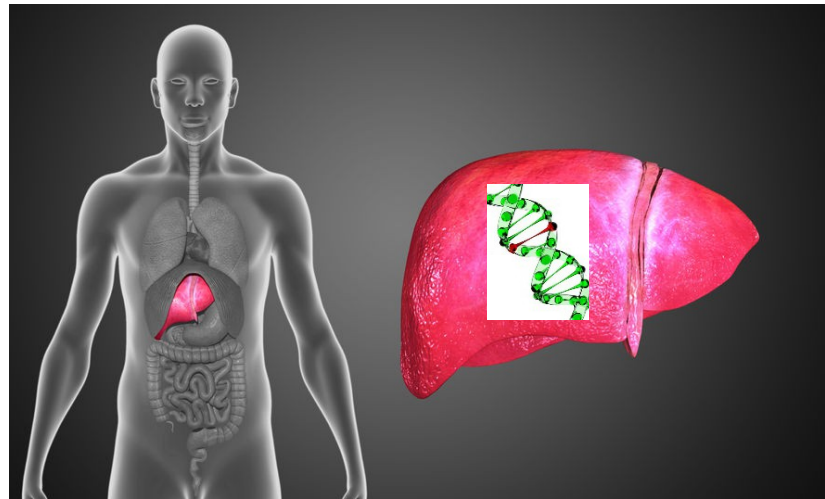


# Future therapeutics for NASH



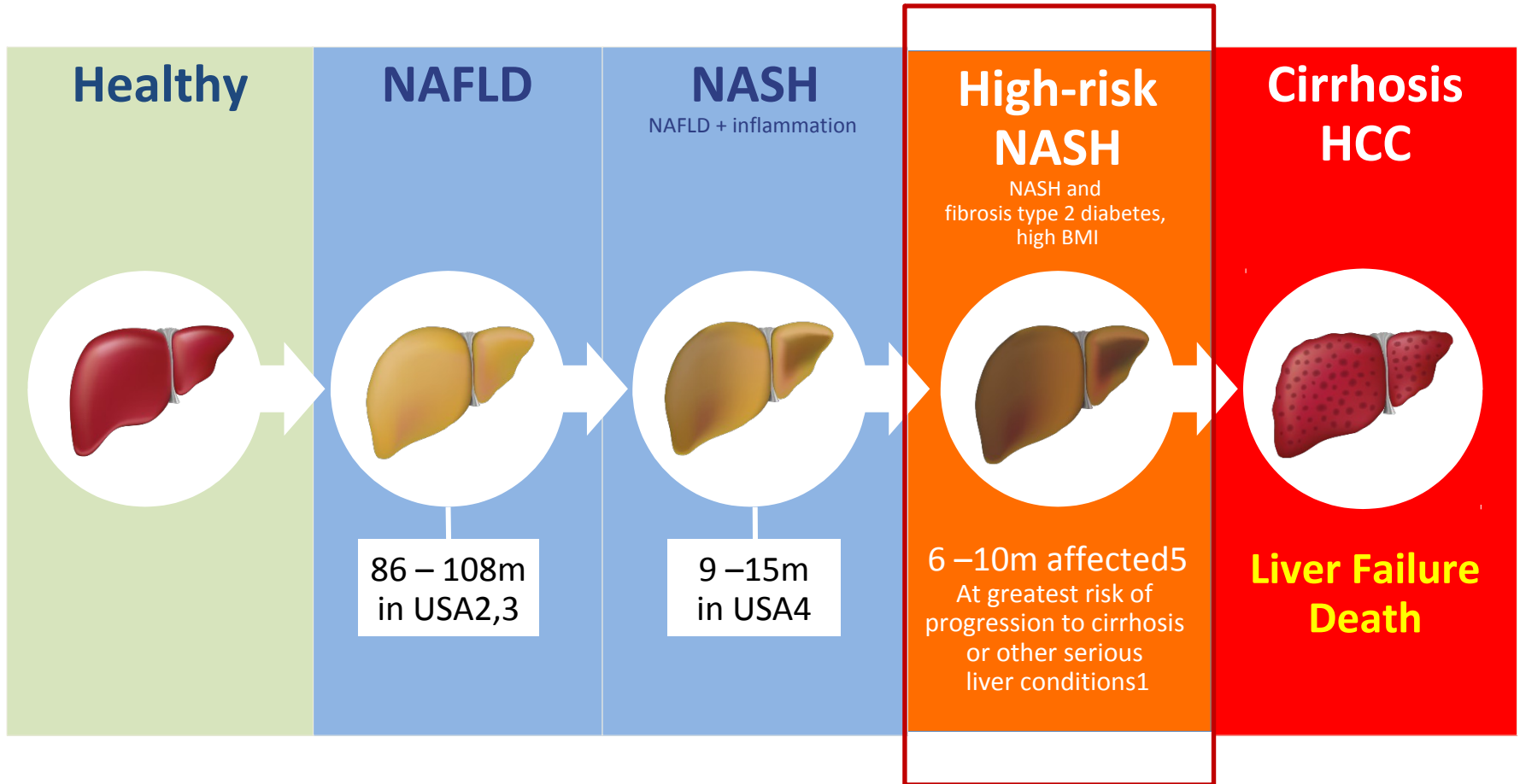
**Arun J. Sanyal M.B.B.S., M.D.**

Z. Reno Vlahcevic Professor of Medicine, Physiology and Molecular Pathology  
Virginia Commonwealth University School of Medicine

# Conflicts of Interest

- President, Sanyal Biotechnologies
- **Stock options:** Genfit, Akarna, Tiziana, Indalo, Durect, Exhalenz, Hemoshear
- **Advisor with compensation:** Lilly, Pfizer, Novartis, Ardelyx, Salix, Hemoshear
- **Advisor without compensation:** Galectin, Intercept, Merck, Bristol Myers, Immuron, Gilead, Chemomab, Affimmune, Protalix, Nitto Denko, Novo Nordisk, Cirius, Boehringer Ingelhiem
- **Grants to institution:** Gilead, Tobira, Allergan, Merck, Bristol Myers, Astra Zeneca, Immuron, Intercept, Novo Nordisk, Shire, Boehringer Ingelhiem, Cirius

# NASH: who to treat?



# Goals of therapy

- Improve all cause mortality, quality of life and functional outcomes:
  - cardiovascular outcomes
  - liver related outcomes
  - cancer related outcomes

PPARs



Metabolism  
(steatosis)

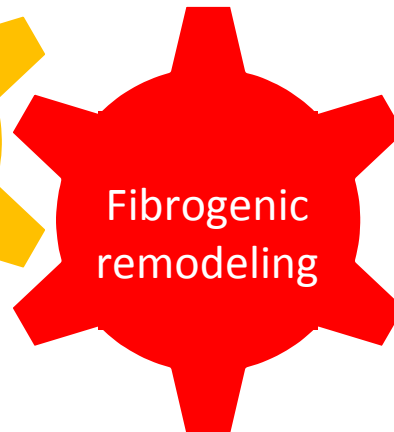
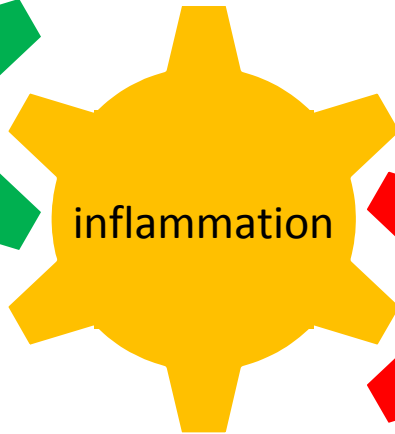
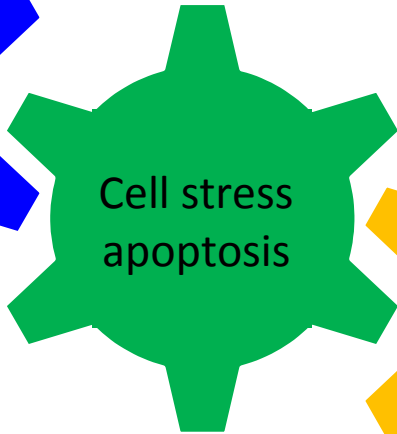
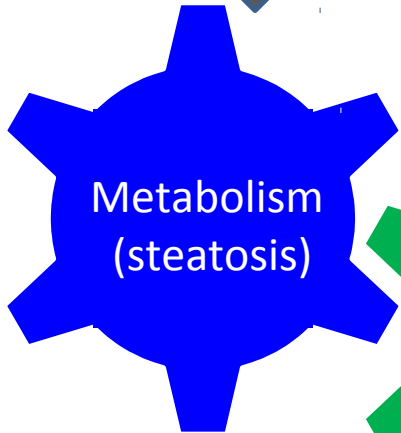
Cell stress  
apoptosis

