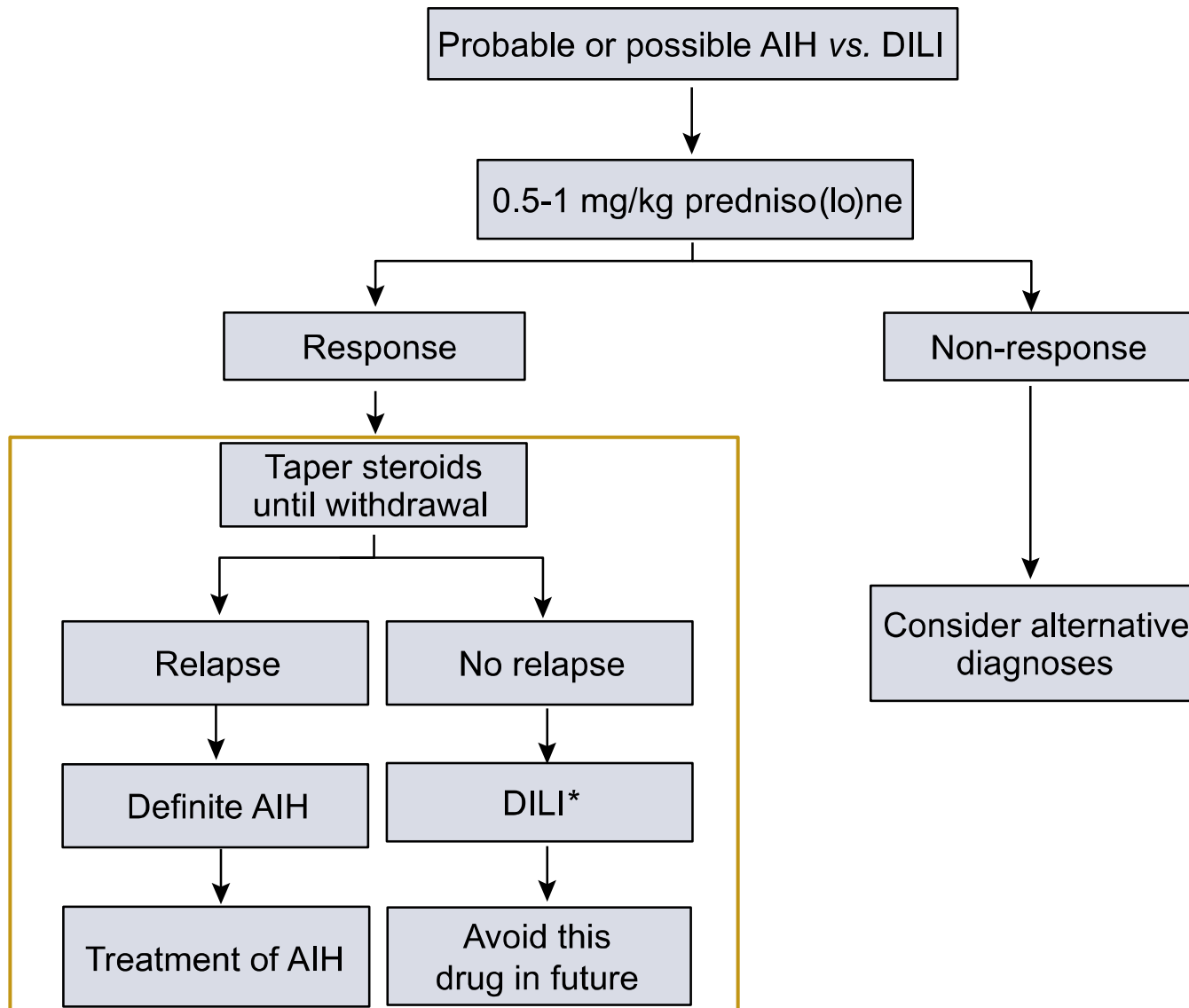
B. Stop corticosteroids

2 years later how would you manage this patient?

A. Perform liver biopsy

B. Stop corticosteroids

AIH vs DILI



AIH-DILI: corticosteroid discontinuation

Comparison of therapy and outcome between AIH-DILI and AIH alone

	AIH Patients (n=237)	DIAIH (n=24)	p
Immunosuppressive therapy (%)	222/237 (94%)	21/24 (88%)	NS
Steroids and azathioprine (%)	191/222 (86%)	12/21 (57%)	0.0024
Steroids alone (%)	31/222 (14%)	9 (43%)	0.0024
Trial of discontinuation successful (%)	18/52 (35%)	14/14 (100%)	<0.0001

No relapse occurred after corticosteroid discontinuation in all DIAIH during a median follow-up of 36 months

Recurrent DILI with different drugs (Spanish Registry)

- 9 (1.2%) patients with 2 DILI episodes caused by two different drugs
- Mean age 67 years [34-84]
- Time to liver injury onset and duration of therapy ranged between 2 days and 3 years
- In all cases the pattern of liver injury was hepatocellular
- In 4 patients the diagnosis of AIH-DILI was made
- All patients with AIH-DILI improved on corticosteroids
- Steroids withdrawal was successfully attempted in 2 pts

And Miss K?

- Miss K is on 50 mg/d of azathioprine
- 3 years after the DAIH episode
- Tolerance is excellent
- She does not want to stop treatment taking the risk of a possible AIH reactivation..