

HCV micro-elimination

Stanislas Pol, MD, PhD

Université de Paris

Liver Department, Hôpital Cochin

Inserm U-1223 & Immunology of dendritic cells
Institut Pasteur, Paris, France

PHC

13 January 2020

stanislas.pol@aphp.fr

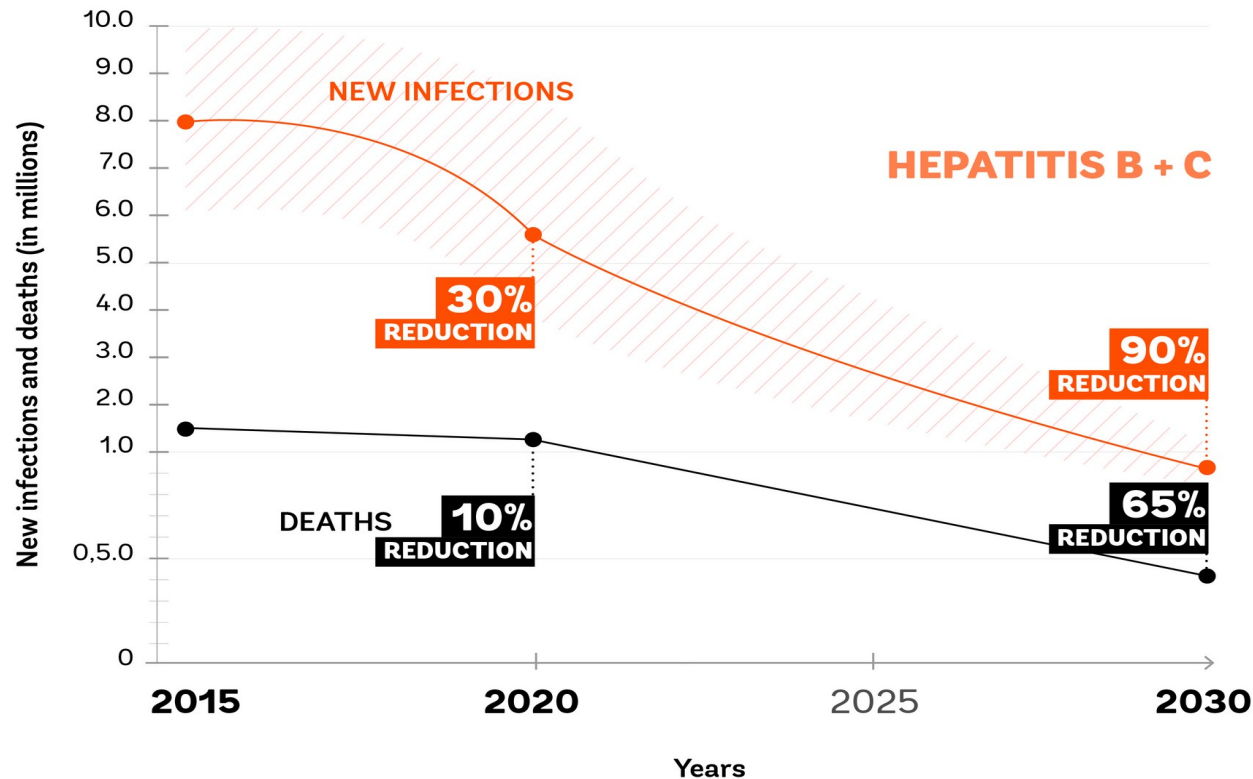


Disclosures

Speaker or Board member : BMS, Biotest, Shiniogi, Janssen, Gilead, Roche, MSD, Abbvie

Grants : BMS, Gilead, Roche, MSD

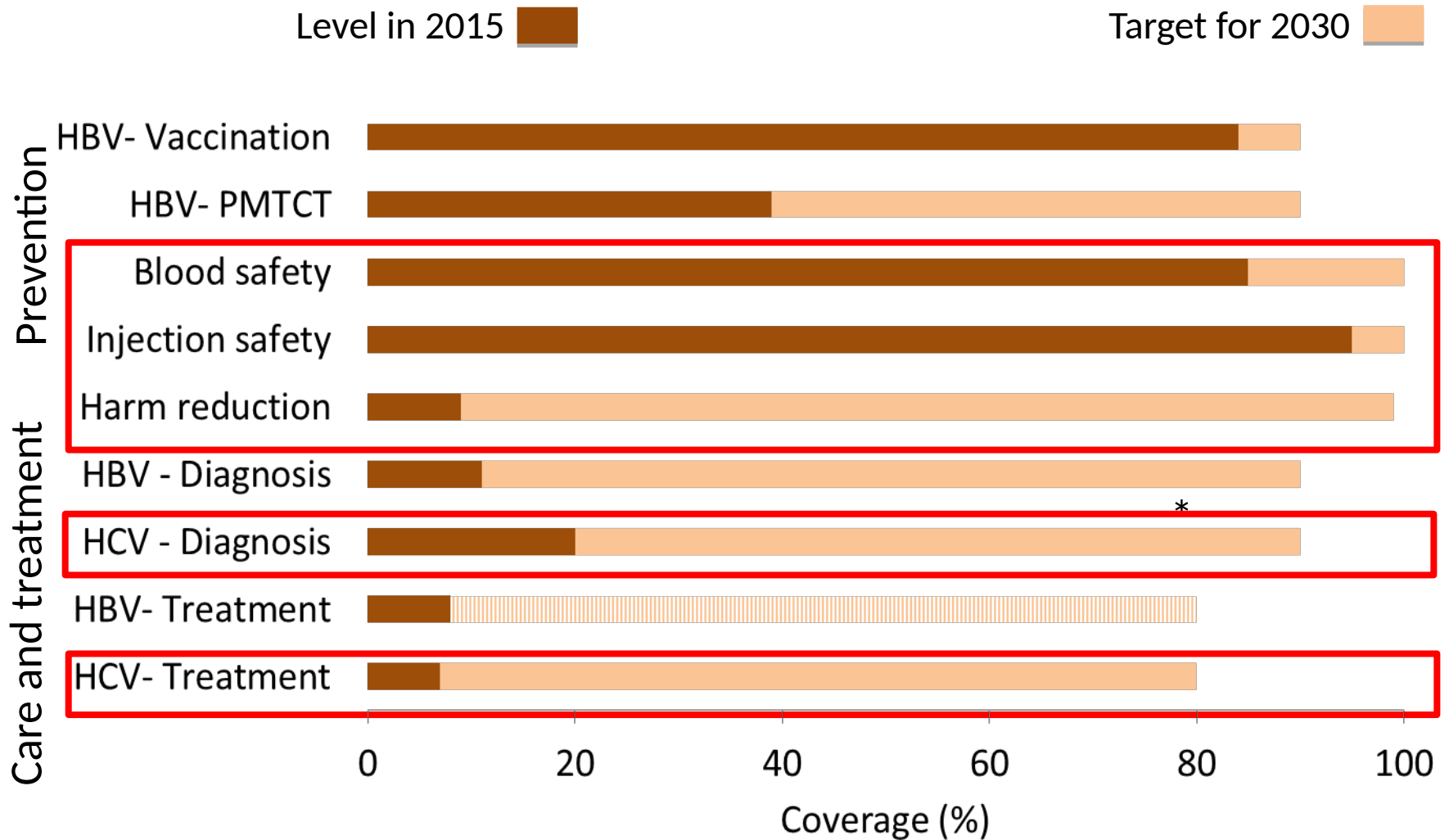
Elimination of viral hepatitis: the WHO plan for 2030



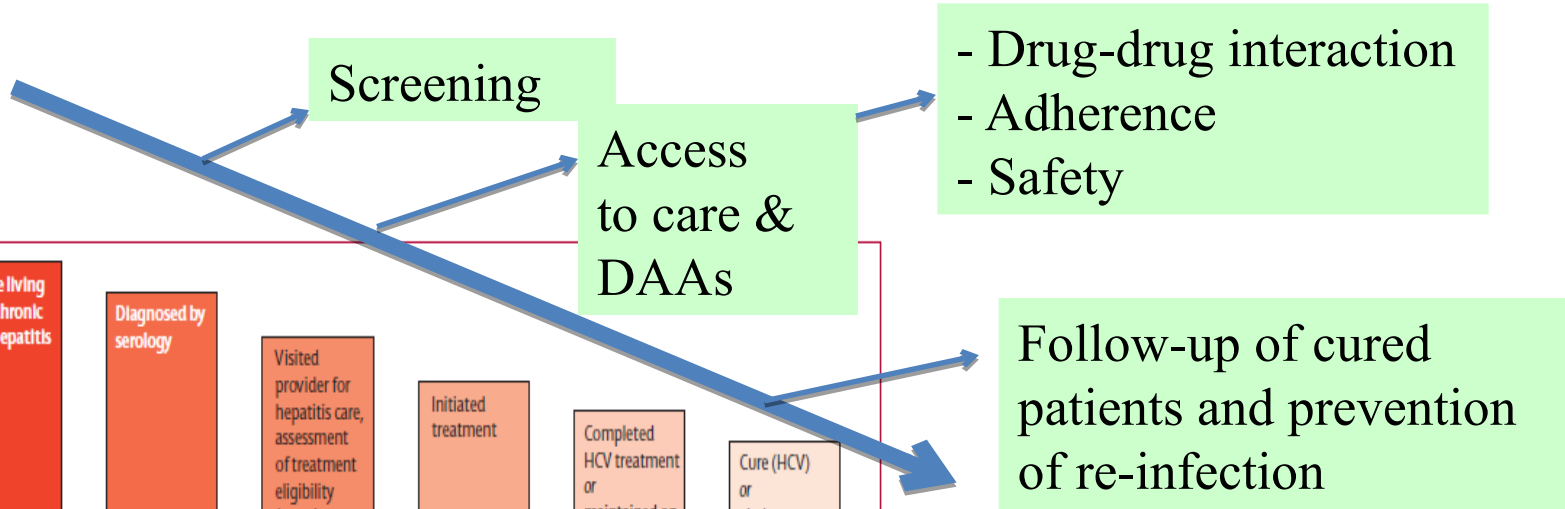
By 2030:

1. 90% aware of HCV infection by 2030
2. 80% of people treated
3. 1.4 million deaths (in 2015) to under 500,000 deaths (by 2030)
4. 6-10 million infections (in 2015) to 900,000 infections (by 2030)

Interventions and targets



HCV elimination



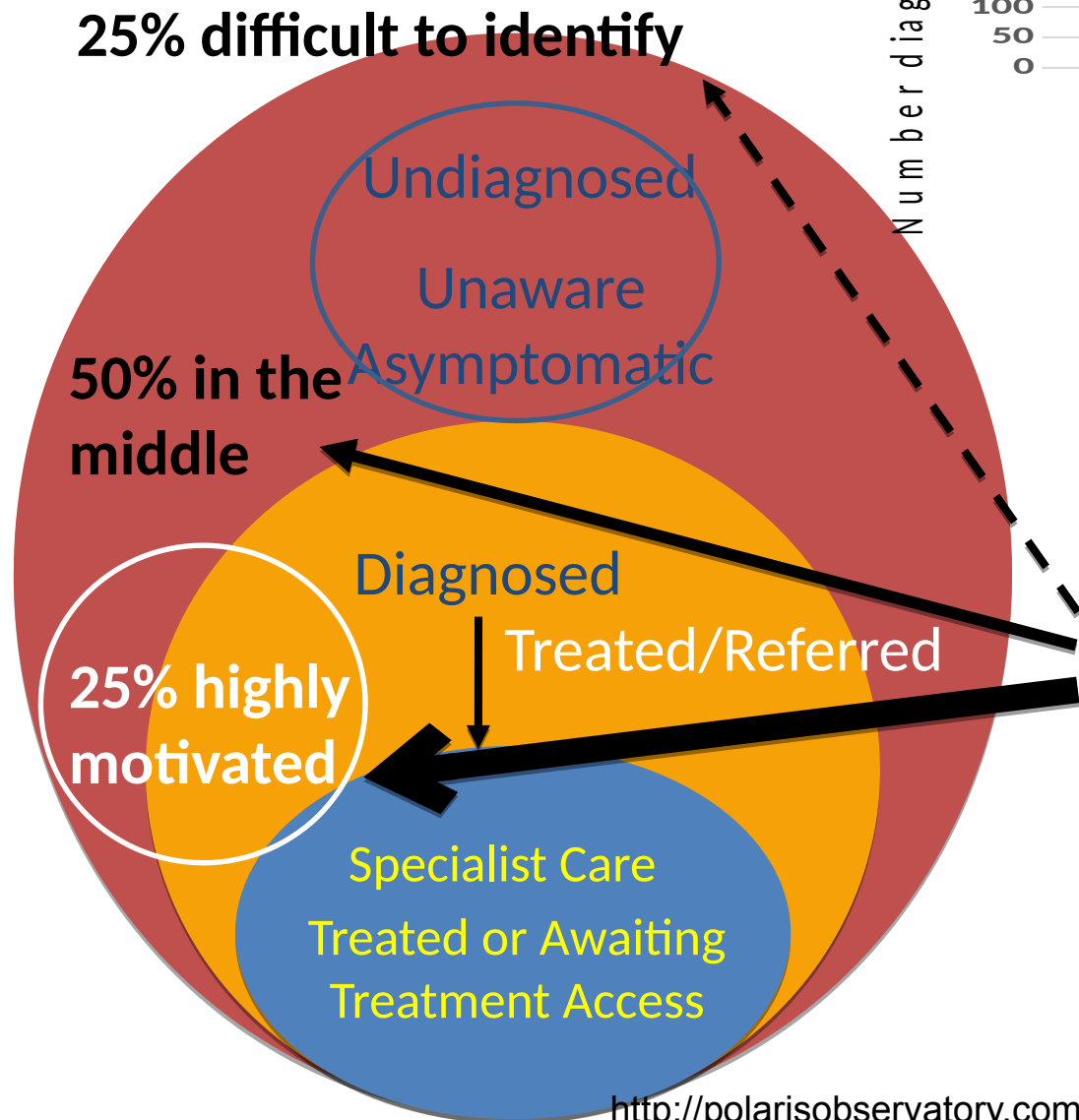
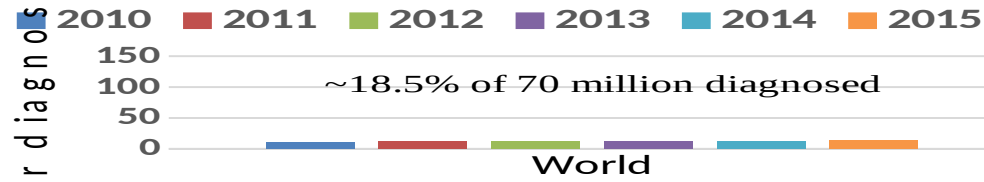
Populations	Testing	Linkage to care	Treatment uptake	Treatment adherence	Viral suppression	
People living with chronic viral hepatitis		Diagnosed by serology	Visited provider for hepatitis care, assessment of treatment eligibility (not always specialist care)	Initiated treatment	Completed HCV treatment or maintained on HBV treatment	Cure (HCV) or viral suppression (HBV)
Stages of care continuum	Testing	Linkage to care	Treatment uptake	Treatment adherence	Viral suppression	
Operational Interventions to optimise engagement and retention along care continuum	<ul style="list-style-type: none"> Improved access to testing Education about testing Prompts to increase testing by providers 	<ul style="list-style-type: none"> Facilitated referral to specialist Programmes to help patients meet criteria for treatment eligibility Co-located testing and care services 	<ul style="list-style-type: none"> Education about treatment Psychological therapy and counselling for comorbid patients Resources for primary care providers to manage treatment 	<ul style="list-style-type: none"> Coordinated treatment for hepatitis and other comorbidities Education about treatment Directly observed therapy 	<ul style="list-style-type: none"> Coordinated treatment for hepatitis and other comorbidities Education about treatment Directly observed therapy 	

Limitations to HCV elimination :

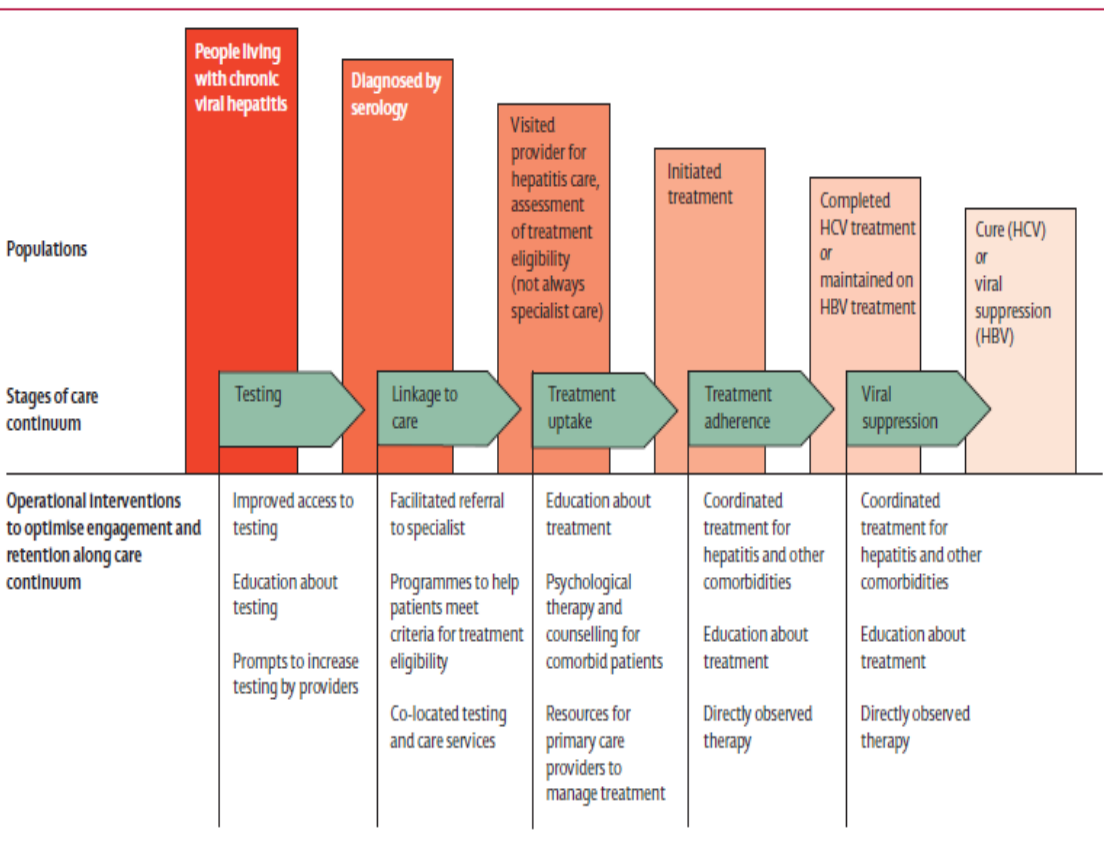
- screening
- access to care
- cost of drugs

