

serum

# HEV

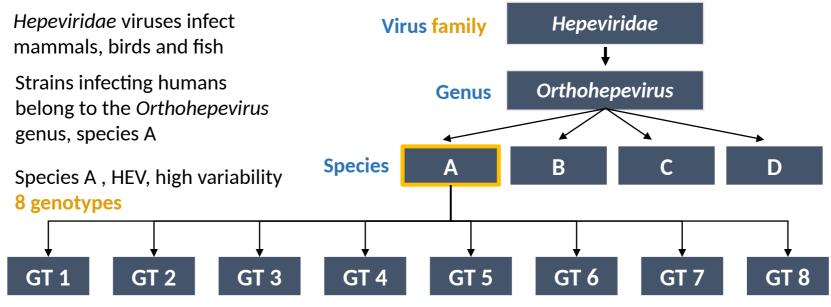
stools

### Introduction, Virological aspects

Professor Françoise Lunel Fabiani, Virology Laboratory, CHU Angers, France

# Virology

### HEV : 30 to 34 nm RNA non enveloped virus



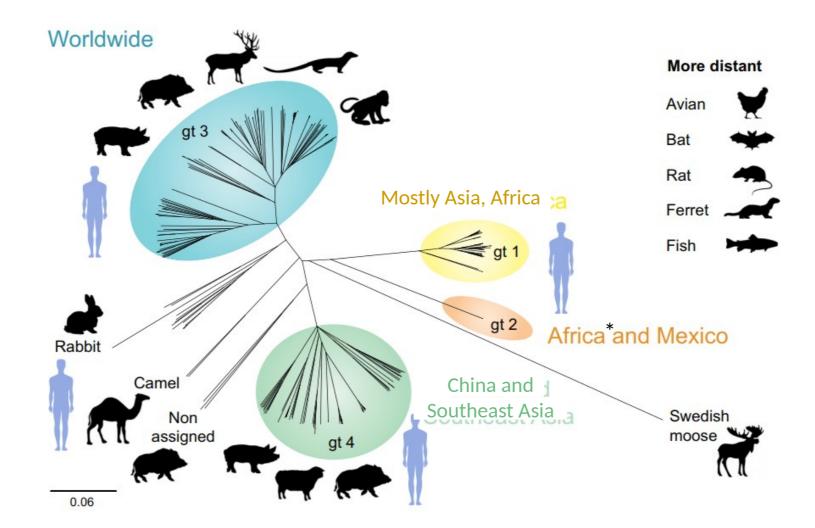
- Only infect humans • Faecal-oral spread via
- contaminated water
- Large **outbreaks**
- Brief, **self-limiting**
- Never chronic
- High mortality in pregnancy (25%)

- Endemic in animal species; eg, pigs and wild boar
- Zoonotic infections in humans
- High-income countries
- China: GT 4 most common
- S. America: GT 3 only

- Have only been reported in wild boar
- GT 7 identified in patient regularly consuming camel meat and milk
- Have since been identified in camels