inflammation

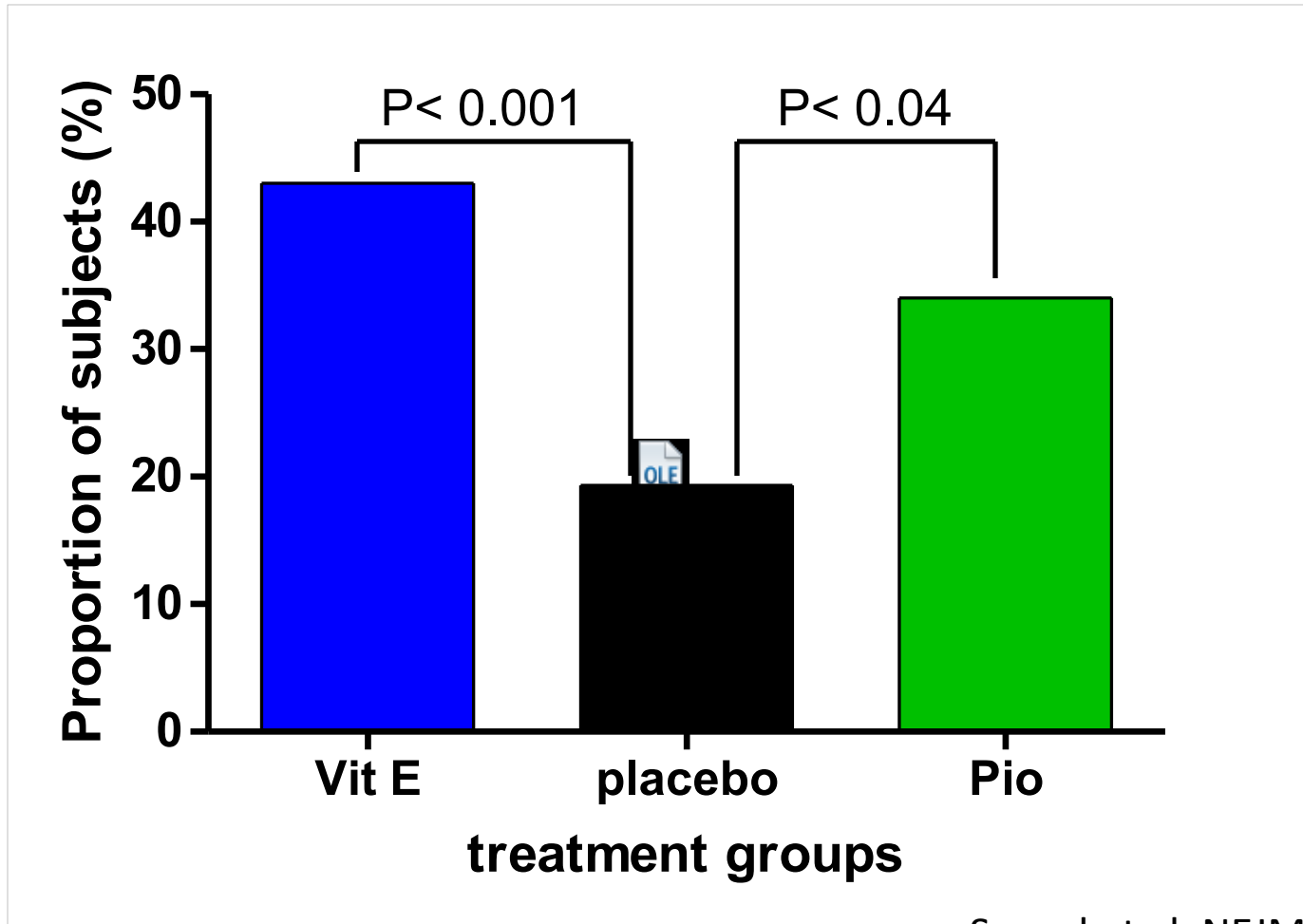
Fibrogenic  
remodeling



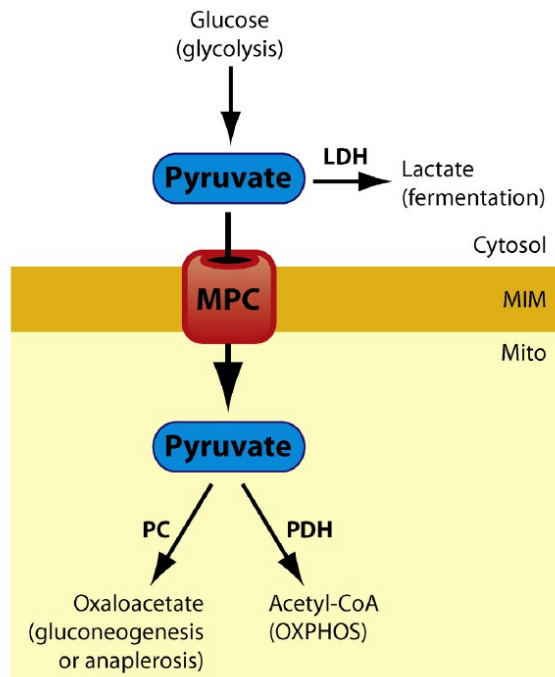
**CIRRHOSIS**



# Thiazolidinediones for NASH



# Mitochondrial target of thiazolidinediones (mTOT)



## Effects on pathways that impact NASH and Diabetes

### Liver (direct and indirect effects on multiple cell types)

#### Hepatocytes

- Reduced lipid storage, increased fat oxidation
- Improved insulin sensitivity
- Decreased glucose production

#### Stellate cells

- Reduced inflammation
- Reduced stimuli for scarring

#### Macrophages

- Reduced inflammation

### Muscle

- Decreased fat content
- Increased insulin sensitivity

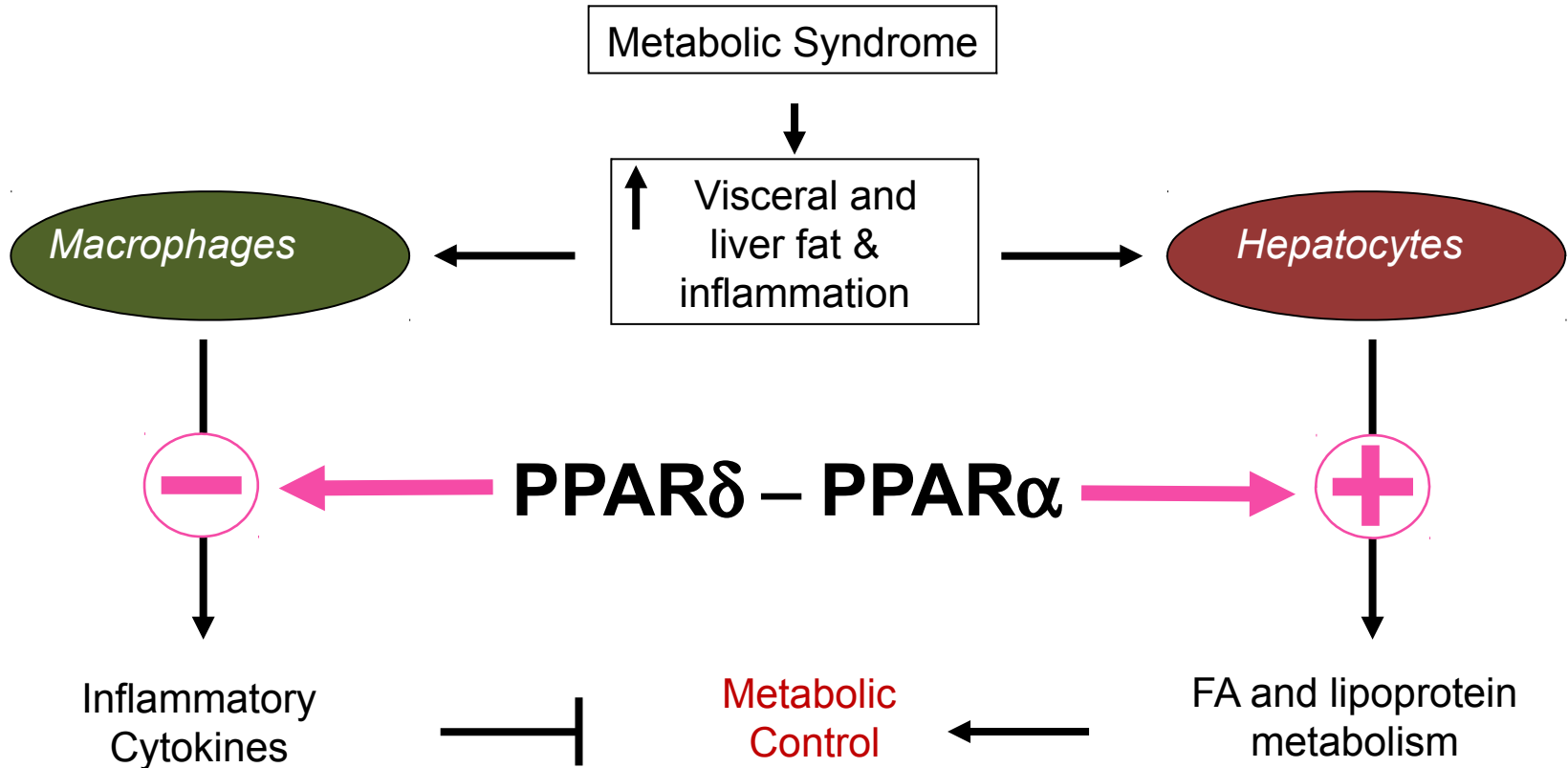
### Fat

- Decreased inflammation, increased adiponectin
- Increased insulin sensitivity

### Pancreas

- Preservation of b-cell phenotype

# Improvement of NASH by PPAR $\alpha$ / $\delta$ activation





# Primary outcome (based on FDA definition)

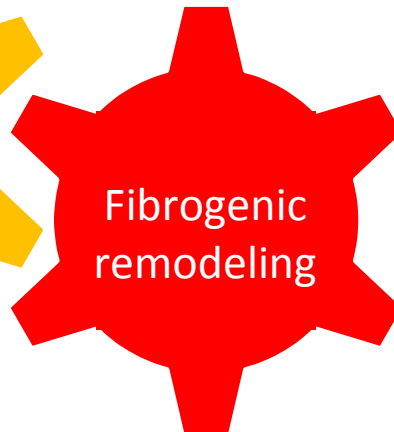
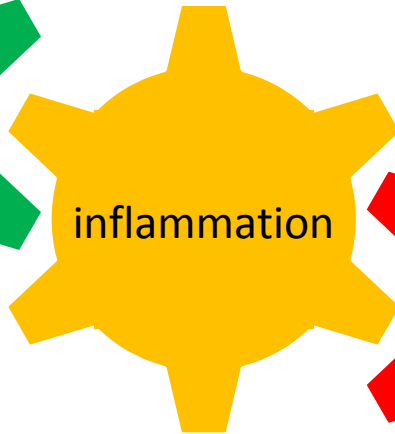
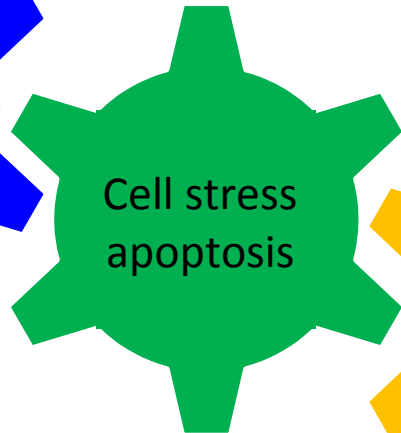
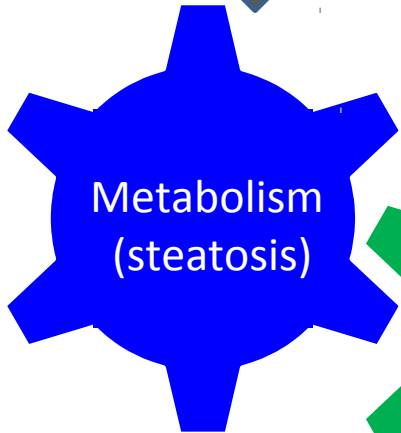
## Efficacy on NAS $\geq$ 4 at various stage of fibrosis

		Placebo	Elafibranor 80mg	Elafibranor 120mg	OR* [CI 95%]	p-value*
All NAS $\geq$ 4 (F0-F1-F2-F3)	FAS, N=234	9%	13%	19%	<b>3.52</b> [1.32, 9.40]	<b>0.013</b>
	EES, N=202	11%	15%	21%	3.26 [1.17, 9.02]	0.024
NAS $\geq$ 4 (F1-F2-F3)	<b>FAS, N=204</b>	<b>11%</b>	<b>15%</b>	<b>20%</b>	<b>3.75</b> [1.39, 10.12]	<b>0.009</b>
	<b>EES, N=176</b>	<b>13%</b>	<b>17%</b>	<b>22%</b>	<b>3.22</b> [1.15, 8.99]	<b>0.026</b>
NAS $\geq$ 4 (F2, F3)	FAS, N=118	7%	10%	13%	18.46 [4.80, 70.96]	<b>0.0001</b>
	EES, N=99	9%	12%	15%	10.59 [2.52, 44.50]	0.002