Different populations to screen

Number diagnosed (million)



HCV micro-elimination in “easy-to-screen” patients



• Micro-elimination = SVR in « well-defined » populations

- Decompensated cirrhosis
- US Veterans
- Nephrology
- Hematology
- Oncology



Addition of micro-eliminations will help in macro-elimination

DAAs therapy and de Novo HCC

PROS

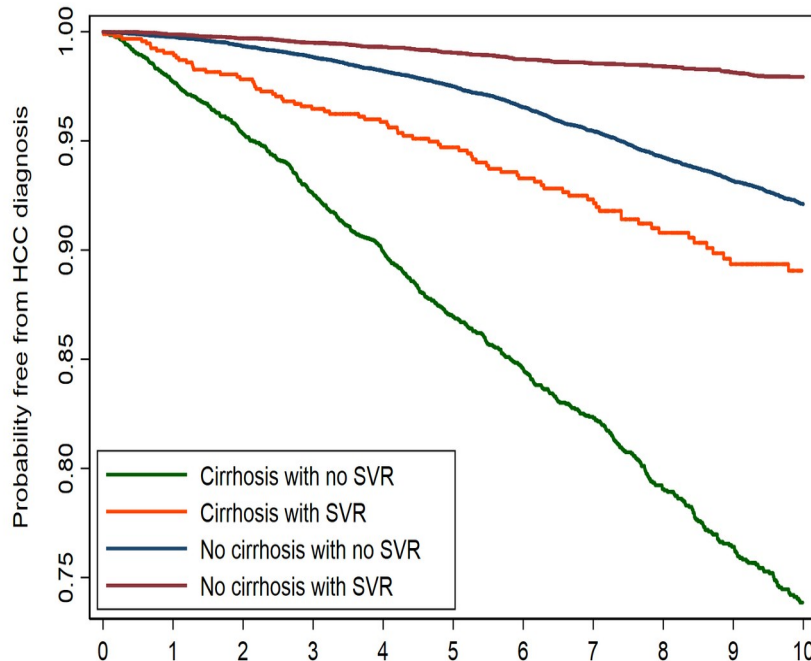
CONS

easy-to-screen population

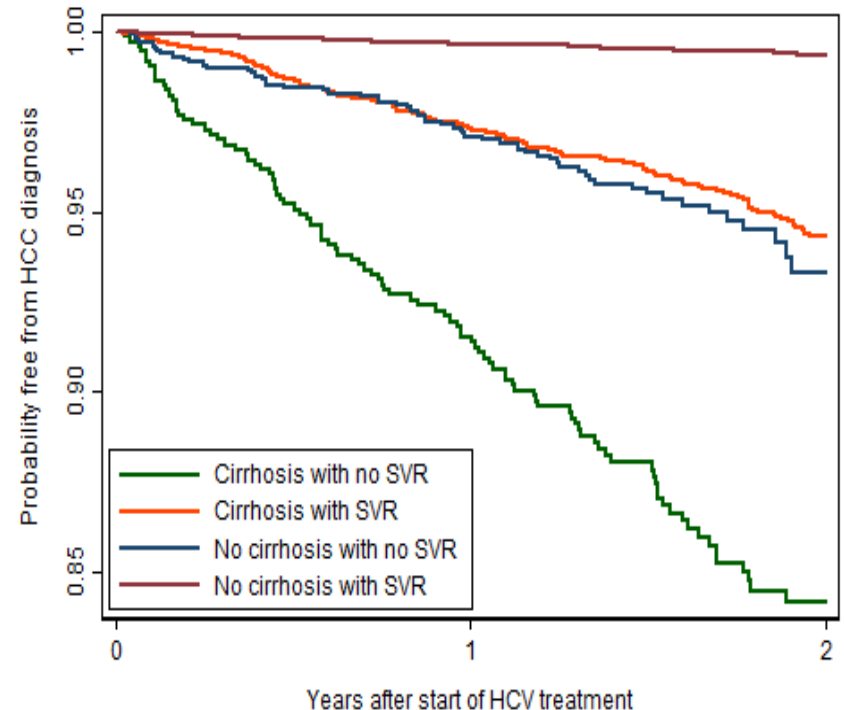


Cohort study in Veterans treated from 1999 to 2015

Survival free of HCC by cirrhosis and SVR status after **INF- regimens**



Survival free of HCC by cirrhosis and SVR status after **DAA-only**



Ioannou et al, Hepatol 2017

62,354 HCV pts without detectable HCC in 2015

More than 100,000 cured in August 2019: 25,000 remain to treat

HCV Micro-elimination in easy-to-screen population

Identification of untreated HCV RNA+ patients

Hepather: around 14500 HCV patients in 32 motivated centers

- **Decrease in the number of untreated patients:**
 - 1st october 2018 : 1 882 patients
 - 18st march 2019 : 1 309 patients
 - 2nd december 2019 : 1 143 patients

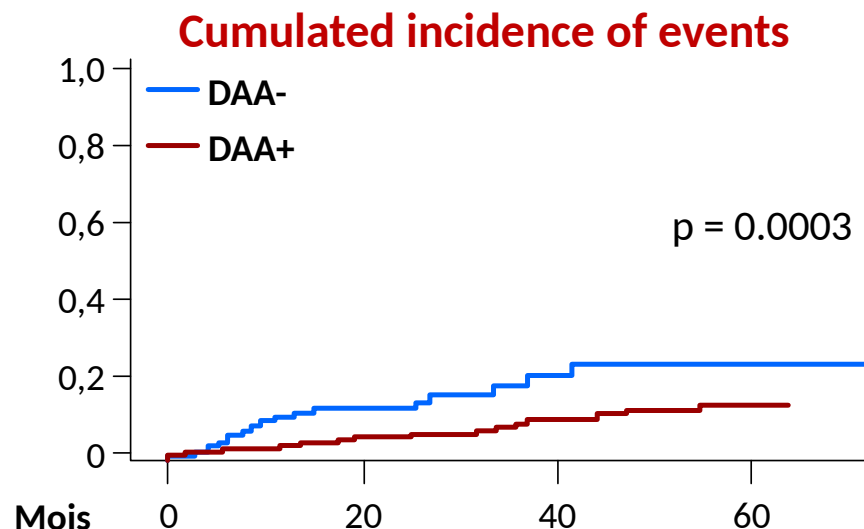
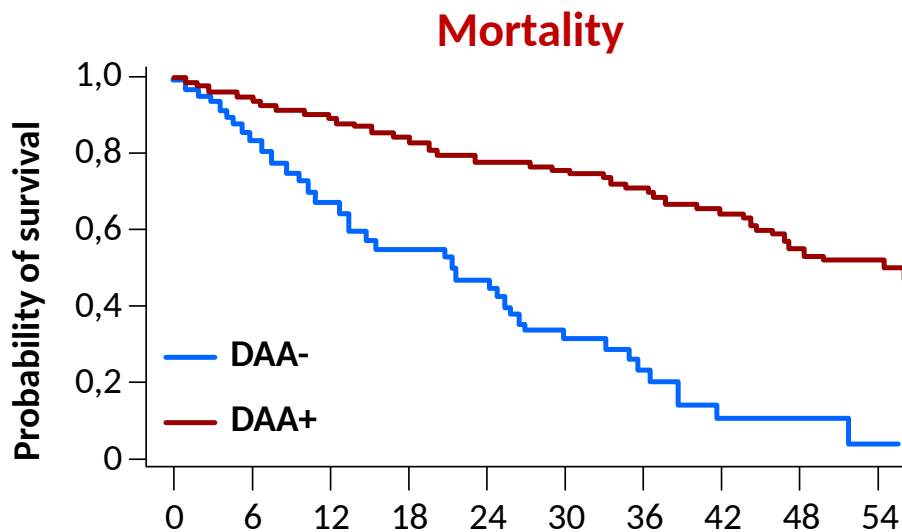
- **Around 10% of untreated patients**