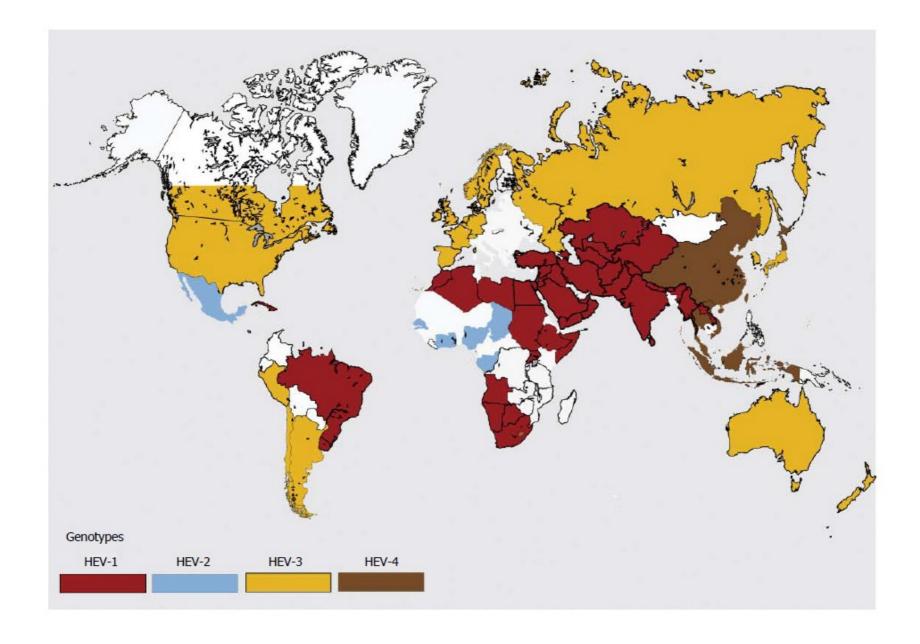


### Phylogenetic relationship of hepeviruses

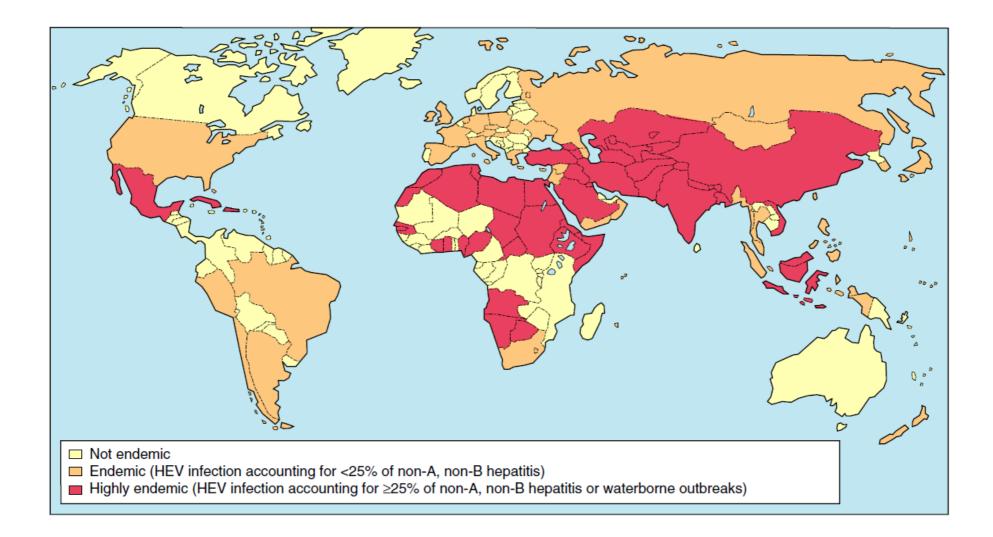


\* Namibia and Nigeria

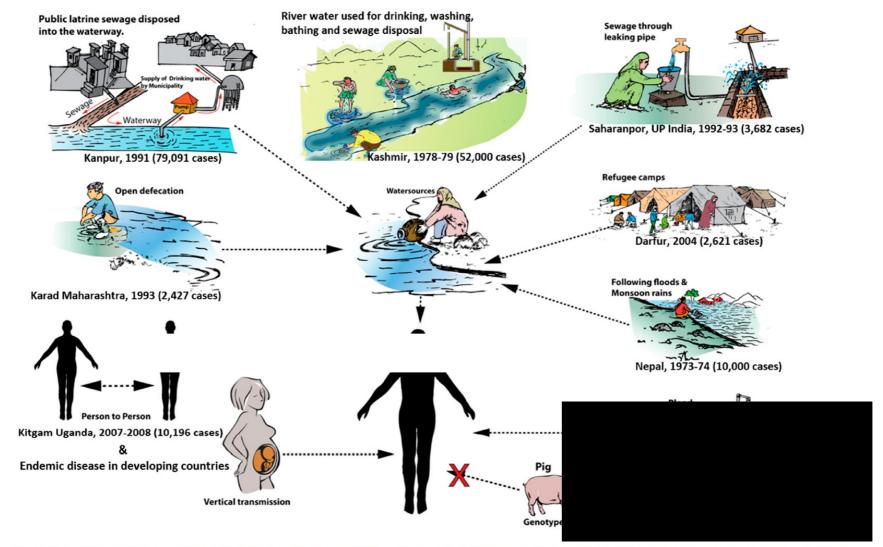
### Geographical distribution of HEV genotypes, Khuro et al, WJG 2016

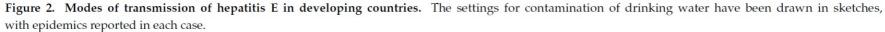


### HEV(G1 G2) 1<sup>st</sup> cause of acute hepatitis around the world



#### Donnelly et al, APT 2017





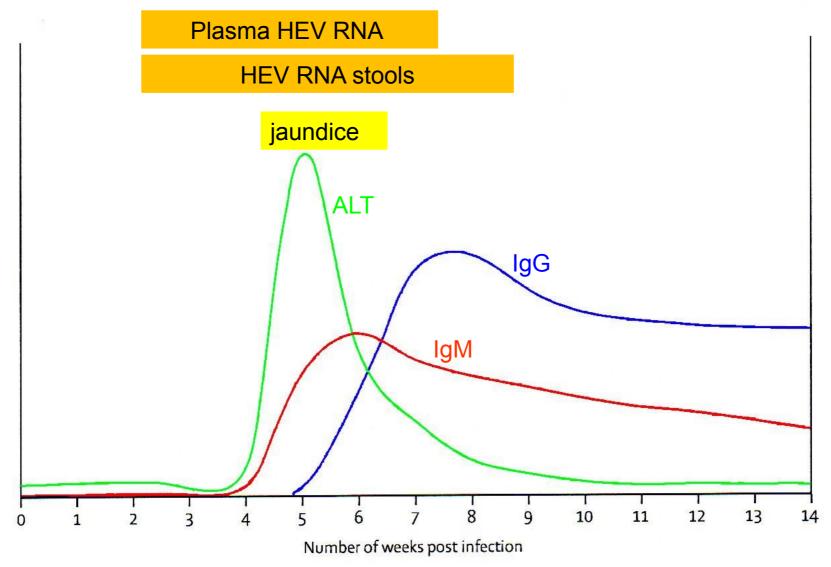
#### HEV genotype 1 and 2 – in developing countries - mode of transmission