\* comparison Elafibranor-120 mg vs Placebo

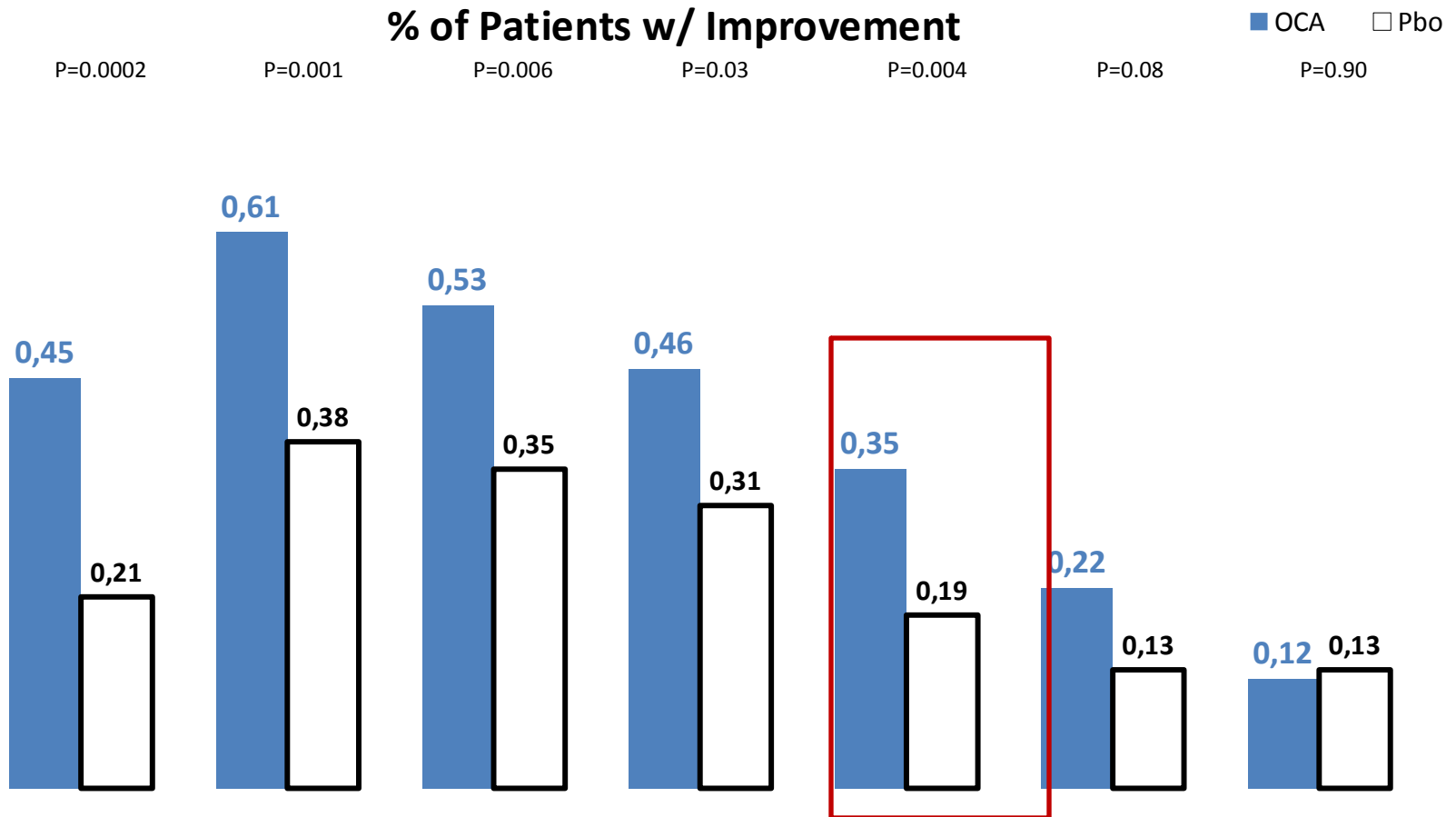
**The 120 mg dose was effective in subpopulations of patients with any fibrosis (F1-F3), as well as in those with moderate or advanced fibrosis (F2-F3)**

PPARs  
FXR



**CIRRHOSIS**

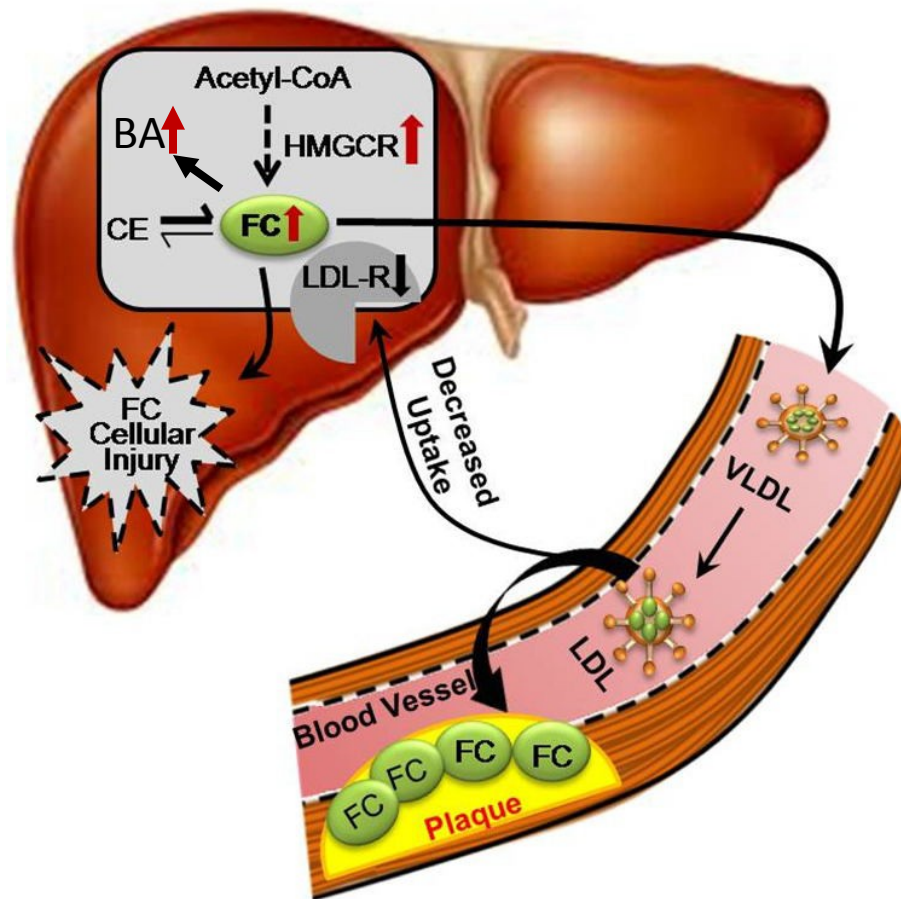
# Effect of OCA on steatohepatitis



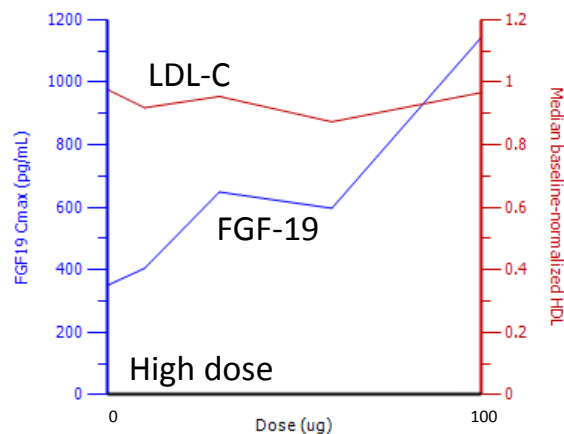
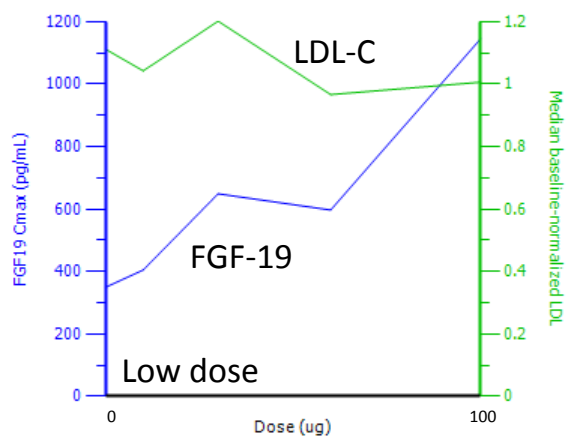
1: Data from [Tetri et al. \*The Lancet\*](#). Published online November 7, 2014.

2: All p-values compared to placebo. P-value calculated with the Cochran-Mantel-Haenszel test, stratified by clinic and diabetes status.

# A model for how NASH may affect LDL-C mediated atherogenesis



# LJN 452: first human experience

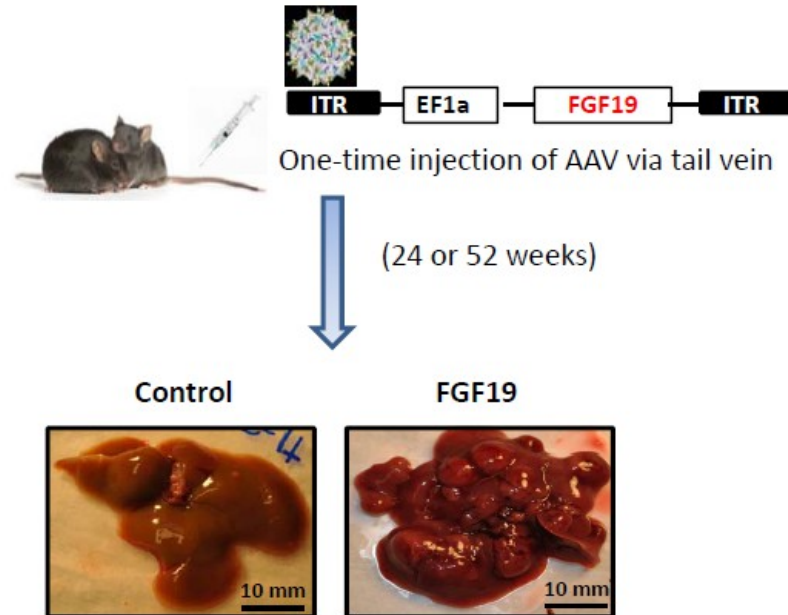
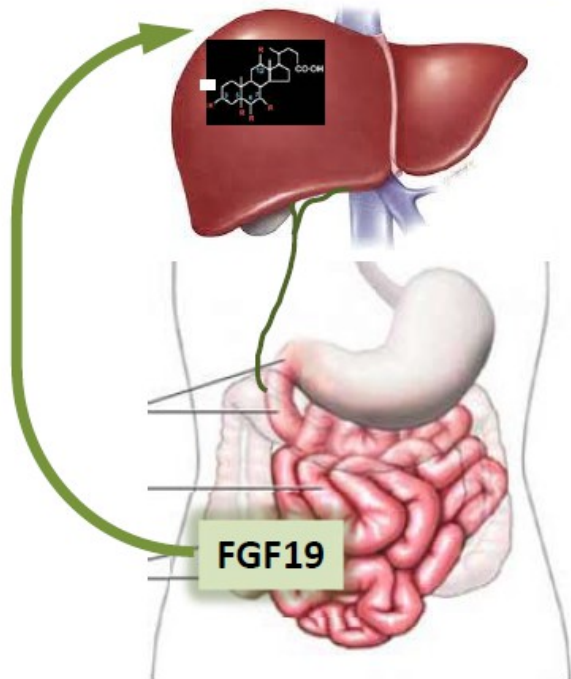