Fibrosis stage	N (%)
F0 à F1	527 (52%)
F1/2 à F2	208 (21%)
F2/3 à F3	74 (7%)
F3/4 à F4	195 (19%)
Missing data	139
Total	1 143

- **No major difference in the profile of treated and untreated patients**

HCV Micro-elimination in easy-to-screen population: decompensated cirrhosis

- HEPATHER : prospective cohort including 699 patients prior decompensation of HCV cirrhosis with a median follow-up of 37 months
- SVR : 86 % (84 % in patients with CP-C and/or MELD > 20)



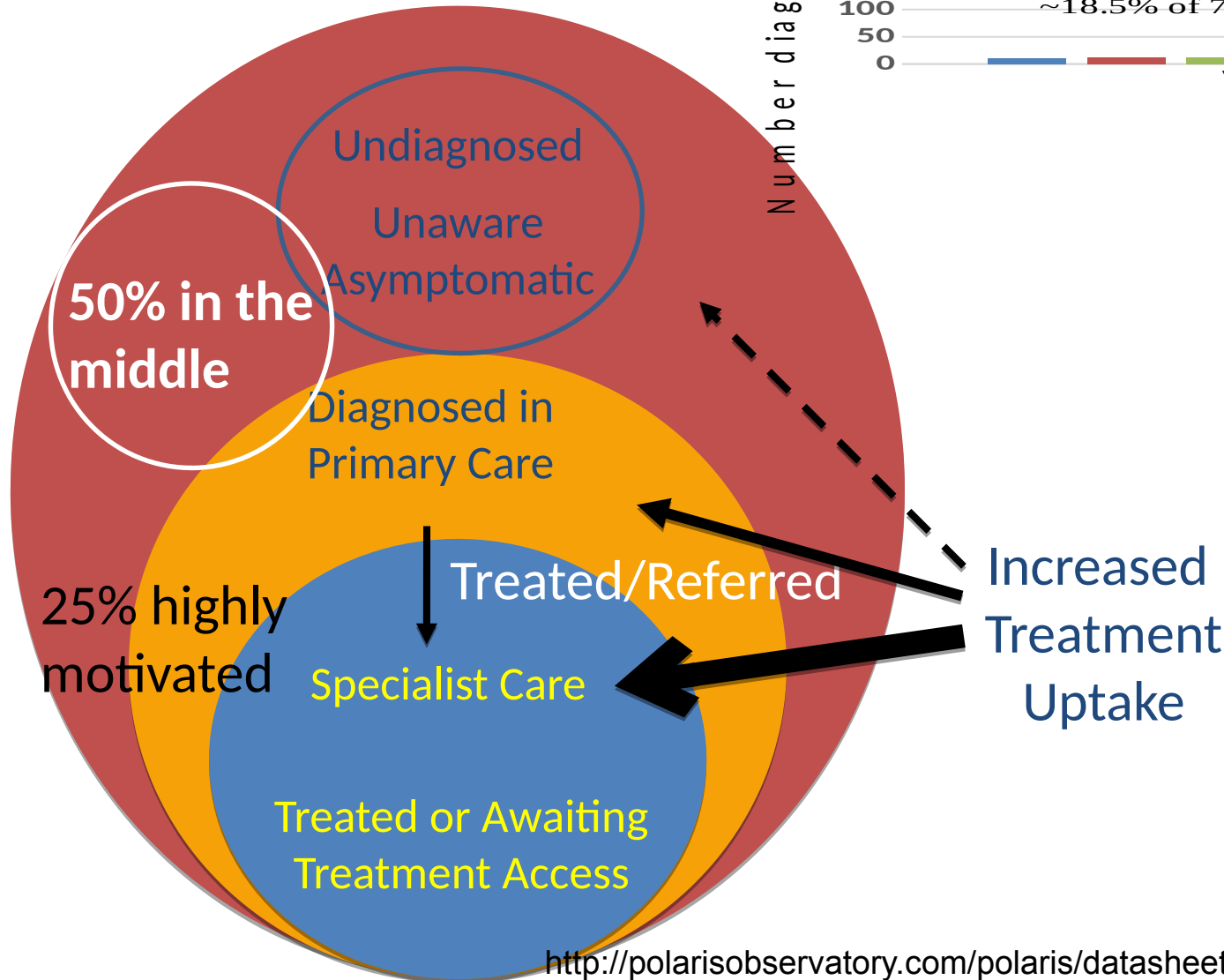
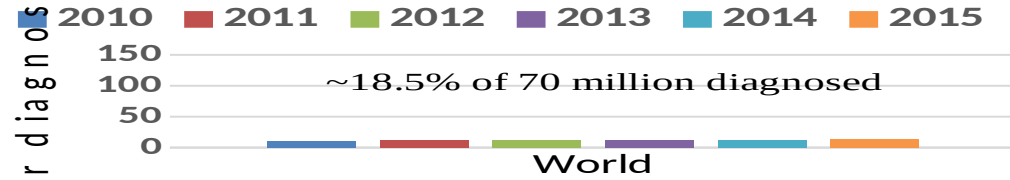
Mortality: adjusted HR 0.44, 95% CI 0.26-0.74 $p=0.002$

- 571 DAA+ and 128 (18.3%) untreated patients (DAA-)

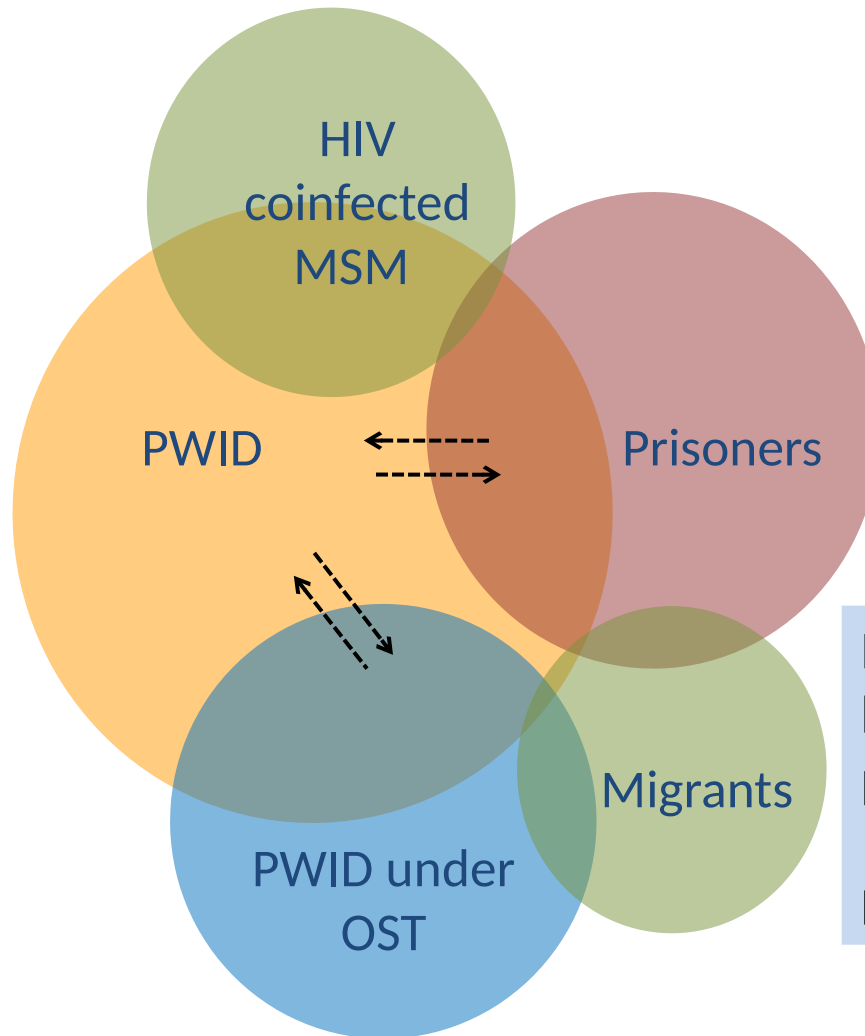
Micro-elimination in “high risk” patients

25% difficult to identify

Number diagnosed (millions)