# HEV GT 3 and 4\*: epidemiology

- Endemic in some developing countries, as well as most high-income countries
- Most common cause of acute viral hepatitis in many European countries
- Estimated that ≥2 million locally acquired HEV infections/year
  - Most as a result of zoonotic infection
    - Primary hosts are pigs
- HEV GT 3 and 4 tend to affect older males
  - Incidence varies between and within countries, and over time
  - Multiple 'hotspots' of HEV infection in Europe

#### \* China and Taiwan

# Natural History- HEV Diagnosis



Kamar, Clin Microb Rev, 2014

# **New tests**

### 

		Infectious profile			
		Viremic phase	Post- viremic phase	No recent infection	Total
VIDAS°	Positif	83	42	2	127
Anti-HEV IgM	Négatif	2	29	301	332
Total		85	71	303	459
Performances		%	[IC95%]		
Positive concordance for viremic phase (acute phase)		97.65 %	[ 91.76 ; 99.71 ] %		
Positive concordance for post-viremic phase		59.15 %	[ 47.54 ; 69.83 ] %		
Negative concordance		99.34 %	[ 97.64 ; 99.92 ] %		



#### Abravanel, ESCV 2017

✓ VIRCLIA ® / ALEGRIA ® IgG et IgM anti-HEV, Orgentec

Performance ???

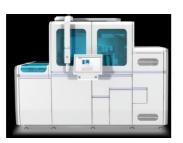




# **Direct Tests**

### ✓ HEV RNA: PCR ou TMA, LoD 10-60 UI/mI

Abravanel, J Clin Microbiol 2013; Gallian, Transfusion 2017



Cobas 6800 Roche ®



Procleix Grifols ®, Panther Hologic ®

Qualititatives



Real Star HEV V2 Altona® Quantitative

✓ HEV Ag

specificity : 100 % diagnostic sensitivity : 91 % 80 % immunocompetent

94 % l'immunosupressed

analytic sensitivity < PCR or TMA

Wen, J Clin Microbiol 2015; Trémeaux, J Clin Virol 2016; Behrendt, J Infect Dis 2016

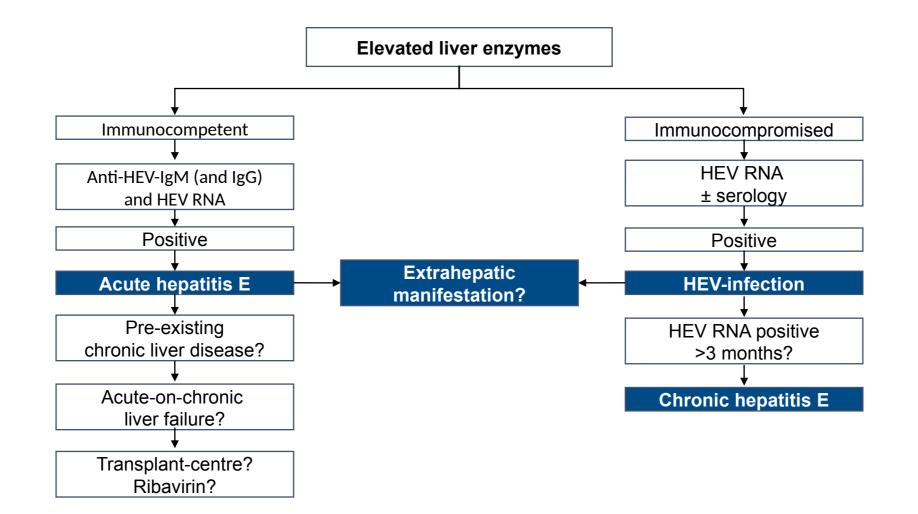
### Laboratory diagnosis of HEV infection



- Acute HEV infection can be diagnosed by detection of anti-HEV antibodies
  - IgM, IgG or both by enzyme immunoassays in combination with HEV NAT
- Serological testing relies upon detection of anti-IgM and (rising) IgG
- Molecular tests are needed to diagnose or confirm infection, especially in immunosuppressed patients

Infection status	Positive markers		
Current infection – acute	<ul> <li>HEV RNA</li> <li>HEV RNA + anti-HEV IgM</li> <li>HEV RNA + anti-HEV IgG*</li> <li>HEV RNA + anti-HEV IgM + anti-HEV IgG</li> <li>Anti-HEV IgM + anti-HEV IgG (rising)</li> <li>HEV antigen</li> </ul>		
Current infection – chronic	<ul> <li>HEV RNA (± anti-HEV) ≥3 months</li> <li>HEV antigen</li> </ul>		
Past infection	• Anti-HEV IgG		

# Diagnostic algorithm



Serology and NAT testing are best used in combination, as a negative PCR does not exclude acute infection; serology is sometimes negative in immunosuppressed patients with chronic infection EASL CPG HEV. J Hepatol 2018;doi: 10.1016/j.jhep.2018.03.005 [Epub ahead of print]