- **Rationale:** to de-risk the FXR pathway
- Single ascending dose and Multiple ascending dose
- Safe, well tolerated and transient dose-dependent increase in FGF-19, a marker of intestinal FXR engagement noted without LDL-C rise

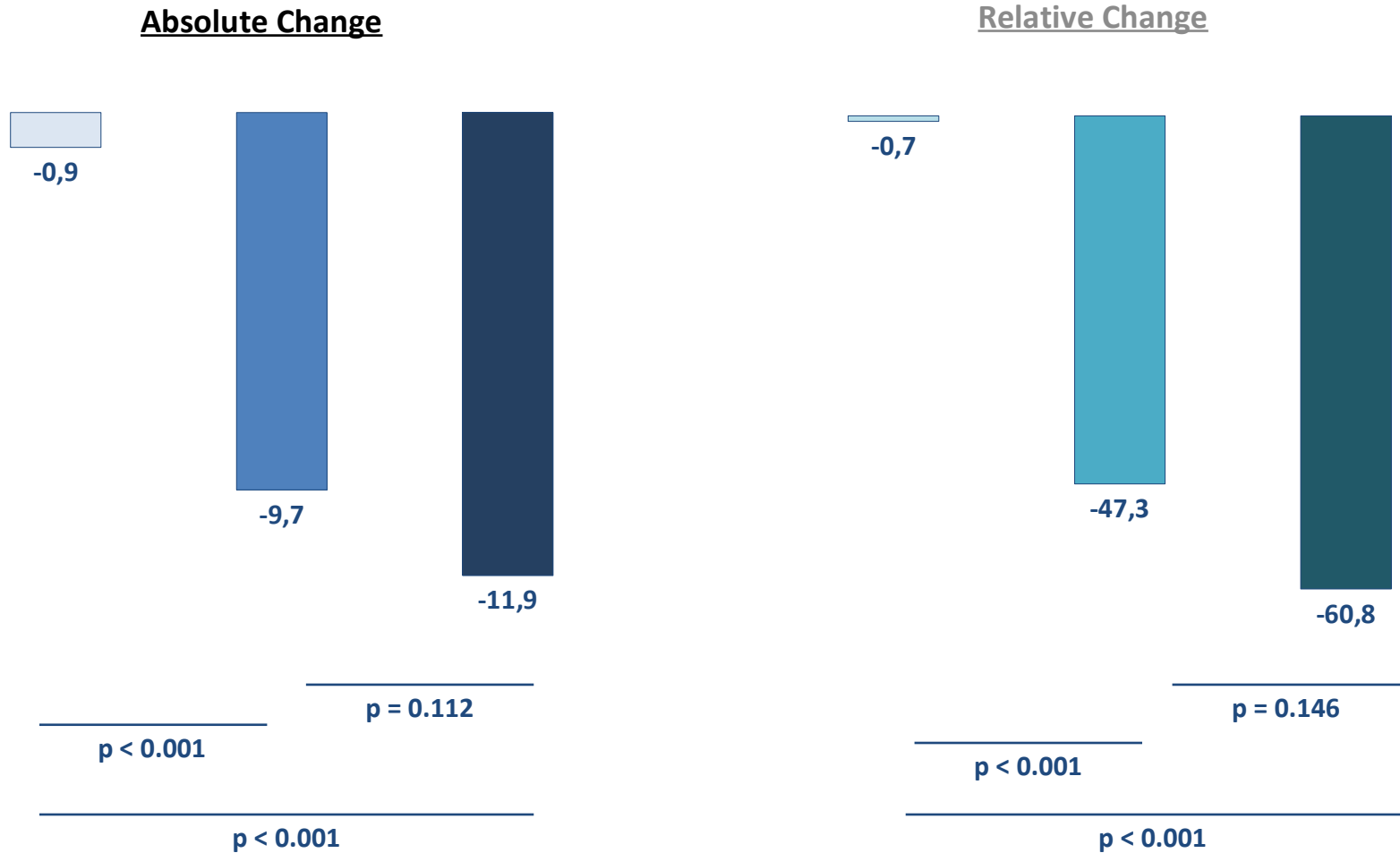
Abstract # 32: Badman et al, Novartis Institutes for Biomedical Research, AASLD

# FGF19 is a Key Component of the Gut-Liver Axis in Regulating Metabolism

- ↓ Bile Acid Synthesis
- ↓ Lipid synthesis
- ↑ Protein synthesis
- ↑ Liver regeneration



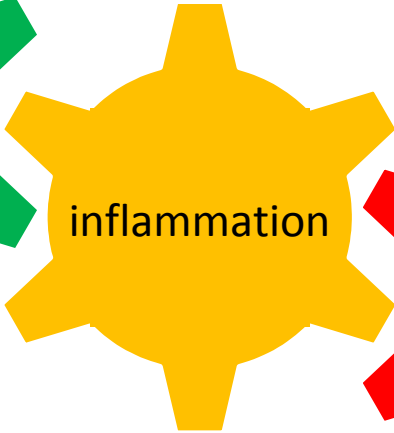
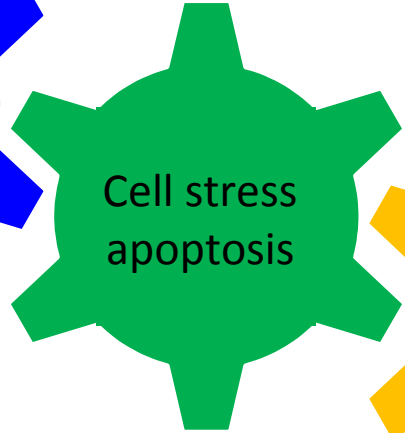
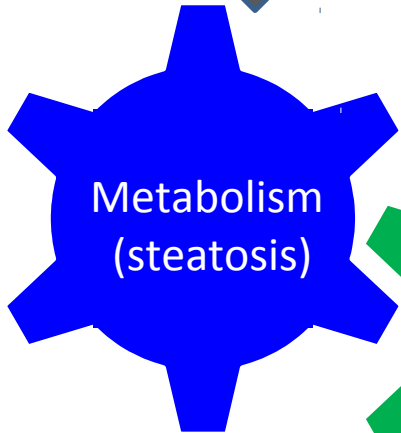
# Primary Endpoint Met with Clinically Meaningful Changes in Liver Fat Content



*Decreases in liver fat strongly correlate with a reduction in ALT, AST and C4*

Harrison et al, EASL 2017

PPARs  
FXR  
GLP-1



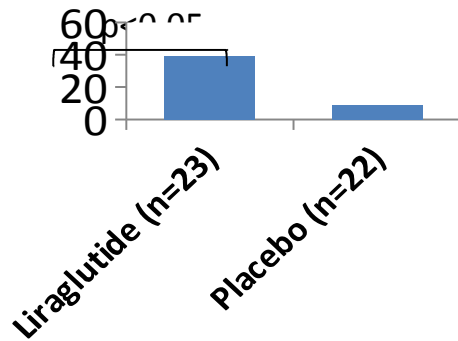
**CIRRHOSIS**



# Liraglutide improved NASH in a multicenter, double-blinded, randomised, placebo-controlled phase II trial

## Primary endpoint: NASH resolution with no worsening of fibrosis

Patients, %



## Secondary endpoints

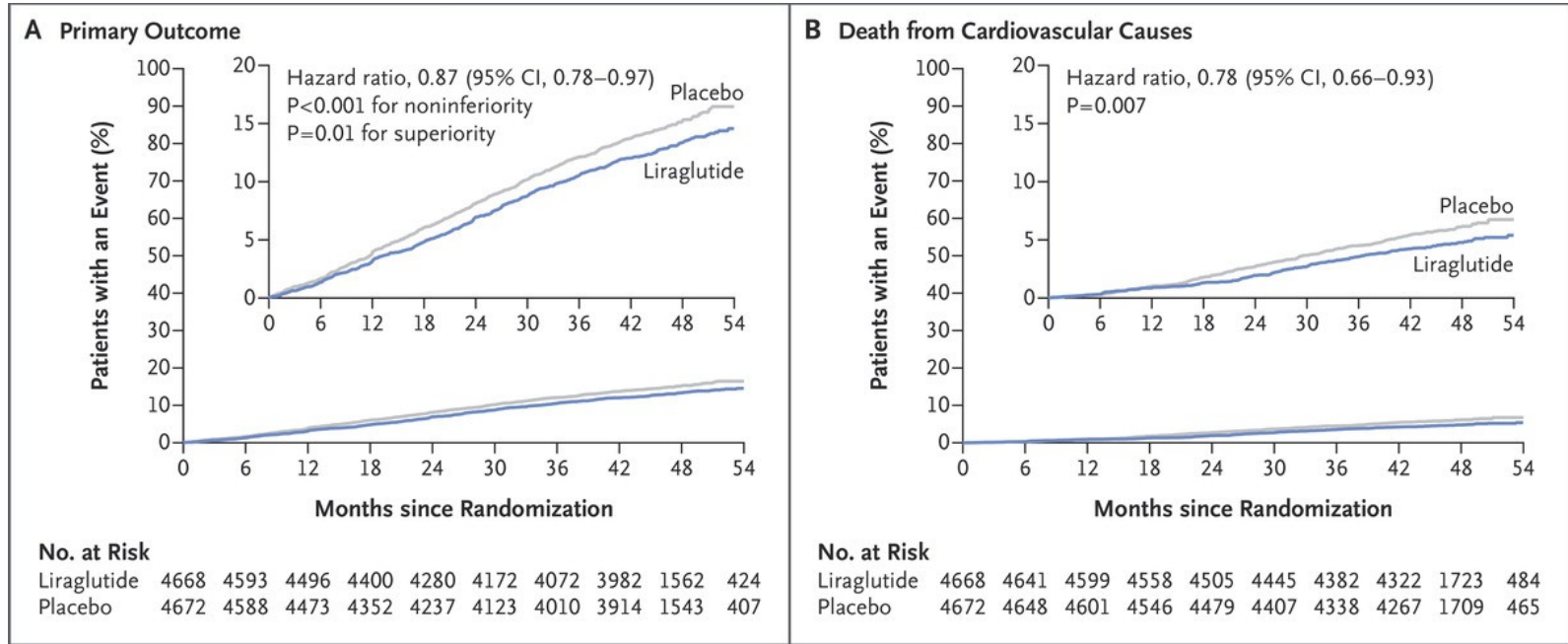
	Liraglutide (n=23)	Placebo (n=22)
Kleiner fibrosis	-0.2 (0.8)	0.2 (1.0)
Improvement, n (%)	6 (26.1)	3 (13.6)
Worsening, n (%)	2 (8.7)*	8 (36.4)