HCV micro-elimination in high-risk patients



Prevalence: 4.3-6.7%
Screening in 36-70%:
- 46% HCV RNA+
- 3.9-46% treated

Remy A-J.
Presse Médicale 2005 & BEH 2017

Prevalence: >3-fold
higher than the general
population

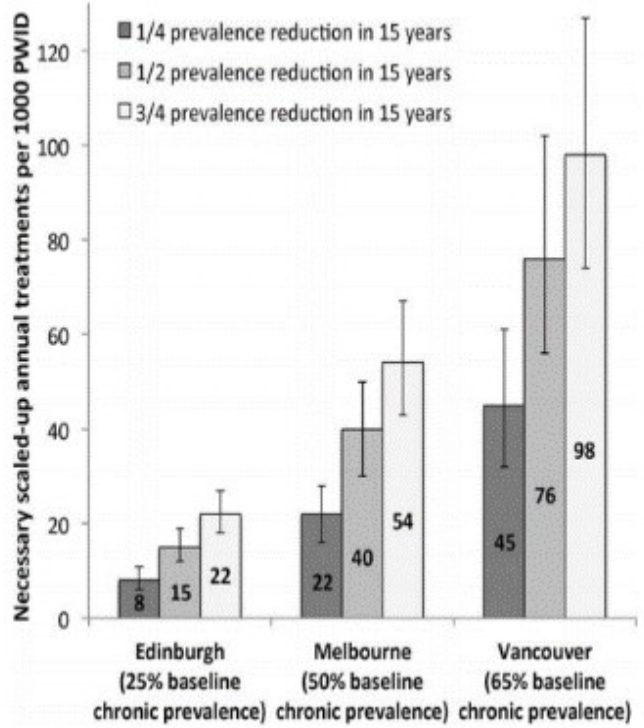
Limited screening

High-risk patients are also HCV high transmitters

Key GROUPS

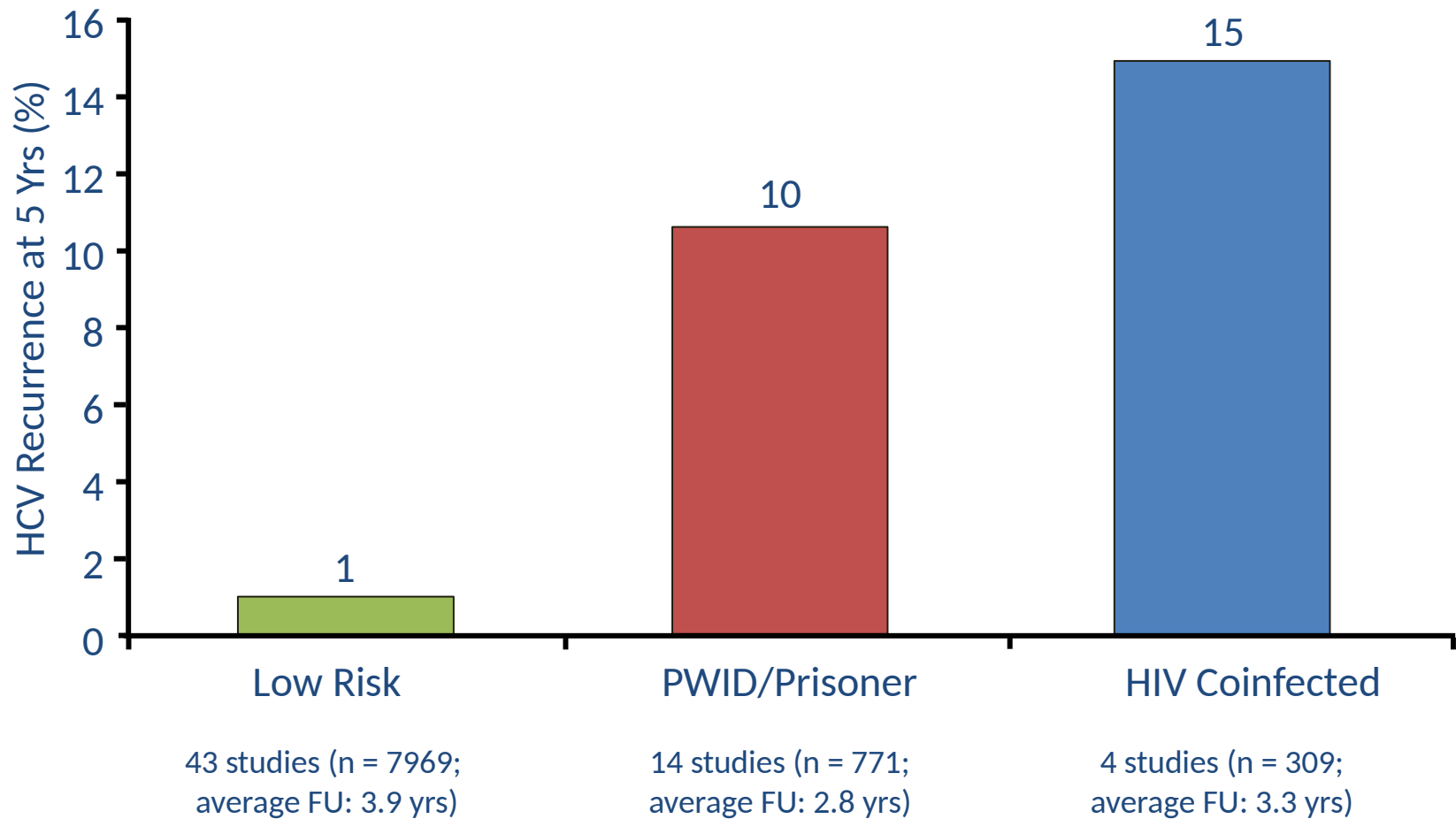
- Prisoners
- MSM
- PWID
- Sex workers
- Migrants
- Treatment reluctants

Dedicated screening programs
Counseling
Link to care

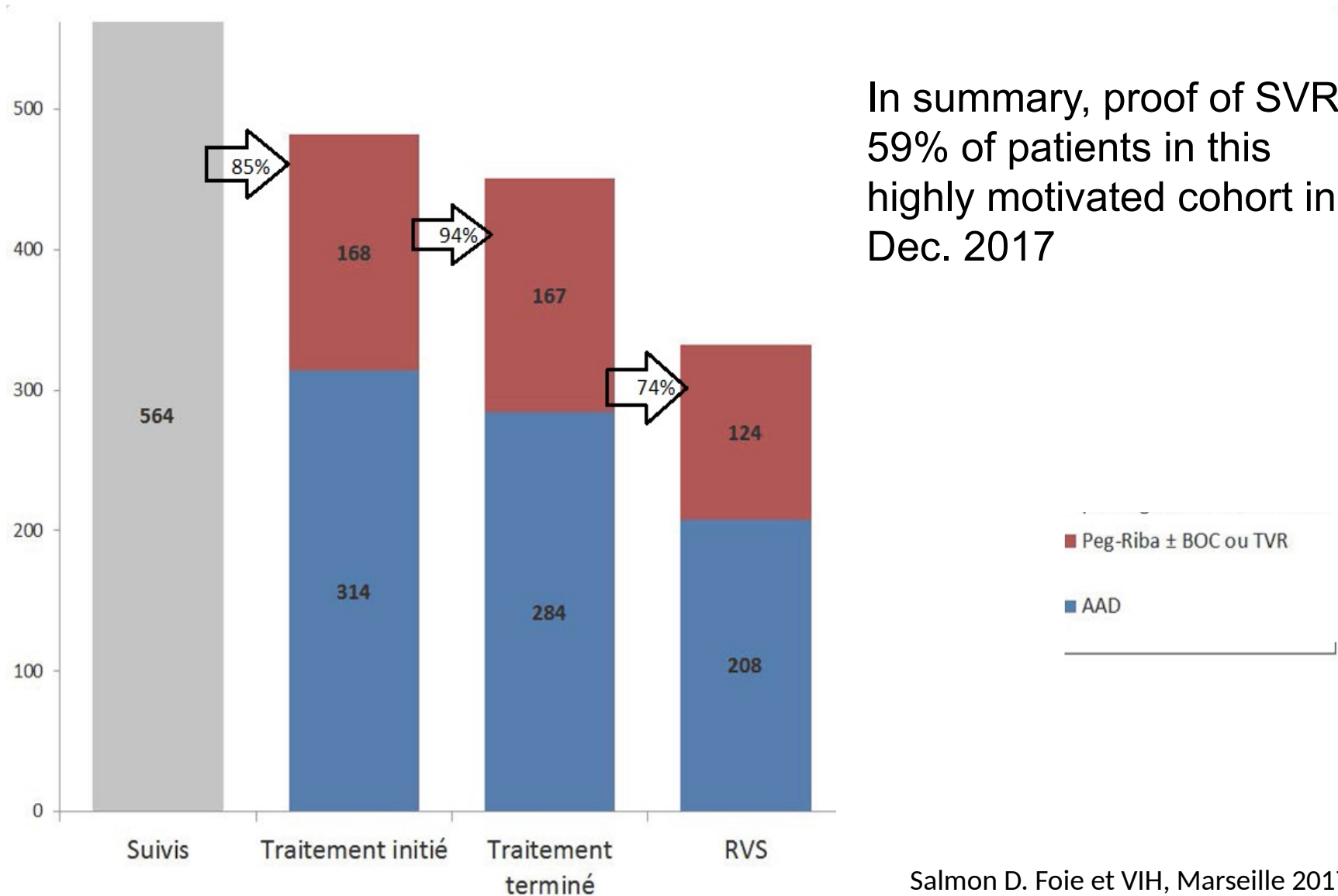


Modest rates of HCV treatment among active injecting drug users could effectively reduce transmission