\*p<0.05 vs placebo

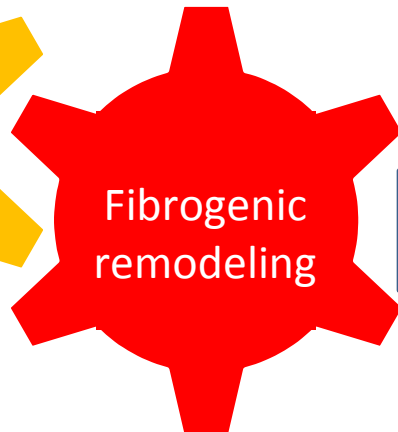
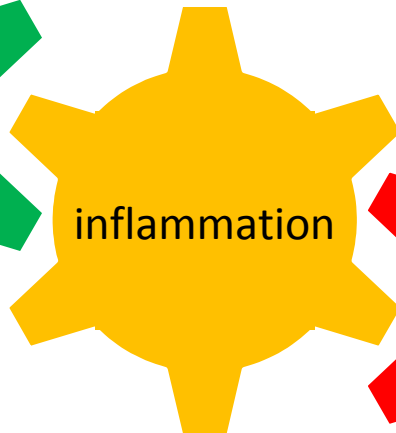
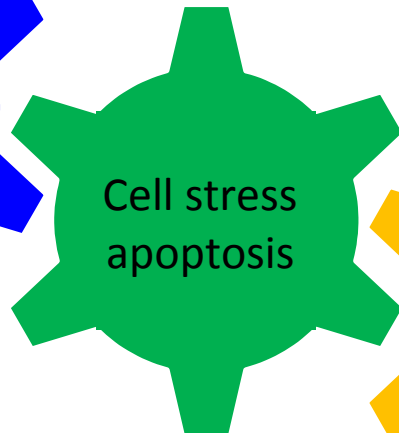
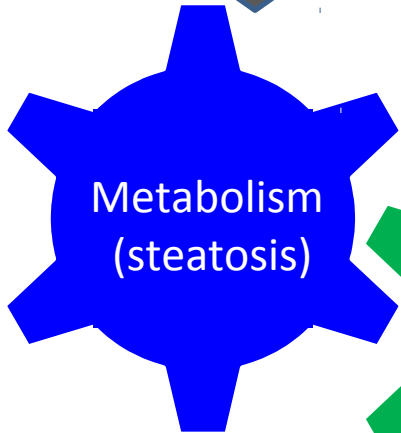
- Liraglutide, a long-acting GLP-1 agonist dosed once daily SC, with overall benefits in T2DM

More diarrhea with liraglutide

# Liraglutide improves MACE



PPARs  
FXR  
GLP-1  
FABAC  
FGF21  
Thyroxine beta receptor agonist

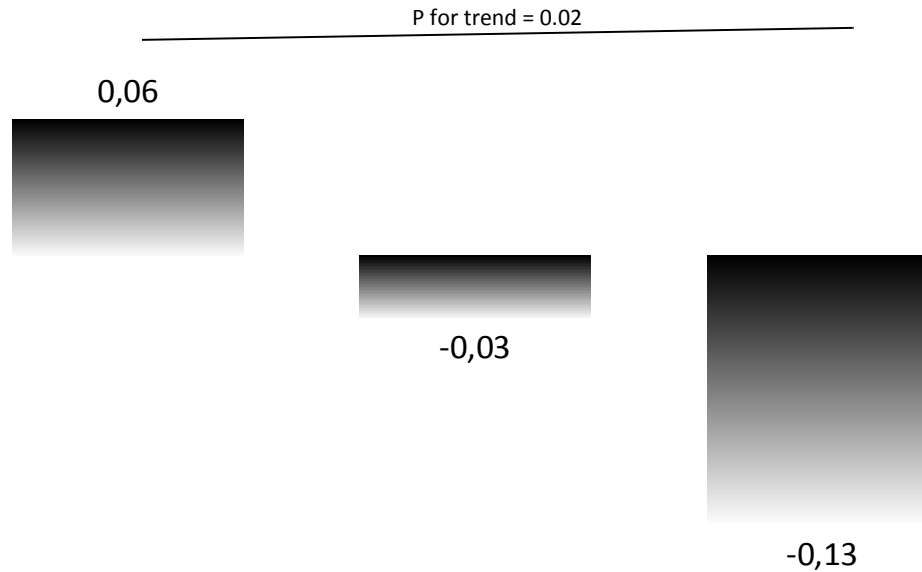


**CIRRHOSIS**

# Fatty acid-bile acid conjugate (Aramchol) Phase IIa Trial

## Mechanism of action: SCD1 inhibition

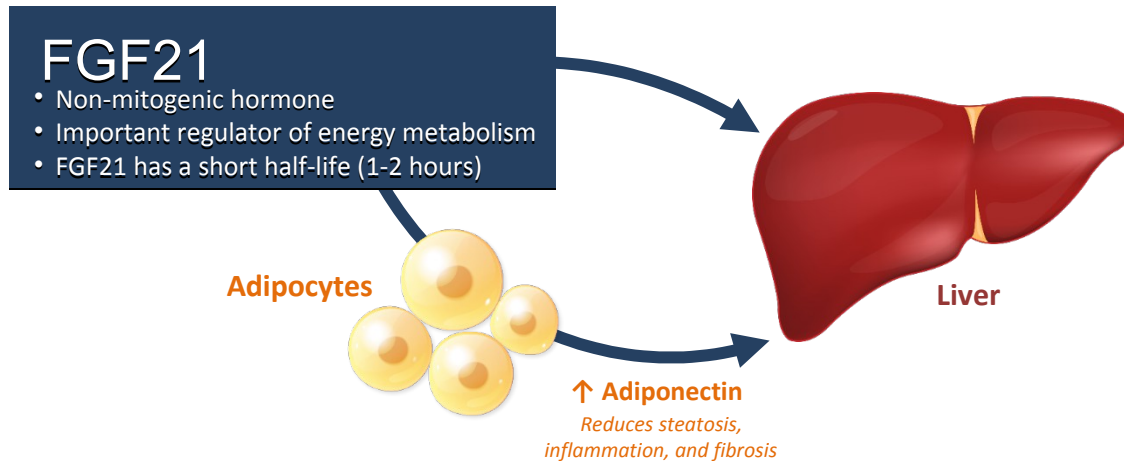
Results: Liver fat change by NMRS \*



\* Magnetic resonance spectroscopy (MRS) is generally considered the clinical gold-standard noninvasive technique for in vivo fat and metabolite quantification. It is routinely used for measuring liver fat. (Houchun H. et al. *Obesity* 2010;18(4):841–7.)

[11.Safadi R. et al. Clinical Gastroenterology and Hepatology 2014; 12\(12\):2085-91](#)

# Fibroblast Growth Factor 21 (FGF21)



## Beneficial metabolic effects

↑ Insulin sensitivity

↓ Lipogenesis & improvement in lipids

## Anti-fibrotic effects

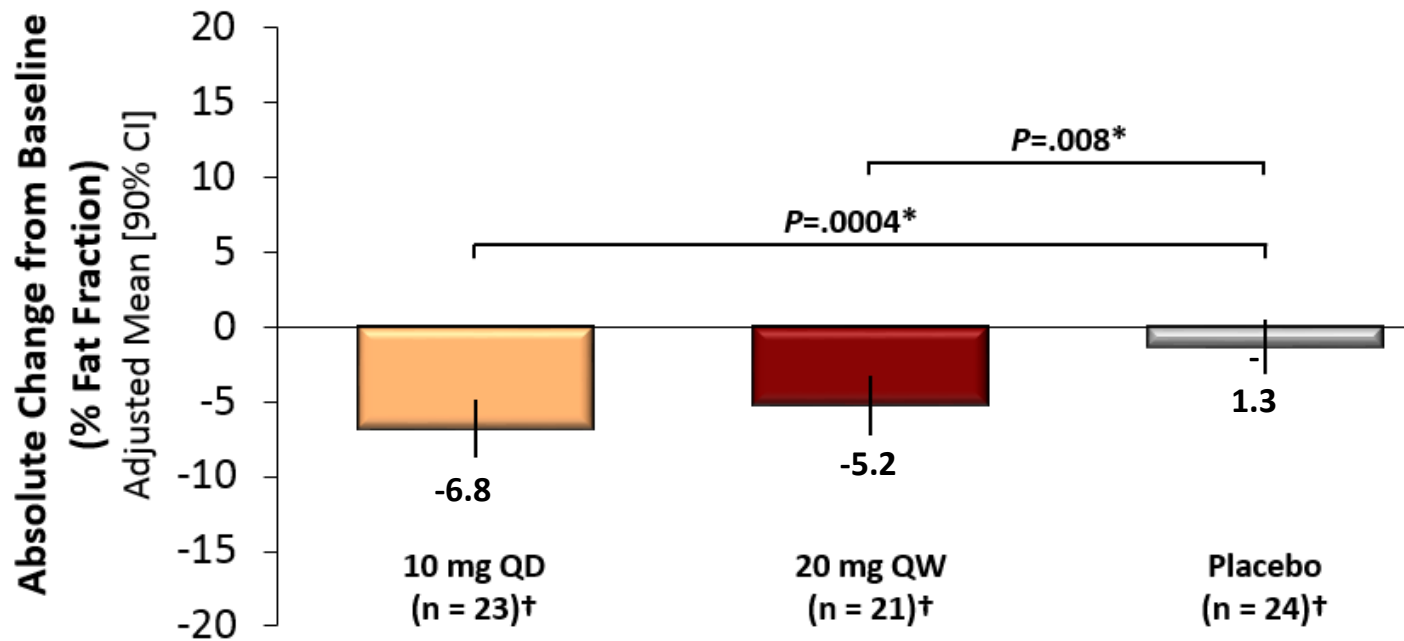
↓ Pro-C3 (biomarker of fibrosis)

***FGF21 may have direct and indirect beneficial effects on non-alcoholic steatohepatitis (NASH) and NASH-related hepatic fibrosis***

FGF, fibroblast growth factor; HDL, high density lipoprotein; LDL, low density lipoprotein.

Owen BM, et al. *Trends Endocrinol Metab.* 2015; **26**(1):22-29;  
 Gimeno RE, Moller DE. *Trends Endocrinol Metab.* 2014; **25**(6):303-11;  
 Polyzos SA. Et al. *Diabetes Obes Metab.* 2010; **12**(5): 365-83;  
 Kharitononkov A and Larsen P, *Trends Endocrinol Metab.* 2011; **22**(3):81-86;  
 Charles E. et al. *Hepatology* 2016; **64**(Suppl):17A.

# Absolute Improvement in Hepatic Fat Fraction (MRI-PDFF) at Week 16

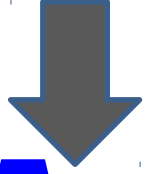


BMS-986036 QD and QW treatment compared with placebo significantly reduced hepatic fat fraction

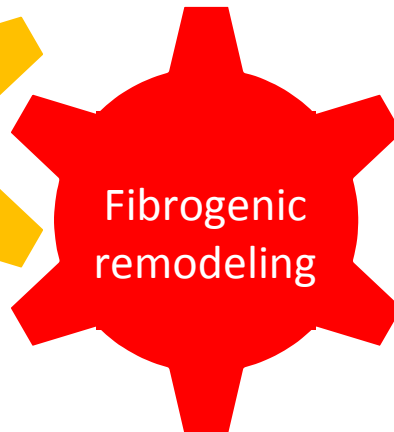
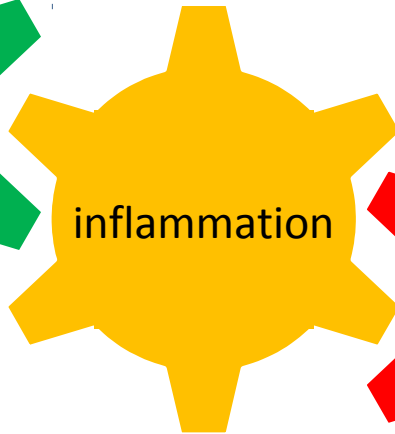
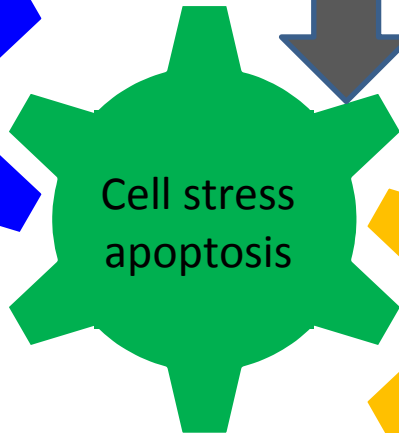
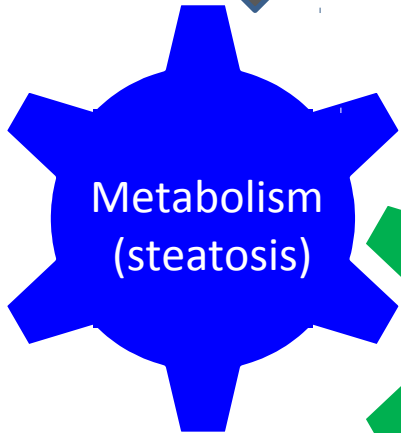
\*Inferential statistical analyses were conducted using a MMRM and not adjusted for multiple comparisons;  
†1 patient in each group completed treatment but did not have adequate MRI-PDFF scans at baseline and Week 16.

CI, confidence interval; MRI-PDFF, magnetic resonance imaging-proton density fat-fraction;  
MMRM, mixed effects model for repeated measures; QD, once daily; QW, once weekly.

PPARs  
FXR  
GLP-1  
FABAC  
FGF21



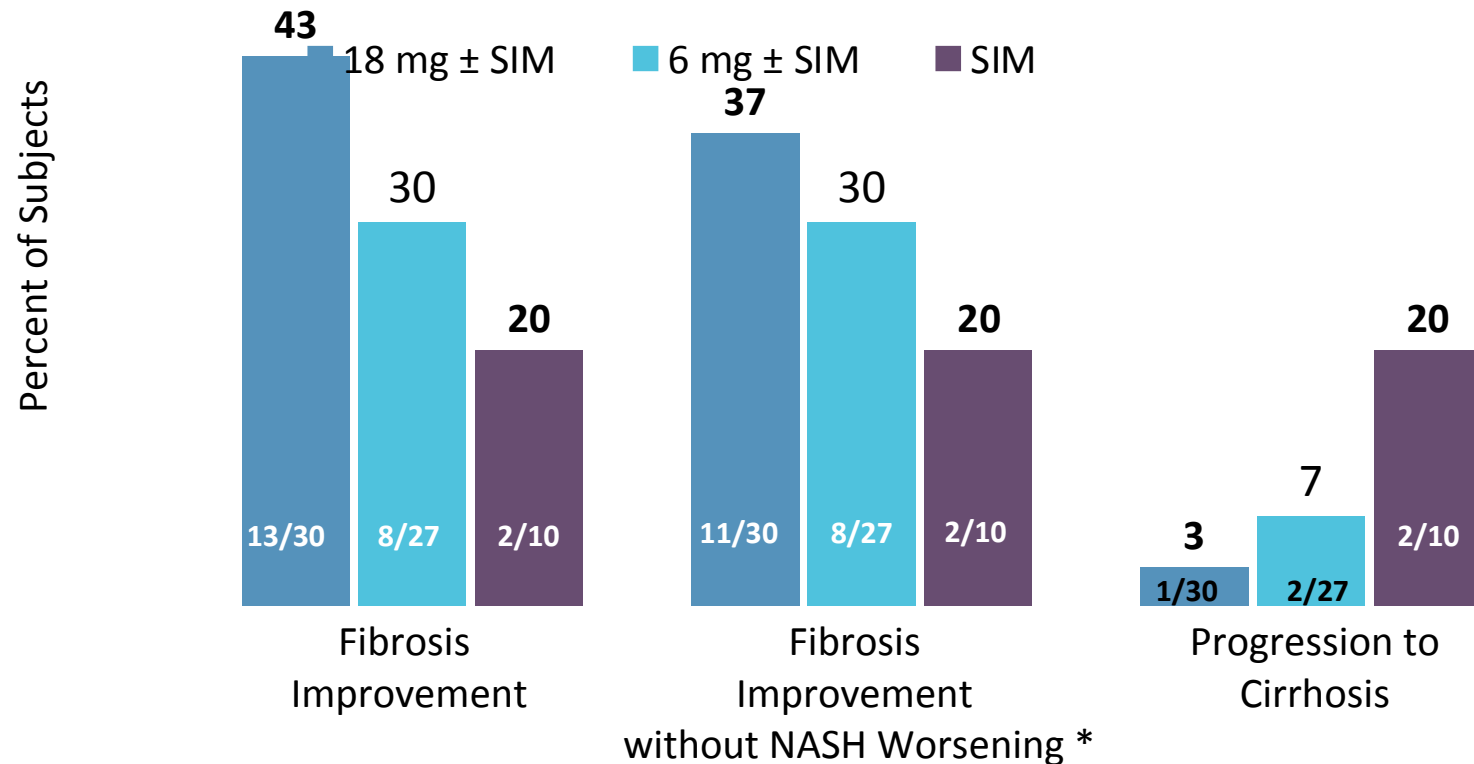
Vitamin E  
ASK1



**CIRRHOSIS**

# GS-4997, an Inhibitor of Apoptosis Signal-Regulating Kinase (ASK1), Alone or in Combination with Simtuzumab for the Treatment of Nonalcoholic Steatohepatitis (NASH): A Randomized, Phase 2 Trial

- GS4997 (2 doses) + Sim vs Sim alone
- 2:2:1:1 randomization, Stratified by diabetes
- NASH, NAS  $\geq$  5, F2-3





PPARs/mTOD

FXR/FGF19

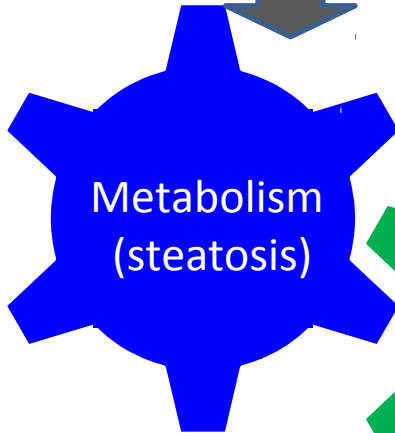
GLP-1

FABAC

FGF21

ACC1

Thyroxine receptor

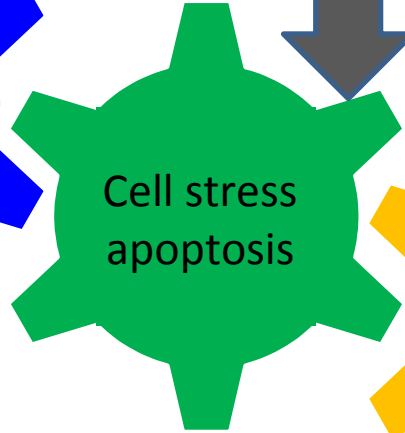


Metabolism  
(steatosis)

Vitamin E

ASK1

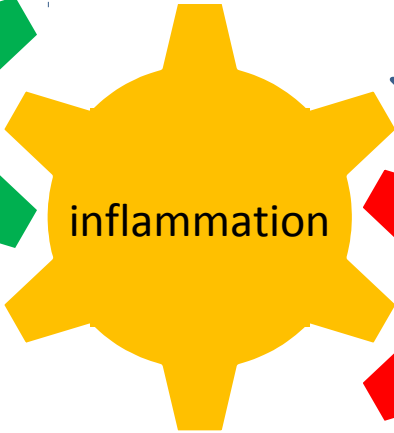
Bovine colostrum



Cell stress  
apoptosis

Galectin

CCR2-CCR5 (Cencriviroc blocks this target)