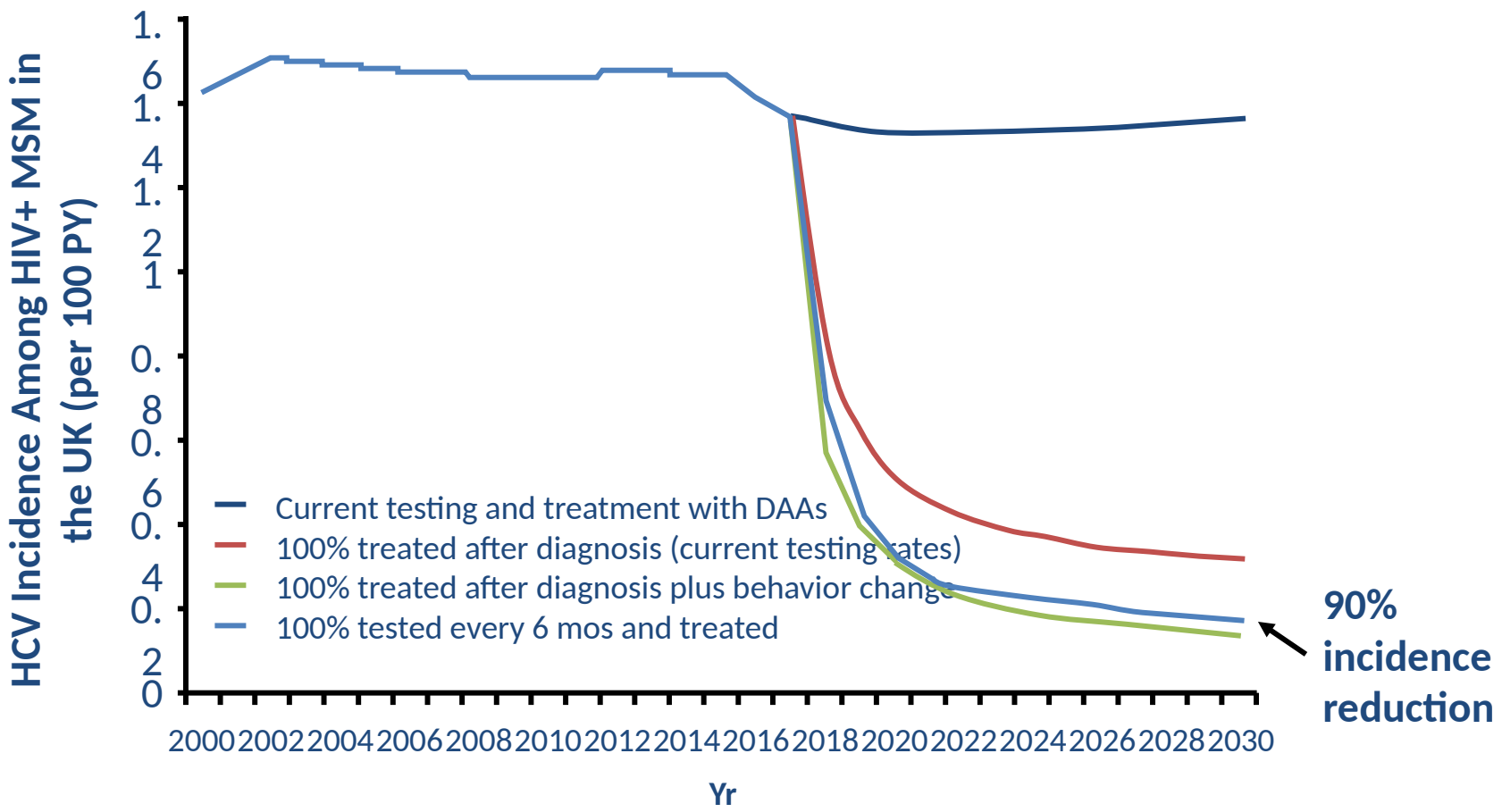
HCV reinfection over 5 years



HCV elimination in the HEPAVIH ANRS cohort



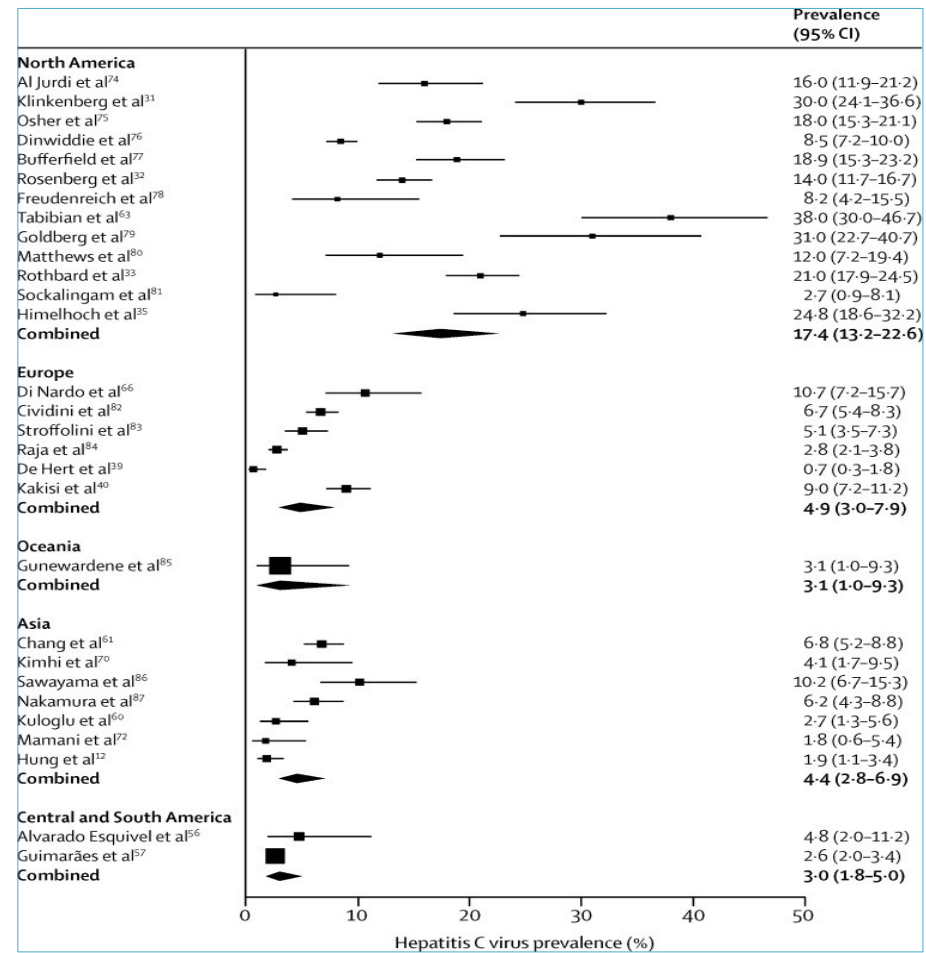
HIV+ MSM in UK Model: Elimination will require high treatment + more testing and harm reduction



Martin NK, et al. Clin Infect Dis. 2016;62:1072-1080; Salazar-Vizcaya L, et al. Hepatology. 2016;64:1856-1869.

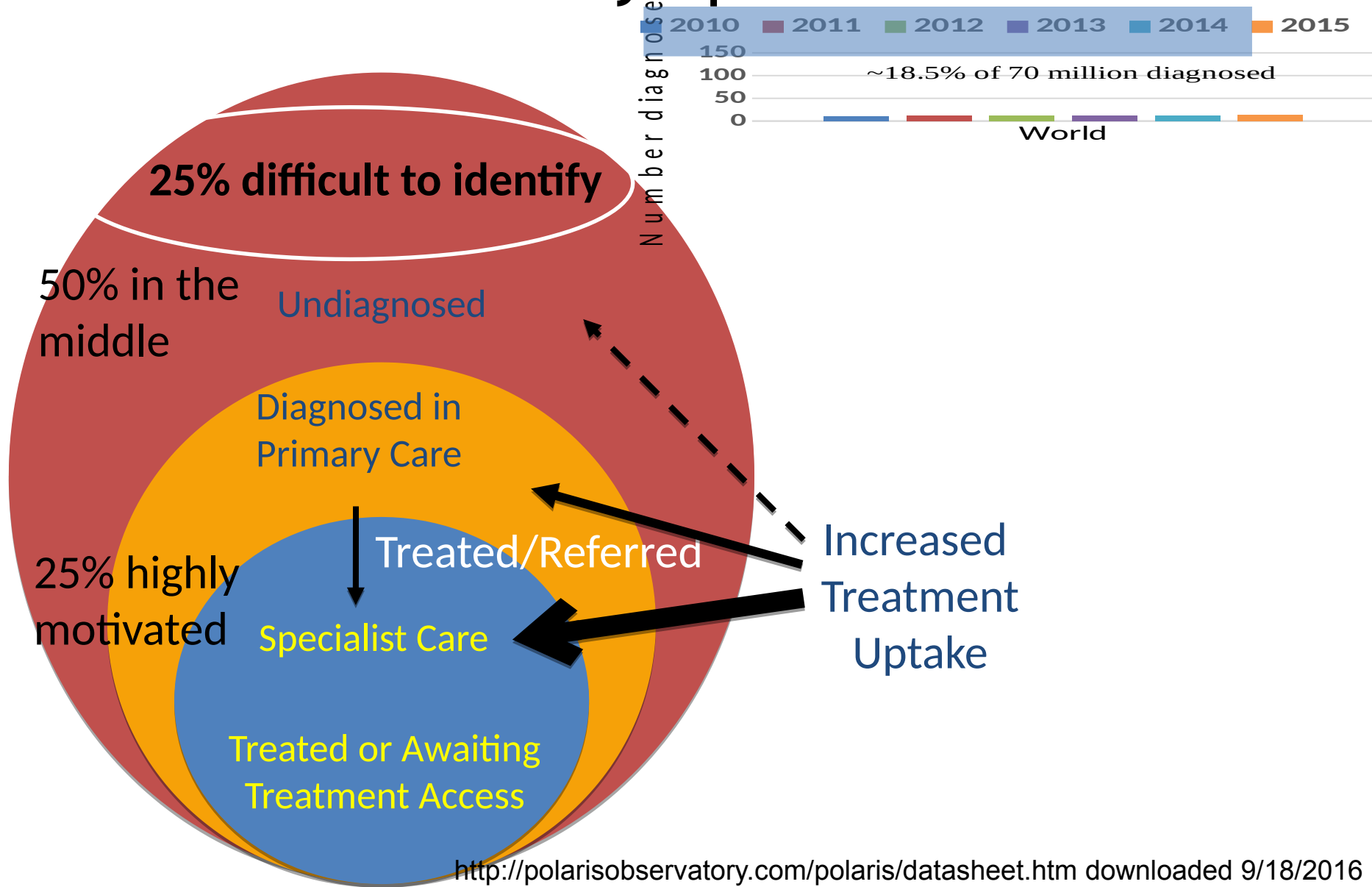
Micro-elimination in psychiatric patients

HCV	Studies (N)	Prevalence (95% CI)
North America	13	17.4% (13.2 - 22.6)
Europe	6	4.9% (3.0 - 7.9)
Oceania	1	3.1% (1.0 - 9.3)
Africa	0	- -
Asia	7	4.4% (2.8 - 6.9)
Central and South America	2	3.0% (1.8 - 5.0)



Very low rate of treatment despite a 10-fold increased prevalence

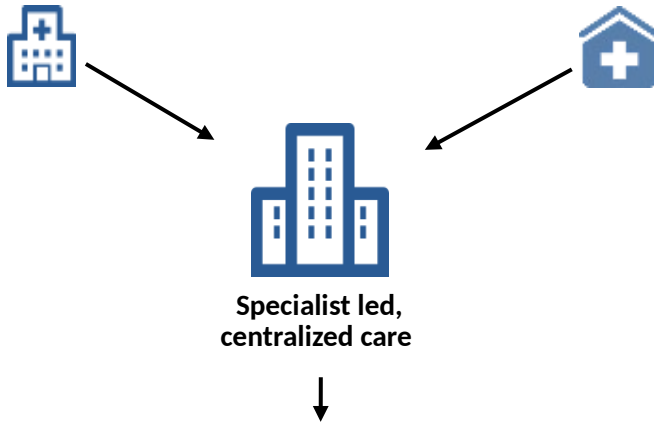
Micro-elimination in “difficult to identify” patients



“De-centralize” screening and care in communities

Patients may face difficulties in accessing testing and treatment facilities. Different populations have differing needs and require specific settings and measures in place to access treatment

Centralized



Treatment delivered through a bottleneck delays treatment initiation and risks losing the chance to connect patients to care

De-centralized



Decentralizing treatment allows streamlined access to care

1. EMCCDA Hepatitis C Among Drug Users in Europe. Available at: http://www.emcdda.europa.eu/system/files/publications/2740/att_212353_EN_EMCCDA_POD_2013_Hep%20C%20treatment.pdf (accessed December 2018).

2. WHO Implementing Comprehensive HIV and HCV Programmes with People Who Inject Drugs. Available at: http://www.who.int/hiv/pub/idu/IDUIT_2017.pdf?ua=1. (accessed December 2018)

3. WHO Guidelines for the care and treatment of persons diagnosed with chronic hepatitis C virus infection. Available at <https://www.who.int/hepatitis/publications/hepatitis-c-guidelines-2018/en/> (accessed December 2018) .

“De-centralize” screening and care in communities

- HCV Elimination is feasible since tools are available
- Micro-elimination, a public health challenge, needs education of patients and health care providers, including doctors (issues about the place of screening and access to care)

Barriers to antiviral therapies concern patients and doctors

The majority of physicians considers testing and treatment of PWID as important, but there is a need for education related to HCV Treatment

Figure 1. Percentage of Physicians Rating HCV Testing and Treatment Among PWID as Important

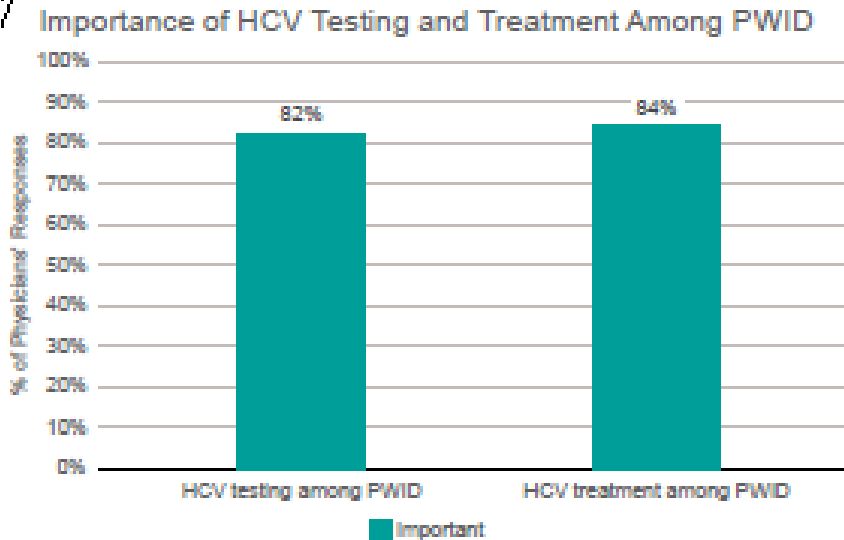
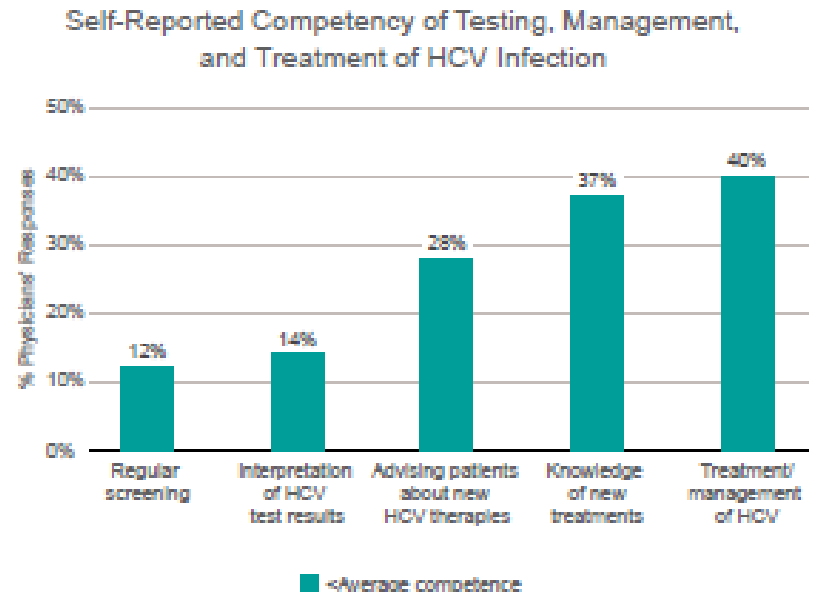


Figure 2. Physicians' Self-Reported Competence Levels Related to Testing, Management, and Treatment of HCV Infection