inflammation

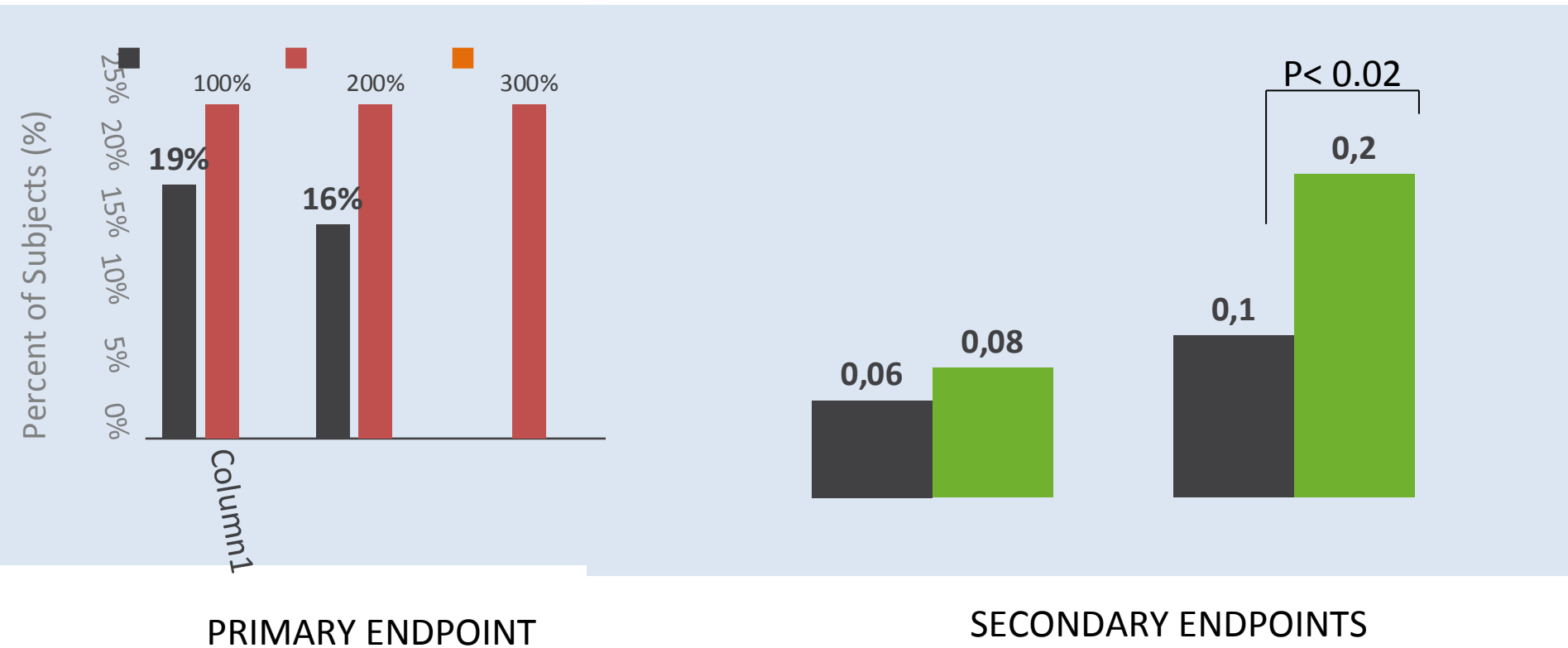


Fibrogenic  
remodeling

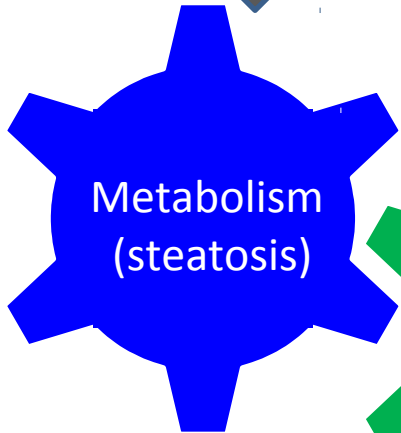


**CIRRHOSIS**

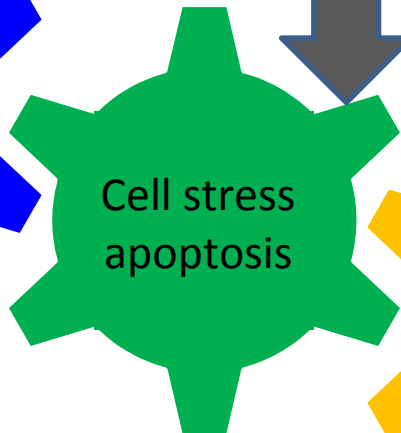
# Cenicrivaroc for NASH



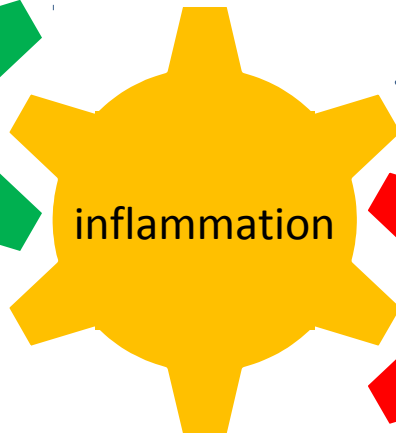
PPARs  
FXR  
GLP-1  
FABAC  
FGF21



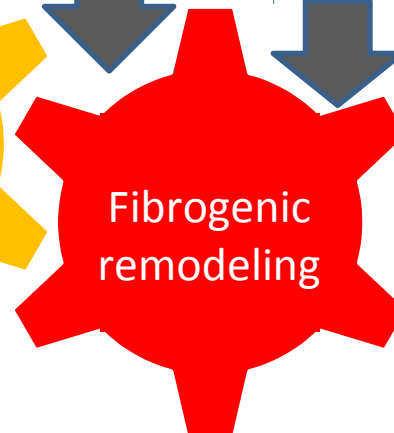
Vitamin E  
ASK1



CCR2-CCR5 (Cencriviroc blocks this target)

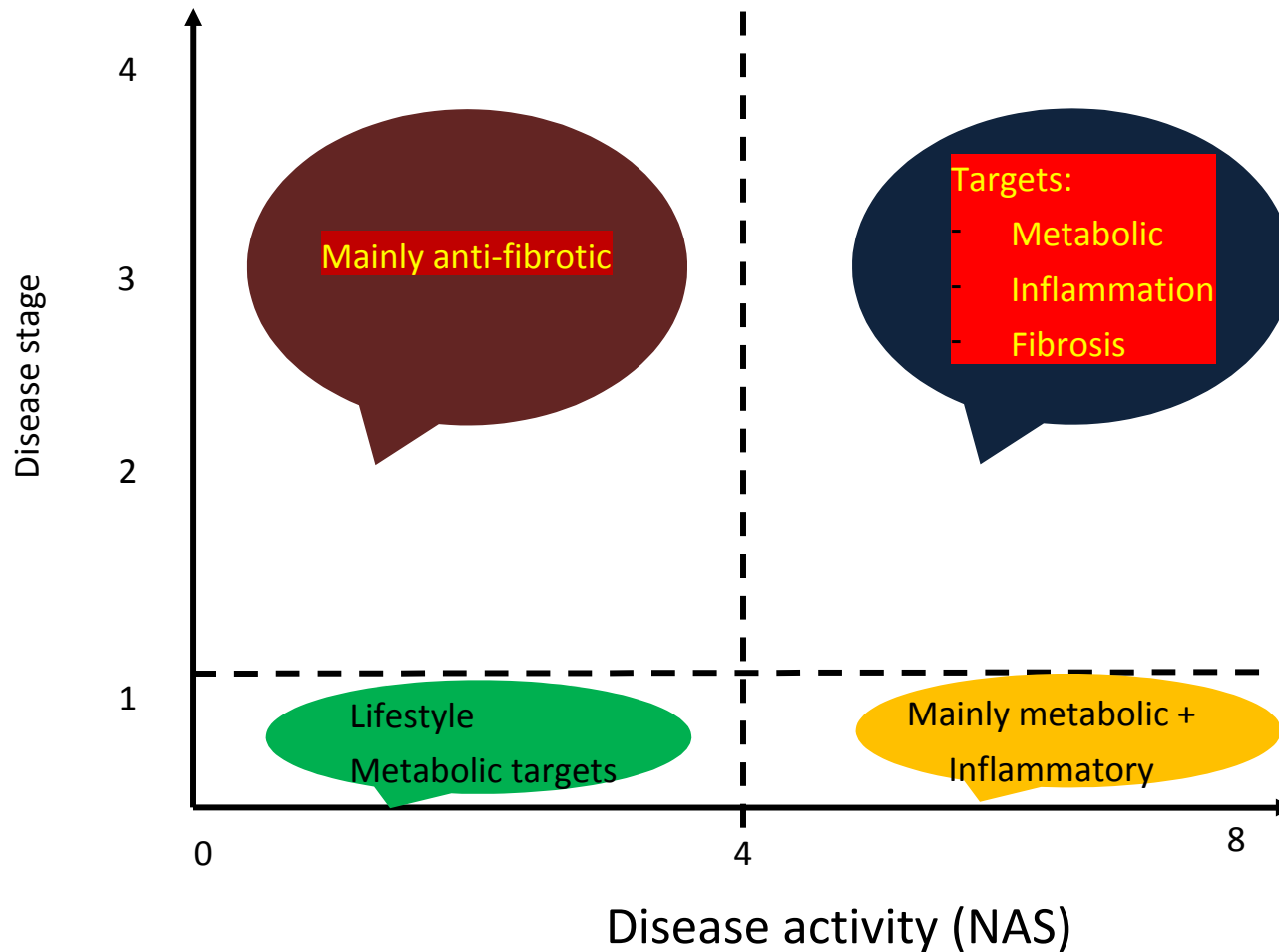


Anti-fibrotics



**CIRRHOSIS**

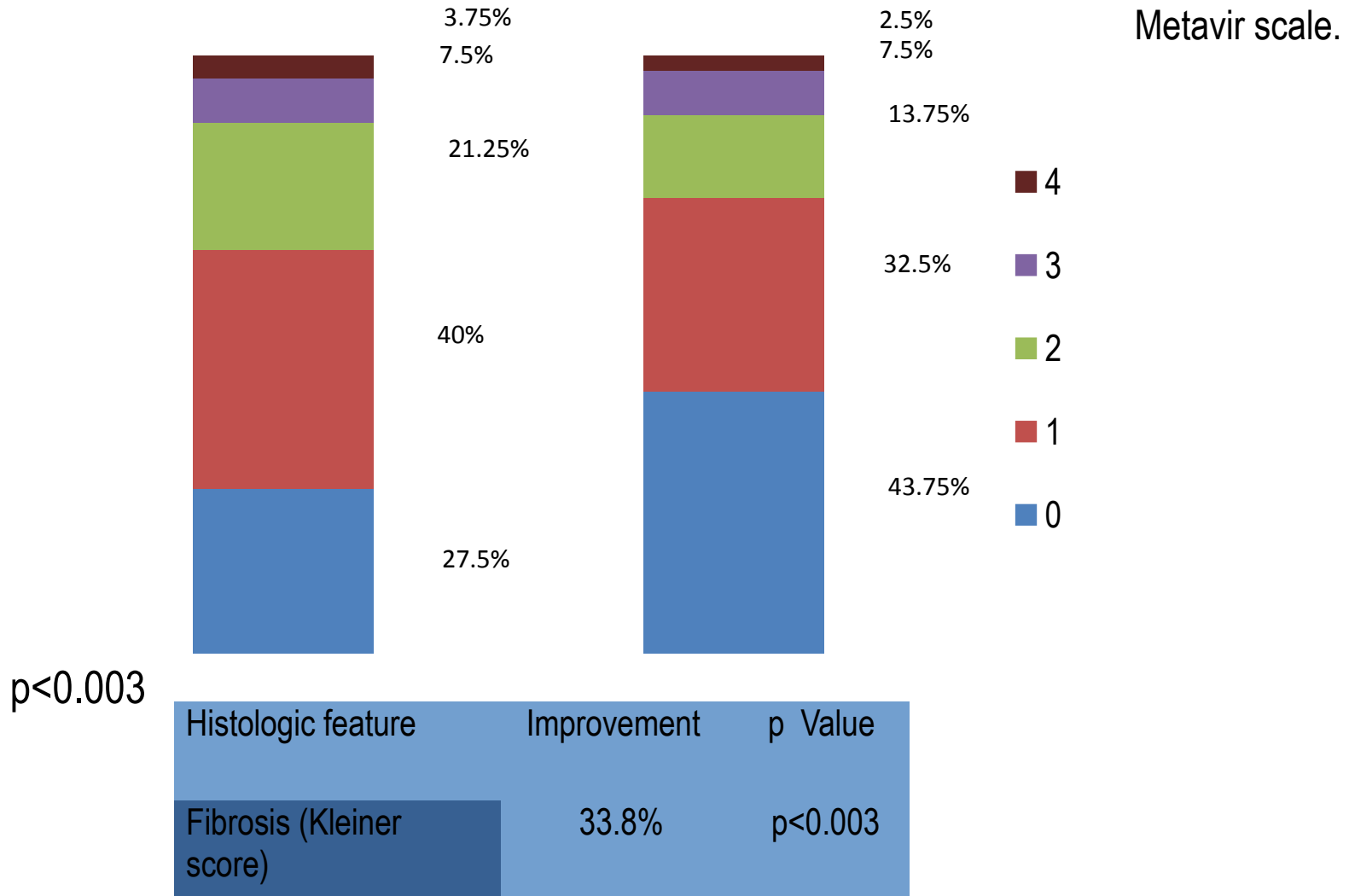
# Rational approach to therapeutics for NASH