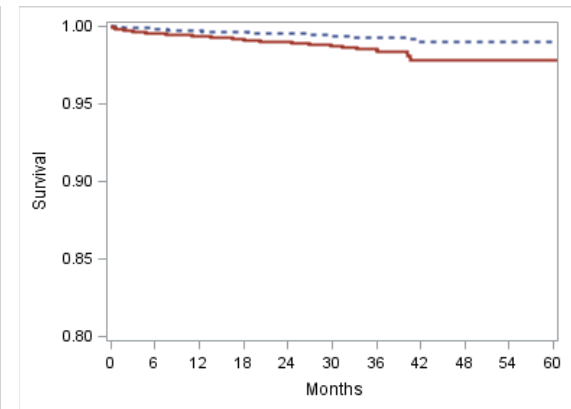
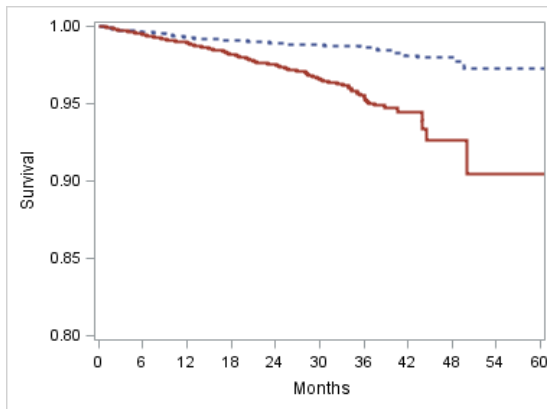
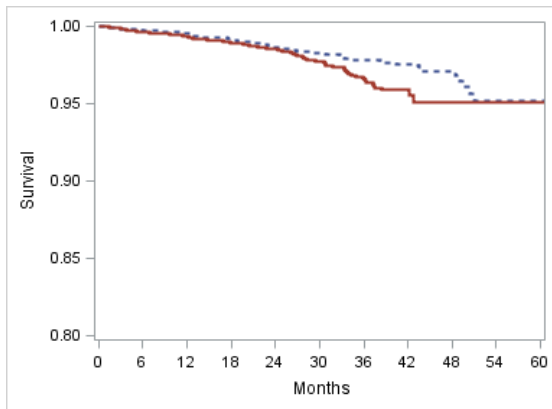
Barriers to antiviral therapies concern patients and doctors

All-cause mortality

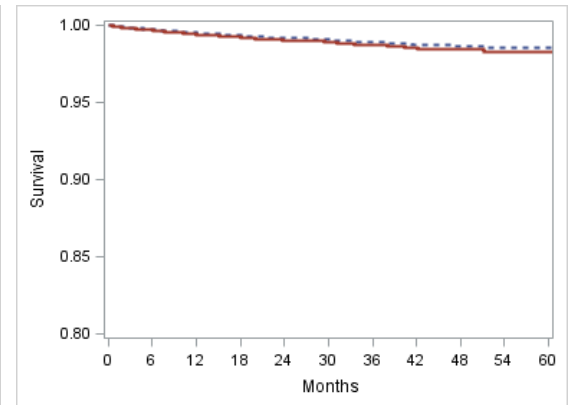
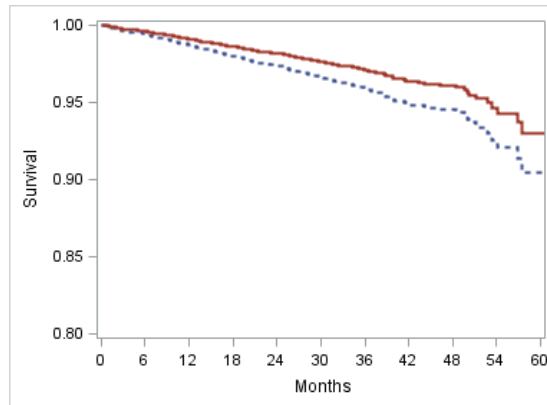
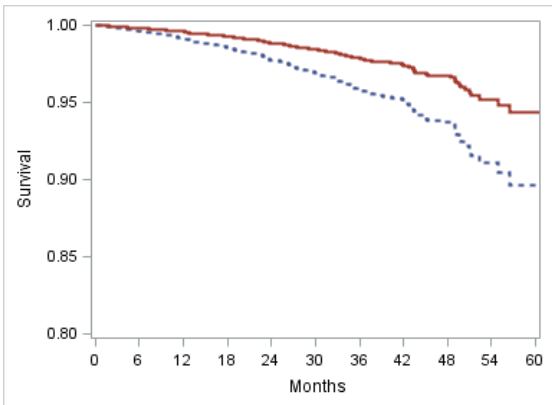
Hepatocellular carcinoma

Decompensated cirrhosis

Unadjusted survival curves



Multivariate-adjusted survival curves



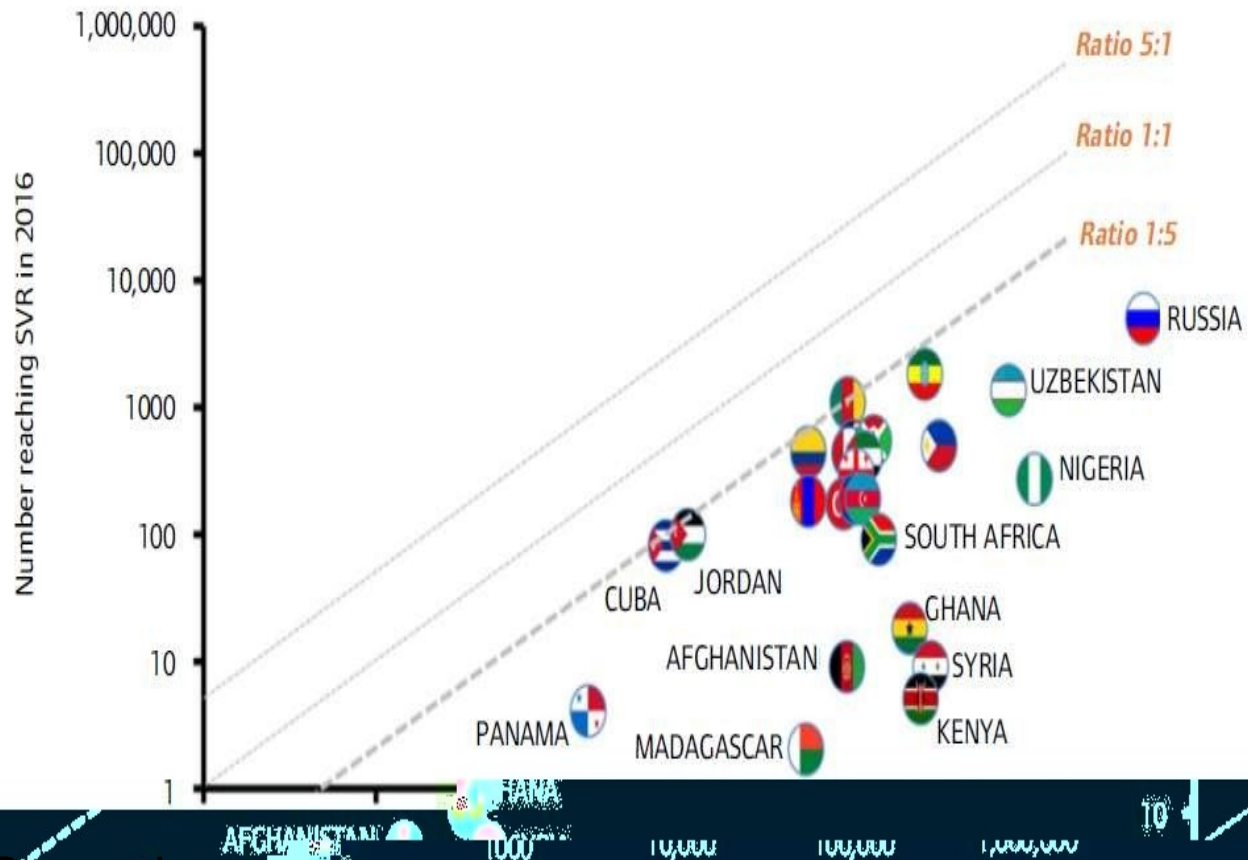
	Months	0	12	24	36	48	60
N at risk	DAA+	7344	5448	3469	1012	59	6
	DAA-	9895	4774	2889	1344	360	10

	Months	0	12	24	36	48	60
N at risk	DAA+	7308	5366	3368	977	57	6
	DAA-	9895	4751	2878	1337	355	10

	Months	0	12	24	36	48	60
N at risk	DAA+	7330	5408	3432	996	59	6
	DAA-	9895	4766	2888	1342	360	10

— DAA+ - - - - DAA-

Global HCV Elimination: Cures vs New Infections



«Diagnosis Burn-out »:
5-fold more new infections than diagnosed
5-fold less cure than new infections

Conclusions

- HCV Elimination is feasible since tools are available
- This public health challenge needs education of patients and health care providers, including doctors (issues about the place of screening and access to care)
- One of the solutions = action by sub-populations
Addition of micro-eliminations will help in macro-elimination
- To prefer « individualization » than simplification of screening and treatment policies