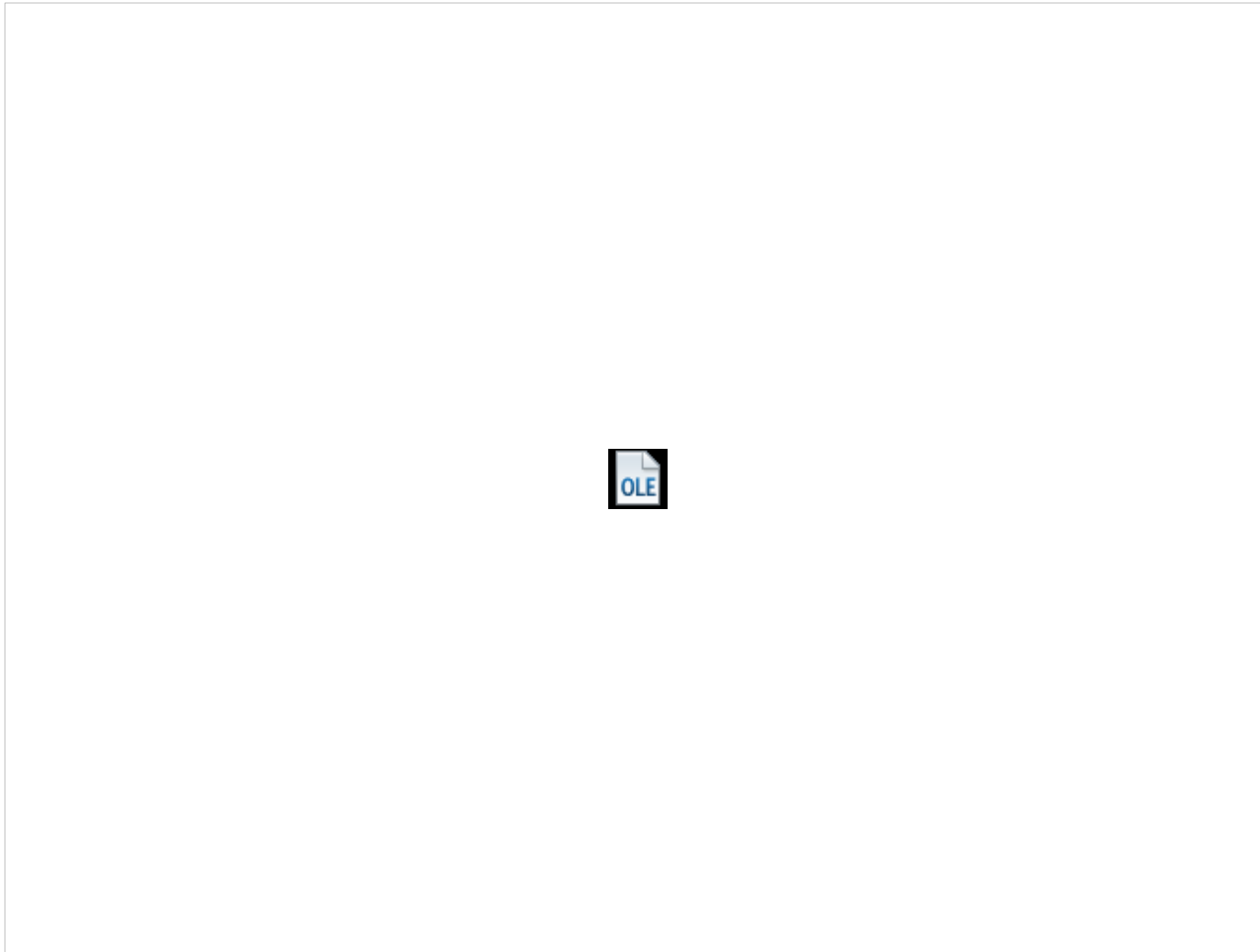
# Results: Evolution of Fibrosis after surgery

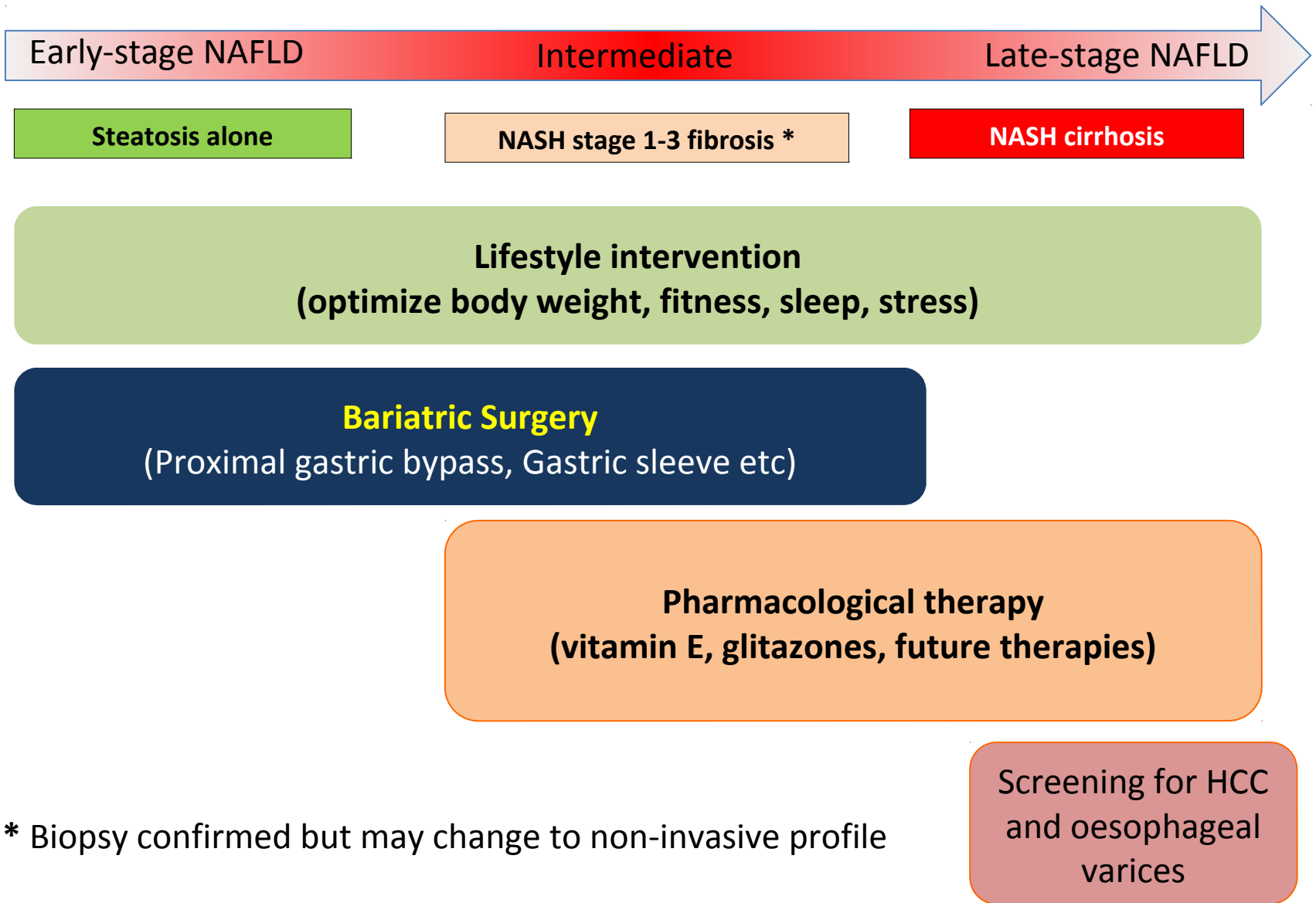
Lassailly et al, Gastroenterology. 2015 Aug;149(2):379-88

Fibrosis improves after bariatric surgery

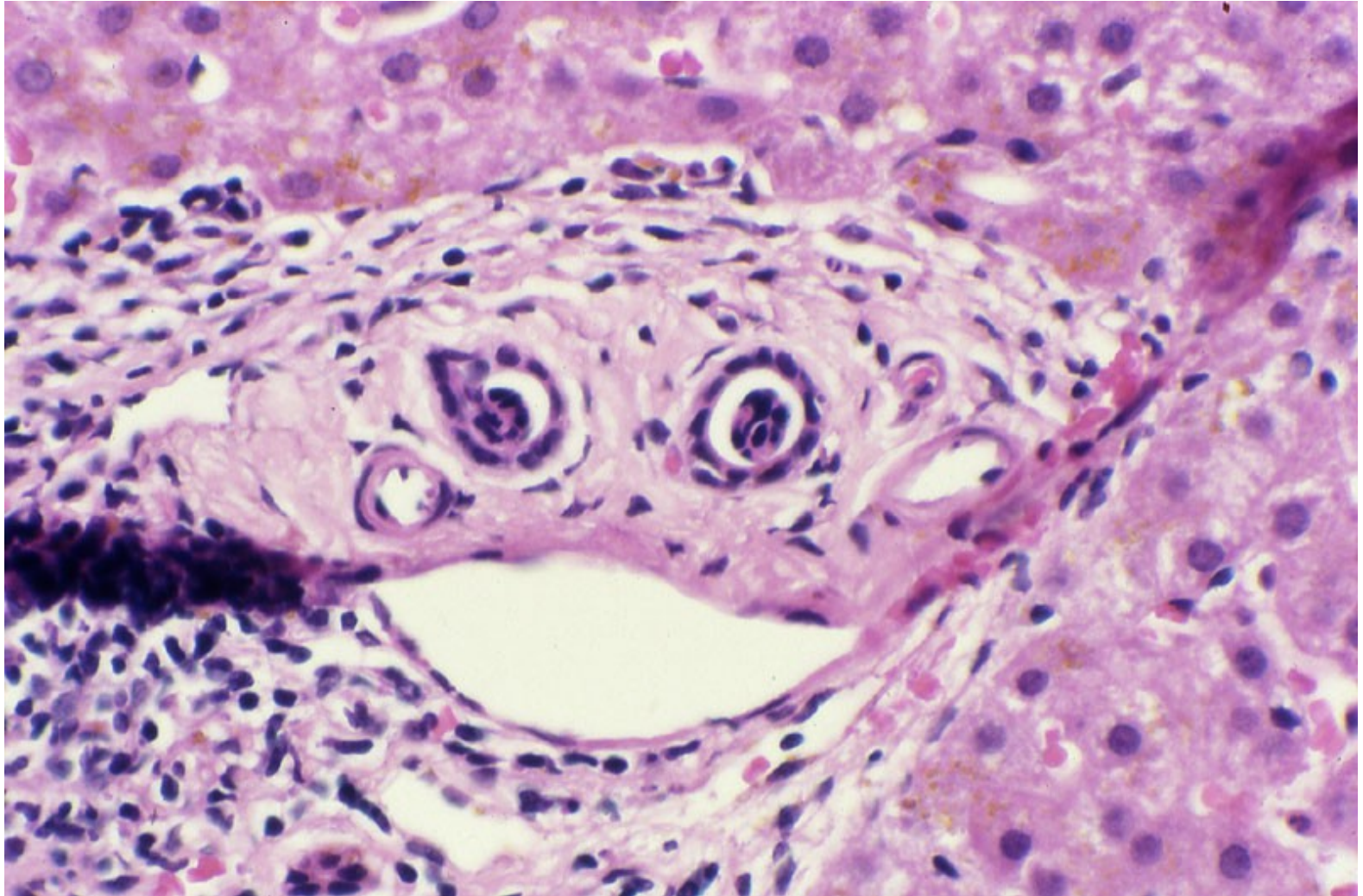


# Effect of endoscopic duodenal mucosal resurfacing on glycemic control





# Thank You



Courtesy- Dr. David Kleiner